



Wednesday June 28, 2017

Greetings! ,



Join-Up International recently hosted the Lead-Up program at Flag Is Up Farms with PAL (Police Activities League). Program Director Ms. Judith Lugo spoke about the effort Lead-Up is making to reduce violence in the community by forming peaceful leaders through the experience of Join-Up with a horse and the lessons learned from the equine herd. She says, "I have worked with many of the participants for years, each one was chosen to attend Join-Up because life has really brought some of them down to the lowest they have ever been. During this workshop I saw genuine smiles, excitement and LOVE in their eyes when they interact with the horses, the years of work we have done together was outdone in two minutes with Join-Up. When they are with the horse the world stops, it's just them two and it's beautiful to watch. I'm not sure how I will ever be able to top this experience. This has been LIFE CHANGING."

Find out more: <http://www.join-up.org/lead-up/>

Question

Dear Monty,

I am in the unique position of having twins. My colts were born May 27, 2016, and are thriving, against all odds. They are physically perfect, x-rays are all clean despite having rubbery legs at birth. They were about four weeks early. I have found no information on training them. They are exceptionally bonded to each other, much more than to their brother who was born the day before.

They were on stall rest for the first six weeks of their lives and handled extensively. I work with a trainer who had the privilege of spending time at Mr. Roberts' farm and he has been part of our handling of the foals. My specific question is, should I separate the twins? I am concerned at how bonded they are, they move in tandem in the paddock, but I don't want to traumatize them by separating them too young. If I separated them I would be inclined to move one off property. They will be gelded in the next few weeks. Any guidance you could provide would be much appreciated.

Evelyn Huber

Answer

Dear Evelyn,

Raising twin horses is a task quite unique. Separating them is absolutely essential. You are right in thinking one would have to move off the property. This task is best accomplished if each of the youngsters have an adult horse as a companion. It is necessary to take some extra time so that the twin chosen to be removed from the property has a chance to become acquainted with its companion.

I have found that an elder gelding is the best companion for these young twins. If possible, one should continue to handle both individuals. Keeping them occupied and friendly toward a human will tend to reduce the amount of trauma that will inevitably be felt by the separated twins. Pay close attention to the safety factors of the eventual property, fencing and footing in particular.

Good luck and keep me posted on your progress!

Sincerely,

A handwritten signature in black ink that reads "Monty". The signature is stylized with a large, sweeping loop at the end.



In this online video series, Monty discusses how horses learn good manners. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

- AUSTRIA** July 2: The Spanish Rising School Invites Monty Roberts to demonstrate [Join-Up®](#) in Vienna, Austria
- USA** July 10 to 21: [Gentling Wild Horses](#) California
- USA** July 28 to 30: [Horse Sense and Healing](#) in California
- USA** July 31 to August 4: [Monty's Special Training](#)
- USA** September 8 to 10: [Horse Sense and Healing](#) in California
- USA** September 15 to 16: [Equus International Film Festival](#)
- UK** October: Monty Tours United Kingdom
- USA** December 8 to 10: [Horse Sense and Healing](#) in California



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

July 2 and 3, 2017	Kids' Course
August 5 to 6, 2017	Horsemanship 101
August 7 to 10, 2017	Join-Up Course
August 11 to 12, 2017	Long Lining Course
August 21 to September 1, 2017	Introductory Certification Course

[MORE COURSE INFO HERE](#)

Join-Up methods help horse and trainer to establish a bond of communication and trust. "You must somehow understand that we as horsemen can do very little to teach the horse. What we can do is to create an environment in which he can learn." ~ Monty



ONLINE REVIEW: MONTY'S EQUUS ONLINE UNI

"It is thanks to Monty's Join-Up and university lessons that my nervous horse, 9 year, mare, ex-racehorse, two months with me, now: follows me when I want to take her out of the field, without a rope! She just keeps following me! I am astonished! ... I tell everyone about the university when they observe that my horse has changed so much in such a short time. Thanks for everything, I will help you spread your non-violent message! -
Jessica



MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE



Dealing with Dementia

As a horse lover, I am old enough (60+) to have seen the era of violence transform into a new approach to understanding and working with horses. I am so pleased with this, thank you for being a part of this.

My husband has been diagnosed with an early onset form of dementia called Fronto Temporal Dementia or FTD. I have been having a hard time controlling my anger and fear over the last year as his ability to communicate has become impaired.

