

Wednesday September 20, 2017

Greetings! ,



The Equus International Film Festival awarded its first Equine Icon Award, honoring Monty Roberts for making a difference and changing the future for a better equine/human bond. Pictured: Festival founder Janet Rose with Monty Roberts accepting awards in four film categories in addition to the Equine Icon Award.

Question

Dear Monty,

Many years ago, we had the privilege of meeting you when you came to Calgary Alberta, Canada. Your way of working with horses changed everything we knew and did working with horses and for us was the only way to build a partnership with our horses. Several years after that meeting, while working with our three year old mare she did something she had never done, she threw my husband twice within 10 minutes. This gave me a really good scare and has left me with far less confidence when it comes to riding.

Now several years later, we have rescued a beautiful Appaloosa mare who is now four. We were very successful in Join-Up and building trust. We have had several lessons with an excellent trainer who fondly refers to her as Saucy Trixie, and she was given several weeks in training with his group. He has really been the only one up on her and she has done well. I have no problem doing ground work with her and we have a great connection, however it is now time to progress to us riding her and to be honest I am apprehensive and anxious over that next step. How something that didn't even happen to me so many years ago has affected me this way is unsettling. What can I do to change this? If I can't get past this I am afraid I will never ride her. Any ideas or suggestions?

Thank You,
Debbie Gibson

Answer

Your question is one perfectly designed to help a huge percentage of future horse people. Please do not feel apprehensive or inferior because of your concerns. The thoughts that you have regarding what you observe are healthy. It is a fact that they are more healthy than those individuals who would simply march on with an attitude of being brave and fearing nothing. It is okay to face the reality of the incident that you witnessed, and thank God it wasn't you that was at the center of the event.

It is my advice to any person who chooses to ride a horse that if one doesn't feel safe riding a particular horse, you're probably not. So much about staying safe on a horse is how you feel inside yourself. The person who feels the need to be tense is far more likely to have a negative experience than the person who rides with a sense of comfort and relaxation. I tell my students that horses are animals of synchrony. I can prove it's true that horses synchronize with those near them.

My overall advice to someone posing the good question you have asked is to surround yourself with those who are knowledgeable. Choose a mentor with a strong reputation for experience over a sustained period of time. Listen to that mentor and follow well thought out instructions. Learn as much as you can on your own about what is safe and what is likely not to be safe. There are more opportunities for learning today than there has ever been since humans began to ride horses.

Remember all that is available to you from my organization. [From My Hands to Yours](#), the [Equus Online University](#) and so many other forms of information that my organization is attempting to bring to the world of horsemanship. Violence is not the answer, so it is important that you use every opportunity possible to learn about yourself, your horse

and the combination of both. Seeing another professional riding your horse under many situations should prove to you whether or not your horse is completely safe.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



In this online video series, Monty helps a horse who is afraid of tall men. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

UK October 1: Special Training Day with Monty

UK October 14: Monty Tours United Kingdom
Easton and Otley College

- UK** October 20: Monty Tours United Kingdom
Hartpury College
- UK** October 22: Special Training Day with Monty
- UK** October 25: Monty Tours United Kingdom
Merrist Wood College
- UK** October 28: Monty Tours United Kingdom
Lluest Equine Centre
- UK** November 2: Monty Tours United Kingdom
Richmond Equestrian Centre
- UK** November 4: Monty Tours United Kingdom
Alnwick Ford Equestrian
- Germany** November 9: Pferdezentrum Franken D-
91522 Ansbach
- Germany** November 11:
Schwarzwald-Sportzentrum D-75387
Neubulach
- Germany** November 18: Reitrevier Muenchehofe D-
15366 Hoppegarten (Berlin)
- Germany** November 19: Reitrevier Muenchehofe D-
15366 Hoppegarten (Berlin)



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

September 18 to October 6, 2017	<u>Advanced Certification Course</u>
October 9 to 20, 2017	<u>Introductory Certification Course</u>
October 23 to 26, 2017	<u>Join-Up Course</u>
October 27 to 28, 2017	<u>Long Lining Course</u>
November 25 to 26, 2017	<u>Horsemanship 101</u>
November 27 to 30, 2017	<u>Join-Up Course</u>
December 1 to 2, 2017	<u>Long Lining Course</u>

[MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!](#)

Join-Up methods help horse and trainer to establish a bond of communication and trust. "You must somehow understand that we as horsemen can do very little to teach the horse. What we can do is to create an environment in which he can learn." ~ Monty



ONLINE PRODUCT REVIEW: MONTY'S EQUUS ONLINE UNI

"Dear Monty, I am a student of your methods for over six years. I've been riding horses for about 45 years, the first 15 years English riding in Germany and for the last 30 years Western riding in Alberta, Canada. For me the first months (maybe years) it was hard to ride on a long rein. English riding was a contact on a shorter rein (collected)! I was learning in the university a lot of great things from you. Thank you for this tool!"

