



Wednesday June 20, 2018

Greetings! ,

Question

Hi Monty,

I have a horse who has developed a bad cough over the last few months and I have been working with my vet to treat him, he has had approximately 14 needles over the last three weeks and still has more to come. He is really over it and I would love your advice for anything I could do to help him know I'm trying to help him. Both today and yesterday when giving him his intramuscular needle he turned and slightly bared his teeth at me and he isn't a nasty horse at all so I really don't want him hating me. Any help or advice would be greatly appreciated.

Kind regards,
Desiree Sanderson

Answer

Thank you for your question. This is an area that is very difficult to negotiate without causing your horse to distrust. One recommendation is to allow someone else to produce pain while you just rub and produce no pain at any time. Another factor I recommend is the element of distractibility. I recommend all sorts of distractions not unlike a doctor's office would do for the human child.

A nurse flashing a toy, some sound in the room, lights switching off and on, there are hundreds of small distractions that tend to lessen the sensitivities of the nervous system. One can play with this depending upon the environment available and you might come up with distractions I haven't even thought of.

There is far less pain involved in these procedures than one tends to give credence to. You know yourself that the tiny sting of a needle is often barely perceptible to someone who has regular injections. Mind over matter is the answer to this problem. The slapping of the neck before an intramuscular injection is introduced specifically for that reason. I have confidence, given this recommendation, you will come up with a long list of

distractions you can employ with your horse

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



This online video series shows Monty and his team working with Lipizzaner stallions in the legendary Spanish Riding School in Vienna, Austria. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

USA June 30 - July 1: [Kids Course](#) at Flag Is Up Farms

SWITZERLAND July 1: Monty demonstration <https://www.canchaval.ch/fr/>

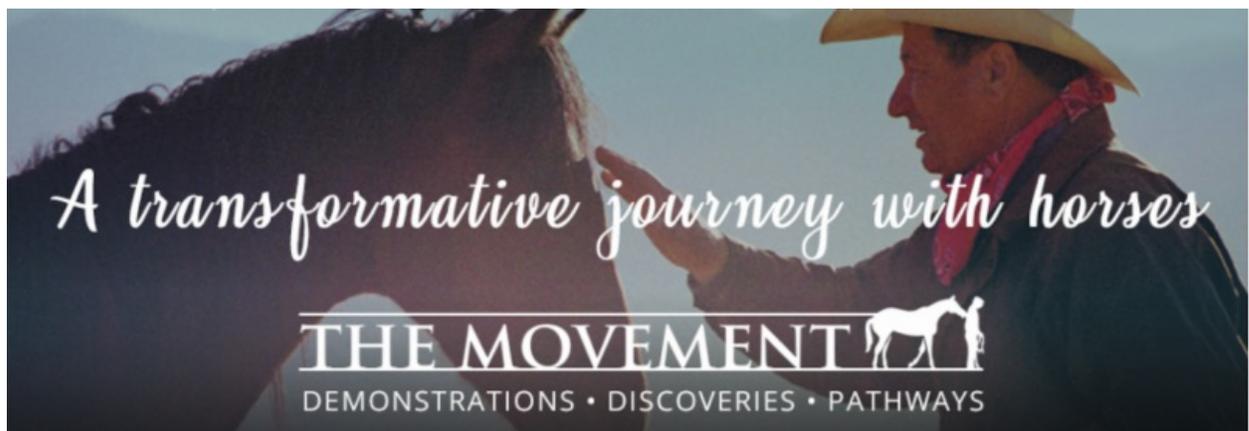
- USA** July 9 and 10, 2018: Kris Robins [Motivational Interviewing with Horses Clinic](#) at Flag Is Up Farms
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California
- USA** August 20 to 24, 2018: [In Portuguese, Monty's Special Training](#) at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

June 30 to July 1, 2018	Kids Course	Click for Course Info
July 6 to 8, 2018	Horse Sense and Healing	Click for Course Info
July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 20 to 24, 2018	In Portuguese, Monty's Special Training at Flag Is Up Farms, California	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



THE MOVEMENT: A TRANSFORMATIVE JOURNEY WITH HORSES

From The Movement 2018

Dear Monty,

It was an absolute pleasure for me to be able to go to your farm. God will keep Blessing you and everyone that walk at your property.

