



Wednesday February 22, 2017

Greetings! ,

Katie Pokorny and our Certified Instructors lead the way in the development of peaceful leaders through Join-Up International's Lead-Up International <http://www.join-up.org/lead-up/> at Flag Is Up Farms.



Katie Pokorny and Monty Roberts

Question

Mare chews on reins or slobber straps: My seven-year-old mare is obnoxiously obsessive about trying to chew on the leather slobber straps or reins. I have to unclip the reins just to get the loose ring snaffle in her mouth as she is so bad. Can't use mecate reins that are so popular without slobber straps. She is an Anglo-Arab mare very Thoroughbred looking except for her Arabian teacup muzzle. I used your heavier bits

successfully on my quarter horses but she relaxes with a bit that is lighter weight. Any idea as to make her quit the gnaw factor.

Janice L Pedigo

Answer

Dear Janice,

Everybody who has ever had a horse, has experienced some level of the horse's desire to chew on leather. Some horses are far worse than others and it seems that the habit depends on whether they have no negative consequences for doing the chewing. Some people will resort to slapping their nose or yanking the rein from their mouth. Either of these decisions will have more negative consequences than positive ones.

When I was very young there was no modern day substances in aerosol containers and so we often used hot chili marinated in a bit of vegetable oil and simply coated the reins with the a rag that we kept in the tack room. Today there are advanced substances that are extremely effective in solving this problem. Recently I was schooling a Thoroughbred yearling to accept the starting stalls (starting gate) that he would be asked to use later in life.

Of the 19 young horses I had to school, only one decided that the metal doors were a delectable 5-star entree. He would literally rake his teeth and if he managed to get near the padding, that was the best dessert he could imagine. The local tack shop had one of these new aerosol containers with a substance that when sprayed on the target areas, immediately ceased all attempts to devour them.

These remedies come with all sorts of names and are different depending on the country you are in but I can guarantee they are effective. If you choose to, you could go back to the chili in the vegetable oil but I think the newfangled idea is better. One can repeat this process on lead ropes and tie racks too. I am seeing a lessening of the habit when the action of chewing is not allowed in general.

Sincerely,

A handwritten signature in black ink that reads "Monty". The signature is stylized with a large, sweeping loop at the end.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



This online video series shows how to create a partnership with your horse. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

Monty is home at his beautiful horse training facility in California!

You are welcome to visit [Flag Is Up Farms](#) and watch Monty's methods in action at his state-of-the-art training facility.

The farm gates are open from 9 am to 5 pm daily, with no fee or reservation required.



| | |
|-----------------|---|
| Hungary | April 30: More information to come soon! |
| Brazil | March 11 to 12: Near Sao Paulo |
| Scotland | March 18: Ingliston Country Club, Ingliston Estate, Bishopton, Renfrewshire, Scotland, UK |
| England | March 25: Kingston Maurward College with MARTIN CLUNES, |

| | |
|----------------|--|
| Germany | Dorchester, Dorset, UK March 31: Monty Roberts Germany Tour in Munich |
| Germany | April 7: Monty Roberts Germany Tour in Elmshorn |
| Germany | April 9: Monty Roberts Germany Tour in Redefin |
| Germany | April 20: Monty Roberts Germany Tour in Dorsten |
| Germany | April 22: Monty Roberts Germany Tour in Alsfeld |
| USA | July 10 to 21: Gentling Wild Horses California |
| USA | July 31 to August 4: Monty's Special Training |

[**FULL SCHEDULE HERE**](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

| | |
|--------------------------------|--|
| February 20 to 23, 2017 | <u>Join-Up Course</u> |
| February 24 to 25, 2017 | <u>Long Lining Course</u> |
| March 6 to 17, 2017 | <u>Introductory Certification Course</u> |
| March 27 to 31, 2017 | <u>Introductory Exam</u> |

[**MORE COURSE INFO HERE**](#)



ONLINE REVIEW: MONTY'S DUALLY HALTER

"I received my Dually halter in the mail just a few days after I ordered it. I tried it on a horse that is head shy and fights the bit and she accepted the Dually very well. We had one of the most relaxed rides ever. The Dually halter is a great product."
Online reviewer on 1/8/2017

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**



I'm so proud of you Monty! You have accomplished your dream and your mission and you have changed horsemanship forever. You have also made it possible for people like me, with learning difficulties and autism, to safely enjoy horses in a way that doesn't make us have meltdowns when we see them being mistreated anymore because you have empowered us! Thank you!

