



Wednesday April 19, 2017

Greetings! ,

Germany, 2017, near Hamburg

http://www.montyroberts.com/ab_about_monty_calendar/see-monty/



Question

I have a 17-hand sports x draft horse who every time we go to canter throws his head down snatching the reins away leaving me with no control, no neck or head in front me. How can I stop him doing this? I've have come to a dead end and don't know what to do. Help please.

Answer

Remembering that horses are into pressure animals, this remedial behavior simply supports that concept. We humans must understand that the horse needs to be trained to come off pressure rather than push into it. It is clear to me your horse simply controls your hands so that he is not impeded by your desire to control his direction and speed.

It is critical that you select a bit that has appropriate leverage so as to produce discomfort when he demands freedom from the reins. My system for encouraging the horse to yield involves the use of a surcingle with the necessary rings so as to enable you to stable your horse with the bit and surcingle in place then tighten the reins to achieve some flexing.

It is my position that the horse will learn with about 20 minutes of reining as described per day. This method will allow your horse to find comfort by flexing at the pole and discomfort when pushing into the bit. Twenty minutes is sufficient and longer than that may cause them to simply stand, pushing into the discomfort rather than backing off of it.

When riding, be respectful of freedom on the reins as much as possible. When asking for flexion, use your hands to create cooperation if he tries to push through. One might stop and back up to create a negative instant consequence and then ride on with relaxed reins. Many riders hold too forcefully in my opinion but the world is changing. I address this in my textbook [From My Hands to Yours](#) and also in video lessons on my [Equus Online University](#).

Sincerely,

A handwritten signature in black ink that reads "Monty". The signature is stylized with a large, sweeping loop at the end.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



In this online video series, Monty shows how to stop nipping and biting. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

- Germany** April 20: [Monty Roberts Germany Tour](#) in Dorsten
- Germany** April 22: [Monty Roberts Germany Tour](#) in Alsfeld
- Hungary** April 30: [Monty Roberts Hungary Demonstration](#) in Kaposvár
- USA** May 13: [Night of Inspiration with Monty](#) in California
- USA** May 19 to 21: [Horse Sense and Healing](#) in California
- USA** July 10 to 21: [Gentling Wild Horses](#) California
- USA** July 28 to 30: [Horse Sense and Healing](#) in California
- USA** July 31 to August 4: [Monty's Special Training](#)
- USA** September 8 to 10: [Horse Sense and Healing](#) in California



[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

May 6 to 7, 2017	<u>Horsemanship 101</u>
May 8 to 11, 2017	<u>Join-Up Course</u>
May 12 to 13, 2017	<u>Long Lining Course</u>
May 19 to 21, 2017	<u>Horse Sense and Healing</u>
May 22 to June 2, 2017	<u>Advanced Exam</u>
June 3 to 4, 2017	<u>Kids' Course</u>
June 24 to 25, 2017	<u>Kids' Course</u>

[MORE COURSE INFO HERE](#)

**ONLINE REVIEW: MONTY'S BIT**

"I designed my bit so that it is made of the Black Iron as a principle metal and copper inlaid in strips so that it is protected from the chewing by the stronger black iron. The presence of the copper creates desired moisture. I designed it so that the portions outside of the horse's mouth are pinch-less and stainless steel."

Monty Roberts

"I've purchased many products through Monty Roberts, which has enriched my experiences with my horses both in training and knowledge. I believe the products are fairly priced and of good quality."

Lynda K.



SHOP NOW

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Good Afternoon Monty,

I am writing because I was so moved by your story of you growing up poor and how you didn't let your past affect you in dreaming. I was watching Christian talk show Live Your Dreams host by Terri Savelle Foy and she shared a story about you in school and your teacher asked the students to write about their dream and you had the vision to see yourself living large with a purpose. I love that fact that you didn't rewrite your paper or your dream. Terri Savelle Foy quoted you saying to the teacher you keep the F and I will keep my dream.

