



Wednesday May 3, 2017

Greetings! ,

Thank you to the Hungarian team of Certified Instructors and volunteers who not only put on a great event, but thought of me near my birthday to make a cake of Join-Up. Thank you Certified Instructor Csilla Csaszar for stepping out to put this educational event on. Next stop, USA: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/



The cake makers, Monty and certified instructor Csilla Csaszar

Question

Please could you just advise me. I brought a 7-year-old Connemara x Irish Sports Horse mare, 14.2 hands high. She's very head shy. She wasn't big enough for the people who bred her so they put her on loan. They didn't get on with her so gave her back very thin

and unloved. The owners fattened her up then I got her. I love her to bits, but when I get to the stable in the morning to give her her breakfast and put her out if I go and speak to her over the door, she pins her ears back and bites the wall and stomps her front feet at me if I go in the stable she will turn away from me so I stand quietly till she comes back over to me. I know she doesn't mean it, but why is she getting so angry with me? I don't want it to get worse.

Also, today I thought I would get the poo picked up out the field while she was in the field just to see how she behaved. She followed me round but kept rolling near me what does this mean? She just worries me, she seems to be quite aggressive sometimes and I wondered what rolling near me meant. She will also nip me as I change her rug or brush her and bites me when I pick her front feet up, her ears aren't back. I can't say she's being aggressive to me. I don't want to smack her as everyone else tells me to because she's obviously been smacked before and I don't want her to be frightened of me. If a horse is nipping, is it always really bad as they will nip each other in the field? Is she just communicating with me? Please help me with any advice; I would be so grateful.

Yours sincerely,
Sarah Hancox

Answer

Thank you for your question and for your thorough explanation as to the remedial behavior of your horse. It is clear to me that you have not read [From My Hands to Yours](#) nor have you visited lessons on my [Equus Online Uni](#). Many of the behavioral traits you have described here have been answered on lots of occasions, but that is what I am here for.

Please check with your veterinarian that she is healthy. Ruling that out and looking at the behaviors, there is a clear suspicion in my mind that your horse has been fed from the hand. This is a process which damages behavior greatly. I further suspect your horse has been hit in the area of the muzzle for the biting, another forbidden activity in my regime.

You may have a skin-sensitive horse. For grooming and for picking up the feet, she should be secured with a fairly short tie and then these procedures should be conducted with soft tools and a soft hand also.

All feeding while the horse is in the stall should be eliminated. When the horse is outside, place the feed in the stable and then bring your horse to that stable to find the feed. Leave your horse alone during the feeding time. The unacceptable behavior you have described is because your horse is exhibiting territorial protection.

As to the rolling near you in the field, I can only suggest your horse is itchy and wants to roll. I would further surmise your horse is very comfortable in your presence. The act of rolling in the wild is seldom done without a lookout horse present. A lone wild horse is easy prey for any of the larger predators. She is relying on you for protection.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monty', enclosed within a large, loopy circular flourish.

MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE

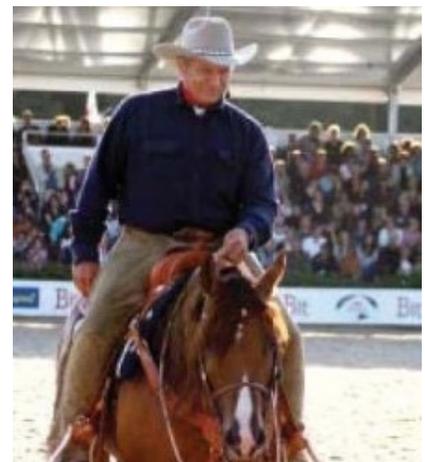


In this online video series, you'll see Monty working with a Thoroughbred filly who has not been trained to load and fears the trailer. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