I recently read your book, Horse Sense for People. It made me realize we now speak two very different languages, literally, since he has the semantic variant of FTD. Our former relationship of mutual intellectual and emotional support, which has been a beautiful marriage of 36 years, is over; we are entering a whole new relationship. I must become the calm, controlled trainer who is trying to be patient and understanding of his changing level of communication so we can Join-Up again as a couple.

I felt a lot of guilt whenever my anger and frustration came between us. Your statement about violence really hit home. I am now moving into my new role, with more peace and acceptance. What other tips and techniques from your knowledge base would be helpful for caregivers of those with dementia?

As a side note, our two 20 year old geldings we bought to ride in our retirement have become wonderful partners in his care. They give my husband a purpose: their daily feeding and comfort. They don't care about his loss of language. They do not judge, they accept him every day just as he is. They keep him physically active. When I realized we could have horses in retirement I thought it would be my therapy, but it has become his. I think it's the best thing I could have done for us!

Thank you for listening,
Robbie Miles
Inverness, FL

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

After 35 years with horses of all types, polo, teaching, show jumping, racing-the horse has taught me a lot. Yet there is for me a simple way to define the horse. The three R's. They react, respond and remember. Never think. The day a horse thinks you won't see me for dust! Would you agree on the definition?

Mark Paterson

HORSEMANSHIP RADIO



On this episode we get to know the R.E.A.C.T. team. In November of 2016 these two riders, four horses and without any on hand support, may have become the youngest

riders ever to ride some 1400 km on horseback across South Africa. Dr. Rojek shares the amazing work he does for high performance equine athletes in the United Kingdom.

[EPISODE 89 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

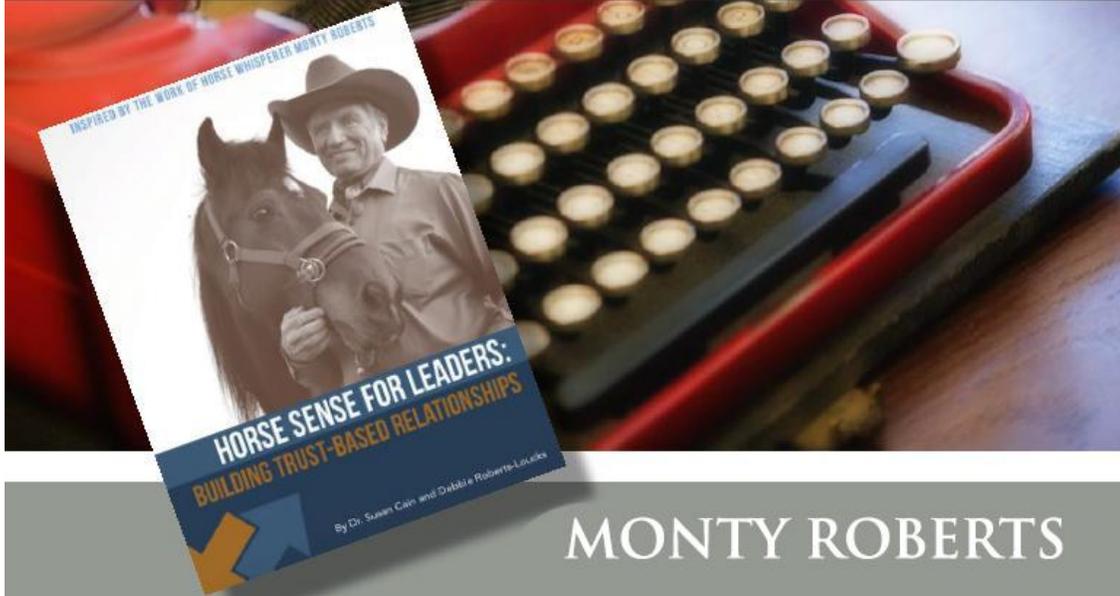


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



May 19 to 21 is Monty's next Horse Sense and Healing workshop. For more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **[Horse Sense for Leaders: Building Trust-Based Relationships](#)**, is another great way to support Monty in his efforts. We have a **[Paperback Version](#)** and a **[Color Version](#)**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:
<http://www.montyroberts.com/certified-instructors-page/>



Join-Up International | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

