



**Wednesday February 28, 2018**

Greetings! ,

Would Join-Up be helpful for a racehorse? This is the subject of this week's question and answer below. Monty did Join-Up with some of the greats of horse racing, such as Alleged and Lomitas. Of Lomitas, Monty wrote, "the true satisfaction I derived from my experience with Lomitas comes from the close emotional attachment I formed with him. I use the word 'great' very seldom but I attach it to Lomitas with confidence. He was great. It's not likely I will work with another horse that achieves so much. To have done so is a privilege I will cherish for the rest of my days."



## **Question**

Hi Monty.

I'm pleased to say I have had great success using Join-Up and your halter in the range of horses which include Polocrosse and Warmbloods for dressage. I have a dilemma however with a Thoroughbred three-year-old racehorse who is with a young trainer (recently set up from overseas in Victoria, Australia) who is experiencing trouble at the barriers. This I believe I can manage with your halter.

But my dilemma is with my desire to Join-Up with this filly. As the syndicate manager, I don't want however to have the owners feel that I may have interfered and taken "the edge" off the filly's desire to run.

I know you have had a lot of experience with gallopers. Presuming the horse has the ability, do you believe there is any risk in reducing the desire to gallop through Join-Up?

No doubt a silly question as I believe I know your answer but would appreciate your insight.

Best regards,  
Richard Martin

## Answer

Dear Richard,

As I answer this question I find myself at Santa Anita Racecourse in California. I am here to deal with an individual horse who has had a great deal of trouble with people. Today proved to be a celebration for me as he performed so as to impress the trainer, his ride and certainly myself, as he negotiated his morning session.

It has been my privilege to work with hundreds of champion racehorses globally. For me, Lomitas and Alleged head the list. Each of them was regarded among the best on earth. Both came to me with deep issues of trust for those of us with two legs instead of four. They ultimately performed admirably.

More to the point of answering your question, I believe I have clearly proven that the relaxed horse and the one who feels safe is far more likely to perform than the horse who is agitated, hyper-sensitive and clearly feels they are in trouble under the circumstances of competitive racing.

Join-Up® has been the centerline of my work with virtually every Thoroughbred brought to me for various remedial problems. Please do not concern yourself about Join-Up taking away from the competitive spirit. It simply allows sensitive horses to conserve their energy and use it in their natural desire to run.

Sincerely,

A handwritten signature in black ink, appearing to read "Monty", with a large, sweeping underline that loops back under the name.

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**MONTY'S EQUUS ONLINE UNIVERSITY**  
**THIS WEEK'S EPISODE**

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This online video series shows how Monty works with a wild mustang called Diego. Learn how to build your core strength and balance. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



## UPCOMING EVENTS



- |                |   |
|----------------|---|
| <b>UK</b>      | March 3, 2018: Monty Roberts demonstration at <a href="#">Myerscough College</a> , Bilsborrow, Lancs, PR3 0RY                               |
| <b>UK</b>      | March 7, 2018: Monty Roberts demonstration at <a href="#">Hadlow College</a> , Hadlow, Kent, TN1 0AL  |
| <b>UK</b>      | March 17, 2018: Monty Roberts demonstration at <a href="#">The Grange - with Special Guest "Martin Clunes"</a> , Okehampton, Devon EX20 3DA |
| <b>Ireland</b> | March 24, 2018: Monty Roberts demonstration at <a href="#">Cavan Equestrian Centre Ltd</a> , near Dublin.                                   |

## NEW DATE ADDED!

- UK** March 28, 2018: Monty's Special Training, Monks Stud, Shamley Wood Estate, Guildford [https://whisperingequus.co.uk/monty\\_special\\_training/](https://whisperingequus.co.uk/monty_special_training/)
- USA** April  
21 to 22, 2018: West Coast Dressage Convention, Los Angeles, California, featuring Edward Gal, Hans Peter Minderhoud and Monty Roberts. Tickets from: <https://ca.shproductions.ca/purchase-west-coast-dressage-convention-v/>
- USA** May 23 to 24, 2018:  
The Movement in Solvang with Monty and Pat Roberts, Speakers, Demonstrations  
[Symposium and Awards Dinner ticket](#) or [Symposium only ticket](#) or [Awards Dinner only ticket](#)
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California

