



Wednesday March 28, 2018

Greetings! ,

Question

Dear Monty,

Do you think it is beneficial to ride bareback?

Answer

The better riders we are, the better chance our horses have to perform the tasks we request. Riding bareback is one very good way to learn to be a better rider. I rode bareback extensively as a child and feel that it was helpful in training me to be constantly aware of the position of my horse's body and his movements as he negotiated turns, lead changes and stops.

I am a firm believer that if we are to be good riders we should learn to ride both bareback and with a saddle. I further believe that we should at least know the basic principles for the correct riding in as many styles of saddle as possible: Western, English hunt seat, dressage, Park Seat, Australian stock saddle, even Argentinean gaucho saddle.

Knowledge is something none of us can have enough of; I even recommend that young riders use a bareback pad at some stage in their education, as it is quite helpful for leg position.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monty', with a large, sweeping flourish underneath.

MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

A Milestone! Our 500th lesson recently launched on my Equus Online University: [The Importance of Body Language](#)



"Saw Monty working with him when he had only been on the farm since Saturday saw him on Monday in the Gentling pen. This young gelding is so quick, always knows where his feet are and also where he is in relationship to you. This colt is the best case study of wild horse non violent training you will ever see."

~ Margaret Quinn Evans



This online video series shows how Monty works with a wild mustang called Diego. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS



- UK** March 28, 2018: Monty's Special Training, Monks Stud, Shamley Wood Estate, Guildford https://whisperingequus.co.uk/monty_special_training/
- UK** April 2, 2018: **New Date!** Demonstration at [Myerscough College](https://www.myerscough.ac.uk/), Bilsborrow, Preston, Lancs, PR3 0RY
- USA** April 21 to 22, 2018: West Coast Dressage Convention, Los Angeles, California, featuring Edward Gal, Hans Peter Minderhoud and Monty Roberts. Tickets from: <https://ca.shproductions.ca/purchase-west-coast-dressage-convention-v/>

- USA** May 23 to 24, 2018: The Movement in Solvang with Monty and Pat Roberts, Speakers, Demonstrations [Symposium and Awards Dinner ticket](#) or [Symposium only ticket](#) or [Awards Dinner only ticket](#)
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

March 12 to 30, 2018	Advanced Certification Course	Click for Course Info
April 9 to 20, 2018	Introductory Certification Course	Click for Course Info
May 5 to 6, 2018	Horsemanship 101	Click for Course Info
May 7 to 10, 2018	Join-Up Course	Click for Course Info
May 11 to 12, 2018	Long Lining Course	Click for Course Info
May 25 to 27, 2018	Horse Sense and Healing	Click for Course Info
June 30 to July 1, 2018	Kids Course	Click for Course Info
July 6 to 8, 2018	Horse Sense and Healing	Click for Course Info
July 9 to 20, 2018	Introductory Certification Course	Click for Course Info
July 23 to August 3, 2018	Gentling Wild Horses	Click for Course Info
August 6 to 10, 2018	Monty's Special Training	Click for Course Info
August 11 to 12, 2018	Horsemanship 101	Click for Course Info
August 13 to 16, 2018	Join-Up Course	Click for Course Info
August 17 to 18, 2018	Long Lining Course	Click for Course Info
August 27 to September 7, 2018	Advanced Exam	Click for Course Info

[MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



ONLINE PRODUCT REVIEW: JOIN-UP CAPS

"Great hat, well made, great fit!"

Becke W.
Verified Buyer

[VISIT MONTY'S ONLINE STORE](#)

SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

Three times your impact! From March 12-31, Amazon is **tripling the donation rate** on your first [smile.amazon.com](#) purchase! Go to [smile.amazon.com/ch/77-0459889](#) and Amazon donates to Join-Up International, Inc.



Now your support
goes 3 times as far

From Mar 12 – 31, Amazon will triple the
donation rate to 1.5% on your first eligible
purchase at smile.amazon.com.

amazon
smile

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



"I wish we could train the racing world how to really work with horses."

Dear Monty,

My ex-race horse is testament to the fact that leading in a [Dually Halter](#) is the best way. When I bought Lucy, straight from her trainer at the age of 4, she had only ever been lead in a chifney. I realised she would not be easy to handle in a normal head collar so before I unloaded her from my horse box I put on a Dually halter. She tried to rush off the lorry, and found the Dually didn't allow her to.

