



Wednesday January 17, 2018

Greetings! ,

Question

Hello, my name is Carmen. I have a 24-year-old part Morgan mare that I haven't had for quite a year yet. When I got her she was like a giant puppy dog, always following us around and nuzzling us and wanting affection. It seems lately she wants nothing to do with me. She does not come to me like she used to and if I go up to her she'll typically walk away from me.

We recently moved her to a large pen, maybe an acre in size and I don't think she likes it. Before that she was in a 360 acre pasture with a herd of cows. She has always been the only horse at my place. Is she mad at me for keeping her in a pen? I don't know what else could be going on. Please help.

I am a new horse owner, had a horse 20 years ago but none since. Any help would be appreciated.

Thanks,
Carmen in Canada

Answer

Dear Carmen,

First let me say that I do not believe that your horse is blaming you for the environment in which you keep her. This does not comport with equine behavior. I'm not sure of the length of time when she was friendly with you, but obviously something has been acted upon her with which she tends to take exception. I would do three or four Join-Ups with her and when she begins to come to you willingly, spend quite a bit of time rubbing her neck, head and shoulders, intermittently walking away and encouraging her to come to you with the body language gestures I have written about many times.

Pay close attention to what your body is saying. Where are your hands, your arms and even your fingers? Make sure that your body parts welcome her, rather than reject. One of the gestures people tend to ignore are the movements of the eyes. Make sure that your eyes don't flick with rapid movement and certainly not in the direction of your horse's eyes. Learn to drag your eyes with long slow motions and allow them to concentrate on the legs and shoulders of the horse which will still give you a clear indication of where your horse is at all times, but tends to keep the horse from moving away. Write us a quick note and let us know how it goes.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



This online video series focuses on Pilates exercises for riders. Learn how to build your core strength and balance. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free, fun methods.



UPCOMING EVENTS

- UK** March 3, 2018: Monty Roberts demonstration at [Myerscough College](#), Bilsborrow, Lancs, PR3 0RY
- UK** March 7, 2018: Monty Roberts demonstration at [Hadlow College](#), Hadlow, Kent, TN1 0AL
- UK** March 17, 2018: Monty Roberts demonstration at [The Grange - with Special Guest "Martin Clunes"](#), Okehampton, Devon EX20 3DA
- Ireland** March 24, 2018: Monty Roberts demonstration near Dublin, details to come soon!
- USA** April 21 to 22, 2018: West Coast Dressage Convention, Los Angeles, California, featuring Edward Gal, Hans Peter Minderhoud, and Monty Roberts. Tickets from: www.shproductions.ca
- USA** May 23 to 24, 2018: Moment of Join-Up Symposium and Festival (details to come)
- USA** July 23 to August 3, 2018: [Gentling Wild Horses course](#) at Flag Is Up Farms, California
- USA** August 6 to 10, 2018: [Monty's Special Training](#) at Flag Is Up Farms, California



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

February 19 to 22, 2018

[Join-Up Course](#)

February 23 to 24, 2018

[Long Lining Course](#)

[MORE COURSE INFO HERE, CHECK OUT OUR 2018 COURSES!](#)



ONLINE PRODUCT REVIEW: SHY BOY BOOK

Dear Monty,

I have been honored with the gift of a wild mustang named Starfire just before Christmas. She is 14 years old and keeps her distance from all humans. She gets along well with my horses. I was given [your book on Shy Boy](#) as a Christmas gift, and I could not put it down until I read the entire book. Thank you for sharing your story, wisdom, and technique for Join-Up. I look forward to working with Starfire following your techniques and hope to one day meet you.

Sincerely,
Debra Thompson
North Carolina

[VISIT MONTY'S ONLINE STORE](#)

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**



Happy New Year, Monty! I just wanted to let you know that you are one of the best blokes that ever walked this planet, thank you for making the world a better place.

Marcus Rheade-Edwards

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Why does my horse sweat in the trailer? I'm wondering if this is just something that will work itself out over time. I have an eight-year-old quarter horse mare that we've had about 1.5 years (2 MN riding seasons). She's a basically calm horse and is calm whenever I take her out of the trailer.

