



Wednesday April 11, 2018

Greetings! ,

Question

Dear Monty,

What do you suggest for horses that throw their heads while being ridden? The traditional remedy is a tie down, which like the buck stopper, is inert until he bumps into it. I suspect you may have another idea?

Lloyd Reinstein

Answer

Dear Lloyd,

Thank you for your question. My quick response is that the problem is with the hands that hold the reins, generally speaking. The type of bit and all that is connected to it may very well have something to do with the problem. It is generally the horse's desire to get rid of pressure or pain. There are many examples of what I do in my textbook [From My Hands To Yours](#). To answer this question fully would take a full chapter, but, believe me, it is not tie downs or any other form of restraint.

Please understand that there are many physical issues that are potentially at work here. Allergies to pollen, inflammations of mouth, ears, or even eye irritation can contribute to head tossing. Be complete in your investigation, eliminating traditional pain and pressure.

Sincerely,

A handwritten signature in black ink that reads 'Monty' in a cursive, flowing script.

MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



This online video series shows how Monty works with a horse called Emi who is not trusting of people. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS



USA

April 21 to 22, 2018: West Coast Dressage Convention, Los Angeles,

California, featuring Edward Gal, Hans Peter Minderhoud and Monty Roberts. Tickets from: <https://ca.shproductions.ca/purchase-west-coast-dressage-convention-v/>

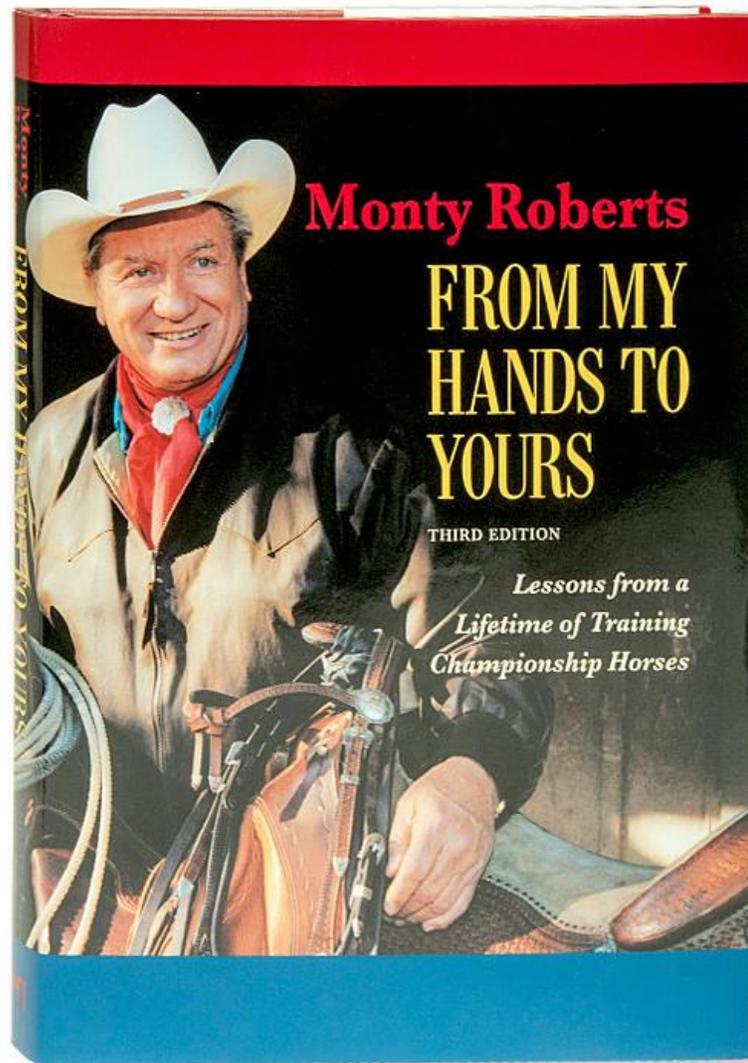
- USA** May 23 to 24, 2018: The Movement in Solvang with Monty and Pat Roberts, Speakers, Demonstrations <http://themovement2018.com/>
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

April 9 to 20, 2018	Introductory Certification Course	Click for Course Info
May 5 to 6, 2018	Horsemanship 101	Click for Course Info
May 7 to 10, 2018	Join-Up Course	Click for Course Info
May 11 to 12, 2018	Long Lining Course	Click for Course Info
May 25 to 27, 2018	Horse Sense and Healing	Click for Course Info
June 30 to July 1, 2018	Kids Course	Click for Course Info
July 6 to 8, 2018	Horse Sense and Healing	Click for Course Info
July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 27 to September 7, 2018	Advanced Exam	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



Finally someone who is on the same page. Zero abuse.