I then spent several weeks doing ground work with a Dually, teaching her to lead from either side, halt, back up, move when I moved, stop when I stopped and long lining. She

also learnt about spending time in the field with my other horses and started to chill.

Now I can ask her to do anything in a normal head collar and the Dually is used when needed.

I wish we could train the racing world how to really work with horses!

Thank you,
Angela Bishop, Norfolk, UK

Dear Angela,

It is my sincere hope that I get to meet you someday. I don't know when I have heard more intelligent words than those you have sent through. Every syllable tells me that you understand the forming of a partnership. Congratulations is not enough to say. You are the epitome of what I am trying to leave as a next generation of understanding the partnership we can have with our horses.

Sincerely,
Monty

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

We have two horses that we purchased this past fall, they are both very good horses, since we are new to horses. One is Cooper a nine year old and Tank a thirteen year old. Cooper is very good with our Eme who is eleven, she cleans his feet, leads good and just general getting familiar with a horse. Tank is the boss, but also very good, it is harder for him to focus, but he is very smart. We have trouble with his hoof cleaning, he does very good for both back hooves, but gives trouble with front, we ask he gives but puts back down, this goes on for a time, then he finally gives, do you have any suggestions that would help, some say lunging, maybe turning in tight circle??? What would you suggest? Tank knows what we are asking, its like he's a little kid and just doesn't want to have his feet cleaned. Help!

Thank you,
Gale

HORSEMANSHIP RADIO



Equestrian clinician Arien Aguilar is shaping the next generation to listen and understand the nature of horses. TheRightHorse.org has the right person in Christy Counts to massively increase horse adoptions in the United States.

[EPISODE 108 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

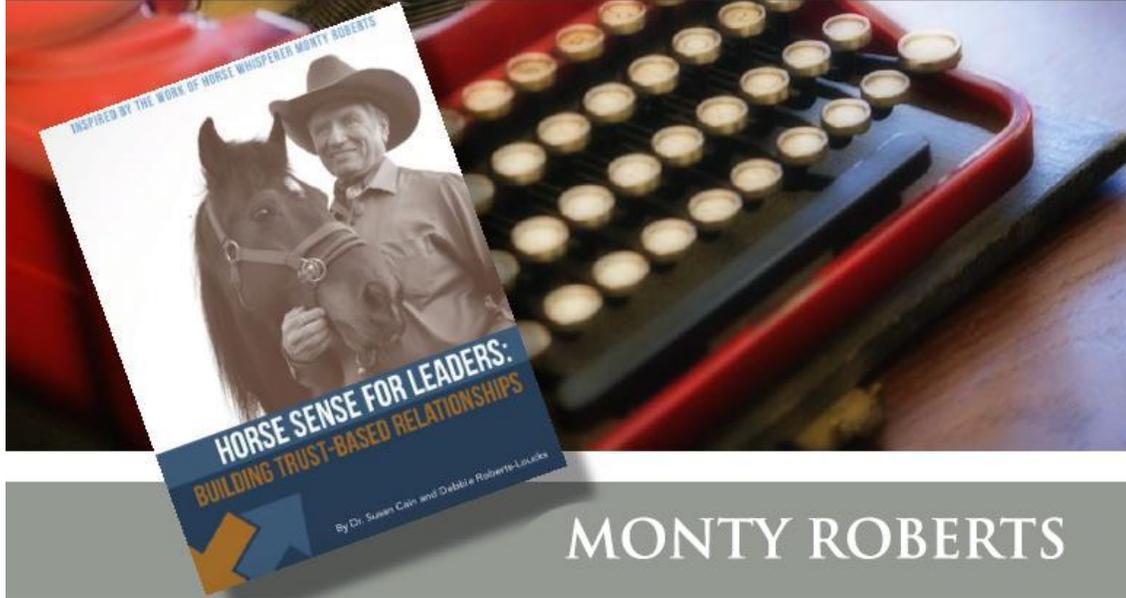


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **Horse Sense for Leaders: Building Trust-Based Relationships**, is another great way to support Monty in his efforts. We have a **Paperback Version** and a **Color Version**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. **READ MORE**



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](http://www.montyroberts.com/certified-instructors-page/) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

