



Wednesday October 10, 2018

Greetings!

Question

Hi Monty,

I have an older mare of which I have done a couple of sessions of Join-Up! When she turns to face me and licks and chews, I drop my eyes and try the follow up, my mare turns her head away! Why is that? She also does the same thing when I go to catch her in the paddock!

Kindest regards,
Pam

Answer

It is very difficult to answer this question without watching you work. Two areas concern me where you may not be getting it right. The first is that you mention the licking and chewing as you are requesting the Join-Up. Typically the licking and chewing is well before the Join-Up.

The second thing that comes to my mind as I listen to your words is you may not be using your eyes correctly. You mentioned dropping your eyes when she looks at you. Timing is critical here. If your eyes challenge the horse, there is the tendency for the horse to look away. Perhaps you could send a video and we could take a look at it.

Sincerely,

A handwritten signature in black ink that reads 'Monty' in a cursive, flowing style.

From Pam:

P.S. I rewatched Monty's Join-Up videos! And had another go today! A lot better session today! No head turning & I waited for all four signs from my mare! Join-Up was a lot better and follow up went beautifully!
Thanks for your advice.

Kindest regards,
Pam :)

MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



In this online video series, Monty works with Olympic Champion Will Simpson and his horse Chacco. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

- | | |
|---------|--|
| UK | October 19, 2018: Monty Roberts UK Fall Tour in Hartpury |
| GERMANY | October 25, 2018: Monty Roberts Tour of Germany 15th Anniversary in Thyrnau |
| GERMANY | October 27, 2018: Monty Roberts Tour of Germany 15th Anniversary in Ohlstadt |
| GERMANY | October 31, 2018: Monty Roberts Tour of Germany 15th Anniversary in Schüsselfeld |
| GERMANY | November 2, 2018: Monty Roberts Tour of Germany 15th Anniversary in Fulda |
| GERMANY | November 10, 2018: Monty Roberts Tour of Germany |

HUNGARY

December 1 and 2, 2018: Monty Roberts [Join-Up Master Demonstration at Budapest Horse Show](#)

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

October 8 to 26, 2018: Advanced Certification Course

November 3 to 4, 2018: Horsemanship 101

November 5 to 8, 2018: Join-Up Course

November 9 to 10, 2018: Long Lining Course

November 16 to 18, 2018: Horse Sense and Healing workshop

December 14 to 16, 2018: Horse Sense and Healing workshop

February 1 to 3, 2019: Introductory Course Module 1

February 8 to 10, 2019: Introductory Course Module 2

February 11 to 13, 2019: Long Lining Course

February 15 to 17, 2019: Horse Sense and Healing Workshop

February 19 to 21, 2019: Join-Up Course

February 22 to 24, 2019: Introductory Course Module 3

March 1 to 3, 2019: Prep for Introductory Exams Module 4

March 4 to 6, 2019: Join-Up Course

March 7 to 9, 2019: Long Lining Cours

[MORE COURSE INFO HERE, CHECK OUT MORE 2019 COURSES!](#)



PRODUCT REVIEW: THE DUALY HALTER

Black Dually Halter

My second one. I use it for walking him and riding him around ranch, in arenas, not on trails. It is strong, and is only halter that he listens to.

Nanci S., Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)



MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question

that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Re: your newsletter titled "Is non-violence important in horse training?"

Dear Monty,

All this is so important...yes critical.

A couple of years ago I went to a clinic and this supposed trainer was so violent, I could not have imagined that in these times that anyone could be as terrible as he. I came home and cried and promised my horse that no one would ever raise a hand to them. I have never seen anger. I have never used harshness around our horses in thirty years. I took your beginners course and it was fantastic and one of my best takeaways from it was to slow down, read your horse and if you do not understand, walk away and think things through and try again later...after the adrenaline of frustration has worn off. Just a very basic thought.

Lynda

FOR OUR VETERANS AND FIRST RESPONDERS



Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find a [Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>

