



Wednesday December 7, 2016

Greetings! ,

Don't miss this beautiful documentary about the life of the German Thoroughbred called Lomitas.



Winner at Equus Film Festival this year: Equestrian International Documentary Florian Figge - Lomitas - His Story - Germany 18:24 min / Directed by Florian Figge, featuring Monty Roberts. You can watch it here: https://youtu.be/xW68NBI2K_U

Question

Hi Monty, I have a horse communication question. I had a VHS tape from the eighties where you talk about horse's language. One thing I can't remember is when the horse is standing in cross tie's or in the middle of a riding pen, saddled and starts to yawn and yawn, what are they really saying?

Dave Black

Answer

Dear Dave,

The business of equine communication is not only an infant, it's an embryo. The world has not yet allowed equine communication to be born, let alone be understood. I have jumped into the center of the storm, attempting to translate the silent gestures suggesting what they might mean by each one of these body language efforts. See my textbook, [From My Hands to Yours](#), which includes a dictionary of Equus depicted through photos and illustrations. I am completely willing to encourage the study of this communication as long as possible.

In the world of biological sciences, the yawn is clearly defined as an act of taking in large amounts of air often because of fatigue. There are other thoughts but it appears that our brain needs more oxygen at the point where we involuntarily conduct the yawn. It will usually be accompanied by low adrenaline, low cortisol levels and a slow heart rate. Most people believe that we yawn because we are sleepy.

It is clear to me that horses yawn when their brain needs oxygen. We can take this in several directions because as humans we often yawn during states of boredom. Horses are, by their very nature, hyper-vigilant. I believe that we can justifiably say that the horse that is yawning is a happy horse. Evidence of that will show that an unhappy horse has a higher heart rate and thus is more vigilant.

Sincerely,



MONTY'S EQUUS ONLINE UNIVERSITY
THIS WEEK'S EPISODE





This online video lesson shows how to train your horse to stand still for the farrier. Not a student yet? Click on the buttons below to Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



MONTY'S HOLIDAY SPECIALS!

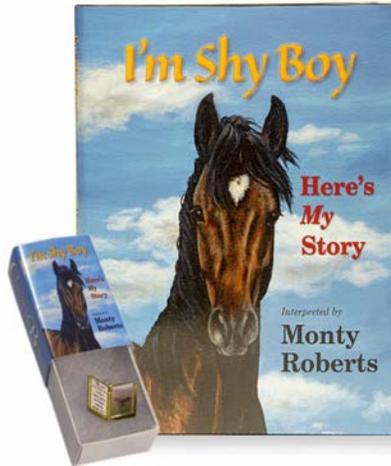
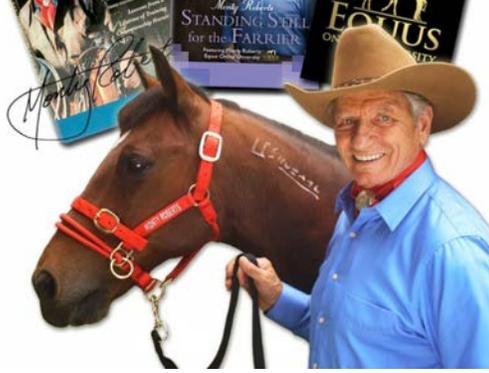
Monty Roberts' NEW packages and a Join-Up Kit cover a range of natural horsemanship subjects fundamental to working with horses. Whether you are just learning to Join-Up with a horse or you want to overcome training and riding challenges and achieve breakthrough results, Monty has your answers. "The Man Who Listens to Horses" has prepared gifts that include his Dually Training Halter and Equus Online videos. New this year are specially packaged charms, each depicting the cover of one of Monty's books (see below).

Go to <https://montyrobertsshop.com/collections/packages> to see all of [Monty's Holiday Specials!](#)

THE JOIN-UP KIT GIFT SET

Monty's Join-Up Kit is in! It has all the tools you need to get started on the journey to Join-Up, including a Dually Halter (your choice of size), Monty's latest DVD "Standing Still for the Farrier," and Monty's autographed textbook, plus a six-month membership to Monty's Equus Online University to keep learning fun and connect with other horse people on their path to force-free training. When you join Monty's Equus Online, you get a new video lesson from Monty each week, plus 24/7 online access to more than 400 archived videos for horse lovers of all levels and disciplines.