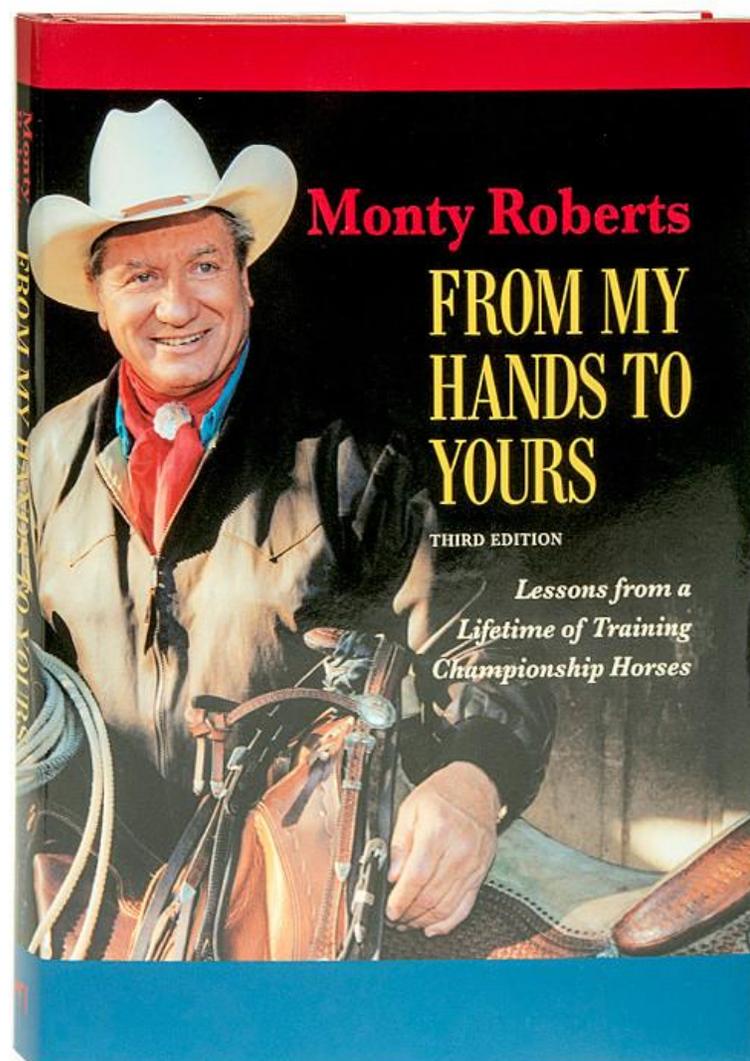
I always wanted to go, but God mysterious ways took at that specific date for The Movement!

I've always love horses and it wasn't until I came back to live in USA that I could start knowing them and being blessed to be around them.

I work Equine Assisted activities with disabled kids and Adults. Seen how they are always willing to be present for support and comfort.

One more time it had happened to me. My husband which I had lived with 36 years passed away on May 9, 2018 so I definitely really appreciate the symposium that you'll put together and hope to be able to come back for more training and the Best part be part of the Movement of Equine Power Awareness, which is the path of Trust, Acceptance and Divine Silence (Body Language)

Sincerely Big Hug,
Adriana Gonzalez (South America)



ONLINE PRODUCT REVIEW: FROM MY HANDS TO YOURS

To Monty, Pat and the Team:

Thank you for my new book, [From My Hands to Yours](#). I have only had a few rare moments to even open it but the very first page, " A great trainer can teach a horse to WANT to do it". Made an impact on my riding weekend. My little Arabian horse did better than ever, highlined for the first time unafraid, took to the trails alone (and she is green). She was brave and forward, I never had to push her and she only had a wee spook once.

