

**Wednesday August 16, 2017**

Greetings! ,

Monty's Special Training 2017 stretched the minds of the horse persons that came from around the world to learn from the Master of Horsemanship. Check [Monty's calendar](#) for his upcoming clinics and demonstrations.



**Question**

Does it matter to a horse what the words are that you say to him?

## Answer

Dear Gale,

Thank you for asking the question regarding horses and how they process words and/or sounds. Please be aware that I am fully in favor of all of the statements made by our online student, Kiki, who took the Monty's Challenge and sent her answer in. She gives us a fairly comprehensive answer and I agree with each of the elements outlined in her answer. The only comments I would make to expand upon that answer is that there was no reference to diaphragmatic breathing. Diaphragmatic breathing is that practice whereby we can use that diaphragm (flat muscle separating lungs from intestines) which can extend by dropping down, an act which causes the thoracic cavity to become significantly enlarged.

Causing the area of the lungs to be larger does more than just allow for a greater volume of air. [Read the rest of Monty's answer, as well as Kiki's words, here:

<http://www.montyroberts.com/monty-blog/does-it-matter-what-words-you-use-with-your-horse/>]

Sincerely,



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## MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

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In this online video series, world renowned horse archer Kassai Lajos demonstrates horseback archery and talks about the learning path to becoming a horse archer. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



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## UPCOMING EVENTS

- USA**      September 8 to 10: [Horse Sense and Healing in California](#)
- USA**      September 15 to 16: [Equus International Film Festival](#)
- UK**        October 14: Monty Tours United Kingdom [Easton and Otley College](#)
- UK**        October 20: Monty Tours United Kingdom [Hartpury College](#)
- UK**        October 25: Monty Tours United Kingdom [Merrist Wood College](#)
- UK**        October 28: Monty Tours United Kingdom [Lluest Equine Centre](#)
- UK**        November 2: Monty Tours United Kingdom [Richmond Equestrian Centre](#)
- UK**        November 4: Monty Tours United Kingdom [Alnwick Ford Equestrian](#)
- Germany**   November 9: [Pferdezentrum Franken D-91522 Ansbach](#)
- Germany**   November 11: [Schwarzwald-Sportzentrum D-75387 Neubulach](#)
- Germany**   November 18: [Reitrevier Muenchehofe D-15366 Hoppegarten \(Berlin\)](#)
- Germany**   November 19: [Reitrevier Muenchehofe D-15366 Hoppegarten \(Berlin\)](#)
- USA**        December 8 to 10: [Horse Sense and Healing in California](#)



[\*\*FULL SCHEDULE HERE\*\*](#)

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## THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

August 21 to September 1, 2017

[Introductory Certification Course](#)

September 11 to 15, 2017

[Introductory Exam](#)

September 18 to October 6, 2017

[Advanced Certification Course](#)

October 9 to 20, 2017

[Introductory Certification Course](#)

October 23 to 26, 2017

[Join-Up Course](#)

October 27 to 28, 2017

[Long Lining Course](#)

November 25 to 26, 2017

[Horsemanship 101](#)

November 27 to 30, 2017

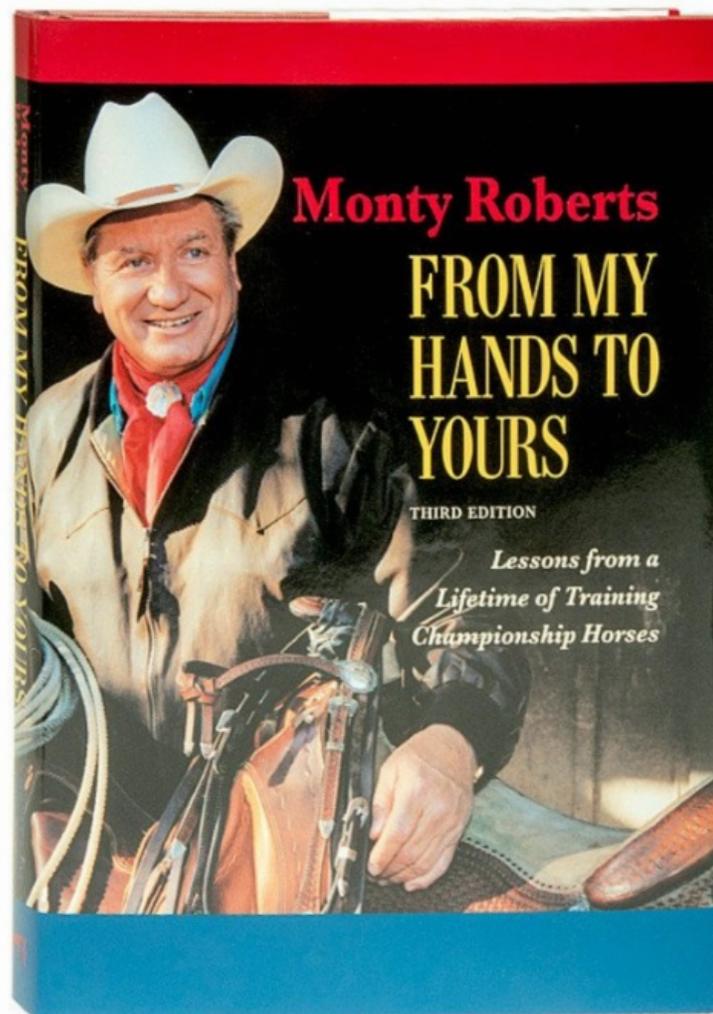
[Join-Up Course](#)

