



Wednesday May 10, 2017

Greetings! ,

Question

I have recently been thinking about my future career. I want to be a horse trainer but I have no experience. I have big dreams but I need experience. What could I do to get the experience I need?

Abigail

Answer

Dear Abigail,

Thank you for your question, and congratulations on your desire to become involved in the training of horses. There is one thing I can guarantee you after spending a lifetime of training horses. I assure you no one can give you a pill or tablet that will suddenly cause you to know how to train horses. Even academic studies fall short of your entire need.

Please understand good horsemanship comes with a necessity for a lot of hard work. I recommend aggressive goal setting. I further recommend that once the goal is set, a strong study is set to determine the best form of acquiring the information necessary. Books are good and courses too, but do not eliminate the hands-on experience.

Volunteering to work in horse training operations is a big part of any horseman's education. It is critical to choose the right people so as to provide you with the best information. My recommendation is to insist upon working in the absence of violence and being mentored by those who embrace this concept. This is a critical aspect.

Training horses can seem glamorous to young people, and I personally think that it is glamorous. When we get it right, training horses is extremely fun. There is very little fun, however, in the act of demanding from these wonderful animals and allowing violence to become a part of our regimen. I hope to hear from you in the future.

Sincerely,



FROM OUR READER, VERONICA, WHO ALSO ANSWERS THIS WEEK'S QUESTION

Dear Abigail,

I've a similar dream and too, but lack experience. There are of course many different types of horse trainers, but I shall assume that you would like to be come a Monty Roberts type of trainer from the fact that it was here you inquired with.

The first step I took was to read anything I can get my hands on. Read Monty's books. Read his associates books, like Kelly Marks' for instance. Have a look for a certified instructor near to you. There is [a full list is on Monty's website](#). Check out their own websites for courses they run. They will often hold a Join-Up course and begin the preliminary education in getting certification for becoming a horse trainer like themselves.

Also, a very easy is step is to join [Monty Roberts' Equus Online University](#). You don't even have to leave home to get instruction on how to approach a horse, use body language and hundreds of other tips and lessons.

Apply the methods you learn immediately with any horses you encounter. The more you practice the more quickly it becomes ingrained in yourself.

And believe in yourself. There are ways to achieve your dream and finding the routes is a good start.

Yours sincerely,
Veronica

**MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE**



In this online video series, you'll see Monty working with a horse called Badger who is afraid of going over jump poles. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

- USA** May 13: Night of Inspiration with Monty in California
- USA** May 19 to 21: Horse Sense and Healing in California
- USA** July 10 to 21: Gentling Wild Horses California
- USA** July 28 to 30: Horse Sense and Healing in California
- USA** July 31 to August 4: Monty's Special Training
- USA** September 8 to 10: Horse Sense and Healing in California
- USA** December 8 to 10: Horse Sense and Healing in California



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

May 8 to 11, 2017

[Join-Up Course](#)

May 12 to 13, 2017

[Long Lining Course](#)

May 19 to 21, 2017

[Horse Sense and Healing](#)

May 22 to June 2, 2017

[Advanced Exam](#)

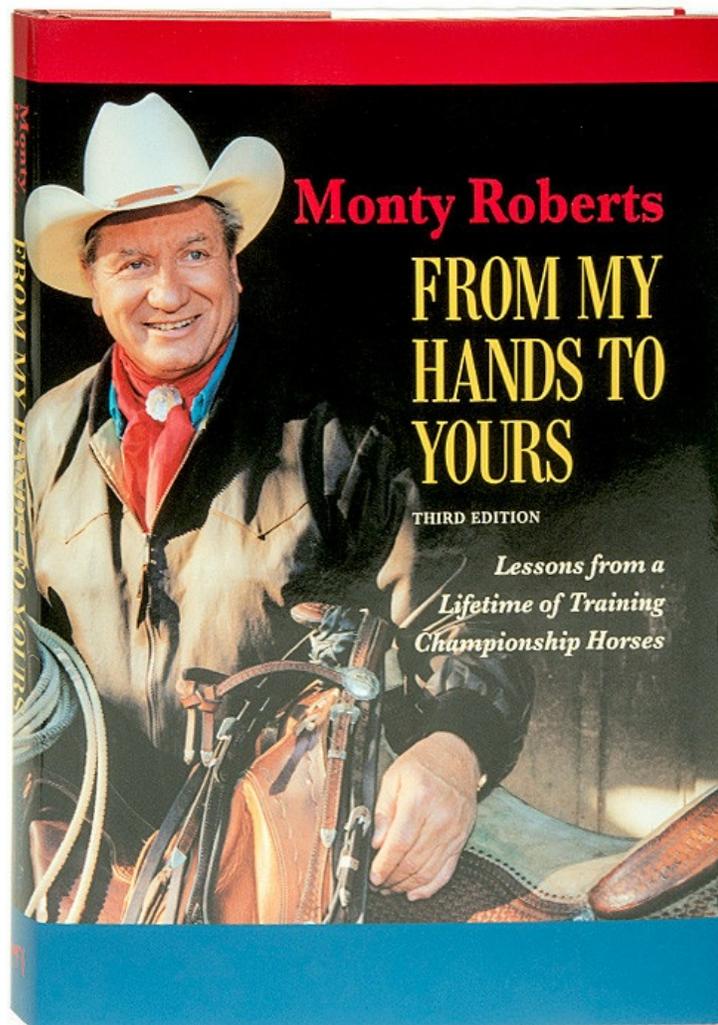
June 3 to 4, 2017

[Kids' Course](#)

