



**Wednesday July 4, 2018**

Greetings! ,

Today we celebrate Independence Day in the USA, and on this occasion I'd like to share with you a young reader's question and my answer about making self determined choices in our lives.

## **Question**

Good day Monty!

I am an incoming first year college this school year (from the Philippines). I don't know if this is the right email address I should use to address my very personal and informal way of seeking advice. I also don't know if you can or will read this lengthy message but anyhow, I'm taking my chances.

I have been reading a lot about you and since then I have always been inspired by your life stories regarding your successes in ranching and expanding acres of your land. I, too, have found an interest in Agricultural-related field of work because I got this big dream to become just like you someday (and to live a life surrounded by beautiful and lush nature).

However, I have been troubled about choosing the right choices for College. In the school that I will be enrolling I have two choices open for me: (1) one is Industrial Engineering and (2) two is Agricultural and Biosystems Engineering. My dilemma is that I think Industrial E. is good because it can help me strengthen my interpersonal and communication skills because it's what I really lack about and which is also great for starting a business one day and perhaps, I could take an MBA after or so. But this course I think would delay my learnings about Agriculture and it would take me several years to understand Agriculture by then. If so my situation is to take Agricultural and Biosystems E. I might also lose the chance of learning how to integrate myself in business skills. Another thing is that I am also not sure if Agri-BioE is a good course if I have a plan on ranching. I'm not really sure about my future especially that I lack resources if I ever plan on taking further graduate studies. But what do you think about those courses? Do you think they can help me or is there any other way around?

I know decisions like this should come from me but I want to seek from the advices of people who know better so that's why I'm sending this letter to your known email address

I found on your website. I will be patiently anticipating for your wisdom on my personal matter. I'm really sorry for this long email, you can disregard if you think it's twaddle.

Sincerely yours,  
Jaya Alegarbes

## Answer

Thank you for your question. It is highly likely that you are asking this question of the worst person in the world. When I went off to University, I was in a state of confusion very much like our have outlined for yourself. My university could offer me general agriculture, equine studies, agri-business or biological sciences which included the behavioral sciences. I was hungry for all of these areas so I made the decision to triple major.

This meant six years of University training rather than four years. Some of my courses worked for two majors instead of just one and that was helpful. Many years after graduating, I was asked to become involved in behavioral sciences at Zurich University in Switzerland. By then my work was well known and my first book was in 6-7 languages and I would be working to quantify a new area of behavioral sciences. I agreed to conduct courses, write papers and give lecture spots for two years after which I was allowed an honorary doctorate in behavioral sciences. Many people would say 'it's just an honorary doctorate'. The head of the department at Zurich told me that I could answer that comment by saying, "I got my doctorate the hard way."

The advice you are seeking from me is impossible for me to process. It is your life and your future. You must make the decision, but I suggest that you set your goals high and get the best education circumstances will allow. What I did worked for me but I don't consider myself normal. Let us know what conclusions you come to when you make them.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monty', with a large, sweeping flourish underneath.

---

**MONTY'S EQUUS ONLINE UNIVERSITY**  
**THIS WEEK'S EPISODE**

---



This online video series shows Monty and his team working with Lipizzaner stallions in the legendary Spanish Riding School in Vienna, Austria. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



---

## UPCOMING EVENTS

- |                |   |
|----------------|---|
| <b>USA</b>     | July 9 and 10, 2018: Kris Robins <a href="#">Motivational Interviewing with Horses Clinic</a> at Flag Is Up Farms |
| <b>USA</b>     | July 23 to August 3, 2018: <a href="#">Gentling Wild Horses course</a> at Flag Is Up Farms, California            |
| <b>USA</b>     | August 6 to 10, 2018: <a href="#">Monty's Special Training</a> at Flag Is Up Farms, California                    |
| <b>USA</b>     | August 20 to 24, 2018: <a href="#">In Portuguese. Monty's Special Training</a> at Flag Is Up Farms, California    |
| <b>UK</b>      | October 6, 2018: Monty Roberts UK Fall Tour in Collingham   |
| <b>UK</b>      | October 19, 2018: Monty Roberts UK Fall Tour in Hartpurpy   |
| <b>GERMANY</b> | October 25, 2018: Monty Roberts <a href="#">Tour of Germany 15th Anniversary in Thyrnau</a>                       |
| <b>GERMANY</b> | October 27, 2018: Monty Roberts <a href="#">Tour of Germany 15th Anniversary in Ohlstadt</a>                      |
| <b>GERMANY</b> | October 31, 2018: Monty Roberts Tour of Germany 15th Anniversary in Schlüsselfeld                                 |

<b>GERMANY</b>	November 2, 2018: Monty Roberts Tour of Germany 15th Anniversary in Fulda
<b>GERMANY</b>	November 10, 2018: Monty Roberts <a href="#">Tour of Germany 15th Anniversary in Neubulach</a>
<b>SWITZERLAND</b>	November 16 to 18, 2018: Monty demonstration in Berne <a href="https://www.canchaval.ch/fr/">https://www.canchaval.ch/fr/</a>
<b>HUNGARY</b>	December 1 and 2, 2018: Monty Roberts Join-Up Master Demonstration at Budapest Horse Show