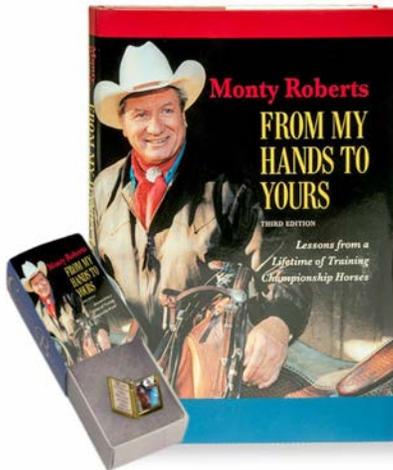




I'M SHY BOY BOOK WITH A CHARM

NEW! Inspired by Monty Roberts' famous American Mustang, Shy Boy's story is immortalized on a matching charm with the image of I'm Shy Boy, the book for horse lovers, young and old. Adopted from the BLM by Monty, Shy Boy helped raise awareness of the treasure this breed is in American history. Monty shares the story of his Join-Up with Shy Boy in the wild and their adventures as they enjoy a special bond.

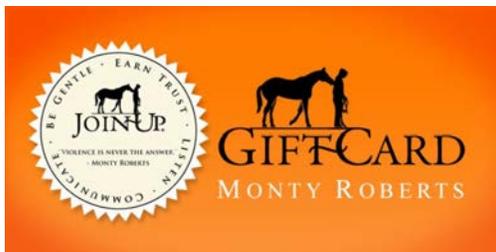
Limited availability.



MONTY'S TEXTBOOK WITH A CHARM

NEW! This is the definitive guide to violence-free horse training and Monty's only textbook, now in its third edition. Recognized globally as the Man Who Listens to Horses and credited with revolutionizing the way in which we partner with and train horses, Monty Roberts is still traveling the globe to share his message that choice over force is a better way to be with horses. The book, with its matching charm of the cover, will be appreciated for the depth of detail and message of gentleness as strength.

Limited availability.



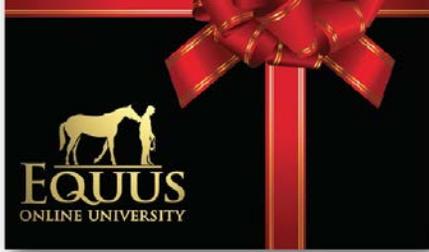
GIFT CARDS

A gift certificate valid to use in Monty Roberts' store is the perfect present for the horse lover in your life. With this promotion, you get a full-priced gift card at a reduced price. With \$45, you receive a gift card for \$50, with \$85 you get a gift card for \$100!

UNI GIFT SUBSCRIPTION



Give the gift of learning this holiday season! A subscription to Monty's Equus Online University makes a great gift: no shipping; no wrapping; and over 400 video lessons accessible online 24/7 on how to train a horse gently and with love. For \$60 for 6 months, you can give



what I learned from horses over my lifetime. Go to:
<https://www.montyrobersoniversity.com/giftpayments/new>

RETURNING SHOPPERS BONUS

Every order to Monty's Online Store will receive in their shipped package a bonus coupon for 15% off their next order through 12/31/2016.

CHECK OUT MONTY'S NEWEST PRODUCTS!

Charms, Belt Buckles, Crystal Cap, and Monty's "Standing Still for the Farrier" DVD.

WHAT ARE HORSE LOVERS SAYING ABOUT MONTY'S PRODUCTS?

"Every time I pick up [From My Hands to Yours](#) to read and study another chapter, I find something to help me teach or approach my horse in a positive way."

Catherine J.

Verified Buyer

01/20/16

"The [Dually Halter](#) was the best tack money can buy. Thank you, Monty, my Dandy Boy follows me now with no hesitation and has overcome so many insecure problems he had."

Maggie W.

