



**Wednesday October 11, 2017**

Greetings! ,

## **Question**

Dear Monty,

Based on your method of training, I have gentled three mustangs over the years. I still have two of them. One went with a friend of mine who is a very gentle trainer. I used the gentlest of processes to ask my horses to do what I've asked of them and may never have consciously frightened them in any way. I have had one for 14 years and one for 9 years. Circumstances have created a big gap in how much they had been ridden in the last three years, and yet they have both behaved beautifully, even on the first day of tacking up, for this I am ever so grateful. My question is do you think that I can easily transition to a bosal or some other halter type reining headstall?

They are great horses and as I am 78 years old I don't think I'll be having any rodeos with either of them.

Sincere thanks for you many published instructions as well as DVDs.

Tony Cavallo

## **Answer**

Dear Tony,

Thank you very much for your complimentary statements about using my methods. It is so timely to hear from a horseman such as yourself. Recently we adopted a mustang that was captured in New Mexico and labeled utterly untrainable. While I had my challenges, I soon discovered that the greatest obstacle I faced was his superior intelligence. When I got it right, so did he.

In these recent weeks, we have created a series of lessons utilizing the training sessions

of Diego the mustang. Gentling began with the fact that he was extremely dangerous just to get a halter on. The region of his head and neck could easily cost one their life if he didn't feel he was in the safest place. And then it was the front legs, the back and the areas of the hip. The hind legs were a no-go zone the likes of which I don't believe I have ever seen before.

Diego's intelligence level allowed me to incrementally move step by step to observe the acceptance of humans and only today Diego had his second session with a live rider using the Dually Halter in both sessions. The Dually Halter qualifies as a bitless bridle. I now believe that, if we were good enough, we could teach Diego to read and write. You have offered me the opportunity to describe an experience this 82 year old horseman has never encountered even though these concepts have been tested by 70,000 horses.

The number of horses that I have trained and ridden in hackamores and other forms of bitless bridles is incalculable. I love the hackamore, and I believe that I am the only horseman to ever win back to back world championships with the same horse and the same hackamore. This is not such a great feat when one considers that very few horses have ever been asked to compete in the hackamore two years running. It just so happens Fiddle d'Or was a horse that seemed to be willing to give it a try. I was young enough and silly enough to go along with it and then it was successful.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monty', enclosed within a large, loopy circular flourish.

Editor's note: You can read about Fiddle d'Or and other extraordinary horses in Monty's life in his biographical book, [The Horses in My Life](#).

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**MONTY'S EQUUS ONLINE UNIVERSITY**  
**THIS WEEK'S EPISODE**

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In this online video series, Monty invites Master Driver Michael Wakefield to demonstrate the foundations of driving. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



## UPCOMING EVENTS

- UK**      October 14: Monty Tours United Kingdom  
Easton and Otley College
- UK**      October 20: Monty Tours United Kingdom  
Hartpury College
- UK**      October 22: Special Training Day with Monty
- UK**      October 25: Monty Tours United Kingdom  
Merrist Wood College
- UK**      October 28: Monty Tours United Kingdom  
Lluest Equine Centre
- UK**      November 2: Monty Tours United Kingdom  
Richmond Equestrian Centre
- UK**      November 4: Monty Tours United Kingdom  
Alnwick Ford Equestrian
- Germany**    November 9: Pferdezentrum Franken D-  
91522 Ansbach
- Germany**    November 11:  
Schwarzwald-Sportzentrum D-75387



