

Wednesday February 14, 2018

Greetings! ,

On this day that celebrates love, let's focus on what Xenophon said in 400 B.C., which is that "Horses should be trained in such a way that they not only love their riders, but look forward to the time they are with them." It's important to have fun when training your horse, but more important is that your horse has fun too. So get out to the barn and enjoy your time together. Happy Valentine's Day!



Question

Dear Monty,

Just retired from military. I was able to take advantage of one of your sponsored Join-Up seminars, Horse Sense and Healing, thanks so much. Getting back into horses now, getting one for my daughter and one for myself. Even though I am purchasing older, well broke horses initially, my intent is still Join-Up with them initially and accomplish ground work before ever mounting/riding to hopefully establish that friendship first. How often should I Join-Up with them initially and/or should that depend on how we are "communicating"? Also, say months or even years down the road when things are going well, is it still smart to Join-Up every once in a while? Thanks so much!

Carl in Missouri

Answer

Dear Carl,

Thank you for getting back to me and it is gratifying that you are continuing to see value in working with horses. The fact is that all horses have different personalities just like people, so it does matter that we become flexible too. A few Join-Ups, where the horse is concerned, is generally enough. I find that three or four often does the trick.

That doesn't mean its enough for you. We humans often take longer to learn than the horses do. It is clear that you are on the right path when you ask the question, should Join-Up be reinforced periodically. Under horse training circumstances, what you are suggesting is absolutely true. Where post traumatic stress is the issue, then Join-Up should be accomplished far more often for the person than the horse.

Please continue your quest to get better with horses and communicate with me as events progress.

Sincerely,

A handwritten signature in black ink that reads "Monty". The signature is stylized with a large, sweeping loop at the end.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



This online video series shows how Monty works with a wild mustang called Diego. Learn how to build your core strength and balance. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

SYMPOSIUM AND FESTIVAL
DATES: MAY 23-24



2018 Moment of Join-Up
THE MOVEMENT 

FLAG IS UP FARMS | SOLVANG, CALIFORNIA | MOMENTOFJOINUP.COM

- UK** March 3, 2018: Monty Roberts demonstration at [Myerscough College](#), Bilsborrow, Lancs, PR3 0RY
- UK** March 7, 2018: Monty Roberts demonstration at [Hadlow College](#), Hadlow, Kent, TN1 0AL
- UK** March 17, 2018: Monty Roberts demonstration at [The Grange - with Special Guest "Martin Clunes"](#), Okehampton, Devon EX20 3DA
- Ireland** March 24, 2018: Monty Roberts demonstration at [Cavan Equestrian Centre Ltd](#), near Dublin.
- USA** April 21 to 22, 2018: West Coast Dressage Convention, Los Angeles, California, featuring Edward Gal, Hans Peter Minderhoud and Monty Roberts.

Tickets from: www.shproductions.ca

- USA** May 23 to 24, 2018:
The Movement in Solvang with Monty and Pat Roberts, Speakers,
Demonstrations
[Symposium and Awards Dinner ticket](#) or [Symposium only ticket](#) or [Awards Dinner only ticket](#)
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

February 19 to 22, 2018

[Join-Up Course](#)

February 23 to 24, 2018

[Long Lining Course](#)

[MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!](#)



ONLINE PRODUCT REVIEW: MONTY'S DUAL HALTER

"We have a young filly that developed a bad habit of bolting and running away from you

while leading her, [the Dually Halter] absolutely works."

Sher K.
Verified Buyer

VISIT MONTY'S ONLINE STORE

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Dear Monty,

Hello to you and Pat. I was lucky enough to stay with you in 1986 at Flag Is Up Farms, when I was staying with Jo Ann Switzer and met you at The Madonna Ranch in San Luis Obispo. Monty, you and I have something in common as we had both worked for the Royal Family at Windsor Castle. Congratulations to you Monty for educating so many in your fabulous way with the horse and human.

Cheers,
Jill Gavin, Australia

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

I live in Australia, where we have mobs of kangaroos roaming freely across the countryside. These animals are so well camouflaged as to be practically invisible until you're upon them, whereupon they suddenly start hopping away in all directions. As you can imagine, there are very few horses that will tolerate this behavior without shying to varying degrees!

Is there some way I could at least minimize my horse's shying to the roos, so I don't come flying off her each time? Would Join-Up help her to be more relaxed overall? Her big shies in response to the roos are unsafe, as well as unpleasant, for both me and her... and likely also for the roos.

Thanks
Lisa Ariel

HORSEMANSHIP RADIO



Boyd Martin and Monty Roberts swap stories about their horses, their goals for 2018 and their clinic together. Actress Wendie Malick (Hot in Cleveland) wants to align with Monty Roberts to help more mustangs. Keith Dane weighs in on the number of mustangs needing their help.

[EPISODE 105 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS



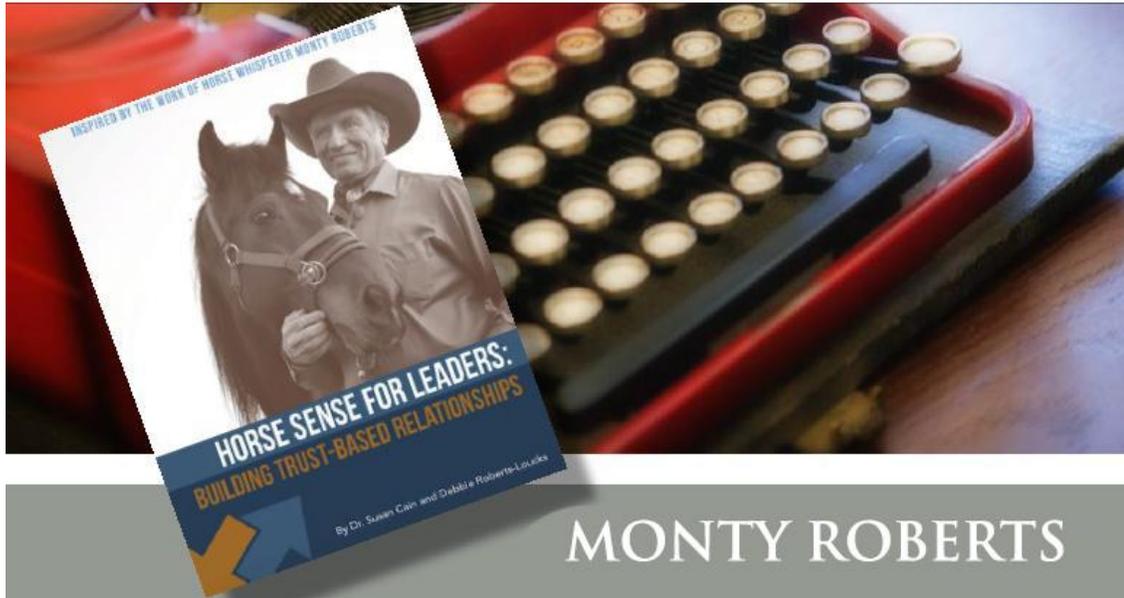
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



SUPPORT
JOIN-UP®

To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **Horse Sense for Leaders: Building Trust-Based Relationships**, is another great way to support Monty in his efforts. We have a **Paperback Version** and a **Color Version**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for



themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to: <https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