- USA** May 13: Night of Inspiration with Monty in California
- USA** May 19 to 21: Horse Sense and Healing in California
- UK** June 20: The first global edition of Sunset Polo will take place between 5:00 pm and 11:00 pm, in the form of "Nic Roldan's UK Sunset Polo" at the ancestral home of British Polo, Cowdray House, in West Sussex
- USA** July 10 to 21: Gentling Wild Horses California



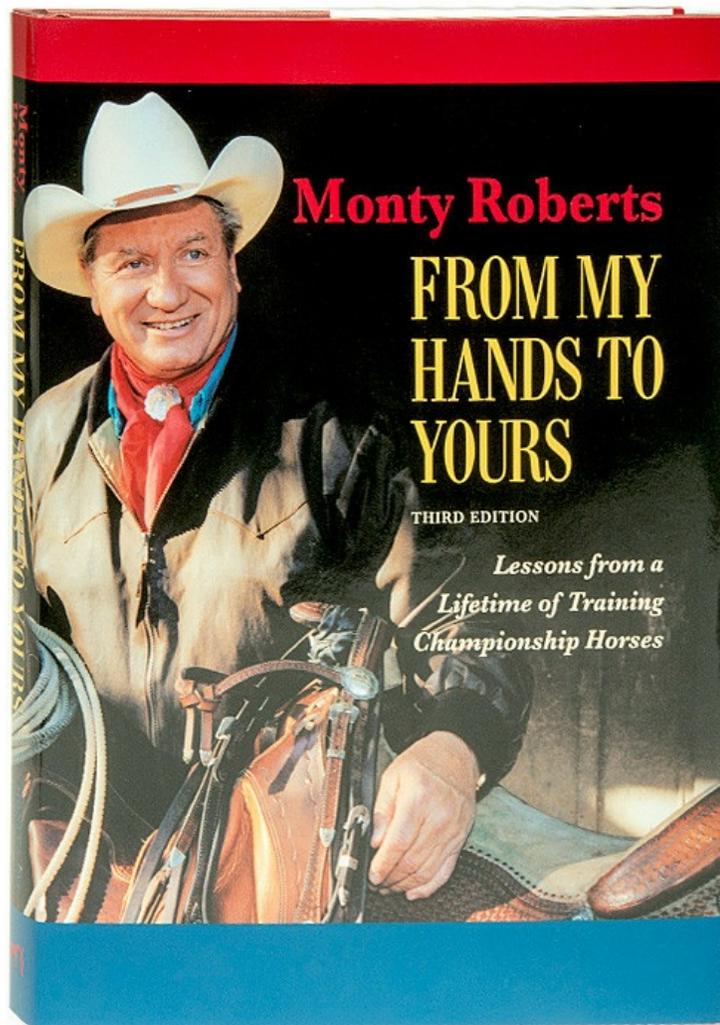
- USA** July 28 to 30: [Horse Sense and Healing in California](#)
- USA** July 31 to August 4: [Monty's Special Training](#)
- USA** September 8 to 10: [Horse Sense and Healing in California](#)
- USA** December 8 to 10: [Horse Sense and Healing in California](#)

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

May 6 to 7, 2017	Horsemanship 101
May 8 to 11, 2017	Join-Up Course
May 12 to 13, 2017	Long Lining Course
May 19 to 21, 2017	Horse Sense and Healing
May 22 to June 2, 2017	Advanced Exam
June 3 to 4, 2017	Kids' Course
June 24 to 25, 2017	Kids' Course

[MORE COURSE INFO HERE](#)



ONLINE REVIEW: MONTY'S TEXTBOOK

"Everyone needs to read this book especially if they have horses or are interested in them. I needed this sixty years ago! Thanks, Monty, for everything you do for people and horses."

Myra G.
Verified Buyer

Available from Monty's Online Store in English and in Spanish!