Neubulach

**Germany** November 18: Reitrevier Muenchehofe D-15366 Hoppegarten (Berlin)

**Germany** November 19: Reitrevier Muenchehofe D-15366 Hoppegarten (Berlin)

**USA** December 15 to 17: Horse Sense and Healing clinic for registered Veterans and First Responders

**[FULL SCHEDULE HERE](#)**

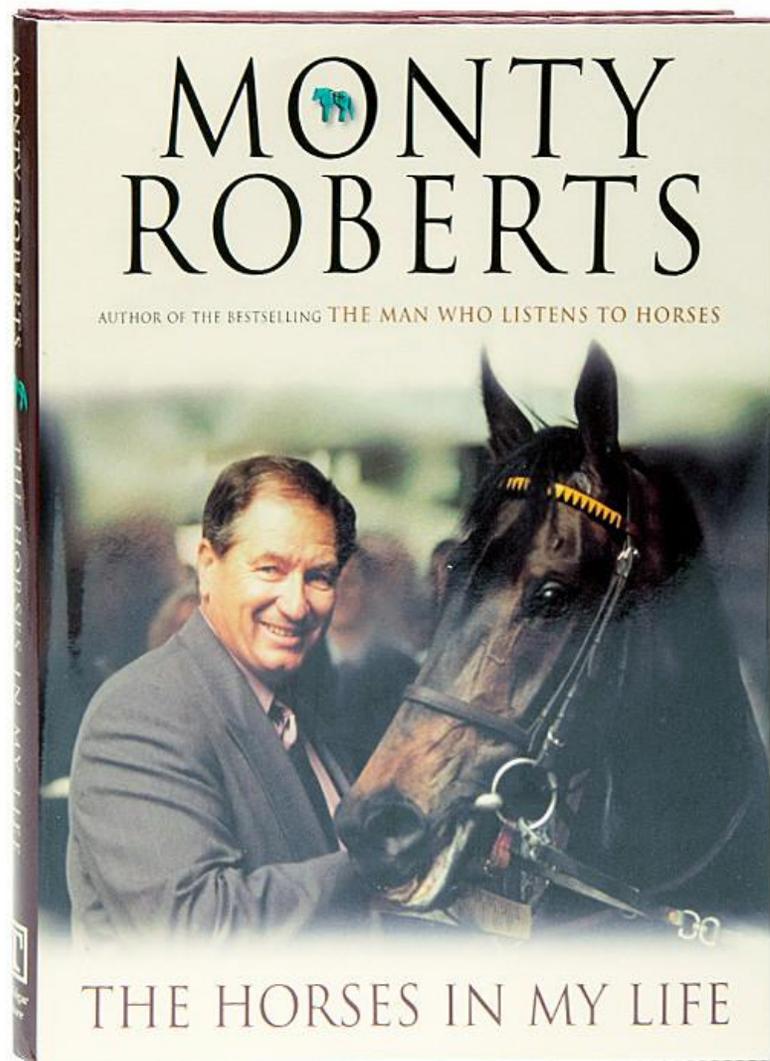
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## **THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER**

October 9 to 20, 2017	<u><a href="#">Introductory Certification Course</a></u>
October 23 to 26, 2017	<u><a href="#">Join-Up Course</a></u>
October 27 to 28, 2017	<u><a href="#">Long Lining Course</a></u>
November 25 to 26, 2017	<u><a href="#">Horsemanship 101</a></u>
November 27 to 30, 2017	<u><a href="#">Join-Up Course</a></u>
December 1 to 2, 2017	<u><a href="#">Long Lining Course</a></u>

**[MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!](#)**

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### **ONLINE PRODUCT REVIEW: THE HORSES IN MY LIFE**

"I bought this book for my Grandmother for Mother's Day as she is an avid rider. I couldn't help myself and read it when it arrived before I gave it to her. I didn't know very much about Monty Roberts before reading it. What an amazing man! His stories were both interesting and captivating. He really provides insight into the world of horses. I would love to see him in action. I'm sure my Grandmother is going to love this book."

Bgoneyaw, Verified Buyer

**[VISIT MONTY'S ONLINE STORE](#)**

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**MONTY'S PRINCIPLES  
HORSE SENSE FOR PEOPLE**



Dear Monty,

I was so surprised to see my letter appear in this weeks Ask Monty spot. I think it's really valuable for people to make the links between how we treat horses and each other too!

I really enjoyed our chat and thank you again for taking the time out to speak to me. It was clear we are kindred spirits in some ways though you have done so much more for the world. One thing you said to me really stuck with me and has helped along the way with my prison work which always involves struggling against a horrific system and working alongside people who see offenders in such a different light. It was "keep doing it" however hard it is, however useless it may seem and so on. This has kept me going when I've needed a bit of encouragement, which I am really grateful for.

I came across a quote by Mother Teresa recently which says much the same and is relevant whether you have a faith or not. Here it is below.

