



**Wednesday March 6, 2019**

Greetings!

## **Question**

Hi Monty,

I have been around horses for most of my life, never owning a farm but working at one from a young and "stupid" child. Doing the silliest and most dangerous things around horses, always trusting them and being seriously naive. Strangely and luckily I was never thrown by my horse. I rode bareback, with a saddle, with no bridle, with nothing at all. She took very good care of me and I her.

Now at 58, I am questioning something I don't have a clue how to answer... even understanding the present herd dynamics of five mares, one of them being mine and the youngest.

I am limited where to ride my little 8 year old Arabian mare. I am not fond of riding alone around the 100 acres of land and don't wish to ride on a busy road as she still spooks sometimes and has dumped me four times now while training her.

My question is: Is it safe and/or possible to ride within the confines of the 4 acre paddocks with the other 4 mares loose and in April one new foal?

Walk and trot, circle and figure eights, up and down the fence line, nothing crazy or fast.

Thanks for your expert opinion and I LOVE your books!

Warmest regards, ride like the wind!

Tia Kerst

## **Answer**

Dear Tia,

The fact that you asked is a good sign you are willing to learn. It would not be on my list of recommendations to ride in any field with any number of horses, let alone a group of mares. Adding to that, one that is about to foal is a further complication. Near the foaling time, mares will begin to become protective of the

foal they are carrying. In addition it is simply not safe to ride in any area with limited riding skills and where there are loose horses which can express dangerous behavioral problems at the bat of an eye.

Alternative riding areas are not a part of your question but I have to say there must be a safer place for you to ride. Please take a red crayon from a child's crayon box and write the words SAFETY FIRST right over the room where your saddles are kept and then live by those words so that well intended horses are not blamed for injuries you might acquire simply because you were not attentive to safety measures.

Again, thank you for asking. I am sure you will re-think this and alter your riding plans.



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## MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

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In this online video series, Monty and certified instructor Michael Lupiano work with a horse learning to pick up his feet for the first time. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



## UPCOMING EVENTS

GERMANY	March 14, 2019: Monty Roberts Demonstration at <a href="#">Equitana in Essen, Germany</a>
USA	April 29 to 31, 2019: <a href="#">The Movement</a> at Flag Is Up Farms, Solvang, California
USA	May 25, 2019: <a href="#">Night of Inspiration</a> at Flag Is Up Farms, Solvang, California
USA	July 22 to 26, 2019: <a href="#">Monty's Special Training Brazil</a> at Flag Is Up Farms, Solvang, California
USA	July 29 to August 2, 2019: <a href="#">Monty's Special Training</a> at Flag Is Up Farms, Solvang, California
USA	August 5 to 16, 2019: <a href="#">Gentling Wild Horses</a> at Flag Is Up Farms, Solvang, California

[FULL SCHEDULE HERE](#)

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## THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

March 7 to 9, 2019: Long Lining Course

April 6, 2019: Horsemanship Day

April 7, 2019: Horsemanship Day

April 8 to 10, 2019: Join-Up Course

April 11 to 13, 2019: Long Lining Course

April 15 to 19, 2019: Introductory Exam

April 25 to 27, 2019: Join-Up Course

[MORE COURSE INFO HERE, CHECK OUT MORE 2019 COURSES!](#)

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# THE MOVEMENT

APRIL 29 - 30, 2019 • SOLVANG, CALIFORNIA



*Learn • Lead • Live better*

Monty Roberts hosts this symposium focused on non-violent communication and a mindful approach to build trust and improve all aspects of relationships. The Movement 2019 unites seven other outstanding speakers with demonstrations and discoveries with horses. Join us for a one of a kind experience! Goosebumps and long term effects included.

