



Wednesday July 18, 2018

Greetings! ,

Question

Dear Monty,

I have bought a eight-year-old, 13.3 hand Welsh section D. I haven't ridden for 20 years previous to this, so I'm a little rusty. She had a bad time before I bought her and is so nervous of everything, and will do everything I ask her eventually, I'm not rushing her because I feel it won't help, but velcro is her nemesis. There is a huge list. She will load and I feel she wants to trust.

She has not been really ridden since I had her, except to be sent away for two weeks to be broken in, so I have read as much as possible about your techniques and used them to the best of my ability. She will now be caught and happy to be groomed, she lets me tack her up and ride her. I just really don't know how to help her move forward and be confident.

We had a "horse whisper" come to yard and she did everything I asked her on course, then he got a bag on the end of a stick and shoved it onto her face, she obviously reacted badly and he said she's untrainable and dangerous. I don't want to let her down, any help gratefully excepted.

Loving horse owner,
Lisa

Answer

Dear Lisa,

Thank you for your question. Please let me say that I do not believe any horse on the face of this earth is incapable of being trained. While it's true I have only worked with approximately 70,000 horses, I can honestly say that every one of them had the capability of learning. If you are not on the [Equus Online University](#), it would be a good place to start

as it is far more educational than any words in an email could be. It's true that the plastic bags on a stick could be an entry point to accepting the sound of velcro. A spritz bottle of water is something I used just yesterday on a horse frightened of hissing sounds.

Velcro should not enter the training program until your horse is comfortable with the plastic bags on a stick. There is however, a way to use plastic bags on a stick and many ways not to use them. The videos are much more demonstrative regarding the use of plastic bags on a stick. My experience yesterday with the spritz bottle was very effective and included the use of a quiet gentle horse who didn't mind the spritz bottle at all. I stood the two of them next to each other and sprayed the gentle horse many times before adjusting the direction toward the spooky horse. Within 5-10 minutes I could use the spritz bottle on the spooky horse with virtually no negative reaction at all.

Remember the important term, incremental. Start with plastic bags all rolled up on the stick and held in place with rubber bands. First use the stick-only end of the instrument involved. When relaxation is attained, reverse the stick and begin to incrementally open the bags. Use the whither area as a sweet spot to gain entry to those areas sensitive to the plastic bags.

When one has achieved acceptance of the crinkly bags and the hissing spritz bottle, then begin to use the velcro at a distance. Do not place the object on the horse but wait until the sound of the velcro is acceptable. The Online University will be a valuable tool for you in so many lessons having to do with sensitive horses. Videos are far more educational in these individual problems than simple words could ever be. Please keep us informed as to the outcome once you have altered your training.

Sincerely,

A handwritten signature in black ink, appearing to read "Monty", written in a cursive style with a large loop at the end.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



This online video series shows Monty and his team working with a small horse who has a big attitude. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

- | | |
|----------------|---|
| USA | July 23 to August 3, 2018: Gentling Wild Horses course at Flag Is Up Farms, California |
| USA | August 6 to 10, 2018: Monty's Special Training at Flag Is Up Farms, California |
| USA | August 20 to 24, 2018: In Portuguese, Monty's Special Training at Flag Is Up Farms, California |
| USA | September 18 to 20, 2018: World Equestrian Games, Tryon North Carolina: https://tryon2018.com/article/brooke-becomes-official-charity-for-fei-world-eques-trian-games-tryon-2018 |
| UK | October 6, 2018: Monty Roberts UK Fall Tour in Collingham |
| UK | October 19, 2018: Monty Roberts UK Fall Tour in Hartpury |
| GERMANY | October 25, 2018: Monty Roberts Tour of Germany 15th Anniversary in Thyrau |
| GERMANY | October 27, 2018: Monty Roberts Tour of Germany 15th Anniversary in Ohlstadt |
| GERMANY | October 31, 2018: Monty Roberts Tour of Germany 15th Anniversary in SchlÃ¼sselfeld |