December 1 to 2, 2017

[Long Lining Course](#)

[\*\*MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!\*\*](#)

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### **ONLINE PRODUCT REVIEW: FROM MY HANDS TO YOURS**

"This book is so helpful. It is easy to read and well organized with great illustrations as well. Highly recommend it to any horse lover."

Jane D., Verified Buyer

**MONTY'S PRINCIPLES  
HORSE SENSE FOR PEOPLE**



Dear Monty,

Monty's Special Training was one of the best weeks in my life, so happy and grateful I could participate! Thank you so much Monty Roberts and also a very big thanks to your lovely wife Pat Roberts for her kind hospitality and your wonderful daughter Debbie Loucks for everything she did to make this unforgettable experience!

Patricia Mortelmans

**MONTY'S CHALLENGE**

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

## NEXT WEEK'S QUESTION

Dear Monty,

I have been riding my Paint Horse in a rubber Nathe. She is 5 years old. If I were to use a snaffle loose ring bit, would this bit be a sour taste in her mouth? Would it be a sensory overload? I have looked at sweet iron bits online but they seem to be very thin. This particular brass bit which I will send you a photo of has another metal mixed in so it doesn't bend. But I am worried about the sour taste for her? Please advise. Just to clarify the bit in question is in fact COPPER LOOSE RING SNAFFLE that I am concerned about leaving a sour taste in my young mares mouth.

Kind regards,

Gail in South Africa

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## HORSEMANSHIP RADIO



Hannah Selleck shows at the Grand Prix level and runs her Descanso Farm's breeding operation in California. Selleck helps raise awareness of Brooke USA's charitable work to make a difference in the lives of working equines. Brooke Global Ambassador Monty Roberts is excited to share the goals he has for the future of horses.



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**FOR OUR VETERANS AND FIRST RESPONDERS**



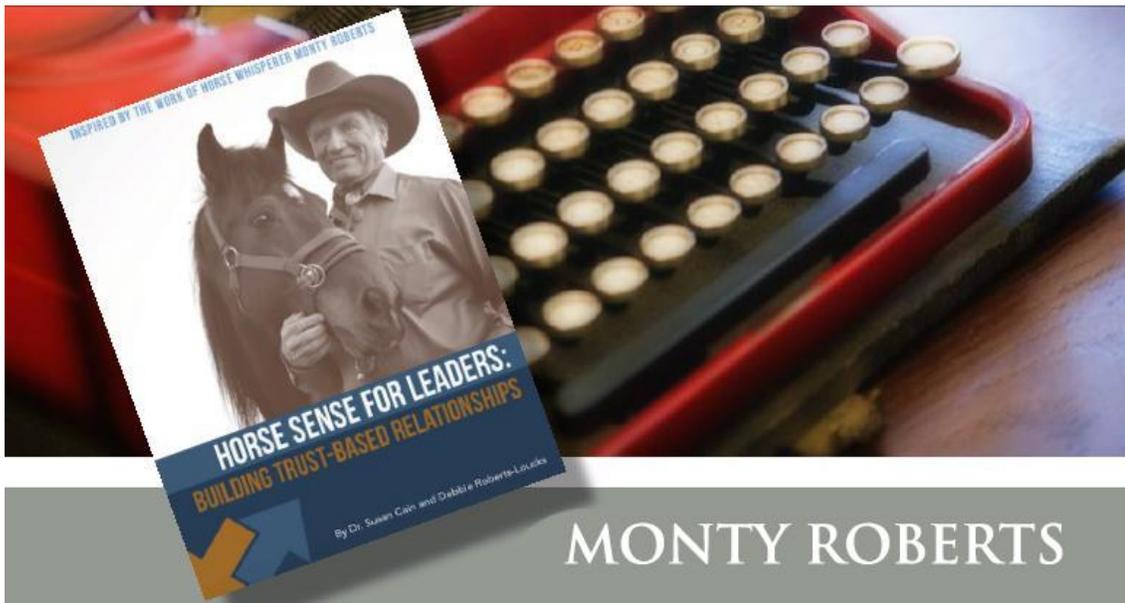
Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

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## HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



## REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



## FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>

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Join-Up International | [AskMonty@montyroberts.com](mailto:AskMonty@montyroberts.com) | [MontyRoberts.com](http://MontyRoberts.com)

 Forward to a Friend

