



Wednesday April 25, 2018

Greetings! ,

Question

Dear Monty,

An article in one of our daily newspapers about modern pentathlon made me angry. I am wondering if an experiment would improve the horse-rider-partnership of the sportsmen and women.

One discipline of the Modern Pentathlon is Show Jumping. The horse-rider team is drawn by lots. The rider has 20 minutes to get to know his partner. They get to know each other riding in the warm up parkour for 20 minutes. In the article the horse of a famous German sportier is blamed two times for the failure of the rider in the competition. The horse is said to be "bad" or "dumb." I did some investigation about the training method for riders in the modern pentathlon and found a video which the sportswomen is interviewed, holding "her" horse. The horse continuously pushes her with his head which she does not correct. That tells me that there yet there is no horse-rider relation in terms of respect. And I could hardly find more than two times the word TRUST in the articles I read.

My question is: what if these riders would use the 20 minutes to do a Join-Up with their horse instead of riding? Or do a Join-Up and make the riding shorter, looking much more for a good communication than for the right point to jump off ? Would you go into an experiment the next time you come to Berlin in a training facility of modern pentathlon riders, to find out together with them if Join-Up before the competition would change their chances for a good ride? I would organize everything and make a request. I do not know anybody in this area but I will find them and I am convinced that I would be good in convincing them if you agree to give it a try.

Best regards from Berlin,
your student Viola Hackenberge

Answer

Dear Viola,

Welcome to my world! You speak with good sense. It is situations such as you have described which constitutes a huge percentage of my life. Let me tell you a few of the things I hear most often when I act to solve problems such as you have pointed out.

"We cannot be seen to accept the concepts of any one individual."

"We do not have time for this 'namby pamby' so-called horsemanship."

"These are the rules, like 'em or leave 'em, I did not make them."

"It's as fair for one as it is for another. We are looking for the best."

Once in a while I find a logical human being who will listen to my reasoning and sometimes even act upon it. Yesterday I met several individuals at a Dressage Convention and I would estimate about 50 percent of them attempted to see the points I made.

Remembering back to those first years after meeting The Queen, I was operating at less than 10 percent who would give me any consideration whatsoever. We're getting better, and at 83 I am still DEMONSTRATING my concepts, not just talking about the issues.

We are making progress. There is no question that it is too slow, but I refuse to grab a whip and try to force people to think my way. I would work very hard to make your idea come to pass. Continue to communicate and we will do all we can to comply with your wishes.

Sincerely,

A handwritten signature in black ink that reads "Monty". The signature is written in a cursive, flowing style with a large loop at the end.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



This online video series shows how Monty works with a horse called Emi who is not trusting of people. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS



- USA** May 12, 2018 Enchanted Dancing Horses at Flag Is Up Farms <https://www.eventbrite.com/e/enchanted-dancing-horses-with-sylvia-zerbini-and-friends-benefit-tickets-44725978606>
- USA** May 23 to 24, 2018: [The Movement](http://themovement2018.com/) in Solvang with Monty and Pat Roberts, Speakers, Demonstrations <http://themovement2018.com/>
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California

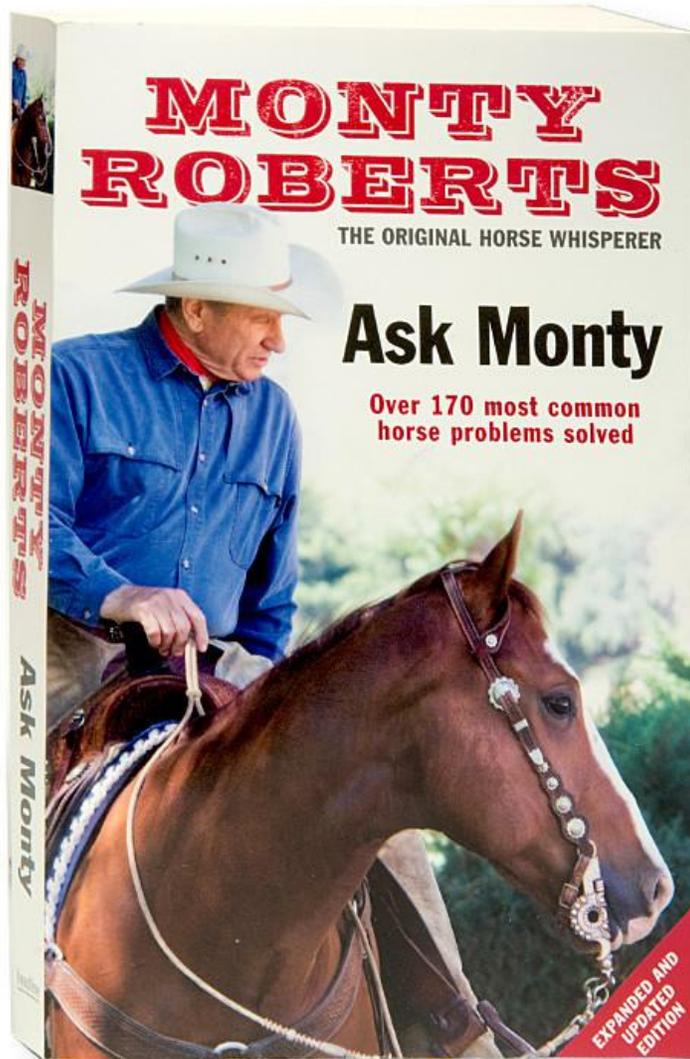
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California
- USA** August 20 to 24, 2018: In Portuguese, Monty's Special Training at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

