



**Wednesday August 1, 2018**

Greetings! ,

## **Question**

Hi Monty. I have been a huge follower of yours for my whole life. I'm 16 years old and the owner of 13-year-old, 16-hand Warmblood, Apollo.

When I got Apollo, he was on a full Sugar diet which made him loopy and hyper, nearly uncontrollable. I took him off the sugared diet as soon as I could and then took him right back to the beginning, using your Join Up method. It took me a few attempts but eventually he came to me and accepted me as his leader. He's competed at Hickstead before and placed well.

But Apollo still has a HUGE fear of the horsebox and will spook at absolutely silly things. I've tried multiple times but can't get him to cooperate with the box. If possible, I'd like information on how to come onto one of your live shows in the UK. I'm an IH Member and it has been a huge dream of mine to meet you.

Hopefully you can help  
Kind Regards  
Chelsea Heathcote

## **Answer**

This is a question very welcome to me. It isn't often that I have a clear answer for people from other countries and seldom am I prepared to offer them the services of people absolutely at the top of their game to execute the answer.

Since you are a UK resident please accept my invitation to attend one of my demonstrations on the October tour. Please bring the horse in question and if it is not used in the demonstration proper I can agree to work with Apollo.

Not only would I work with him, but I will have a team available to extend the effort. In addition I will have team members present who can outline for you our recommendation for further learning for both yourself and Apollo too.

This is an easy problem to deal with. It is my hope that Apollo will be as easy to change as the question seems to to answer. I look forward to seeing you and Apollo. Please contact the IH team for arrangements to present him to us.

For the rest of our readers who are interested in helping their own horse overcome a fear of the horsebox (or trailer, float or truck), I can advise you to first achieve a Join-Up with your horse. Once done, school your horse with the Dually Halter, fitted correctly, to create a cooperative partnership, moving together.

Then start incrementally to accustom your horse to the elements of the trailer. This could be walking over tarps, bridges and other scary objects that create a fear of the horsebox. I have videos to illustrate this on my Equus Online University and a section in my textbook [From My Hands To Yours](#). Or come learn with me on tour, like Chelsea.

Sincerely,



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## MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

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This online video series shows Monty and his team working with a small horse who has a big attitude. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.

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## UPCOMING EVENTS

- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California
- USA** August 20 to 24, 2018: [In Portuguese, Monty's Special Training](#) at Flag Is Up Farms, California
- USA** September 19 to 20, 2018: World Equestrian Games, Tryon North Carolina: <https://www.montyroberts.com/press-releases/world-renowned-horseman-and-brooke-global-ambassador-monty-roberts-will-demonstrate-his-methods-at-fei-world-equestrian-games-tryon-2018-weg/>
- UK** October 6, 2018: Monty Roberts [UK Fall Tour](#) in Collingham
- UK** October 19, 2018: Monty Roberts [UK Fall Tour](#) in Hartpury
- GERMANY** October 25, 2018: Monty Roberts [Tour of Germany 15th Anniversary in Thyrau](#)
- GERMANY** October 27, 2018: Monty Roberts [Tour of Germany 15th Anniversary in Ohlstadt](#)
- GERMANY** October 31, 2018: Monty Roberts [Tour of Germany 15th Anniversary in Schüsselfeld](#)
- GERMANY** November 2, 2018: [Monty Roberts Tour of Germany 15th Anniversary in Fulda](#)
- GERMANY** November 10, 2018: Monty Roberts [Tour of Germany 15th Anniversary in Neubulach](#)
- SWITZERLAND** November 16 to 18, 2018: Monty demonstration in Berne <https://www.canchaval.ch/fr/>
- HUNGARY** December 1 and 2, 2018: Monty Roberts Join-Up Master Demonstration at Budapest Horse Show

## [FULL SCHEDULE HERE](#)

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## THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

August 6 to 10, 2018	Monty's Special Training	<a href="#">Click for Course Info</a>
August 11 to 12, 2018	Horsemanship 101	<a href="#">Click for Course Info</a>
August 13 to 16, 2018	Join-Up Course	<a href="#">Click for Course Info</a>
August 17 to 18, 2018	Long Lining Course	<a href="#">Click for Course Info</a>
August 20 to 24, 2018	In Portuguese, Monty's Special Training at Flag Is Up Farms, California	<a href="#">Click for Course Info</a>

## [MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)

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## MONTY ROBERTS' WILLING PARTNERS HORSES FOR SALE



For Sale: Chasen My Stetson

Monty and Pat purchased 'Chase' as a weanling and this Willing Partners™ horse grew up to become great on the trail and loves people.

