



Wednesday February 8, 2017

Greetings! ,

Question

Dear Monty,

I sincerely hope this message reaches you. I am British and been a horse girl all of my life. I first watched you in County Durham, England in 1996 and I've used and promoted your language Equus ever since, so I've admired your work for over 20 years.

I became a high school teacher at Whitley Bay High school and brought many students to see your demonstrations over the years as part of our extra curricular programs I would run voluntarily. You once sent me a thank you note and a copy of your book, which I still have and treasure.

I am now married to an American serviceman and live in Idaho, USA. I brought my three horses with me from England. I've watched quite closely over the years your veteran programme become a more important part of your work and legacy and firstly I'd like to thank you for this. My husband has had several deployments and is now still in the Idaho National Guard in Boise. We live on about 12 acres in a nearby farm.

My question to you is, as a military wife and life-long horsewoman, how can I get involved to help the veteran program you run? I no longer teach high school since leaving England 18 months ago but I still have a great desire to make a difference. Now that I'm a military family and am aware of the affects of war on our servicemen and women, I'd like to help somehow.

I really hope this message gets to you and when you find the time I'd love to hear from you.

The kindest of regards,

Katie Fokias Wheele

Answer

Dear Katie,

To follow your career as outlined in your correspondence is very interesting for me. It isn't often that I receive communication that brings together such a wide collection of interesting circumstances. It pleases me greatly to hear of your long time interest in my work. With regard to the military aspect, let me welcome you to investigate as I will suggest.

The first thing that I would recommend is that you continue to study the concepts in my books and in my [Equus Online University](#) containing the principles which I have found assist those of us who suffer Post Traumatic Stress which may occur for many reasons, not simply military. I would further suggest you continue to communicate with us so that you might come on a course to edify you as to Join-Up® and its therapeutic affect on this who suffer from Post Traumatic Stress.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY THIS WEEK'S EPISODE



This online video series shows how to create a partnership with your horse. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



Join-Up methods help horse and trainer to establish a bond of communication and trust. "You must somehow understand that we as horsemen can do very little to teach the horse. What we can do is to create an environment in which he can learn." ~ Monty



ONLINE SPECIAL: MONTY'S EQUUS ONLINE UNI

Take advantage of this week's special: All new subscriptions and renewals get a free subscription you can gift to a friend! Write to admin@montyroberts.com and let us know your friend's name and email address.

Carolin Stamp of South Africa says, "I love the Online University! It's incredible how much information Monty puts into every single sentence, lots of little details that I missed before. Questions that come up during the work with horses are all answered! For example, what do horses think of people wearing sunglasses?"

UPCOMING EVENTS

Monty is home at his beautiful horse training facility in California!

You are welcome to visit [Flag Is Up Farms](#) and watch Monty's methods in action at his state-of-the-art training facility.

The farm gates are open from 9 am to 5 pm daily, with no fee or reservation required.



USA

February 18: International Launch Party Supporting Non-Violence at [Flag Is Up Farms](#)

Brazil	March 11 to 12: Near Sao Paulo
Scotland	March 18: Ingliston Country Club, Ingliston Estate, Bishopton, Renfrewshire, Scotland, UK
England	March 25: Kingston Maurward College with MARTIN CLUNES, Dorchester, Dorset, UK
Germany	March 31: Monty Roberts Germany Tour in Munich
Germany	April 7: Monty Roberts Germany Tour in Elmshorn
Germany	April 9: Monty Roberts Germany Tour in Redefin
Germany	April 20: Monty Roberts Germany Tour in Dorsten
Germany	April 22: Monty Roberts Germany Tour in Alsfeld
USA	July 10 to 21: Gentling Wild Horses California
USA	July 31 to August 4: Monty's Special Training

[FULL SCHEDULE HERE](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

February 20 to 23, 2017	Join-Up Course
February 24 to 25, 2017	Long Lining Course
March 6 to 17, 2017	Introductory Certification Course
March 27 to 31, 2017	Introductory Exam

[MORE COURSE INFO HERE](#)

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**



This week, the Rotary was honored to have Monty and Pat Roberts, owners of Flag Is Up Farms in Solvang since 1966. The non violent approach to horses has earned Monty the honor of being considered one the Greatest Horsemen of All Time (Horses & Hound). Monty Roberts is truly an American hero.