May 5 to 6, 2018	Horsemanship 101	Click for Course Info
May 7 to 10, 2018	Join-Up Course	Click for Course Info
May 11 to 12, 2018	Long Lining Course	Click for Course Info
May 25 to 27, 2018	Horse Sense and Healing	Click for Course Info
June 30 to July 1, 2018	Kids Course	Click for Course Info
July 6 to 8, 2018	Horse Sense and Healing	Click for Course Info
July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 27 to September 7, 2018	Advanced Exam	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



MONTY'S BOOK: ASK MONTY BOOK

Great title

So far so good! I work a lot so I read when I get a chance. I have looked at this book for some time. The drawings help describe the training process. The only thing so far I don't care for is the print is a little small. I will keep you informed of my reading process...Thanks so much.

Barbara T.
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

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AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**



From www.MontyRobertsUniversity.com website Forum

From student E. Shultz:

I am sharing this in the event that it will help someone else. It took me a while to put these pieces together and maybe my work will help someone with a similar horse bridge the gap. I have a very well broke 13 yr. old mare. I have had her for two years and have only ridden her once or twice because she has such a high tension/anxiety level I don't enjoy being around her. I have tried to get her to Join-Up but she is the only horse with whom I have had NO success. Anyway, I basically leave her alone in the pasture and bring her up to trim her hooves once every couple of months. I brought her up this week for her hooves to be done and somehow a light bulb went off: She is like a horse with PTSD.

These are the things I know about her: She is the dominant alpha mare. She was cut up horribly by wire when she was a weanling (still has major scars across her chest). She was smacked around and pretty much roughed up as a young horse. So went the light bulb went off, I put the PTSD symptoms together with her character, her past and her behavior and it all made sense. She is hyper-vigilant because she is dominant. She doesn't trust people because of her injuries being treated when she was young plus being hit and roughed up by a cowboy owner (so she associates pain and trauma with

humans).

Somehow knowing all this makes me approach her with a different set of expectations and a higher level of acceptance and respect for why she is the way she is. I don't know how much healing we will be able to do together – as Monty says, once a piece of paper has been creased it is creased forever – but perhaps we can reach a better level of understanding and trust now that I can "meet her where she is at."

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Monty shares:

Six things about life I wish I could travel back in time and tell myself ~ Monty Roberts

HORSEMANSHIP RADIO



Ramón A. Domínguez, retired Eclipse Award-winning champion jockey in American Thoroughbred horse racing, on how he builds relationships with horses. Marion Altieri shares about her friendships with Thoroughbred and Arabian horse racing champions, both human and equine!

[EPISODE 110 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

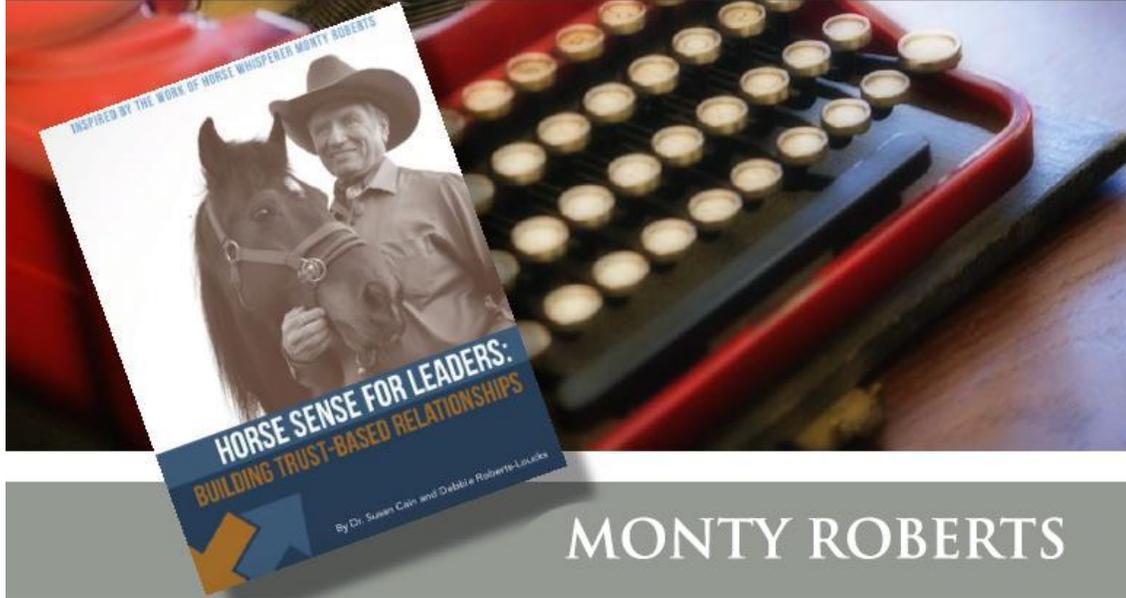


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **Horse Sense for Leaders: Building Trust-Based Relationships**, is another great way to support Monty in his efforts. We have a **Paperback Version** and a **Color Version**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. **READ MORE**



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](http://www.montyroberts.com/certified-instructors-page/) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