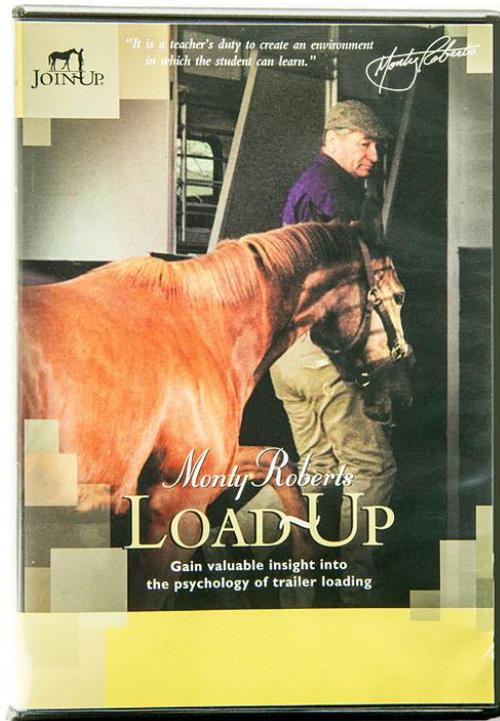
## [FULL SCHEDULE HERE](#)

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## THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

March 5 to 9, 2018	Introductory Exam	<a href="#">Click for Course Info</a>
March 12 to 30, 2018	Advanced Certification Course	<a href="#">Click for Course Info</a>
April 9 to 20, 2018	Introductory Certification Course	<a href="#">Click for Course Info</a>
May 5 to 6, 2018	Horsemanship 101	<a href="#">Click for Course Info</a>
May 7 to 10, 2018	Join-Up Course	<a href="#">Click for Course Info</a>
May 11 to 12, 2018	Long Lining Course	<a href="#">Click for Course Info</a>
May 25 to 27, 2018	Horse Sense and Healing	<a href="#">Click for Course Info</a>
June 30 to July 1, 2018	Kids Course	<a href="#">Click for Course Info</a>
July 6 to 8, 2018	Horse Sense and Healing	<a href="#">Click for Course Info</a>
July 9 to 20, 2018	Introductory Certification Course	<a href="#">Click for Course Info</a>
July 23 to August 3, 2018	Gentling Wild Horses	<a href="#">Click for Course Info</a>
August 6 to 10, 2018	Monty's Special Training	<a href="#">Click for Course Info</a>
August 11 to 12, 2018	Horsemanship 101	<a href="#">Click for Course Info</a>
August 13 to 16, 2018	Join-Up Course	<a href="#">Click for Course Info</a>
August 17 to 18, 2018	Long Lining Course	<a href="#">Click for Course Info</a>
August 27 to September 7, 2018	Advanced Exam	<a href="#">Click for Course Info</a>

## [MORE COURSE INFO HERE, CHECK OUT MORE 2018 COURSES!](#)



## ONLINE PRODUCT REVIEW: LOAD-UP DVD

"In this DVD, Monty gives additional tips for dealing with the hard-to-load horse, with detailed explanations of the execution and the psychology behind this approach. I have watched many online videos from Monty's live demonstrations, but having this additional information made a big difference in the outcome for me and my horses. I no longer dread loading my "difficult" horse, and my blind mare loads faster as well!"

Karen C. S., Texas

[VISIT MONTY'S ONLINE STORE](#)

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## SUPPORT MONTY'S NON-PROFIT ORG WHEN YOU SHOP

AmazonSmile has the same products, prices, and shopping features as Amazon.com. The difference is that when you [shop on AmazonSmile](#), the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice, [click here and support Join-Up International](#).

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**MONTY'S PRINCIPLES  
HORSE SENSE FOR PEOPLE**



**From Certified Monty Roberts Instructor Kelly Marks:**

"When I started working with Monty it was like "coming home." Everything immediately made sense, I'd been around some really good horse people before, but I can't think of any that were willing or able to articulate their knowledge in quite the way he does. That sort of information had traditionally been kept secret. So working with Monty was more "Yes, of course that's right!" rather than "well I never thought of that."