~ Hans Herrmann, Student

[VISIT MONTY'S ONLINE STORE](#)

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Dear Mr. Roberts,
I don't know you personally, but your way of thinking and your way of treating human beings and animals, especially horses of course, reached my heart. You are a

wonderful person and I wish there would be a lot more people like you in this world. My little eight year old daughter and me, we love to see you with the horses and we look forward for every video that you post here on Facebook. Thank you for being you.

Lovely Greetings from Heidelberg, Germany
May God bless you.
Ela & Maike

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Hi Monty,

First of all, I just want to thank you for sharing all your amazing knowledge with the world. I am from Australia and I have been following you ever since I was a little girl from reading your book about Shy Boy. I saw a couple of your clinics over the years when you came to Australia and am always on the look out for when you'll be back.

I come to you quite upset about a situation that is taking place. I have recently saved a palomino Welsh gelding pony from abandonment after he was dumped and left behind in a paddock to starve. He has become my daughter's pony after getting him back to health. I then got myself a Thoroughbred mare and working towards my 30 year dream of competing. Both horses are in a 40 acre paddock with two other mares and I come see them twice daily.

My problem is that my daughter and I dream of riding together but my Thoroughbred absolutely hates the pony to the point where he has quite a few bite marks on his back. I pull them both out of the paddock to feed and are fed about 20 metres away. If the pony finishes his feed and goes to go back into the paddock, the Thoroughbred will just charge. Even when there is no food, she will just chase him to bite him.

I have been taking them on afternoon lead walks together for the last two months to see if that would work but does not seem to have made a difference. I understand I can't force them to be friends but I can't even float them together and am so upset that I've failed helping my daughter's dream of riding with her mum. I am desperate for any advice or help you could offer and even a direction to look for help and would be forever grateful. Thank you.

Sincerely,
Sharni

HORSEMANSHIP RADIO



Interested in riding while in college? Ashley Henry is in her 12th season as the head coach of the SCAD equestrian program who led the IHSA National Championship for the first time in school history, causing SCAD to be the first school to win both divisions of the ANRC National Championship. When not coaching Henry designs and creates custom jewelry. Carla Wennberg, coach, judge and FEI steward, encourages mental preparation of the rider.

[EPISODE 96 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

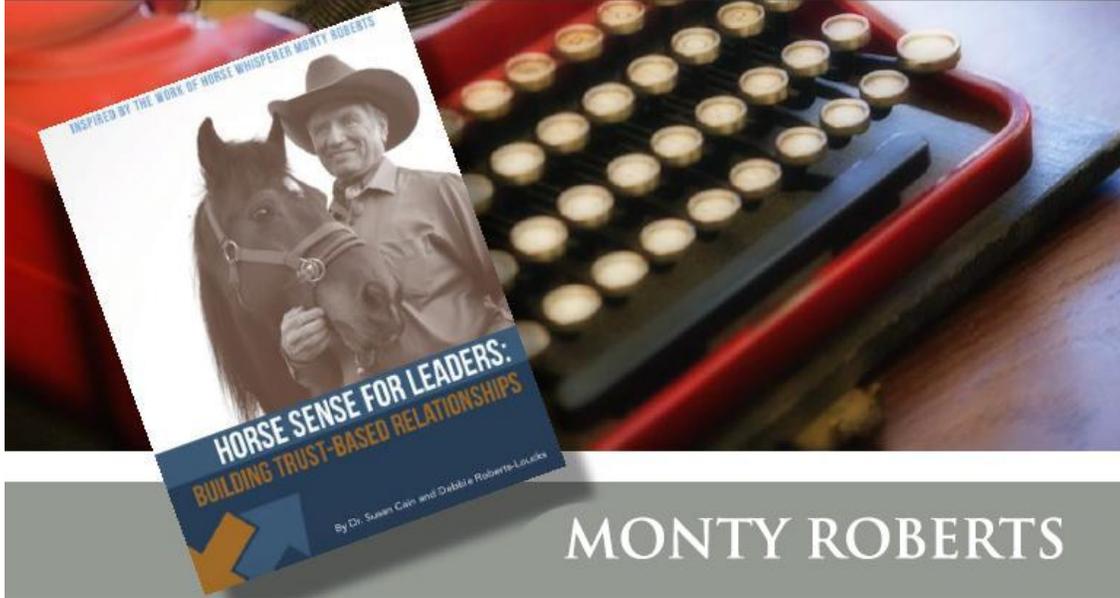


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



MONTY ROBERTS

Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified

instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