**[FULL SCHEDULE HERE](#)**

---

## **THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER**

July 6 to 8, 2018	Horse Sense and Healing	<a href="#">Click for Course Info</a>
July 9 to 20, 2018	Introductory Certification Course	<a href="#">Click for Course Info</a>
July 23 to August 3, 2018	Gentling Wild Horses	<a href="#">Click for Course Info</a>
August 6 to 10, 2018	Monty's Special Training	<a href="#">Click for Course Info</a>
August 11 to 12, 2018	Horsemanship 101	<a href="#">Click for Course Info</a>
August 13 to 16, 2018	Join-Up Course	<a href="#">Click for Course Info</a>
August 17 to 18, 2018	Long Lining Course	<a href="#">Click for Course Info</a>
August 20 to 24, 2018	In Portuguese, Monty's Special Training at Flag Is Up Farms, California	<a href="#">Click for Course Info</a>

**[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)**

---

### **CHECK THIS OUT!**

Pay now or pay over time with PayPal Credit. Just use PayPal Credit in PayPal checkout.

Subject to credit approval. Purchases of \$99+:

No Payments + No Interest if paid in full in 6 months when you spend \$99 or more.

Interest will be charged to your account from the purchase date if the balance is not paid in full within 6 months.

No minimum payment required during the 6 month promotional period.

If you don't pay before the promotional period ends, you will owe interest at an Annual Percentage Rate (APR) of 19.99% on any remaining balance after the expiration date.

Individual items that are less than \$99 qualify for special financing when combined for a total of \$99 or more in a single transaction.

Multiple separate transactions of less than \$99 per transaction cannot be combined to meet the minimum purchase amount.

<https://www.billmelater.com/cm/paypal/landers/18ppcTERMS.html>

---



## **THE MOVEMENT: A TRANSFORMATIVE JOURNEY WITH HORSES**

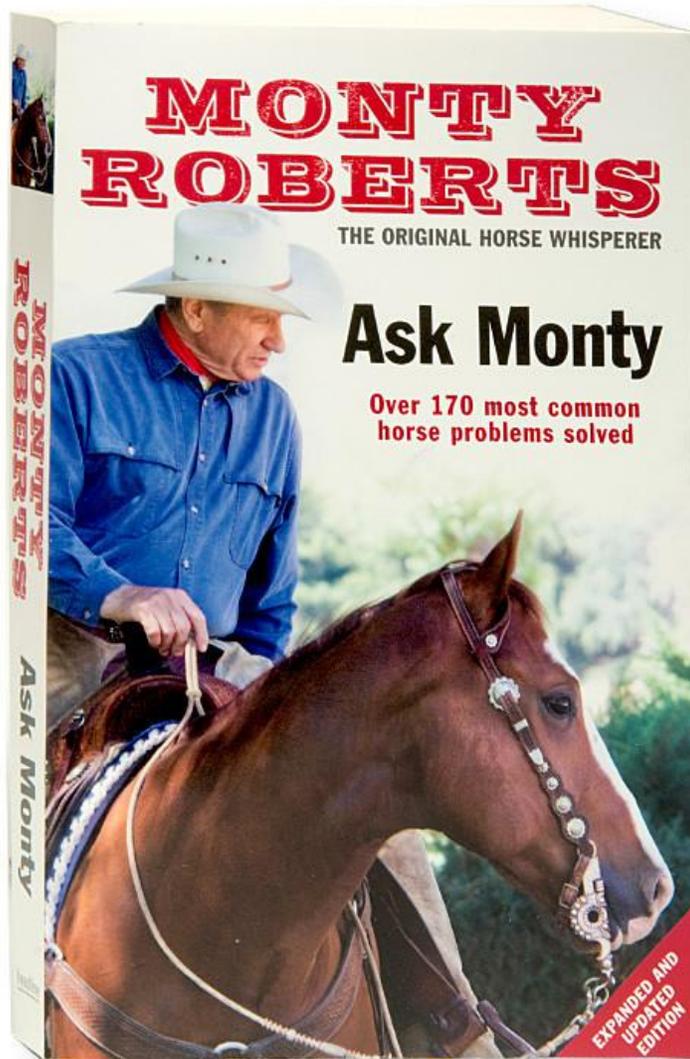
### **From The Movement 2018**

Hi Debbie and all the people who made The Movement possible!

It was a pleasure to be part of that wonderful event. My favorite of course is Monty's work, again and again. But it was inspiring to listen to Dr. Miller, who's book I ordered immediately and Kris Robins who was a pleasure to listen to. To talk about her work and mine and to see all these parallels. She found words for that: horses look past the injury, they see the person not the injury. And Eduardo Moreira is a fantastic story teller, it was fun to listen to him and he is also a brilliant example of resilience. I hope that The Movement goes on and I look forward to be there again!