~ Charlie Avent

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

I'm at a bit of a loss as to what to do with my six-year-old Thoroughbred-cross mare. She seems to lack confidence in herself when out hacking, she sees or hears everything that's going on. Getting her to concentrate on me is a real mission. She seems fine with things that would spook other horses i.e. people up ladders working, diggers etc but dead ferns in the hedge are really terrifying! We have an inkling that narrow places and wider spaces are the main problem areas, if we're on a lane that's wide enough for a

car to pass comfortably she's happy and will walk out with confidence, as soon as it narrows or widens too much she becomes almost withdrawn and starts to panic.

A couple of months ago I started to work on stopping her napping going out of my yard with considerable success, so she's happy to leave it's now the bits in the middle. Some places we go I can see why she gets worried, we have a bridge to cross and the parapets are about hock height on her, so that's kind of understandable. A friend comes with us on foot for her to lean on when really needed which probably isn't the best idea but the mare would run backwards in a panic, now she's calmer with my friend around. Any advice would be gratefully can received.

Thank You
Joy Nicholls

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We asked Monty to share with us about training equipment that works with the horse's mind, rooted in the natural instincts of the horse. Arizona-based equestrian author Carly Kade shares her experience at the Equus Film Festival. Jamie Jennings reads Ask Monty on Foal Imprinting.

[EPISODE 82 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

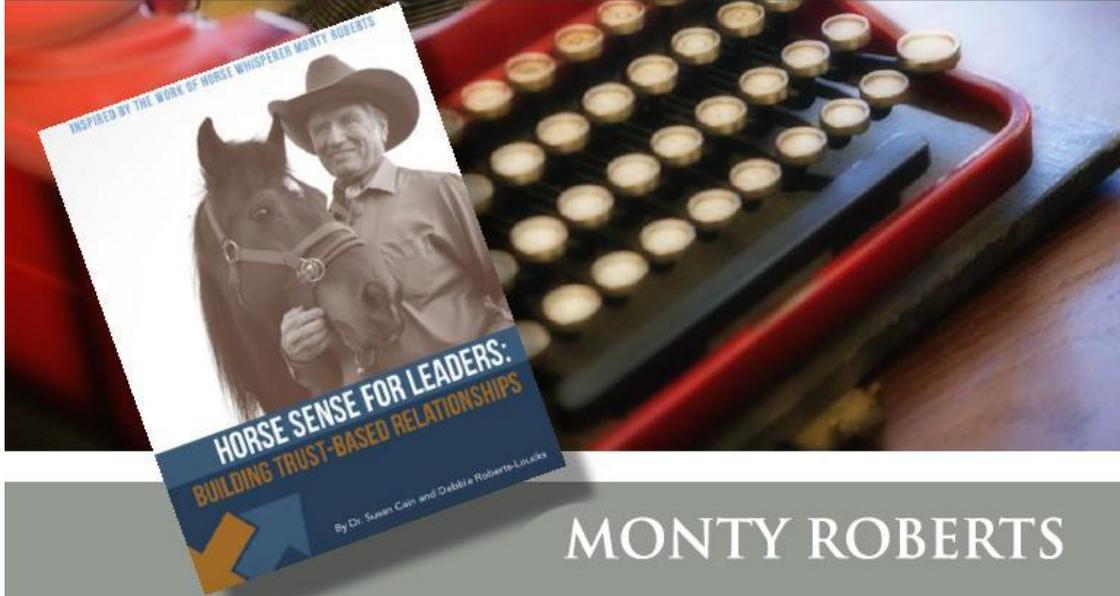


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



*February 10 to 12 and May 19 to 21 are Monty's next Horse Sense and Healing workshops. For more information <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **[Horse Sense for Leaders: Building Trust-Based Relationships](#)**, is another great way to support Monty in his efforts. We have a **[Paperback Version](#)** and a **[Color Version](#)**.

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



[Join-Up International](#) | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