English: <https://montyrobortsshop.com/collections/books/products/from-my-hands-to-yours-3rd-edition-by-monty-roberts>

Spanish: <https://montyrobortsshop.com/collections/books/products/de-mis-manos-a-las-tuyas-spanish-edition-by-monty-roberts>



SHOP NOW

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Dear Mr. Roberts,

Having been around horses, regrettably not my own, as a youngster, I fell in love with these creatures. My first love was with Tilly, a palomino who belonged to a neighbor of mine. When I got home from school, if she was in the field, I would stop and talk to her, pet her and then run home and get a carrot or apple for her. My girlhood dream was a horse farm to save old unwanted horses. I was too young to know about abuse. I read books about horses, drew horses, and indeed my brothers used to tease me that I would marry a horse.

Unfortunately, I was widowed at a young age and had to make a living to raise my 2 sons and put them through school, so this dream has never come true for me. However, I still read, draw and learn about horses at 83. I read your recommendations on the Spooky horse problem and had to smile when you said that the horse might not like working and finding the hedges/ferns a lot less scary when asked to do so. Not too much different from training children.

Thank you for being a leader bringing sense, humor and gentleness to us in this very troubled world.

Sincerely yours,
Joan Johnson

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

I have recently been thinking about my future career. I want to be a horse trainer but I have no experience. i have big dreams but i need experience. what could I do to get the experience I need?

Abigail

HORSEMANSHIP RADIO



Regan Cutshall on Remington

Janet Rose, of EQUUS INTERNATIONAL Film Festival®, set out to help horses through rescue and adoption. Denise Heinlein is Head Instructor at the Monty Roberts International Learning Center and created a new course, Kids and Join-Up.

[EPISODE 87 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

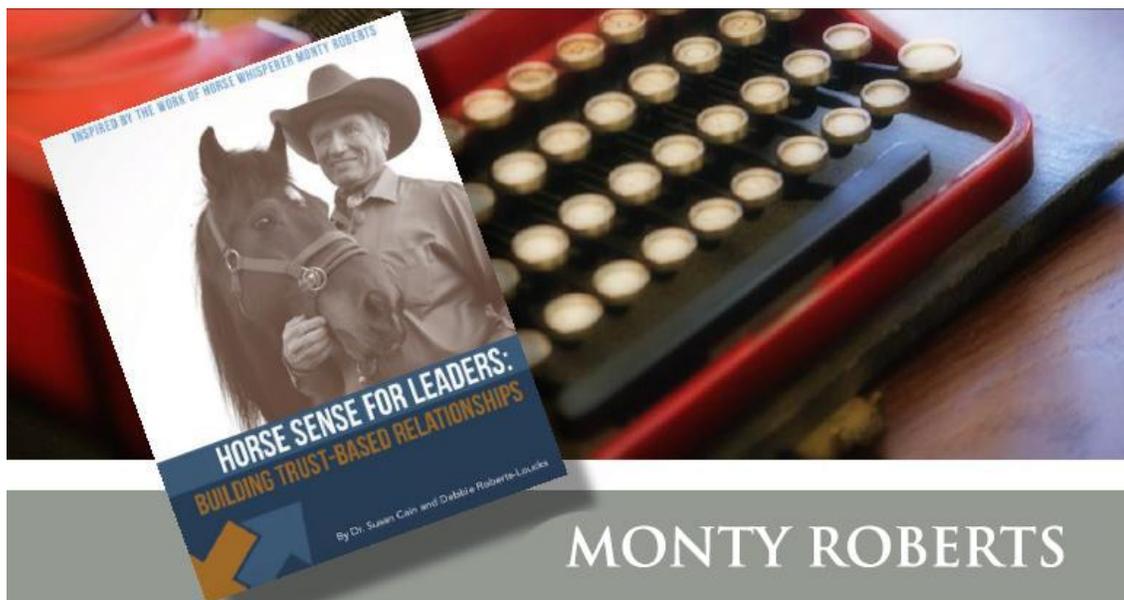


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



May 19 to 21 is Monty's next Horse Sense and Healing workshop. For more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a

[Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



HRTV



 Forward to a Friend

