



Wednesday May 2, 2018

Greetings! ,

Question

"Six things about life I wish I could travel back in time and tell myself." ~ Monty

Answer

1.

If I could travel back to 1942, at the age of 7, I wish I could have treated my father the same as I now would a horse. It means I wouldn't blame him for anything and I would attempt to discover how he was treated as a child. Perhaps I could have helped him lose his desire to act out in a brutal fashion toward me.

While a primary school teacher saved me from acting out with violence against him, I wish I could have learned faster how to process this disastrous childhood at an earlier age than I eventually accomplished. There was great pain, physical and mental in those early years. I needed to be more cerebral.

2.

If I could travel back to 1949, I would tell myself the world is simply not going to change overnight, you must commit the balance of your life to making the changes you perceive as absolutely necessary to be fair with the horses, I could have saved myself a lot of pain and suffering expecting a more rapid change than ever was possible.

3.

If I could travel back to 1960 and tell myself to be more patient with a certain filly, I might have altered in a positive way my overall success rate. I know now that she was shouting to the rooftops that she wanted to be a world champion. She was very sensitive and made mistakes that I couldn't seem to forgive her for.

Today I know, had I given her quiet opportunities to learn before putting pressure on her to demand success she would have lived up to her own aspirations. She is long since

dead and her owner died a few years ago. I owe both of them a huge apology for denying this filly her rightful championship.

4.

If I could travel back to 1972, I would tell myself that all business associates are not necessarily honest and loyal. I could have much earlier realized a situation seeming to be disastrous at that time could end up being the best thing that ever happened to me. We all need to learn to use lemons to make lemonade.

5.

As I travel back to an overview of my entire career, I only wish I could have learned earlier in life that the harder I work, the luckier I get. I remember clearly competitors saying that I got good horses because I was simply lucky. It took a long time for me to learn to strike lucky from my lexicon.

6.

If I could travel back to my first days as a mentor for the next generation, I would emphasize earlier and stronger the need to create goals. Put them "out there" where they seem to be unreachable and then put those arms to work reaching for them. No goals, no gold. Sincere goals will fuel any career to a successful conclusion.

Sincerely,

A handwritten signature in black ink, appearing to read "Monty", enclosed within a large, loopy circular flourish.

**MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE**



This online video series shows how Monty works with a horse called Emi who is not trusting of people. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS



- USA** May 12, 2018 Enchanted Dancing Horses at Flag Is Up Farms <https://www.eventbrite.com/e/enchanted-dancing-horses-with-sylvia-zerbini-and-friends-benefit-tickets-44725978606>
- USA** May 23 to 24, 2018: [The Movement](http://themovement2018.com/) in Solvang with Monty and Pat Roberts, Speakers, Demonstrations <http://themovement2018.com/>
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California

