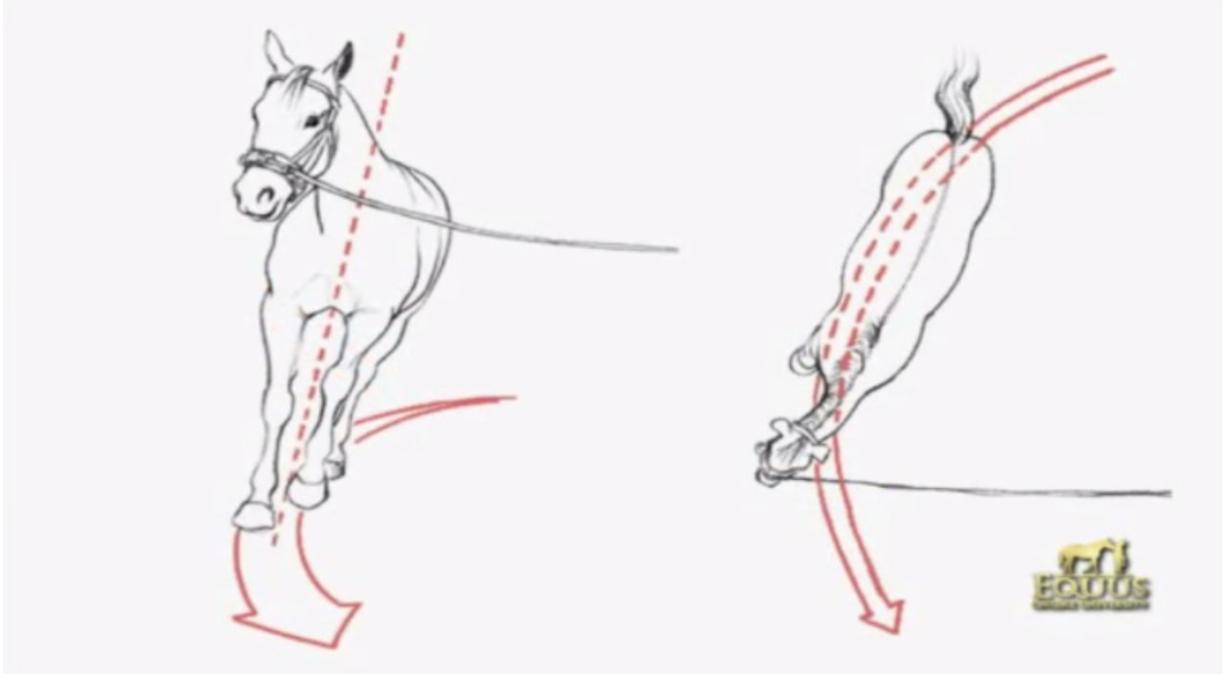




Wednesday January 18, 2017

Greetings! ,

In this week's Question and Answer that follows, I discuss what I consider to be the second worst piece of horsemanship on earth. Single line lunging puts the horse off balance, with the spine curving in the opposite arc of the circle in which the horse travels.



Please take time to become educated about the detrimental effects of this common practice. You can learn about the bio dynamics of single line lunging and how lunging does not have to be destructive in my [textbook](#) and [online videos](#).

Question

Hi Monty,

I hope you can give me some advice please, I have a four-year-old Appaloosa mare

from a stud farm. She never had much human contact, the problem is I am trying to lunge her but she keeps turning into me when I try to lunge in outdoor school. I did get her to follow my fiancé in a circle to get her used to my commands. Should I continue using my other half to walk in front of her or do you have any other ideas?

Kind regards,
Sandra Semple

Answer

Dear Sandra,

After reading your question twice I have made the decision that you are single line lunging. Please utilize my [Equus Online University](#) to discover how I feel about this activity. I have often said that single line lunging is the second worst piece of horsemanship on earth. It follows only striking the horse for pain.

There are so many reasons why single line lunging is off my list of accepted procedures. They are clearly defined in my textbook, [From My Hands to Yours](#), and demonstrated on our Equus Online Uni in the clearest possible way. Give you fiancé a break and learn the procedures that will assist you in executing a perfect circle.

Sincerely,

A handwritten signature in black ink, appearing to read 'Monty', enclosed within a large, stylized circular flourish.

MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE



This online video series shows how to create a partnership with your horse. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



UPCOMING EVENTS

Monty is home. You are welcome to visit [Flag Is Up Farms](#) and watch Monty's methods in action at his state-of-the-art training facility. The farm gates are open from 9 am to 5 pm daily, with no fee or reservation required.

Ticket information will be available soon to see Monty in Brazil and England in 2017.