Verified Buyer

09/25/16

HOLIDAY SHIPPING CUTOFF DATES

December 16 FEDEX Ground to USA

December 18 FEDEX International Economy

December 20 FEDEX International Priority

December 21 FEDEX 2-Day to USA

FEDEX estimates are based on most locations, but are subject to your local conditions. Please find up to date delivery quotes at: <https://www.fedex.com/ratefinder/home>

November 30 USPS to Africa and Central & South America

December 3 USPS to all APO/FPO/DPO zip code 093

December 6 USPS outside USA (except Africa and Central & South America)

December 8 USPS to all APO/FPO/DPO zip codes (except zip code 093)

December 19 USPS within USA

Items ship from the United States from zip code 93463

UPCOMING EVENTS

Monty is home for this upcoming event.

USA December 9 to 11: Horse Sense & Healing at
Flag Is Up Farms

[FULL SCHEDULE HERE](#)



THE MONTY ROBERTS INTERNATIONAL LEARNING CENTER

November 28 to December 1, 2016 [Join-Up Course](#)

December 2 to 3, 2016 [Long Lining Course](#)

December 9 to 11, 2016 [Horse Sense & Healing](#)

[MORE COURSE INFO HERE](#)

**MONTY'S PRINCIPLES
HORSE SENSE FOR PEOPLE**





Join-Up changed my life! A friend of mine introduced me to Monty's techniques about 12 years ago! Pleased to share this, Misti West



MONTY'S CHALLENGE

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer

your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

NEXT WEEK'S QUESTION

Dear Mr. Roberts,

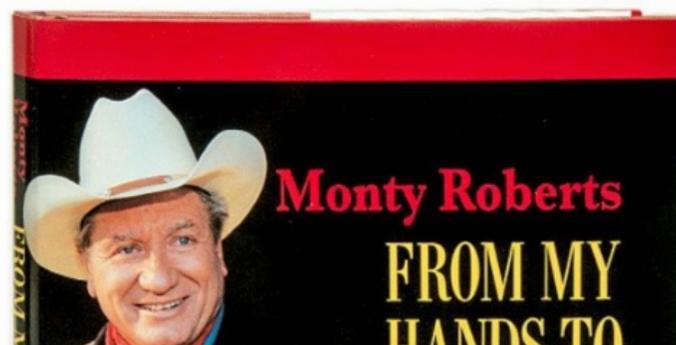
My daughter has recently purchased a five-year-old, very green Arabian

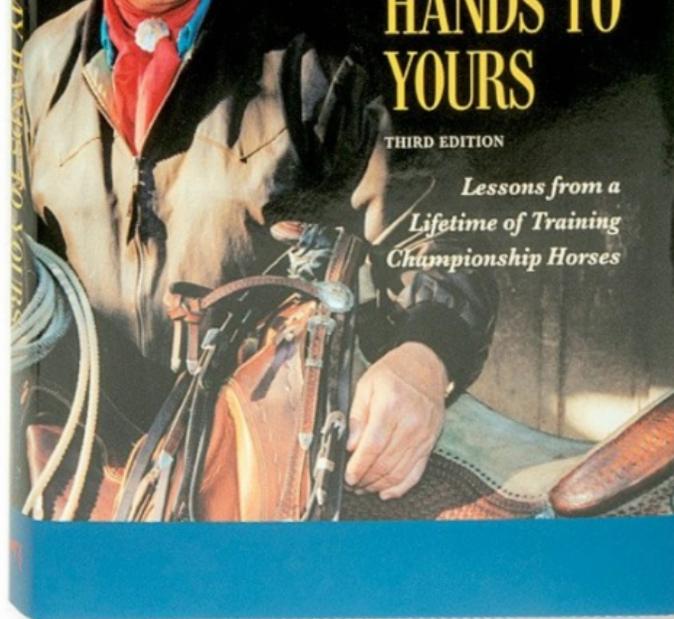
My daughter has recently purchased a five year old, very green Arabian. He follows her around the pasture like a pet and when we try to work him in the round pen he will not lunge. She throws the lunge line to encourage him to move and he stands and looks at it. What are we doing wrong? If myself or my daughter walk in front of him he will follow but I do not think this is "Join-Up" the proper way.