"When people are unreasonable and self-centered.  
Forgive them anyway.  
If you are kind, people may accuse you of ulterior motives.  
Be kind anyway.  
If you are honest, people may cheat you.  
Be honest anyway.  
If you find happiness, people may be jealous.  
Be happy anyway.  
The good you do today may be forgotten tomorrow.  
Do good anyway.  
Give the world the best that you have and it may never be enough.  
Give your best anyway.  
For you see, in the end, it is between you and God.  
It was never between you and them anyway."

My fellow colleague and I now use the term "Do it anyway" whenever we feel downhearted and frustrated. As long as you know what you are doing is right you have to keep at it.

Thank you again and best wishes,  
Sarah Lane

## **MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

## **NEXT WEEK'S QUESTION**

Horses play a central role in many religions, even in Christianity. What might be the reason for this? It is my opinion that the flight animal, a herbivore, and the fact that they are preyed upon by virtually all carnivores, is the reason we humans are intrigued by how different they are from us. Over the generations I believe that we human beings have been infatuated by the freedom they enjoy to fly over the grasslands with incredible athleticism.

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## **HORSEMANSHIP RADIO**



Madison Shambaugh's world was rocked when she encountered her first mustang in 2013. And Gary and Jo-Ann Cutshall feel its never too late to adopt and gentle an American Mustang. They share their story and inspire us all.

[EPISODE 97 | LISTEN HERE](#)



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**FOR OUR VETERANS AND FIRST RESPONDERS**



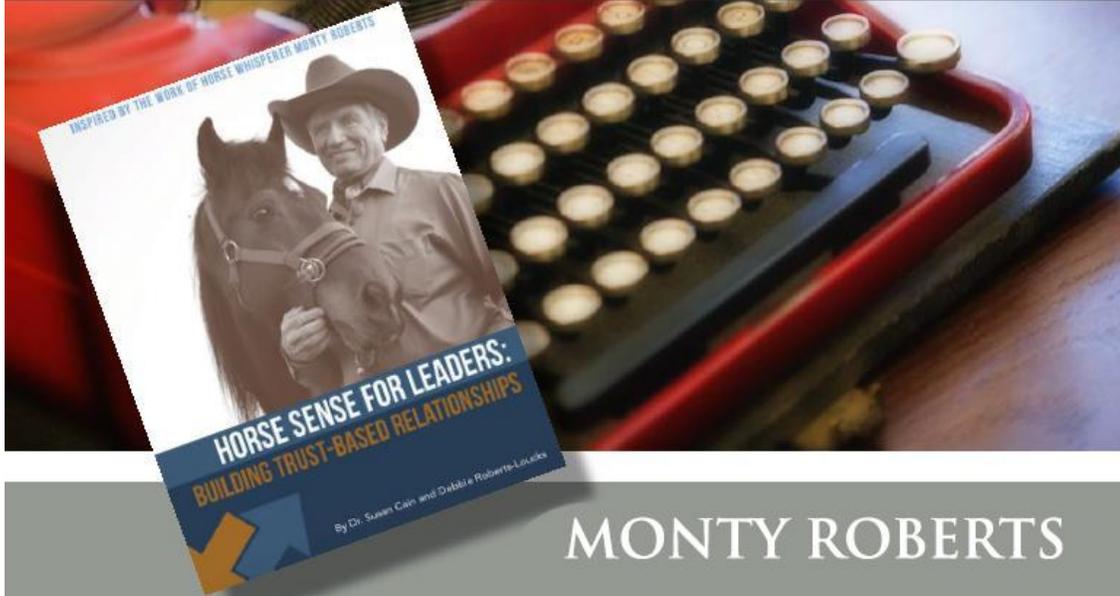
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

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**HORSE SENSE FOR LEADERS**



Buying Monty's book, **[Horse Sense for Leaders: Building Trust-Based Relationships](#)**, is another great way to support Monty in his efforts. We have a **[Paperback Version](#)** and a **[Color Version](#)**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. **[READ MORE](#)**



## FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified

instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



## LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to: <http://www.join-up.org/how-to-help/>



Join-Up International | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