To quote Timothy Galloway in the Inner Game "You can't recognise wisdom without having it" and "You can't recognise something to be true without already knowing it." There's still some scepticism about Monty's work - but not from the really knowledgeable horse people like John Whittaker, Lucinda Green, The Queen, to mention just a few. Just the occasional keyboard warrior!

Remember you can see him demonstrate his work with horses in the UK coming soon:  
[http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## **MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for

horses!

~ Monty

## NEXT WEEK'S QUESTION

Dear Mr Roberts,

In 1997 you were in my college's round pen at West Oxfordshire college. Well I learned enough from that one day to keep me mostly in one piece. Until the day was in the wrong place, wrong time, with one very grumpy stallion who decided I'd make a good football as I was turning him out in a round pen.

Well I have a opportunity to get back to the what I love, fixing up injured horses and starting young ones, but I have a few practical "hows" to get worked out and the small issues of flash backs every time I see a round pen. I walk OK sometimes have a degree in falling over. So was wondering how the [!] I get to where I want to be, could you think of a way I can do Join-Up, Follow-Up and get a horse tacked up and accept the spooky hedge monster etc.? I'm in the UK and have been asked by a dear friend to set up and run a 80 box rehabilitation centre next year in Wiltshire. I have been looking at your courses at Kelly's but I have the opportunity to get over to America too.

So ideas on how to go forward would be much appreciated. In the mean time, I'm working on the going in and out of round pens.

Thank you for your time,  
Fiona Willstead

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## HORSEMANSHIP RADIO



Bill Farish of the famous Lane's End Farm joins Monty Roberts to discuss why they

support the Water Hay Oats Alliance (WHOA) to prohibit the use of performance-enhancing drugs in horse racing. Kate Burke is renowned for her varied equestrian subjects that are works of art. Listen in on her dream to photograph one type of horse that has evaded her.

[EPISODE 106 | LISTEN HERE](#)



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## FOR OUR VETERANS AND FIRST RESPONDERS



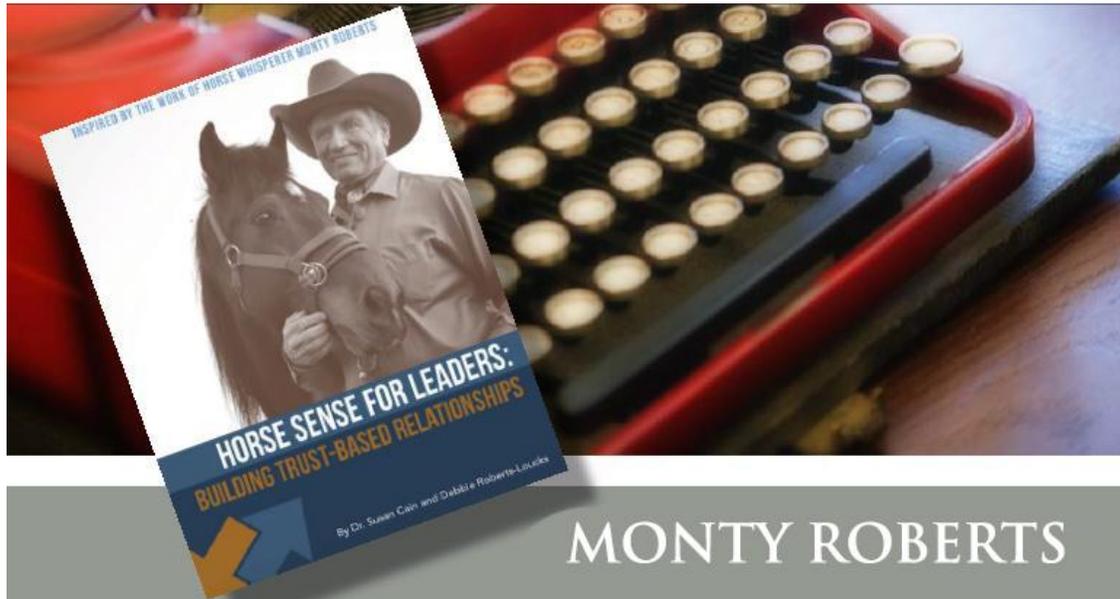
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

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## HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute

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## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)

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## FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



## LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