I too grew up on a farm with a father that used to break horses like yours and I always hated the treatment! The ropes, hobbles, twitches etc. I did not know of your method until I was in my late 30's but I always sort of had the same idea as yours just not as refined.

If you have any suggestions on how to get this guy going I would truly appreciate it. I have just started following your blog and your YouTube videos and hopefully I will come across something like we are dealing with now.

Thank you,
Kelly





ONLINE REVIEW: FROM MY HANDS TO YOURS TEXTBOOK

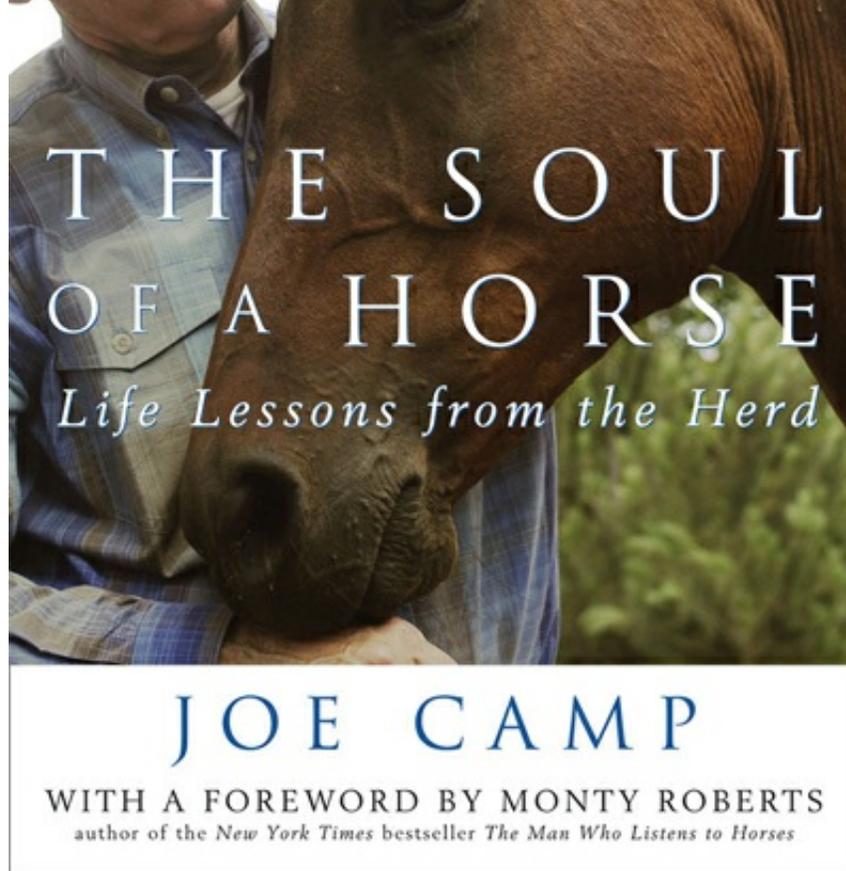
"Every time I pick up this book [[From My Hands to Yours by Monty Roberts](#)] to read and study another chapter, I find something to help me teach or approach my horse in a positive way."

Catherine J.
Verified Buyer
01/20/16

HORSEMANSHIP RADIO

Joe Camp, creator and director of the Benji movies and author of *The Soul of the Horse* talks about how much we can learn from horses. Julie Driver inspires us with the story of how she is bringing Pilates to the equestrian community while keeping her life balanced too. Jamie Jennings reads Monty's answer for a one-sided horse.