Scotland March 18: Ingliston Country Club,
Ingliston Estate, Bishopton,
Renfrewshire, Scotland, UK

England March 25: Kingston Maurward College
with MARTIN CLUNES, Dorchester,
Dorset, UK

Germany March 31: Monty Roberts Germany
Tour in Munich

Germany April 9: Monty Roberts Germany Tour in
Redefin

Germany April 20: Monty Roberts Germany Tour



in Dorsten

Germany April 22: Monty Roberts Germany Tour
in Alsfeld

USA July 10 to 21: Gentling Wild Horses
California

USA July 31 to August 4: Monty's Special
Training

[**FULL SCHEDULE HERE**](#)

THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

February 4 to 5, 2017

[Horsemanship 101](#)

February 10 to 12, 2017

[Horse Sense and Healing](#)

February 20 to 23, 2017

[Join-Up Course](#)

February 24 to 25, 2017

[Long Lining Course](#)

[**MORE COURSE INFO HERE**](#)

MONTY'S PRINCIPLES HORSE SENSE FOR PEOPLE



Monty appears as one of 50 Equestrian Legends in the most recent edition of Horse & Hound magazine. What an honor to be featured on the cover with Her Majesty Queen

Elizabeth, too.

"It was in 1989 that the Californian shot into the limelight when The Queen invited him to Windsor Castle to demonstrate his Join-Up technique, and he now visits her up to three times a year to help start her horses. To date, he has worked with nearly 15,000 horses during his demonstrations, spreading his non-violent ethos worldwide."

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MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering... or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Horse Trailer Loading Difficulty: The mare is a 24 year old part Arab/Highland cross and is 14.2hh. She has loaded well, with only slight hesitations, into an Ifor-Williams trailer (head space for two 16.3hh horses) a couple of times before.

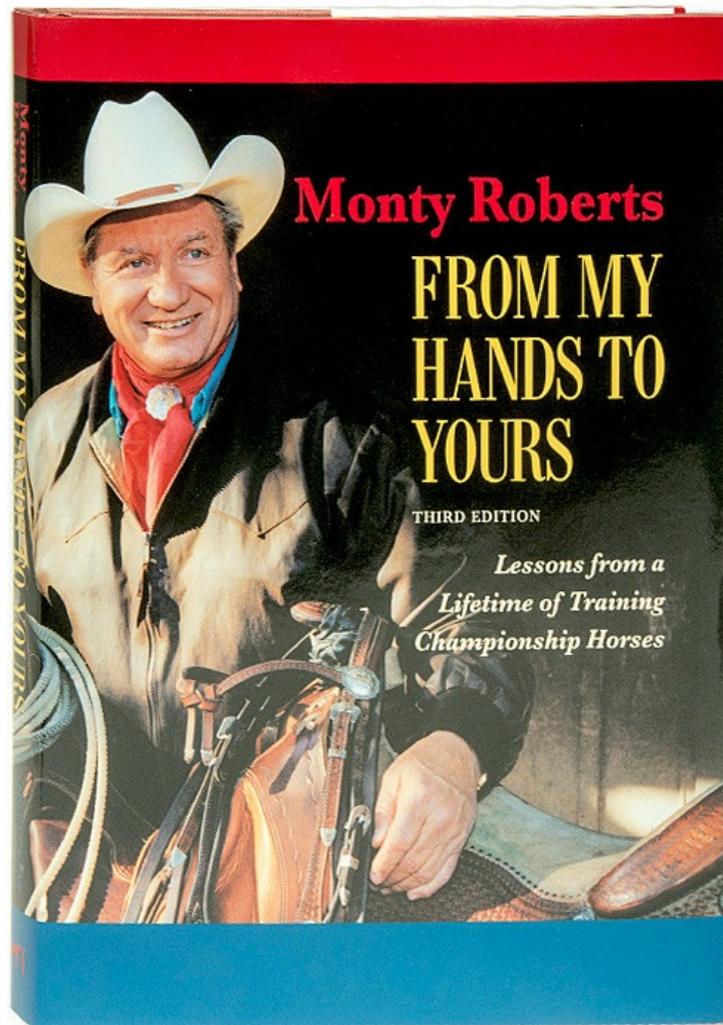
This particular time she loaded well on the journey out but on the return trip she flatly refused to load. She approached the ramp to within about 6ft and stopped, backed up some distance and planted herself with body leaning back and legs bracing forward. The only way to get her to move forward was to put her on a circle and within the circles moving closer to the trailer. When she was within the 6ft distance of the ramp the backing-up scenario started again. Eventually she was willing to at least stand near the ramp so we then had to physically lift each leg forward step by step onto the ramp and into the trailer. This whole episode took 3 of us close to one hour!