June 24 to 25, 2017

[Kids' Course](#)

[MORE COURSE INFO HERE](#)



ONLINE REVIEW: MONTY'S TEXTBOOK

"Everyone needs to read this book especially if they have horses or are interested in them. I needed this sixty years ago! Thanks, Monty, for everything you do for people and horses."

Myra G.



MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Dear Monty,

I am going to forward your newsletter to a friend of mine whose daughter, due to stress at work, has spent the last year trying to get help from psychologists and psychiatrists, all in vain. At present she has fairly lost all faith in herself. I have proposed that she try to "consult" the HORSES. She even once had her own horse. She is a physically strong and handsome woman and is a pity to follow what is happening to her. So I have told her mother about your successful work with war veterans.

With love
Helle

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit

down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Monty,

When riding a Race Horse, why is so much pressure/force put onto the reins by the Jockeys when the horses are racing?

I once rode a friend's 'retired' race horse in a field near my home, trying it out. After cantering round the 5 acre field I wanted to return to my friend at the start and as usual gently put pressure on the reins and knees into the saddle to slow down and walk but instead as I put the usual pressure on the reins the horse went faster! I forget how I finally managed the horse to know I wanted it to walk and stop! But it finally did!

I see pictures of ridden race horses with the bit pulling the whole mouth right up to it's eyes (almost!) and Jockeys standing in their stirrups to do this? What is the purpose for this?

With best wishes,
Jean Grant

HORSEMANSHIP RADIO



Regan Cutshall on Remington

Janet Rose of EQUUS INTERNATIONAL Film Festival® simply set out to help horses through rescue and adoption. And Denise Heinlein is Head Instructor at the Monty Roberts International Learning Center and created a new course, Kids and Join-Up.

[EPISODE 87 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

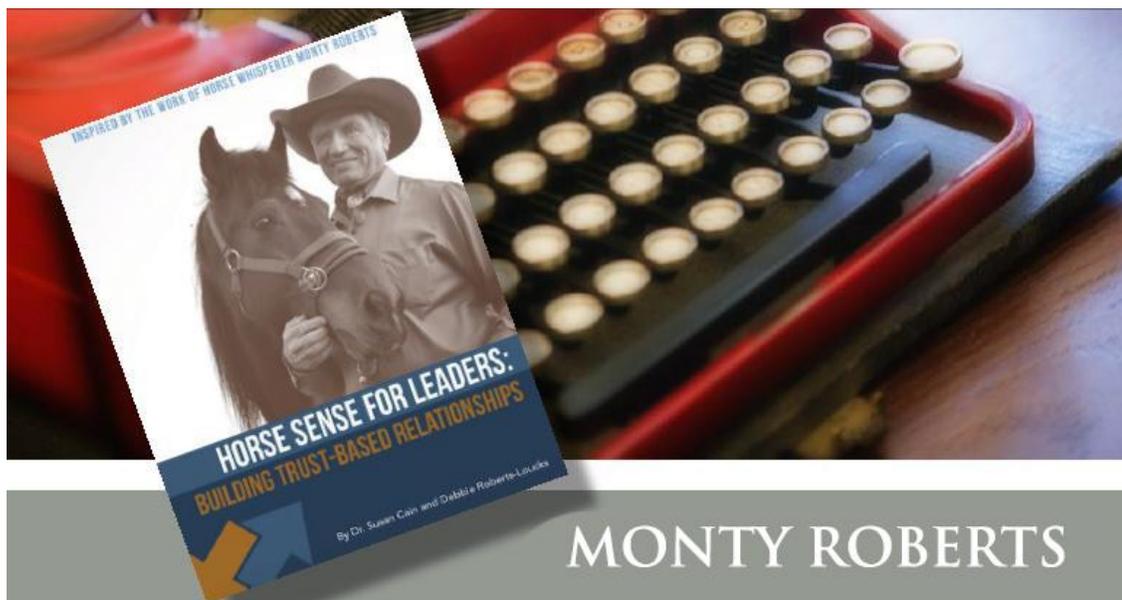


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



May 19 to 21 is Monty's next Horse Sense and Healing workshop. For more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a

[Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



HRTV



 Forward to a Friend

