



Wednesday May 30, 2018

Greetings! ,

## Question

I recently acquired a six-year-old mustang mare. I was told she trailered well, but she walked right up to the trailer and stopped. She didn't act scared, but when we tried again she went right up, stopped and sat with her rump right on the ground. We chuckled about it and after a few seconds she snorted, got up and walked right in. She does this every time. While this doesn't hurt her, it would be nice if she would walk in without sitting first. Any suggestions would be helpful. I do not know much about her past; she's a rescue.

## Answer

It sounds as though you could have a very funny act on your hands. She is obviously quite stressed with the prospect of loading and traveling. This could be the result of negative experiences in her past. To assist her, you will need repeatedly to create situations that will be comfortable so as to reduce the stress level by reinforcing in her mind the belief that trailers and travel can be safe and comfortable.

Apparently your mare has figured out how to control the situation. I would school your mare to respect the [Dually training halter](#). Once this is accomplished, she will choose to load without sitting down. The Dually halter is designed to allow the horse to train itself to come up off the halter willingly when a request is made. There is a specific set of procedures that must be accomplished before the horse is likely to act in a cooperative manner.

My [Equus Online University](#) and [DVDs](#) describing procedures are extremely helpful, but there is no substitute for practice in becoming proficient with any piece of equipment with which you intend to train a horse. I often say that the Dually halter is no better than the hands that hold it, and the way to get the hands better is to have them practice its use.

I recommend strongly that every horseperson work with easy, cooperative horses before progressing to those more difficult. As one becomes better with the easy horses, each procedure will tend to educate both you and your muscles to make the right moves in

order to achieve the desired result.

Sincerely,



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## MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

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This online video series shows Monty and his team working with Lipizzaner stallions in the legendary Spanish Riding School in Vienna, Austria. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



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### UPCOMING EVENTS

USA

July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California

- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California
- USA** August 20 to 24, 2018: [In Portuguese, Monty's Special Training](#) at Flag Is Up Farms, California

**[FULL SCHEDULE HERE](#)**

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**THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER**

June 30 to July 1, 2018	Kids Course	<a href="#">Click for Course Info</a>
July 6 to 8, 2018	Horse Sense and Healing	<a href="#">Click for Course Info</a>
July 9 to 20, 2018	Introductory Certification Course	<a href="#">Click for Course Info</a>
July 23 to August 3, 2018	Gentling Wild Horses	<a href="#">Click for Course Info</a>
August 6 to 10, 2018	Monty's Special Training	<a href="#">Click for Course Info</a>
August 11 to 12, 2018	Horsemanship 101	<a href="#">Click for Course Info</a>
August 13 to 16, 2018	Join-Up Course	<a href="#">Click for Course Info</a>
August 17 to 18, 2018	Long Lining Course	<a href="#">Click for Course Info</a>
August 20 to 24, 2018	In Portuguese, Monty's Special Training at Flag Is Up Farms, California	<a href="#">Click for Course Info</a>

**[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)**

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### **ONLINE PRODUCT REVIEW: THE DUALY HALTER**

This is amazing! The Dually Halter has really helped my pushy mare respect my space more and she is much more responsive to my commands. It has helped her get better loading and unloading on the trailer too. Thanks Monty!

~ Jessica D., Verified Buyer

**[VISIT MONTY'S ONLINE STORE](#)**

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### **SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP**

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

**MONTY'S PRINCIPLES  
HORSE SENSE FOR PEOPLE**



The Movement's Moment of Join-Up! [www.TheMovement2018.com](http://www.TheMovement2018.com)

"Thank you Debbie, Monty and Pat, for organizing this event at your farm and home. Much gratitude and hope to see you soon!"

~ Amanda Ball

"So I was blessed with an opportunity to share my work at The Movement 2018 at Flag Is Up Farms. This first ever symposium focused on bringing together numerous professionals to the table to discuss how we can help change the world for horses and humans...I was invited to present my work on display and in a slideshow of the now six years I've been documenting the [Horse Sense and Healing](#) program...what an extreme honor and pleasure to bring attention to a local source of support for my fellow veterans, thanks in great part to Monty Roberts, his family and the crew at Flag Is Up...many big thanks to the folks that made this happen and invited me to be apart of something we hope grows in the years to come."