Thank you. Thoroughly enjoyed it. Appreciate that you respect the animal, how it thinks and feels instead of shoving your agenda to win a competition down their throats. We need more trainers with this type of mentality.

Marta Y.
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

[SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP](#)

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**



From Monty Roberts University student Curtis Clement: My favorite lessons involve Join-Up with remedial horses that have some kind of issue that they've learned along the way. I love watching them go crazy at first and then calming down as faith in the human replaces fear. Really though, all of them give my brain a big dose of kindness. It feels like putting up a little force field against aggression. I can always tell afterwards that I am WAY more apt to return disrespect with respect and then schooling takes on a whole new meaning; both with my horse and with people (other drivers in particular) and it feels good.



MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go

about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,
Okay, here is an off the wall question. How do you deal with a spouse or partner that doesn't care for horses but that is your passion?
Rick

HORSEMANSHIP RADIO



Two more horsewomen who parlayed their love of horses into something you will love to read. Cathy Lynn Cimino shares how [EquineInfoExchange.com](https://www.EquineInfoExchange.com) launched January 2015 and now has a social media reach of 3,000,000 and is the Twitter top influencer in the world for #Equine. Noelle Vander Brink is editor for the beautiful Elite Equestrian magazine based in Ocala.



FOR OUR VETERANS AND FIRST RESPONDERS

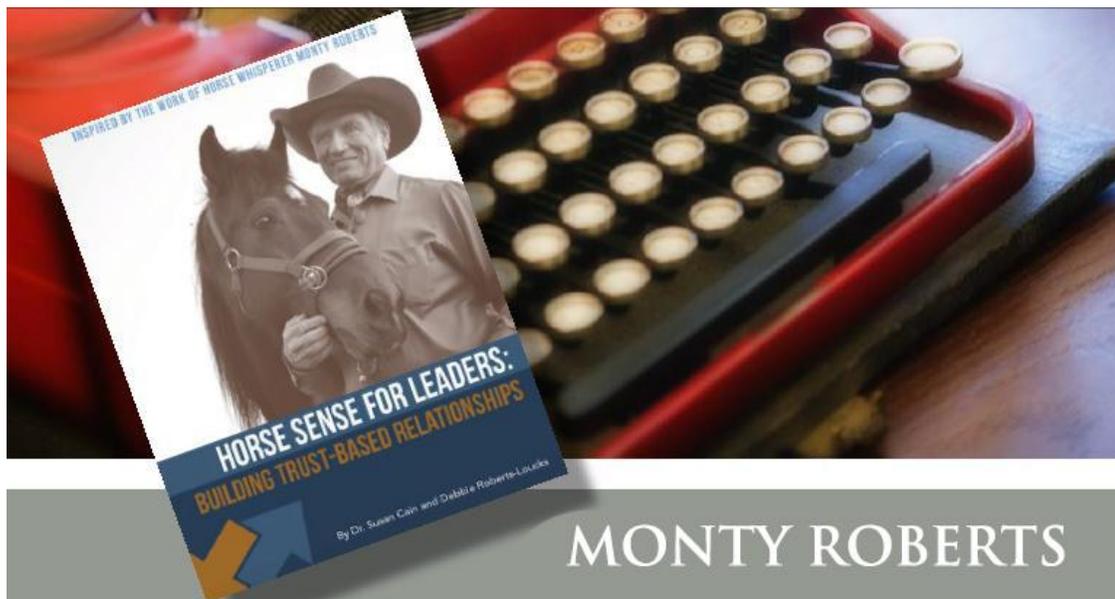


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to:

<http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to:
<https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

