



Wednesday September 6, 2017

Greetings! ,

Question

Hi Monty!

I recently bought a wonderful 19 year old mare. As my first horse, she is fantastic in every way. She's taught me so much already. Her only true bad behavior shows up when she's being saddled, and especially when she's being cinched up. She'll pin her ears, bite at the air, bite at me (I always tie her lead short so she can't reach me) then she'll be fine. I believe she used to be saddled very harshly, and has developed a defense mechanism (biting) because of that. How can I break her of this? She's a very intelligent little mare and I know she can learn. Age is just a number!

Thanks!

Megan Babcock

Answer

Dear Megan,

Thank you for your question. This behavior is often experienced and many times misunderstood. I find that usually there was pain involved at one point in the life of the horse and not necessarily at the time the question is asked because of continued misbehavior. It is always a good idea to remove the question of physical pain before entering the area of behavioral modification. Once it is clear no current pain is causing the negative action then several procedures can be helpful.

First I recommend one trains the horse to accept "cross ties" with no anxiety. With that accomplished, I recommend the use of a surcingle. They are light and easy to handle and can easily be covered with either real sheep's wool or artificial sheep's wool. I recommend placing the surcingle right behind the withers and girthing up at the rate of about one girth-up per minute for 15 or 20 minutes. I recommend repeating this action 2 to 3 times per day for about a week. Should you chose to use a saddle and ride during this procedure you are apt to destroy the process of solving this issue.

One must remember the girth as well as the surcingle is completely covered with a soft cushy material. From that point forward one should observe the potential improvement in the behavior of your horse during the girthing up procedure. It simply is too much trouble for the horse to act out aggressively if there is no pain related to girthing up. When your horse is behaving acceptably with the use of these procedures one should advance to the saddle.

In girthing up the saddle, one should continue to use a full covering of the girth with the soft material. It is possible that the negative behavior will reoccur at the time one begins to use the saddle. Usually several saddlings without any pain will reorganize the horses thoughts so that they don't expect pain and therefore will eliminate the negative behavior.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



In this online video series, world renowned horse archer Kassai Lajos demonstrates horseback archery and the learning path to becoming a horse archer. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

UPCOMING EVENTS

- USA** September 8 to 10: Horse Sense and Healing in California for registered veterans and first responders
- USA** September 15 to 16: Equus International Film Festival
- UK** October 1: Special Training Day with Monty
- UK** October 14: Monty Tours United Kingdom Easton and Otley College
- UK** October 20: Monty Tours United Kingdom Hartpury College
- UK** October 25: Monty Tours United Kingdom Merrist Wood College
- UK** October 28: Monty Tours United Kingdom Lluest Equine Centre
- UK** November 2: Monty Tours United Kingdom Richmond Equestrian Centre
- UK** November 4: Monty Tours United Kingdom Alnwick Ford Equestrian
- Germany** November 9: Pferdezentrum Franken D-91522 Ansbach
- Germany** November 11: Schwarzwald-Sportzentrum D-75387 Neubulach
- Germany** November 18: Reitrevier Muenchehofe D-15366 Hoppegarten (Berlin)
- Germany** November 19: Reitrevier Muenchehofe D-15366 Hoppegarten (Berlin)



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

September 11 to 15, 2017	<u>Introductory Exam</u>
September 18 to October 6, 2017	<u>Advanced Certification Course</u>
October 9 to 20, 2017	<u>Introductory Certification Course</u>
October 23 to 26, 2017	<u>Join-Up Course</u>
October 27 to 28, 2017	<u>Long Lining Course</u>

November 25 to 26, 2017

[Horsemanship 101](#)

November 27 to 30, 2017

[Join-Up Course](#)

December 1 to 2, 2017

[Long Lining Course](#)

[MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!](#)



[ONLINE PRODUCT REVIEW: MONTY'S LONG LINES](#)

"I've bought this set of long lines before, which is why I bought them again. It's always nice to have fresh lines. Anyway they're strong, durable, stay clean and clean up easily. They're easy to untangle, they're gentle and non-threatening, quiet, soft, and when they start to fray they maintain their strength and don't intimidate with a new fear. I've done a lot with them, and I've gotten a lot from them. I also have the longest, the black length which has proved to be as sturdy as the rest. Great prices for all also at least for me here in the Midwest. Simple things like these can be awful expensive, but to me these were a great price."