Her Majesty Queen Elizabeth II sent an invitation to Monty to demonstrate his concepts for the Royal Family and the team at Windsor Castle. She is a life-long horse-woman. The success of this event resulted in Her Majesty's endorsement of Monty's work and requesting him to write a book to share his concepts with the world. Uncharacteristically, Her Majesty allowed a photo to be published in an English magazine with an article supporting his work. Her Majesty's interest in Monty's career over the past 27 years has allowed him to approach his stated life's goal, "to leave the world a better place than I found it for horses and for people, too."

Many would consider the Queen's endorsement of Monty's nontraditional and revolutionary methods to be the greatest achievement of his career thus far. Monty continues to travel the world lecturing, advising, training and encouraging his non-violent methods. His methods have been used in his Horse Sense and Healing clinic for veterans and first responders with amazing success since 2010.

Regards,
James N. Stretchberry
Santa Barbara Rotary President 2016-17

MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Need help with my 13-month-old foal. His hormones are taking over and he can get aggressive. How do I handle it? I block him and tell him back, but once he decided to shake his head around and wants to bite nothing is stopping him.

Ricky

HORSEMANSHIP RADIO



Monty Roberts on John Brazil, Jr., an important "influencer for good" in the equestrian community. Heather Moffett of The Online Riding School. Jamie Massey Jennings reads Ask Monty about reporting abuse.

[EPISODE 81 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS

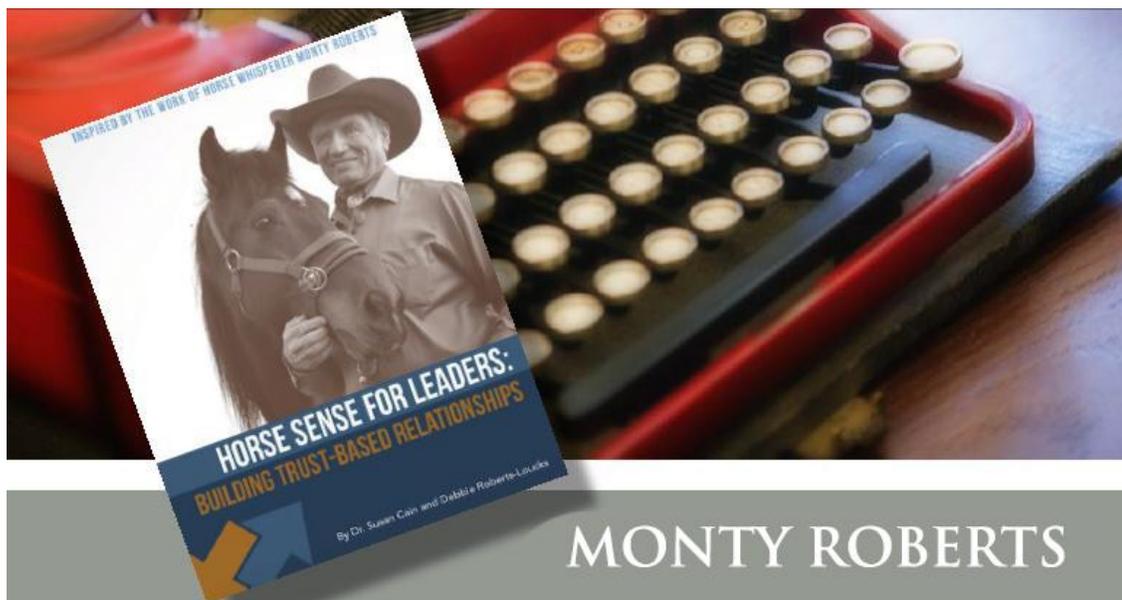


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



*February 10 to 12 and May 19 to 21 are Monty's next Horse Sense and Healing workshops. For more information <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a

[Paperback Version](#) and a [Color Version](#).

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



HRTV



 Forward to a Friend