GERMANY	November 2, 2018: Monty Roberts Tour of Germany 15th Anniversary in Fulda
GERMANY	November 10, 2018: Monty Roberts Tour of Germany 15th Anniversary in Neubulach
SWITZERLAND	November 16 to 18, 2018: Monty demonstration in Berne https://www.canchaval.ch/fr/
HUNGARY	December 1 and 2, 2018: Monty Roberts Join-Up Master Demonstration at Budapest Horse Show

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 20 to 24, 2018	In Portuguese, Monty's Special Training at Flag Is Up Farms, California	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)

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THE MOVEMENT: A TRANSFORMATIVE JOURNEY WITH HORSES

From the Equine-Assisted Introduction to Motivational Interviewing Course held July 9-10

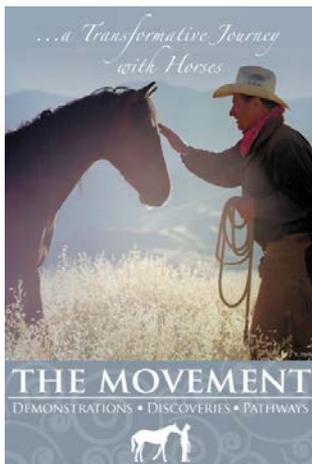
Dear Debbie,

I want to thank you for the marvelous experience you all offered earlier this week to which I felt so welcomed and learned valuable and relevant information. The combination of learning of any sort with our equine family involvement is right up my ally and I think holds the potential for healing the planet. The work your family does has been monumental contributing to that goal. Monty's work was my original inspiration to horses and humans healing together. In fact, Humans and Horses Healing Together is the mission statement of Reins of HOPE.

Again, Thank you!
Blessings,
Lynn Dorgan
Clinical Director for Reins of H.O.P.E

DVD: THE MOVEMENT 2018 SYMPOSIUM

7 hours of Demonstrations, Discoveries & Pathways



The Movement DVD: Available for Pre-Sale

<https://montyrobortsshop.com/collections/dvd/products/events-the-movement-2018-symposium-dvd>

Runtime: 429 Minutes

\$90.00

The Movement Digital Stream available now

https://vimeo.com/montyroberts/vod_pages

Runtime: 429 Minutes

\$40.00

This transformative two-day journey helped attendees discover the unique power of horses to find mindfulness, to learn and apply non-violent forms of communication and leadership and to help humans and horses live better lives.

In the arena, presenters and trainers shared their perspectives of the flight animal and how their vocations were changed when they were able to use horses as a metaphor for a better understanding of their work and relationships.

Monty Roberts was deeply impressed with this extraordinary group of presenters who will move you with their stories and lessons of horses transforming humans.



ONLINE PRODUCT REVIEW: MONTY'S BITS

Happy purchase

Thanks for the quick reply from the admin and switching of my products when I realized I ordered the thick bit instead of the thin bit. My horse is loving [Monty's thin snaffle bit](#) and does not fight it as compared to other bits. It's amazing and I'm happy with the progress we have made.

Andrea S.
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP

AmazonSmile has the same products, prices, and shopping features a Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read

my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Monty,

This is a video of our eight-year-old gelding horse named Cricket. This time he did go away and trot a little bit, but this was my third time trying this. I think the sweet corn is distracting him but that's not the only problem (I'm the problem). Sorry for the delay, we had rain and then the video didn't want to send properly.

Quincy from Iowa

HORSEMANSHIP RADIO



Double Gold! Meet two Olympians who love and care for their horses, hands on. Will Simpson has never slowed down and competes at the highest levels on talented horses after decades in show jumping. Will won gold at the 2008 Summer Olympics in Beijing with the United States team jumping with McLain Ward, Laura Kraut and Beezie Madden. And Riding the mare Bally Cor, Tad Coffin won Individual and Team Gold medals at the Pan American Games in Mexico in 1975 and repeated this success at the Montreal Olympic Games the following year.

