



Wednesday April 3, 2019

Greetings!

Question

Dear Monty,

Hi, total long shot me asking but need some serious help before I'm really injured. My horse has started bolting. It started when I moved to a yard that has trains passing by, I moved yards hoping it would stop but it hasn't! I have now fallen off three times in the last few weeks and he is now so dangerous. I've had back done, teeth, everything checked... please could you help me!

Kind regards,
Justine

Answer

Thank you for your question. It is a serious one. Please stop what you are doing. Do not mount this horse until you have sought assistance from a highly educated and recognized horse person. Horses get the blame for creating accidents when in fact it is the human who creates the accident.

Horses are flight animals. They use their right to flee whenever they feel they are in an unsafe place. It is not right for me to answer this question without knowing all the facts involved. What I do know is that injuries to the human being are never the answer to any problem. Get help and advise me so that I can follow the effort to correct this problem. Stop putting yourself in dangerous positions with this horse.

Sincerely,

A handwritten signature in black ink that reads 'Monty' in a cursive, flowing script.

MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



In this online video series, Monty introduces a mule to long lining. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

- | | |
|-----|---|
| USA | April 29 to 30, 2019: The Movement at Flag Is Up Farms, Solvang, California |
| USA | May 1 to 3, 2019: Equine Assisted Intro to Motivational Interviewing at Flag Is Up Farms, Solvang, California |
| USA | May 25, 2019: Night of Inspiration at Flag Is Up Farms, Solvang, California |
| USA | July 22 to 26, 2019: Monty's Special Training Brazil at Flag Is Up Farms, Solvang, California |
| USA | July 29 to August 2, 2019: Monty's Special Training at Flag Is Up Farms, Solvang, California |
| USA | August 5 to 16, 2019: Gentling Wild Horses at Flag Is Up Farms, Solvang, California |

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

April 6, 2019: Horsemanship Day

April 7, 2019: Horsemanship Day

April 8 to 10, 2019: Join-Up Course

April 11 to 13, 2019: Long Lining Course

April 15 to 19, 2019: Introductory Exam

April 25 to 27, 2019: Join-Up Course

[MORE COURSE INFO HERE, CHECK OUT MORE 2019 COURSES!](#)



THE MOVEMENT 2019: April 29 to 30

[The Movement](#) is a two-day journey to discover the unique qualities of the flight animal to transform people. Our eight presenters will share how horses give us a better understanding of our relationships. Join us on April 29 and 30 in Solvang, California.

Included: Two-day symposium featuring top horse trainers and presenters in a beautiful setting, lunch, author's book signings, peaceful interactions

We have limited spaces available for VIP tickets, click here:

<http://themovement2019.com/purchase-ticket/>

Movement Review from 2018:

"As a local Santa Ynez Valley resident, I wanted to see Monty in action. I was so impressed by the warmth of everyone there and I was truly impressed by Monty's horsemanship. I took away a clear understanding of things we do right on our ranch and furthermore deepened my love for my horses and our bond. Thank you so very much for your hospitality and your energy!" - Sandra J., participant



MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

I value your opinions, which I look forward to reading every week on questions and answers. One of which works so well when you gave advice for someone who had a 'biting' horse. You suggested tapping them gently with your foot whenever they go to nip - it totally surprises them as normally you'd use your hand to shield or even reprimand. It really does work thank you.

My question to you is nothing to do with biting, but in your wisdom and affinity with studying horses, do you think that they get bored and unhappy if they are not ridden or worked very much even though they are well cared for? I have an ex-racehorse who is now 12 years old and I only have time to ride once or twice a

week just hacking out. He is stabled at night and out in four acres during the day with a companion, but sometimes I just think he may need more stimulation with his breeding. I care about his happiness, which is the only thing that worries me sometimes. I am lucky to have my own stables and grazing at home, so therefore I am seeing him from my window all the time. Every time I step outside he looks to me and asks 'what are we doing now then mum'!

Regards
Christine from France

FOR OUR VETERANS AND FIRST RESPONDERS



Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Dear Team at Flag is Up Farms,



As the Youth Recreation Coordinator for the City of Buellton I wanted to express my gratitude for the first class treatment and instruction the youth received while attending the Join-Up experience. Every student that was there was chosen for different struggles that each are facing currently. One thing that is consistent with every

student who attended the program is that their main issues stem from the lack of trust or fear of rejection.

The staff for the program was so professional and loving that every student left each day so excited to come back. After leaving Flag is Up Farms each session, the ride back to the Rec Center got louder and louder because of the great experiences they were having. You can check with Jerry on that one as he witnessed it on the bus after the last session.

This was an amazing experience and we as a Recreation Department and City of Buellton are so blessed to have this treasure in our backyard. One of the moms who picked up their child the last evening said, " This is the best week we have had as a family since I can remember, and I feel like there is a glimmer of hope for my son again."

Thank you again for all that you do. Keep up the good work and I hope we will be able to join you again in the future.

Sincerely,

Paul Smith

Buellton Youth Recreation Coordinator

[READ MORE ABOUT LEAD UP](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



STAY CONNECTED