The question really is: is she afraid of being transported in the trailer, hence the refusal to load for the return journey, or is she simply being extremely stubborn?? Traveling takes about 20-30mins and she does come off the trailer very slightly damp on her neck but looks totally calm when off loading.

This episode took place on open moorland so any artificial help such as walls or other implements are non-existent. A halter which tightens across the nose when pressure is applied is used but seems to have no effect on her mental determination not to be loaded.

On behalf of all of us, horse, rider and helpers, I thank you for your input into this quandary.

Kindest regards,
Mrs. Verena McConnel



ONLINE REVIEW: FROM MY HANDS TO YOURS

This book is so helpful. It is easy to read and well organized with great illustrations as well. Highly recommend it to any horse lover!

Jane D.
Verified Buyer
11/25/15

HORSEMANSHIP RADIO



Jennifer O'Niell, famous for her role in *The Summer of '42*, starred opposite John Wayne in *Rio Lobo*. She now gives her time and heart to Hope and Healing at Hillenglade™ providing Military Veterans and their families the therapeutic wonder of horses. Maren Luedemann is a mentor, life coach, and 30+ years in horse training. Jamie Jennings reads Ask Monty about horses on roads.

[**EPISODE 80 | LISTEN HERE**](#)

FOR OUR VETERANS AND FIRST RESPONDERS

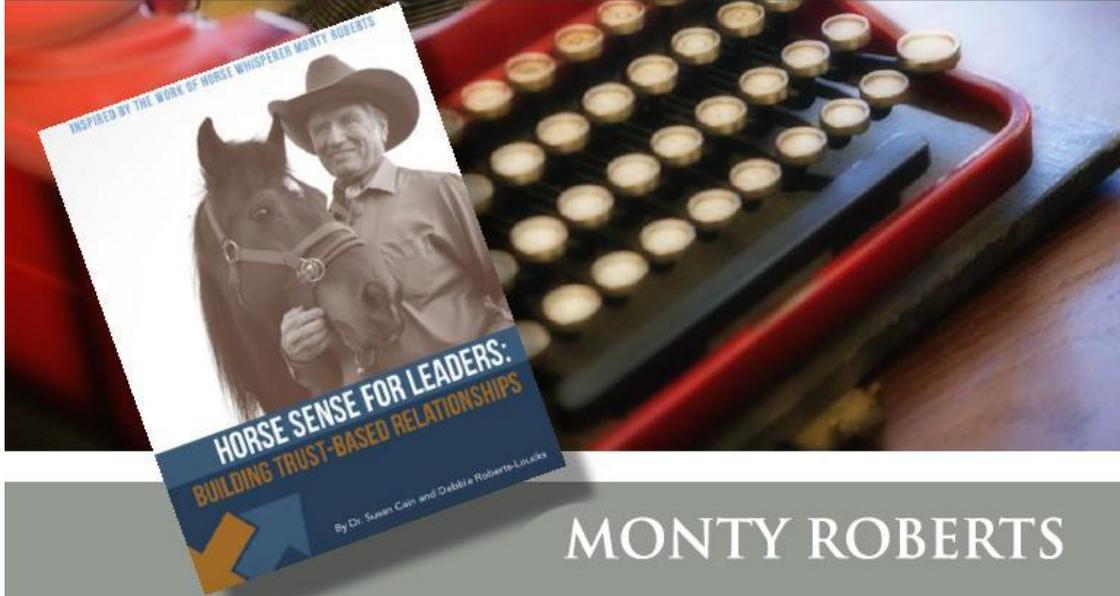


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



*December 9 to 11, 2016: Monty's Horse Sense and Healing. For more information <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, **Horse Sense for Leaders: Building Trust-Based Relationships**, is another great way to support Monty in his efforts. We have a **Paperback Version** and a **Color Version**.

WINNERS AT THE EQUUS FILM FESTIVAL!



Jeanine Moret (left) and Monty Roberts

Best Equestrian Music Video - Mini 2016
People's Choice. Monty Roberts Producer, Jeanine Moret Director
<https://vimeo.com/180806470>

Best Equine Educational Training - Human Susan Cain, EdD, LCSW -
Horse Sense for Leaders: Building Trust-Based Relationships By Dr. Susan
Cain and Debbie Roberts-Loucks, foreword by Monty Roberts <http://tinyurl.com/johxoh6>

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

See all entries here: <http://nebula.wsimg.com/55b6102230313956404cdbc3d11dde9c?AccessKeyId=8D3373E05A6D33D4B706&disposition=0&alloworigin=1>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."

~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



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Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here:

<http://www.montyroberts.com/certified-instructors-page/>



HRTV



Join-Up International | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