[EPISODE 116 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

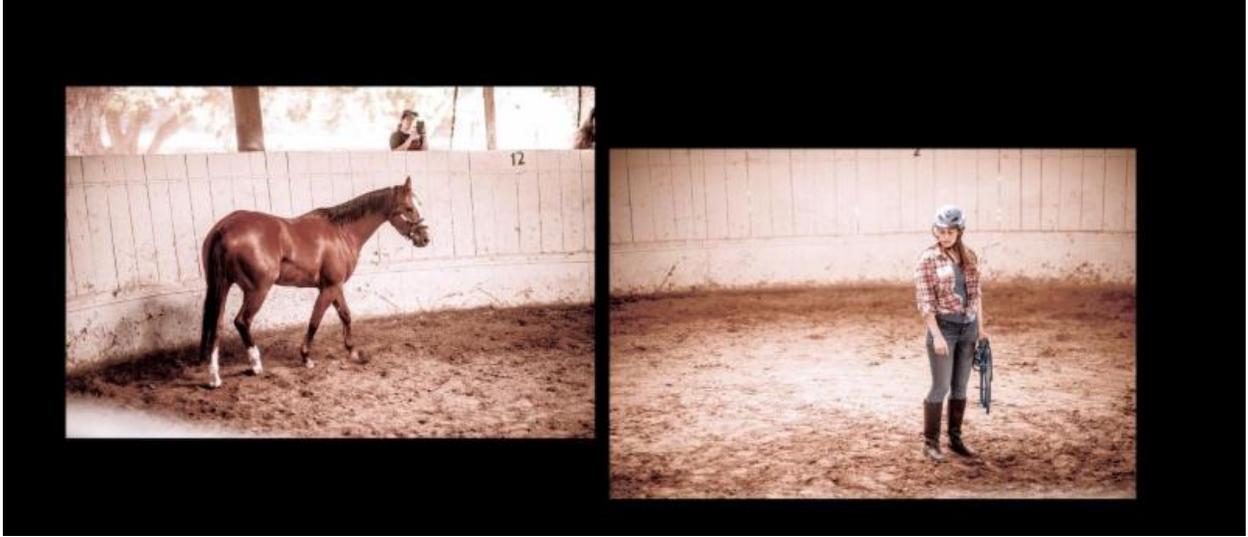


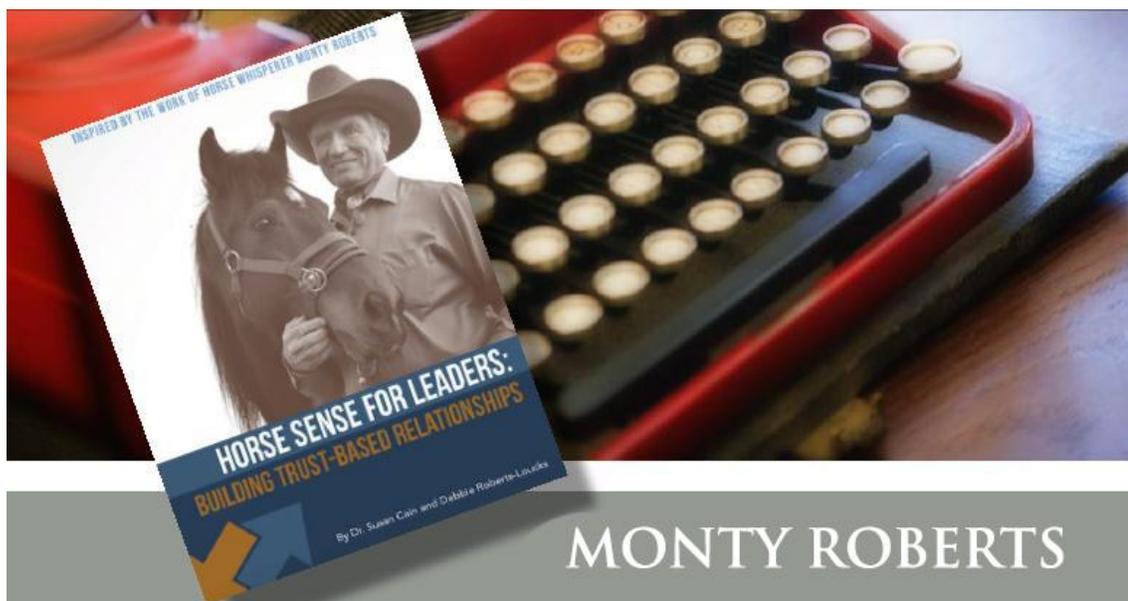
Photo credit: Dan Quinajon

Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a

[Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