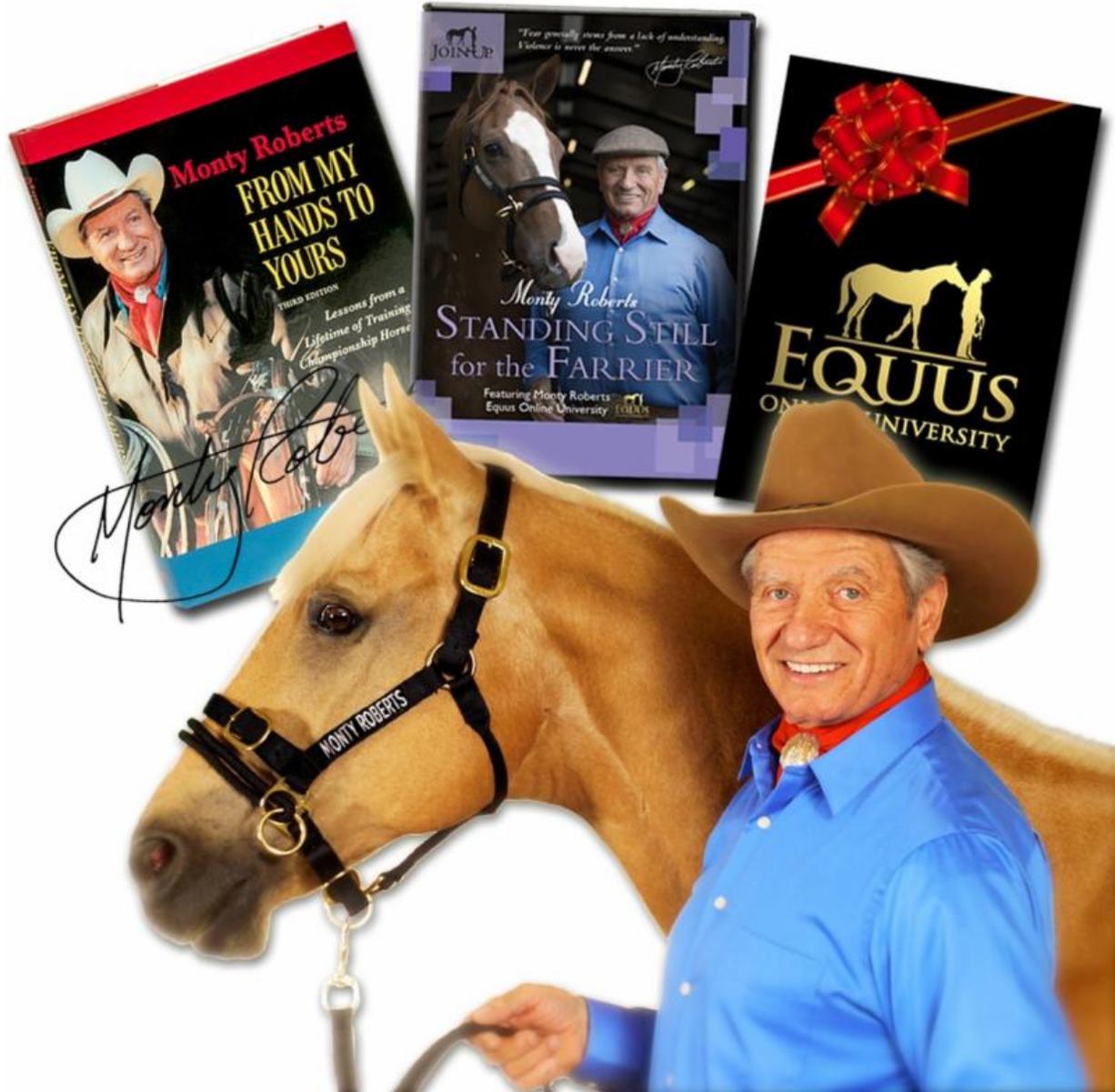
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California
- USA** August 20 to 24, 2018: In Portuguese, Monty's Special Training at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

May 5 to 6, 2018	Horsemanship 101	Click for Course Info
May 7 to 10, 2018	Join-Up Course	Click for Course Info
May 11 to 12, 2018	Long Lining Course	Click for Course Info
May 25 to 27, 2018	Horse Sense and Healing	Click for Course Info
June 30 to July 1, 2018	Kids Course	Click for Course Info
July 6 to 8, 2018	Horse Sense and Healing	Click for Course Info
July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 27 to September 7, 2018	Advanced Exam	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



ONLINE PRODUCT REVIEW: PACKAGES AND JOIN-UP KITS

Good Quality Kit

Received the [Medium Dually Training Halter Join-Up kit](#). Found the halter to be high quality construction, the book and DVDs to be very clear and informative. While our horses (Haflingers) are pretty much broke (desensitized), we are hoping by the adoption and use of Monty's methods to greatly improve our relationship with them. Thank you for the timely shipment of this kit.

Kathleen H.
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP

AmazonSmile has the same products, prices, and shopping features as Amazon.com.

The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).



MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



"My life would be different had he not stood firm." ~ Mollie

Dear Team Monty,

Many congratulations for all of you for Monty 's making the last four-finalist placing. It's wonderful for Monty to receive acknowledgment for his work, contribution to welfare and training, standing in the tide of breeders, trainers, competitors etc., all screaming you're going the wrong way. To persevere, share his work, create his [Equus Online University](#) and the non profit. To stand genuinely with horses in his heart with no guile or hidden agenda. To take the abuse from his father when it would have been easier to stop and accept he was wrong and they were right! I could go on forever but texting takes so long. My life would be different had he not stood firm. My heartfelt congratulations again. As far as I'm concerned, he became the winner when he did his first Join-Up as a child.