Best regards from Munich,  
Doris Semmelmann

---



## ONLINE PRODUCT REVIEW: MONTY'S BOOKS

### Prompt delivery and attention to detail

Hi, just wanted to thank the team at Monty Roberts shop for their great customer service. The quality of all the products we have ordered has been top notch, and of course the knowledge and wisdom contained in Monty's books has been invaluable. Even though our orders have had to travel internationally everything has arrived in excellent condition and a timely fashion. Thanks so much for your professionalism and attention to detail. Cheers, Claire

Claire W.  
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

---

**SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP**

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).



---

## MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read

my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

## NEXT WEEK'S QUESTION

Dear Monty,

One of our ponies, Dizzy, who is a non-riden family member nowadays, exhibits aggressive/defensive behavior only when her head is over the stable door: i.e. ears back and biting at thin air in our general direction as we approach her or even just pass by her stable. She was initially also a nervous mare in all respects but has settled down in all other areas except this one.

I've tried ignoring this behavior altogether (i.e. avoiding her as much as possible in the stable door scenario and only interacting in the stable or outside the stable). I've tried ignoring it and treating her as I do the other two mares in the family i.e. strokes and other gentle friendly loving interactions at the stable door, but neither of these strategies have made any difference. I seem to be unable to reassure her that no one is going to hurt her when she is standing in that position.

I'm sure she's been treated inappropriately by people in a previous home, and this is her way of protecting herself. But after 3 years I owe to her to try to figure this puzzle out and to try to help her overcome this behavior pattern which is based on a past experience that won't happen again as long as I have breathe in my body!

The problem for me is I don't know what that past experience was (although we did see the people we bought her from smacking her for pawing at the ground.....) and I don't have any ideas on how to change this outcome for her. Please can you suggest some alternative course of action?

Kind regards  
Julia Szajdzicka

---

**HORSEMANSHIP RADIO**



Impossible to put in an equestrian 'box', Lara Prior-Palmer is a British athlete, the first woman to win the Mongol Derby, and the youngest person ever to complete it! As niece of British eventer Lucinda Green, young Lara is the next generation of equestrian legends. Another legendary family in Polo, father-daughter Kirsten and Rege Ludwig reign from Thailand to Europe and around the globe.

[EPISODE 115 | LISTEN HERE](#)



---

## FOR OUR VETERANS AND FIRST RESPONDERS



Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)

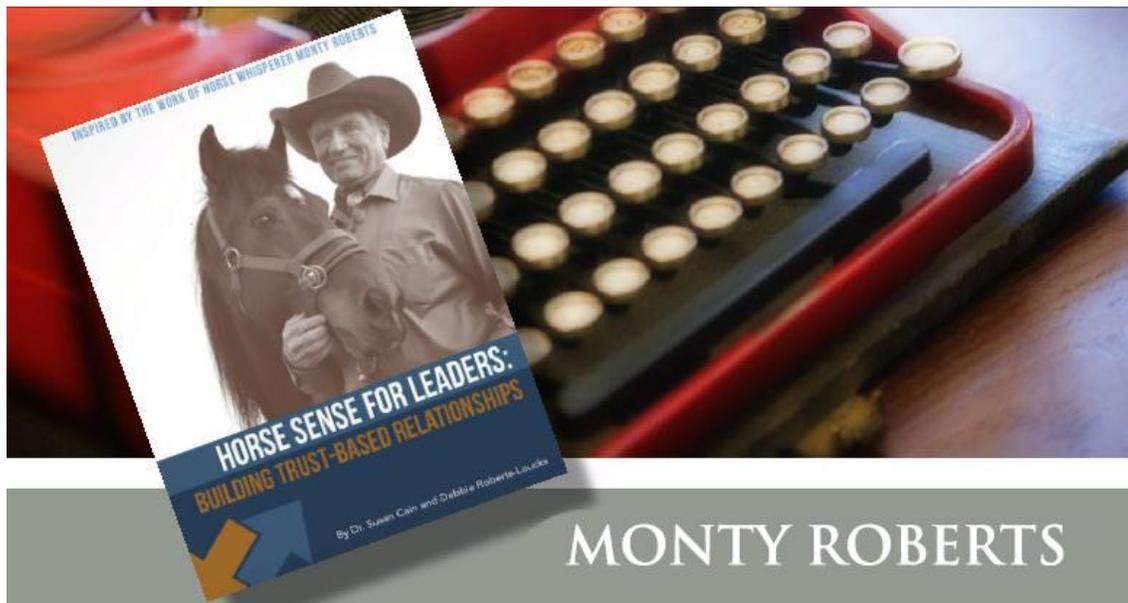


SUPPORT  
JOIN-UP®

To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

---

# HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



**FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR**

Find [a Monty Roberts Certified Instructor](http://www.montyroberts.com/certified-instructors-page/) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



## LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>





AUSTRALIA



USA

[Join-Up International](#) | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