You can see his papers, and a video of him ridden here:

<https://www.montyroberts.com/horses-2/monty-roberts-willing-partners-chasen-my-stetson/>

Here is a link to the video on Youtube: <https://www.youtube.com/watch?v=1neYfP7Q24E&t=34s>

Priced to find a good home!

For more information, please call 805-688-6288 or write to [Pat@montyroberts.com](mailto:Pat@montyroberts.com)



## THE MOVEMENT: A TRANSFORMATIVE JOURNEY WITH HORSES

Dear Monty, I just wanted to tell you that your two books [The Man Who Listens to Horses and Shy Boy](#) touched me very deeply - as a human being of course but also professionally. I am a Japanese-English interpreter and I share very much your insights on communication, be it human to human or animal to human. Really thank you!

Nana Oyamada

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### DVD: THE MOVEMENT 2018 SYMPOSIUM

7 hours of Demonstrations, Discoveries & Pathways



**The Movement Online Video on Demand for \$90**

<https://vimeo.com/ondemand/152412>

Runtime: 429 Minutes

**The Movement DVD + Online Video on Demand for \$129**

<https://montyrobortsshop.com/collections/dvd/products/events-the-movement-2018-symposium-dvd>

## The Movement DVD + Online Video on Demand + 1 Hour of Coaching from Monty for \$499

<https://montyrobertsshop.com/collections/dvd/products/dvd-digital-stream-coaching-with-monty-the-movement-2018-symposium>

This transformative two-day journey helped attendees discover the unique power of horses to find mindfulness, to learn and apply non-violent forms of communication and leadership and to help humans and horses live better lives.

In the arena, presenters and trainers shared their perspectives of the flight animal and how their vocations were changed when they were able to use horses as a metaphor for a better understanding of their work and relationships.

Monty Roberts was deeply impressed with this extraordinary group of presenters who will move you with their stories and lessons of horses transforming humans.

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### **ONLINE PRODUCT REVIEW: MONTY'S JOIN-UP DVD**

These lines are soft yet easy to grip. It is easy to loop them as well, so even though they are long they are manageable. I am very happy with them.

Kathleen L.

### **[VISIT MONTY'S ONLINE STORE](#)**

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### **MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should



be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### NEXT WEEK'S QUESTION

Dear Monty, I'm totally fan of yours and your methods. I discovered you when I was a teenager and today I apply your advice every day since I was 15 years old. I have an important question for you. I work with mules and donkeys. Join-Up is good for mule I can see, but for donkeys? Is it the same? Or are there differences? I would be very honored to have an answer from you, like the best gift of my life. I hope you forgive my bad English :-). And thanks for being in the same world of us.

Fleur (flower) the cowgirl, and Cacahuète (peanuts) the mule, from France

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### HORSEMANSHIP RADIO



Double Gold! Meet two Olympians who love and care for their horses, hands on. Will Simpson has never slowed down and competes at the highest levels on talented horses after decades in show jumping. Will won gold at the 2008 Summer Olympics in Beijing with the United States team jumping with McLain Ward, Laura Kraut and Beezie Madden. And Riding the mare Bally Cor, Tad Coffin won Individual and Team Gold medals at the Pan American Games in Mexico in 1975 and repeated this success at the Montreal Olympic Games the following year.

[EPISODE 116 | LISTEN HERE](#)



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**FOR OUR VETERANS AND FIRST RESPONDERS**

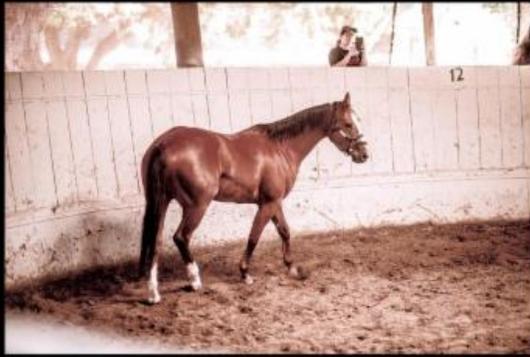


Photo credit: Dan Quinajon

Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

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## SHOP AMAZON & SUPPORT THE NON-PROFIT MONTY FOUNDED

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).



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## PAT ROBERTS SCULPTURE



From the collection of Pat Roberts Sculpture

Title: Buddies

Subject: Young foal and dog interacting

Medium: Bronze

Dimensions: 9" height x 16" wide x 8" depth

This is AP1/20 and the only one available from the sold-out edition and the cast mold has been destroyed.

Price: \$2,500

Please contact [admin@montyroberts.com](mailto:admin@montyroberts.com) for more information



## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



## FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



## LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