~ Dan Quinajon

**MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

## NEXT WEEK'S QUESTION

Dear Monty,

I live in Victoria Australia and last weekend a lady who was out riding alone on a bush trail in the high country of Victoria near Mansfield failed to return to the camp area where she had left her vehicle and horse trailer. She and her horse survived four nights in freezing conditions and were located together yesterday morning. Apparently she had suffered some kind of event leading to loss of memory and disorientation. Her family said she was a very competent and knowledgeable horsewoman and this came as shock to them.

What I consider amazing is that her faithful horse stayed by her side and she said when she tried to sleep under a bed of dry wooden branches he would nudge her awake each morning. He could easily have wandered back to the campsite as horses always know where to head for home. However he was so loyal he stayed put and probably made it easier for the spotter plane as he is chestnut and thus would not camouflage easily.

I think the media said the horse's name is Depict. He deserves a medal!!!! What are your thoughts?

Kind regards,  
Kate Sutherland

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## HORSEMANSHIP RADIO



A 1000 mile ride though Argentina, 2 horses, one dog and a love for the history of the Criollo horse and the resilient explorers, Stevie Anna shares her latest adventure on horseback. And Jamie Jennings, co-host of the Horses in the Morning Radio Show, tells us about the transformative effect of learning the language of horses, Equus and becoming a better trainer. Jamie passed the Advanced Exams of Monty Roberts Certification Program and looks forward to sharing the concepts as an Instructor.

[\*\*EPISODE 112 | LISTEN HERE\*\*](#)



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**FOR OUR VETERANS AND FIRST RESPONDERS**



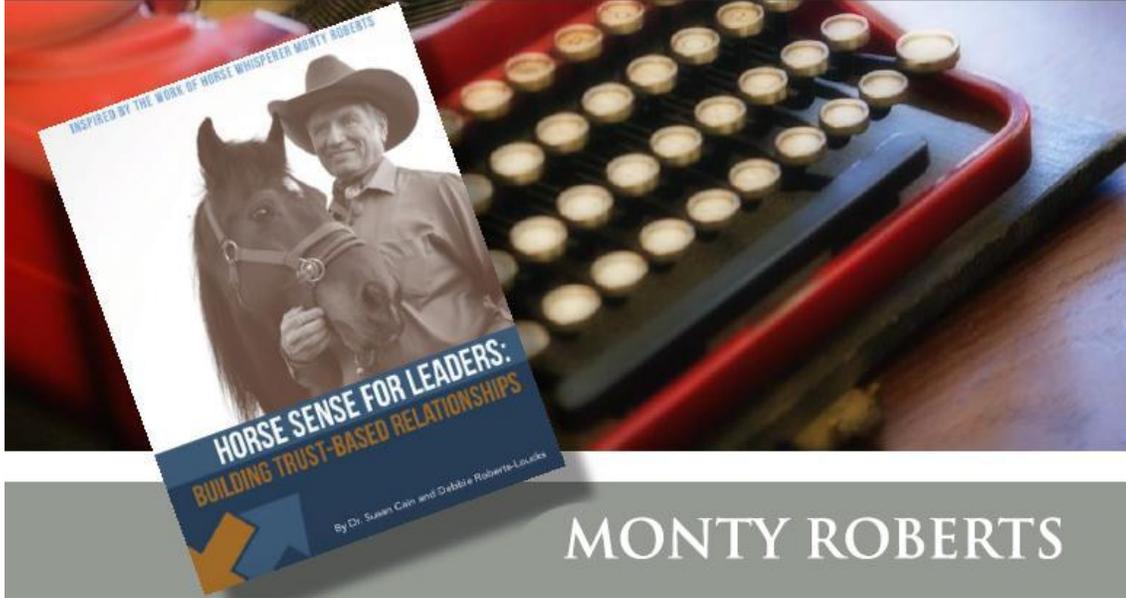
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

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**HORSE SENSE FOR LEADERS**



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



## FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified

instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:  
<http://www.montyroberts.com/certified-instructors-page/>



## LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