I am so pleased with Monty's overall mind set of training and gentling a horse has made all the difference in the 45 years I have been riding and training these magnificent animals.

Thank you Monty and your great team!
Warmly,
Tina Kerst

[VISIT MONTY'S ONLINE STORE](#)

SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP

AmazonSmile has the same products, prices, and shopping features a Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).



MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a



comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

I have submitted questions to you in the past. Sometimes I think I know the answer, sometimes not. Always I know there are others who have/are dealing with the situation in question who are interested in your often unique opinion.

Knowing your main concern is always for the safety of the horse and rider, what advice would you have when you find yourself involved with a runaway? This can sometimes quickly involve trees, fences, ditches, open barn doors, or any number of hazards. Any thoughts would be of great interest.

Thank you,
Lloyd Reinstein

HORSEMANSHIP RADIO



Kenny Lawson developed two horses that won the 2017 Cowboy Mounted Shooting World Titles. Based in California, Kenny enjoys training and educating horses whereby the horse has a good experience and he is a specialist in teaching Mounted Shooting. Rick Clifford spent 30 years as a security systems engineer before he found a way to spend every day riding and loving the horse centered life-style in the beautiful Santa Ynez Valley of Central California.





FOR OUR VETERANS AND FIRST RESPONDERS



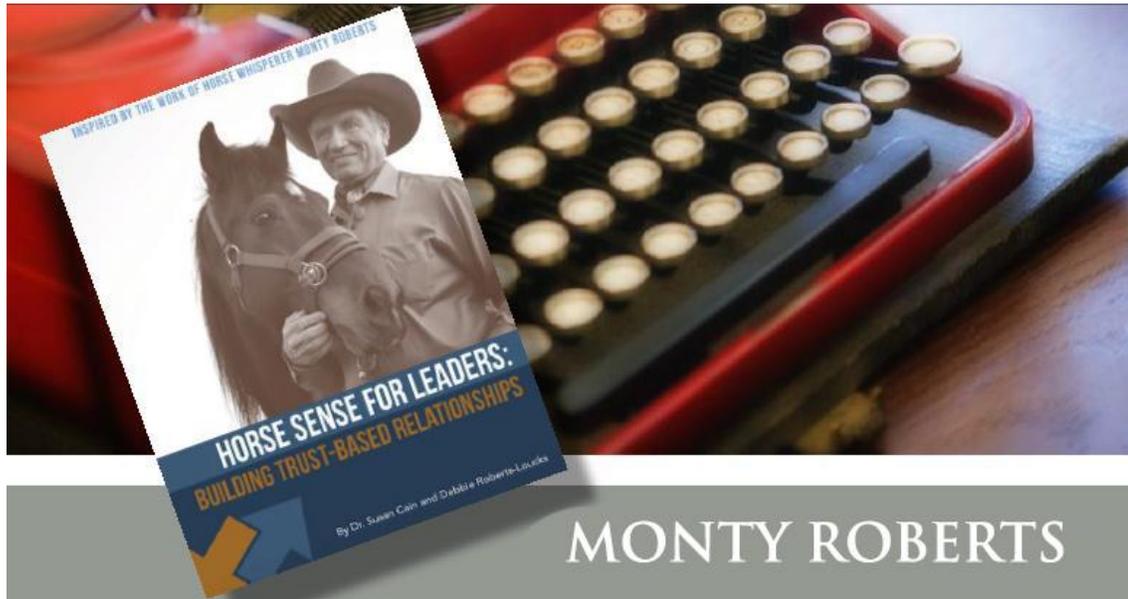
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



SUPPORT
JOIN-UP®

To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **[Horse Sense for Leaders: Building Trust-Based Relationships](#)**, is another great way to support Monty in his efforts. We have a **[Paperback Version](#)** and a **[Color Version](#)**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. **[READ MORE](#)**



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to:

<http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to:

<https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



