



Wednesday September 5, 2018

Greetings! ,

Question

Dear Monty,

What is the best way to deal with separation anxiety. My gelding has become attached to a mare on the yard. They are in seperate paddocks next door but one. I want him to be able to come away from other horses and stand in on his own. When I do this is runs back and forth to his stable door and shouts and he not concentrate on his work when I ride him in the school. I feel he would attach himself to anything, not just her. Any advice on what I should do. Thanks.

Answer

Don't leave him alone! My best advice is to take him to a neighbor's place where they have a safe holding facility and leave him near other horses to begin the process of separation. If it is absolutely necessary to leave him alone, he must be left in the safest possible stable and do that only if there is no other alternative.

Separation anxiety is rapidly becoming one of the most important remedial problems of our time. I suppose with properties becoming smaller, and horses being kept in close proximity, this bonding process is becoming more and more pervasive. Horses are herd animals. They rely upon the presence of other familiar animals to feel safe. It might be a goat, or a sheep, it might even be a dog or a cat.

People can even be a calming influence if the horse regards the person as a friend. There is a lesson in this somewhere. In [my textbook From My Hands to Yours](#) it will expand on many details that I am not able to include in this Question and Answer format.

All of us that work with horses must remember one of their strongest desires is to be in a safe place. The herd animal believes safety is enhanced by a bonding process. We should keep in mind the act of Joining-Up is the invitation to a bonding process. Build on that. Be for your horse what he needs you to be which is kind, non-pain producing and

often present. My recent work with wild deer has provided proof of the depth of these recommendations I have outlined here.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



In this online video series, Monty discusses the use of ropes and if there is a place for them in the training of horses. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

USA

September 10 to 12, 2018: Equine Assisted Introduction to Motivational Interviewing: 3 Days

<https://montyrobortsshop.com/collections/courses/products/courses->

	motivational-interviewing-with-horses-3-days
USA	September 19 to 20, 2018: World Equestrian Games, Tryon North Carolina: https://tryon2018.com/page/equine-exhibitions
UK	October 6, 2018: Monty Roberts UK Fall Tour in Collingham
UK	October 19, 2018: Monty Roberts UK Fall Tour in Hartpury
GERMANY	October 25, 2018: Monty Roberts Tour of Germany 15th Anniversary in Thyrnau
GERMANY	October 27, 2018: Monty Roberts Tour of Germany 15th Anniversary in Ohlstadt
GERMANY	October 31, 2018: Monty Roberts Tour of Germany 15th Anniversary in Schüsselfeld
GERMANY	November 2, 2018: Monty Roberts Tour of Germany 15th Anniversary in Fulda
GERMANY	November 10, 2018: Monty Roberts Tour of Germany 15th Anniversary in Neubulach
SWITZERLAND	November 16 to 18, 2018: Monty demonstration in Berne https://www.canchaval.ch/fr/
HUNGARY	December 1 and 2, 2018: Monty Roberts Join-Up Master Demonstration at Budapest Horse Show

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

September 10 to 12, 2018	Equine Assisted Introduction to Motivational Interviewing: 3 Days	Click for Course Info
September 14 to 16, 2018	Horse Sense and Healing workshop	Click for Course Info
September 17 to 28, 2018	Introductory Certification Course	Click for Course Info
October 1 to 5, 2018	Introductory Exam	Click for Course Info
October 8 to 26, 2018	Advanced Certification Course	Click for Course Info
November 3 to 4, 2018	Horsemanship 101	Click for Course Info
November 5 to 8, 2018	Join-Up Course	Click for Course Info
November 9 to 10, 2018	Long Lining Course	Click for Course Info
November 16 to 18, 2018	Horse Sense and Healing workshop	Click for Course Info
December 14 to 16, 2018	Horse Sense and Healing workshop	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)

...a Transformative Journey with Horses

THE MOVEMENT

DEMONSTRATIONS • DISCOVERIES • PATHWAYS



EQUINE-ASSISTED INTRO TO MOTIVATIONAL INTERVIEWING
Three days: September 10 to 12, 2018
\$600 Taught by Kris Robins and Monty Roberts

Come and learn Motivational Interviewing at Monty's spectacular working horse ranch in the heart of California. This three-day program Monday, September 10th, through Wednesday, September 12th, will introduce participants to the basic concepts of Motivational Interviewing, a client-centered method of working with others to help them resolve ambivalence about behavior change.

<https://montyrobertsshop.com/collections/courses/products/courses-motivational-interviewing-with-horses-3-days>



Motivational Interviewing closely parallels the work of renowned horseman, Monty Roberts whose non-violent approaches to working with horses and people has reached around the globe. M.I. is regularly used in Monty Roberts' Horse Sense & Healing program which rests upon a foundation of equine-assisted learning.