[www.THEMOVEMENT2019.com](http://www.THEMOVEMENT2019.com)



## THE MOVEMENT SYMPOSIUM

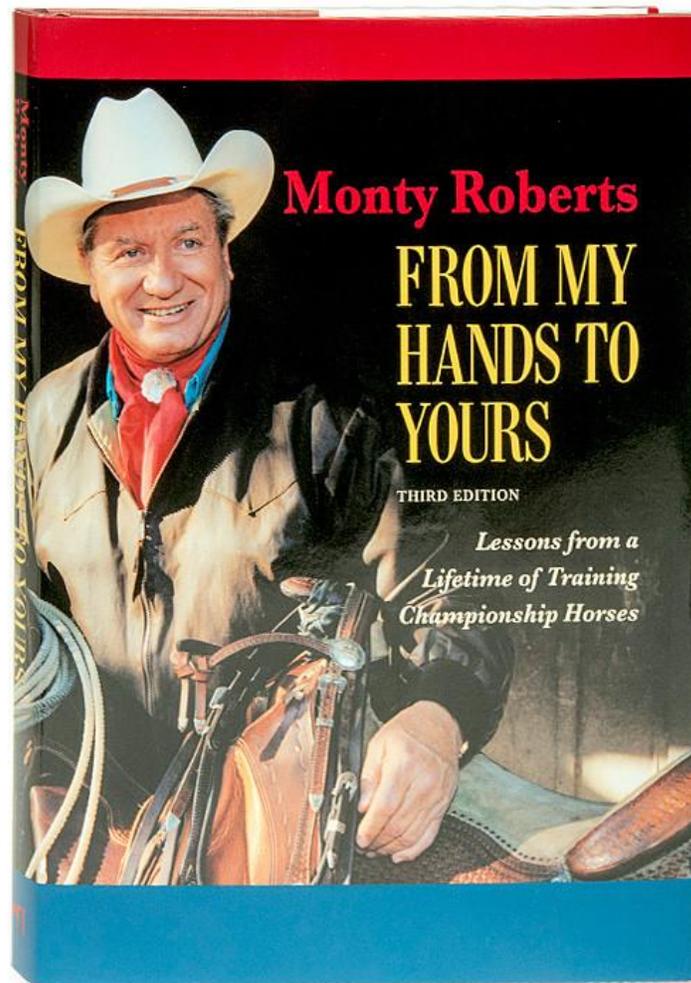
Explore how mindfulness and horses help us learn, lead and live better! Non-violent communication and a mindful approach are essential to build trust and significantly improve all aspects of relationships. The [Movement 2019](#) brings experts and novices, humans and horses, manifested research and new insights together for two days of demonstrations, discoveries and pathways.

April 29-30 2019

Solvang, California

<http://themovement2019.com/>

<https://youtu.be/ZEfGb1F1xw>



## **ONLINE PRODUCT REVIEW: MONTY'S TEXTBOOK**

### **Learning**

I've been riding for many years and have recently found that Monty's guidance is a blessing. The horse I am working with is in need of assurance and the training methods Monty uses are exactly what this horse needs. Thank you for the opportunity to understand the language of horses.

Jodi B., Verified Buyer

## **VISIT MONTY'S EVENTS AND COURSES**

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### **MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)



Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

## NEXT WEEK'S QUESTION

Do you believe that, one day, there will be no harsh or violent horsemanship anymore?

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## HORSEMANSHIP RADIO



Katy Negranti successfully trained and showed a wild mustang earning the title of Western States EXTREME MUSTANG MAKEOVER Champion. Katy has a passion for helping people learn about horses and good horsemanship.

Television journalism veteran and horse lover Janet Rose shares how she created the EQUUS INTERNATIONAL FILM FESTIVAL to support Horse Haven Montana, a nonprofit horse rescue and adoption center in Missoula, Montana.

Check out our awards, too!

The Horse/Human Bond: <https://equusinternationalfilmfestival.com/about/> to benefit Horse Haven Montana! Diego, the uncatchable Mustang, is the subject

of the Equus International Film Festival's featured films award.

See the trailer for **The Movement** here: <https://vimeo.com/ondemand/152412>

[EPISODE 130 | LISTEN HERE](#)



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