~ Julie P., Verified Buyer

"I absolutely love these long lines they are very easy to handle very soft in your hands but yet strong. Very well-made. Best long-lines I have ever owned."

~ Martina M., Verified Buyer

Editor's note: Are you interested in learning more about long lining? Check out Monty's Long Lining DVD: <https://montyrobortsshop.com/collections/dvd/products/dvd-long-lining>.

[VISIT MONTY'S ONLINE STORE](#)

MONTY'S PRINCIPLES



Dear Monty,

This world is already a better place for horses and people thanks to you, Monty Roberts! You have healed so many horses and people through your continued efforts to share your work you have been and are an inspiration worldwide. You inspired me more than 20 years ago, when you were on your first tour in England, and what a privilege for me to introduce you to clicker training at Flag Is Up Farms in 2004! What I learnt from you has helped me to help others grow in themselves and with their horses and for that I am truly thankful to you, Monty Roberts.

Linda Caswell-Uttley

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

I would like to know if the moon influences the teaching of the horse... for example, it is of common knowledge here in Venezuela that it's often better to tame or break the horse in a waning moon, because if you tame or break him in a crescent moon the horse comes out to be a sweaty horse.... is this true?

Roberto Insana

HORSEMANSHIP RADIO



The 465 year old Spanish Riding School in Vienna Austria broke with tradition, inviting Monty Roberts to demonstrate his famous Join-Up® concepts in the Marble Hall, home of the famous White Lipizzaner Stallions. Monty recounts what it was like to work with five horses, including the famous Lipizzaner breed, in the hallowed halls of the Winterschule of Vienna. Find out if his concepts were welcomed or tested.

[EPISODE 95 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

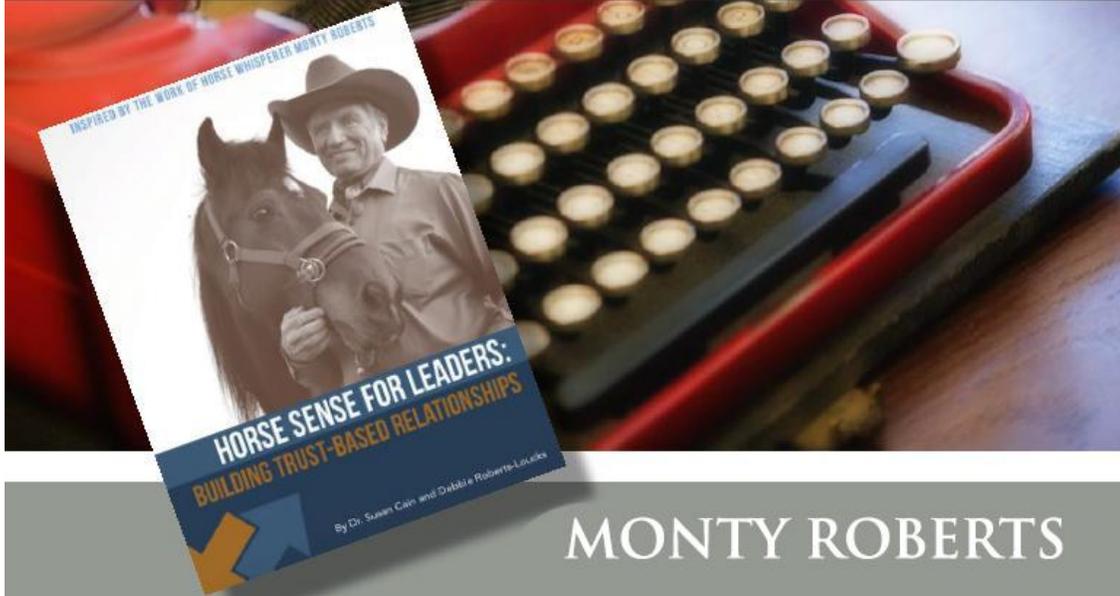


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified

instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



Join-Up International | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