Kindest Regards,
Mollie

Editor's note: Read more about Monty's award here:

<https://www.montyroberts.com/press-releases/monty-roberts-in...try-vision-award/>

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Mr. Roberts,

For about four weeks I am the owner of a four-year-old Icelandic Horse (gelding) named Tívar. His first owner told me, that Tívar has grown up almost "free," i.e. he had only contact to humans when he was fed, checked by the veterinarian or when his hooves were done by the smith.

During the first week I could work with him without any problems: I could put the halter on him and go for a walk, brush him or put a blanket on his back, he did everything very well and in my opinion even had some fun during this work and had no negative experience. Then, suddenly, two weeks ago, he started running away from me and doesn't want to put on his halter any more. Encouraged by your video with Lauki, I decided to do some Join-Up with him (for about half an hour), but unfortunately had no success. Did I do wrong or too long or too short? Are there any alternatives to convince him to work again together with humans?

I'm looking forward to your answer and thank you very much for your work with horses and humans!

Sincerely,
Annekatriin Orben

HORSEMANSHIP RADIO



Denise Heinlein teaches the Advanced Courses at the Monty Roberts International Learning Center in California when she is not touring and training internationally. Natalie Rietkerk of CARMA promotes Thoroughbred aftercare as project manager handling the Placement Program, Thoroughbred Classic Horse Shows and works with aftercare partners.

[**EPISODE 111 | LISTEN HERE**](#)



FOR OUR VETERANS AND FIRST RESPONDERS

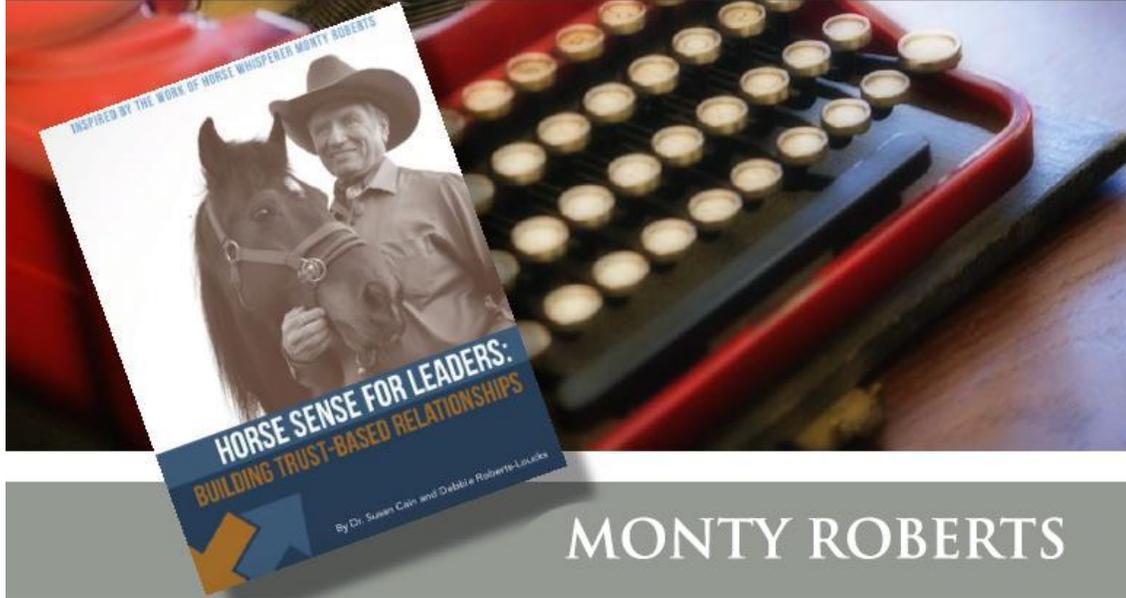


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **[Horse Sense for Leaders: Building Trust-Based Relationships](#)**, is another great way to support Monty in his efforts. We have a **[Paperback Version](#)** and a **[Color Version](#)**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. **[READ MORE](#)**



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](http://www.montyroberts.com/certified-instructors-page/) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