My name is Marsha Thadison owner of a business called Yesterday's Kitchen 4 Today, LLC. I like to think of my business as me being the grandma of yesterday calling the next generation to teaching them things my grandmother did to take care her family, canning, baking homemade and more. Things are very slow because to the point I was thinking of closing. I know God was using this show to give me a message because I have never watched this show before in my life. I sat and watched it for a few minutes and she told

the story about you and your teacher. I feel like I have failed! After hearing your story I decided to keep my dreams and throw away the F thinking.

Blessings,
Marsha Thadison
www.yesterdayskitchen4today.com

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

I re-homed a 7-year-old Irish Cob gelding. Doing well in hand following your lessons. Riding introduced, first wouldn't go, then wouldn't stop and has bolted twice (thankfully in a confined area).

Bolted, through fear I think, in indoor lesson and on lunge with instructor, races away at gallop then bucks when at area limits as if pack of wild dogs might still be there! Then looks to check, and relaxes. Seems like a prey reaction to me, but instructor thinks he needs sending away to relearn that riding is OK.
Can anyone talk to me and advise?

HORSEMANSHIP RADIO



Teresa Bippen is President of FOSH, Friends of Sound Horses. And Kate Cook realized her dream of owning a horse. Listen in as Kate shares how she and Wouter, a 10-year old Friesian gelding, prepare for their first schooling show in dressage.

[EPISODE 86 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

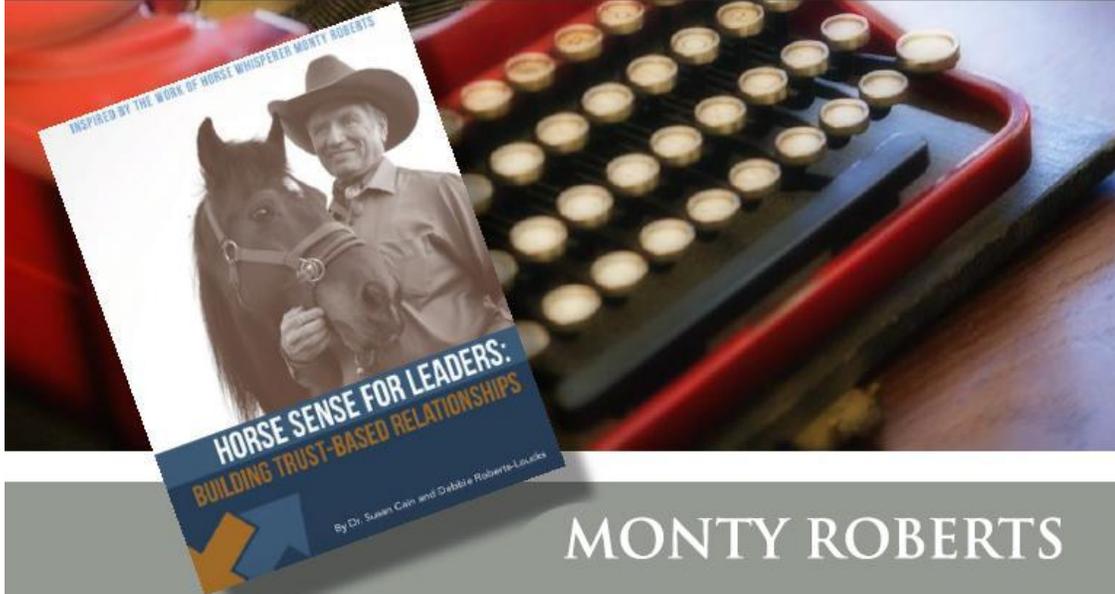


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



May 19 to 21 is Monty's next Horse Sense and Healing workshop. For more information, go to: <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **Horse Sense for Leaders: Building Trust-Based Relationships**, is another great way to support Monty in his efforts. We have a **Paperback Version** and a **Color Version**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:
<http://www.montyroberts.com/certified-instructors-page/>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