[EPISODE 76 | LISTEN HERE](#)



FOR OUR VETERANS AND FIRST RESPONDERS



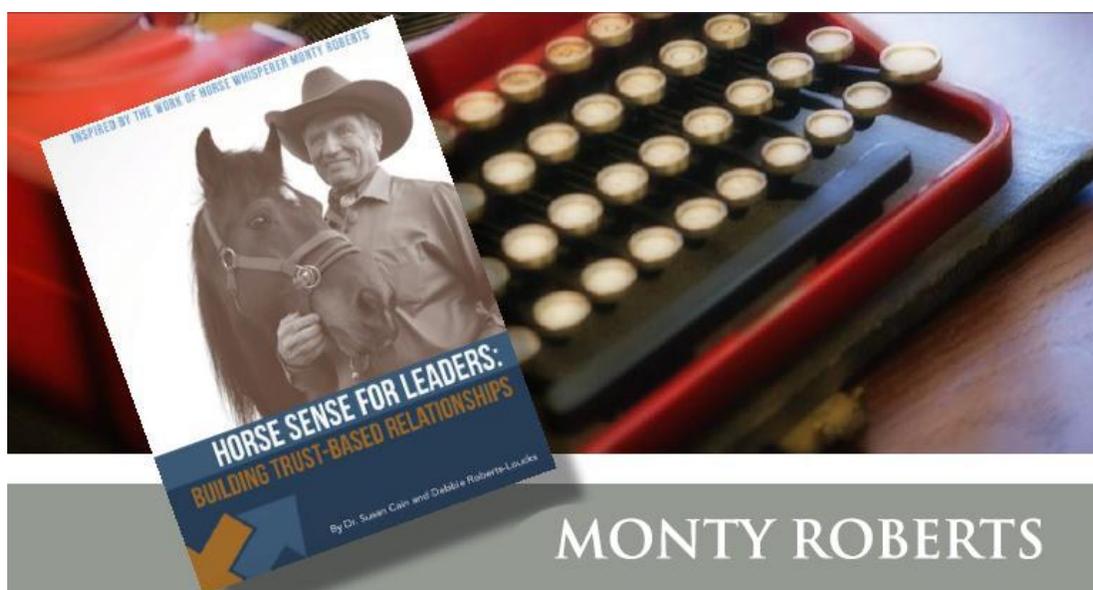


Monty Roberts is running free, resilience-building workshops for veterans, police, fire, first responders and their families. Horse Sense and Healing is a three-day program and it involves working closely with horses. The individuals and horses develop a special bond built upon mutual trust and respect. Join-Up offers everyone an effective tool to rediscover themselves through the eyes of the horse. This self-awareness exercise deals effectively with emotional trauma, anti-social behavior and withdrawal, anger, stress, combat stress and even Post Traumatic Stress Injury (PTSI). [READ MORE](#)



*December 9 to 11, 2016: Monty's Horse Sense and Healing. For more information <http://www.join-up.org/horse-sense-and-healing/>

HORSE SENSE FOR LEADERS



Buying Monty's book, [Horse Sense for Leaders: Building Trust-Based Relationships](#), is another great way to support Monty in his efforts. We have a [Paperback Version](#) and a [Color Version](#).

WINNER AT THE EQUUS FILM FESTIVAL: Best Equine Educational Training - Human Susan Cain, EdD, LCSW - Horse Sense for Leaders: Building Trust-Based Relationships By Dr. Susan Cain and Debbie Roberts-Loucks, foreword by Monty Roberts <http://tinyurl.com/johxoh6>

"Are leaders born or made? Follow the life of New York Times Best Selling Author and Horse Whisperer, Monty Roberts in the book Horse Sense for Leaders. Discover how Monty's life events shape his leadership style. Then, take our Trust Based Leadership Assessment to find out your own leadership style, and how to capitalize on your own unique leadership style."
~ Dr. Susan Cain, Corporate Learning Institute



REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES IN ANTIGUA GUATEMALA

Lead-Up International (Affiliate of Join-Up International) is a program based on workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership.

[READ MORE](#)



FIND A MONTY ROBERTS CERTIFIED INSTRUCTOR

Find [a Monty Roberts Certified Instructor](#) near you. All courses offered by certified instructors give students effective tools to communicate using the horse's own natural language, forming a partnership based on trust and communication rather than dominance. Visit the certified instructor web page here: <http://www.montyroberts.com/certified-instructors-page/>



HRTV



Join-Up International | AskMonty@montyroberts.com | MontyRoberts.com

 Forward to a Friend