I have a three-horse slant trailer (gooseneck). I have probably hauled her almost 50

times since we've had her. I'm a very cautious hauler - no sudden starts or stops, gentle turns, so I'm positive it's not my driving. She will readily lead or send into the trailer. Initially, she would paw, even when in with other horses. She has progressed quite a bit.

She would paw upon loading and when you stopped. I ignored it. The pawing is essentially gone, rarely, upon returning home after being hauled alone, she'll paw a couple of times. Though appearing calm and collected in the trailer, the first summer she would not eat hay during travel and would sweat going and coming.

This past summer she has progressed to eating hay while being transported with other horses and eventually, when hauled alone. She no longer sweats when hauled with at least one other horse. Towards the end of my MN riding season (2017), she would not sweat going alone, but would be sweaty when we arrived home. Last outing....got home....good and sweaty.

She's quiet and relaxed when I go into the trailer to unload her, no rushing and is content to stand there with me. I can move her forward and back, stop her and bring her forward... all willing and relaxed. Unloading, she steps off (backs) sensibly, and carefully. As I have seen so many steps in the right direction,

do I just need to be patient?

Thank you,
Barb in Minnesota, USA

HORSEMANSHIP RADIO



American Endurance Ride Conference Membership Committee Chairman Mary Howell has a passion for riding and writing all about horses! And veterinarian Dr. Kenton Morgan of Equine Technical Services, Zoetis US, put a great list of tips on caring for your horse, month by month, through the seasonal needs. Jamie Jennings reads Monty's answer about cribbing.



FOR OUR VETERANS AND FIRST RESPONDERS

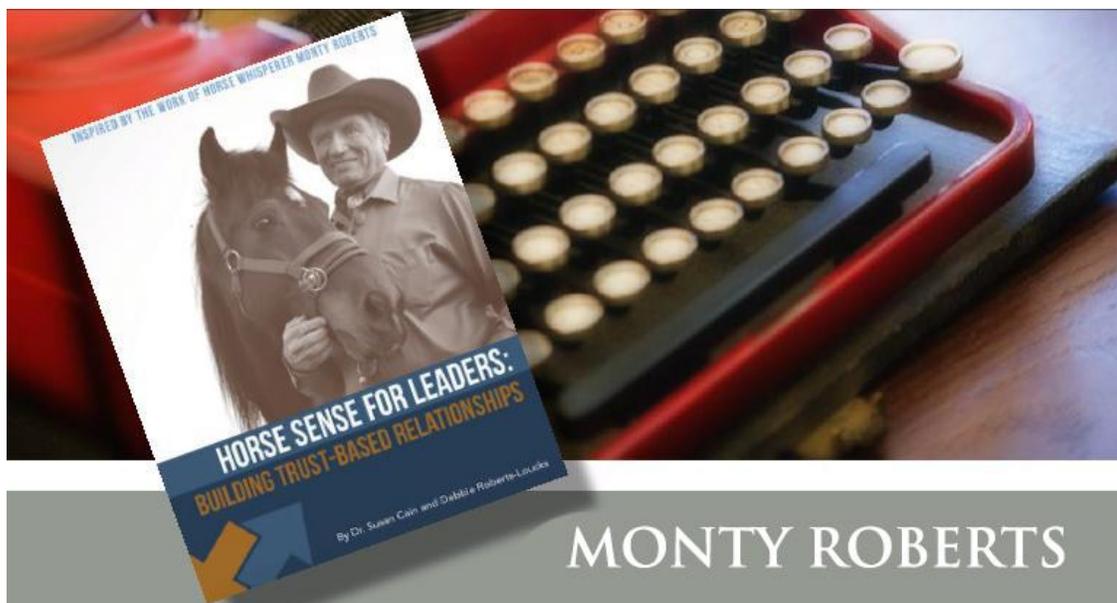


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



To find out about Monty's upcoming Horse Sense and Healing workshops and for more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES GLOBALLY

Lead-Up is a program of Join-Up International based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. [READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](http://www.montyroberts.com/certified-instructors-page/) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



LEAVE A LEGACY

Planned gifts to Join-Up International's non-profit organization, such as a bequest in your will or trust, help to secure the future of non-violent concepts. To learn more, go to:

<http://www.join-up.org/how-to-help/> or to donate in support to Join-Up International, go to:
<https://montyrobertsshop.com/collections/courses/products/donate-join-up-international>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

