



Wednesday April 13, 2016

Greetings!

MONTY ANSWERS

Question:

Last night a new foal was born. As he is Aguadeiro's son I have named him Aguardente, firewater. He has a dun color with a dark stripe on his spine and Aguadeiro is really taking on the father's role of protecting him, mostly keeping Lucas (gelding) away. How do stallions (he is now a gelding) know a foal is theirs?

With kind regards,
Patricia

Answer:

Dear Patricia,

In the past I have written fairly heavily about urination and defecation. Both are connected to the psychological behavior of a horse. Having studied wild horses in their natural environment, I have concluded that stallions have a system of identifying individuals that live within their family group. It is my opinion that these stallions will take their harem and their offspring to certain water sources and then be sensitive to the smell given off their bodies because of the water they have been drinking

In addition to the water sources, I have watched stallions take the family group to areas where there was a particular bush or plant growing, it is my belief that they are very clever about identifying the scent of their family members by the water and the food most recently present in their diet.

Sincerely,
Monty

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

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Last Week's Q&A

From last week's Ask Monty: Breathing away your anxiety

Diaphragmatic Breathing:
I must say, I experienced great results one time from practicing what I call "Just Breathe".

I was competing in a horse Trail Competition one time. While waiting for my turn to go, my horse was so calm and relaxed, almost asleep if you will.

Then finally, when I was waiting at the starting line, he became so agitated, I thought to myself, what is wrong with you. Then I realized it was me, my gut was rolling with nerves.

Then the next time, I had entered a competition that was well "out of my league." When we were all in the warm up pen, I was so nervous and did not want to try to warm my horse up in front of all of these professionals. So I just practiced my breathing: breathe in, breathe out, etc.

Anyway, when I competed, I was told from a long time riding partner, that was the best performance they had ever seen my horse give.

So I always advise, "Don't forget to breathe, and relax through your seat."

Karen L. Scott

Monty's Principles

Saw Monty on Tour!

It was awesome! I attended with my (not-so-horse-crazy) husband, and even he, with no knowledge about horse training, was amazed. Especially the trailer loading made an impression on him. I just love Join-Up and it moves me every time I see it.

Louise Juul Leth, Denmark

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to:
http://www.montyroberts.com/ab_about_monty_calendar/seemonty/

Monty's Challenge





Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts and https://twitter.com/Monty_Roberts

April 16, 2016	Demonstration with Steph Madaus and Monty Roberts	Germany
April 21, 2016	Zweibrücken Germany Tour	Germany
April 23, 2016	Darmstadt Germany Tour	Germany
April 30, 2016	Ohlstadt Germany Tour	Germany
May 5, 2016	Ebreichsdorf Austria Tour	Austria
May 7, 2016	Stadl-Paura Austria Tour	Austria
May 10, 2016	Hungary Tour: details coming soon	Hungary
May 28-29, 2016	Johannesburg South Africa Tour	South Africa
June 4-5, 2016	Cape Town South Africa Tour	South Africa
July 17-21, 2016	Monty's Special Training (translation in Portuguese)	USA
July 30, 2016	Monty's Night of Inspiration at Flag Is Up Farms	USA
August 1-5, 2016	Monty's Special Training at Flag Is Up Farms	USA
August 22-Sept. 2, 2016	Gentling Wild Horses course at Flag Is Up Farms	USA
September 9, 2016	Horse Sense for Leaders at Flag Is Up Farms in California	USA
September 10-11	Join Pat Roberts for the Wild at Heart Weekend	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Courses with Horses at the Monty Roberts International Learning Center in California:

May 2-5, 2016	Join-Up Course	USA
May 6-7, 2016	Long Lining Course	USA
May 14-15, 2016	Kids' Course	USA
May 21-22, 2016	Horsemanship 101	USA
May 23 to June 3, 2016	Introductory Certification Course	USA
June 4-5, 2016	Kids' Course	USA

HORSEMANSHIP RADIO



This week: Ron Ralls NRCHA Hall of Famer and Monty Roberts International Learning Center's Denise Heinlein and Jenny Ahlroth, Fundamentals Are FUN

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

Your horse language, "Equus," is there for many years now. What is your recipe for success?

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on: <http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results."
~ Monty

See more: <http://montyrobertsshop.com/collections/horse-health>

Monty on HRTV



Please check local TV directories for Monty's time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Horse & Country, UK

NRCHA Hall of Famer and two-times World's Greatest Horseman Ron Ralls talks about his roots as a ranch hand and how he became a world champion. Denise Heinlein and Jenny Ahlroth give us tips on good ground manners. Jamie Jennings Ask Monty Tip: Pinned ears at feeding time?

Listen in...

<http://www.horsemanradio.com/2016/04/01/horsemanradio-episode-61-by-index-fund-advisors-ifa-com-ron-ralls-nrcha-hall-of-famer-mrllcs-denise-heinlein-and-jenny-ahlroth-fundamentals-are-fun/>

The Horseman Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly? If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



Photo Credits

Christopher Dydk

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmgBc>
Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[Click here to read on...a free excerpt]

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES

by Join-Up International in Antigua Guatemala



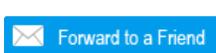


Lead-Up International is a program based around workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. Read more... <http://tinyurl.com/nfex8ub>

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