Key Learning Points:

- Non-violent approach to working with the horses and people
- The language of "Equus"
- Building a trust-based partnership
- A Monty Roberts' provided Join-Up Demonstration
- Personal growth in listening skills and behavior change

DVD: THE MOVEMENT 2018 SYMPOSIUM

7 hours of Demonstrations, Discoveries & Pathways



The Movement Online Video on Demand for \$90

<https://vimeo.com/ondemand/152412>

Runtime: 429 Minutes

The Movement DVD + Online Video on Demand for \$129

<https://montyrobertsshop.com/collections/dvd/products/events-the-movement-2018-symposium-dvd>

The Movement DVD + Online Video on Demand + 1 Hour of Coaching from

Monty for \$499

<https://montyrobertsshop.com/collections/dvd/products/dvd-digital-stream-coaching-with-monty-the-movement-2018-symposium>

This transformative two-day journey helped attendees discover the unique power of horses to find mindfulness, to learn and apply non-violent forms of communication and leadership and to help humans and horses live better lives.

In the arena, presenters and trainers shared their perspectives of the flight animal and how their vocations were changed when they were able to use horses as a metaphor for a better understanding of their work and relationships.

Monty Roberts was deeply impressed with this extraordinary group of presenters who will move you with their stories and lessons of horses transforming humans.



ONLINE PRODUCT REVIEW: MONTY'S SPECIAL KITS

Very happy

I was surprised and pleased that the ordering process was so easy and my order arrived in just two days (from CA to GA). The quality of the halter is excellent and the DVD was easy to understand as to how to fit my mini. I have just started the book but find it different than any other book I've read and am very pleased at the amount of useful information in it for this beginner horse owner. I am very happy with the quality and pricing of the Kit.

[VISIT MONTY'S ONLINE STORE](#)

MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read

my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Non-violence in horse training - why is it important?

HORSEMANSHIP RADIO



The newly launched website, My Right [Horse.org](https://www.myrighthorse.org) makes adopting a horse easier than ever by standardizing listings into one central location. Whether you are ready to hit the trails or looking for your next competitive partner for the show ring, [MyRightHorse.org](https://www.myrighthorse.org) can help you find the perfect horse. My Right Horse is an extension of The Right Horse Initiative, a collection of equine industry and welfare professionals and advocates working together to improve the lives of horses in transition. The goal is to massively increase horse adoption in the United States. Whether you're considering adopting a horse or are interested in becoming an advocate, there are many ways to get involved with The Right Horse Initiative.

[EPISODE 119 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

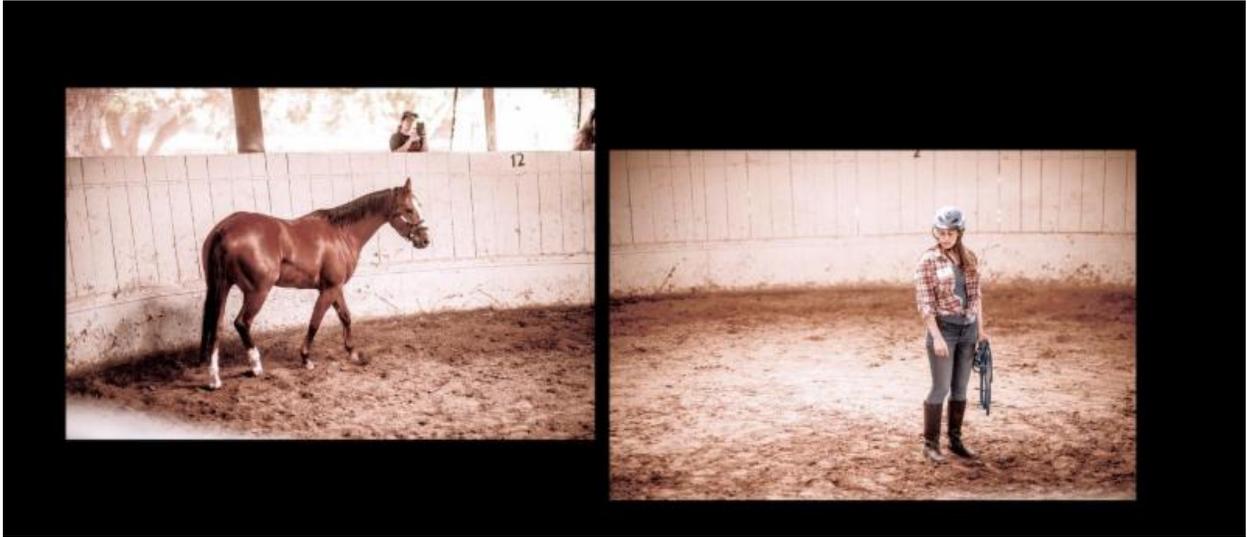


Photo credit: Dan Quinajon

Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

SHOP AMAZON & SUPPORT THE NON-PROFIT MONTY FOUNDED

AmazonSmile has the same products, prices, and shopping features a Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#). Contributions may be made directly to Join-Up International's programs at:

<https://www.paypal.com/us/fundraiser/charity/69722>



PAT ROBERTS SCULPTURE



From the collection of Pat Roberts Sculpture

Limited edition of 100, 12x12.5x7, Bronze

This work by Pat Roberts Sculpture is work of Johnny Tivio and Julia's Doll, one of the few works where you may see Monty and Pat's horses together.

Please contact admin@montyroberts.com for more information



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful

leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



 Forward to a Friend

