



Wednesday March 30, 2016

Greetings!

MONTY ANSWERS

Question:

I have a beautiful Welsh Section D pony. We have been together four years now and it has been some journey. When I bought him I was totally unaware that he was a remedial pony. After many challenges I was told he was dangerous and should be shot. I had some well-meaning but bad advice at first, then I was introduced to your methods and I can't believe what a gentle creature I now have, because he has a voice and we listen, he still has his feisty character which he now demonstrates in a more passive way, so first I have to say a big thank you for teaching us the right way and that it is never too late for us humans to learn to listen to our horses.

The issue we have is when we are out hacking which we sometimes do for a few hours, he may want to urinate and he won't. I can feel he is uncomfortable and he is obviously reluctant to trot or canter, in fact his gait becomes unbalanced. I can imagine him crossing his legs.

I have tried dismounting to allow him to go but he just won't! Can you train a horse to go to urinate when out to alleviate his discomfort and where would I go to get help?

Best wishes
Sonia, Yorkshire UK

Answer:

The short answer to your question is, "Yes, a horse can be trained to urinate on cue." I have seen it to the extreme in Argentina. In that country all of the racehorses urinate on cue and into a container fixed onto the end of a stick. One must create situations where urinating is most likely to occur. The primary circumstance is shortly after exertion or hard work. If one provides the horse with deep litter or sand and then accompanies that with a whistle or other signal, urination should follow.

Repeating this procedure many times will cause the horse to urinate on the signal. One must attempt to have a surface where splashing is not a factor. It takes some time and effort, but it can be done and I have witnessed it.

Sincerely,
Monty

Editor's note: One of our readers, offered the complimentary message below.

Animals who are nervous - especially prey animals-will not announce their presence by urinating and leaving a scent that could be followed by a predator. Also, if you watch horses urinate, they spread their legs wide back and front; and wherever possible, they urinate on an absorbent surface; they hate urinating on concrete. Why? Splashback! If the urine splashes back on them, they are a trail to follow.

Dogs also will not urinate in "public" if they are scared because they have to stop to urinate and may be caught off guard if anything was to 'get them'.

Humans are the same...however, in EXTREME fear, the parasympathetic nervous system can take over and animals and humans can "wet themselves"-we have all seen this and it can be very distressing for those observing it and experiencing it.

Your horse is psychologically uncomfortable, leading to a physical representation of that fear. You have clearly done a fabulous job of moving him past his initial problems but more work is needed to make him feel safe.

All this is of course assuming you have checked for any medical causes :-)

Best wishes,

Vicci Holbrook-Hughes

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Monty's Principles

Join-Up with Cows

I came over from Sweden to see Monty on tour. When I was a young woman I read one of Monty's books and had applied everything I learned from that book with the handling of animals. I thought that Monty might have passed on when I came across his YouTube account, then found out he was touring in the UK and so came over just to see him. Thank you so much for the chat, Monty. The evening was just the success that I hoped for, and even more.

For the last six months, since I found out about Monty's demonstrations, I have looked at clips from previous demos over and over again on my iPad. Also joined [Monty's Uni](#). So I knew what I was doing when I started my long and quite exacting journey.

I found every minute worth while and will carry the memory from 5/3/16 in my heart for the rest of my days.

What I want to say here is what I have written down in Swedish and I am now struggling with a translation, pretty hard I must say. Especially the spelling. It would make my English teacher cry.

Monty, as a person, his work and what he stands for moves my soul and touches my dreams of a better world. His extraordinary ability to create trust in the work both with horses and humans is great and he makes it seem so easy. Truly a genuine honest and good man.

I can't say I am a horse person although I do own one horse. As a child I dreamed about horses but the macho style that surrounded even the girls in my own age, scared me off. Never thought myself to be tough enough to deal with horses.

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

THIS WEEK ON EQUUS ONLINE...



In my life instead I came to be working with dairy cows, as a farmer.

I found also cows to be so misunderstood. With quick and harsh movements from handlers, the cow was not given opportunity to find out much of anything and got a name of being stupid. With slow and gentle handling, right position and body language they do respond to light movements with just the fingertips. Fascinating.

It may seem awkward, but I do recognize a lot of the things Monty says.

Cows are not horses but they also need a friend to trust and they give so much in return.

If there were anything I wanted to do in life it was to see Monty's performance live, and I did it. I can only thank you all. And yes I did get my book signed and a photo taken, the last one that evening. I look very happy.

Sincerely, Eva Karlsson



Monty's Equus Online University lessons continue this week with: MONTY'S TOUR DEMONSTRATIONS: What to Do if Your Horse Goes Backward. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

Monty's Challenge

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts and https://twitter.com/Monty_Roberts

March 21-23, 2016	Monty Roberts Certified Instructors' Meet-Up in England	UK
April 9, 2016	Demonstration in Vilhelmsborg	Denmark
April 16, 2016	Demonstration with Steph Madaus and Monty Roberts	Germany
April 21, 2016	Zweibrücken Germany Tour	Germany
April 23, 2016	Darmstadt Germany Tour	Germany
April 30, 2016	Ohlstadt Germany Tour	Germany
May 5, 2016	Ebreichsdorf Austria Tour	Austria
May 7, 2016	Stadl-Paura Austria Tour	Austria
May 28-29, 2016	Johannesburg South Africa Tour	South Africa
June 4-5, 2016	Cape Town South Africa Tour	South Africa
July 17-21, 2016	Monty's Special Training (translation in Portuguese)	USA
July 30, 2016	Monty's Night of Inspiration at Flag Is Up Farms	USA
August 1-5, 2016	Monty's Special Training at Flag Is Up Farms	USA
August 22-Sept. 2, 2016	Gentling Wild Horses course at Flag Is Up Farms	USA
September 9, 2016	Horse Sense for Leaders at Flag Is Up Farms in California	USA
September 10-11	Join Pat Roberts for the Wild at Heart Weekend	USA



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Courses with Horses at the Monty Roberts International Learning Center in California:

May 2-5, 2016	Join-Up Course	USA
May 6-7, 2016	Long Lining Course	USA
May 14-15, 2016	Kids' Course	USA
May 21-22, 2016	Horsemanship 101	USA
May 23 to June 3, 2016	Introductory Certification Course	USA
June 4-5, 2016	Kids' Course	USA

Next Week's Question:

Dear Mr Roberts,
 I wanted to get in touch to thank you for sharing your wisdom and insights with me and my friend Holly on Saturday night. As I mentioned when we spoke, I am a professional golfer and Holly is my caddy on tour. This is my first year on tour and I am really looking forward to growing and developing my skills in competition. It was incredibly valuable for us both to hear you speak and learn how you approach your craft and your life. Like you, I love what I do and I hope that will help me to enjoy a long and healthy life.

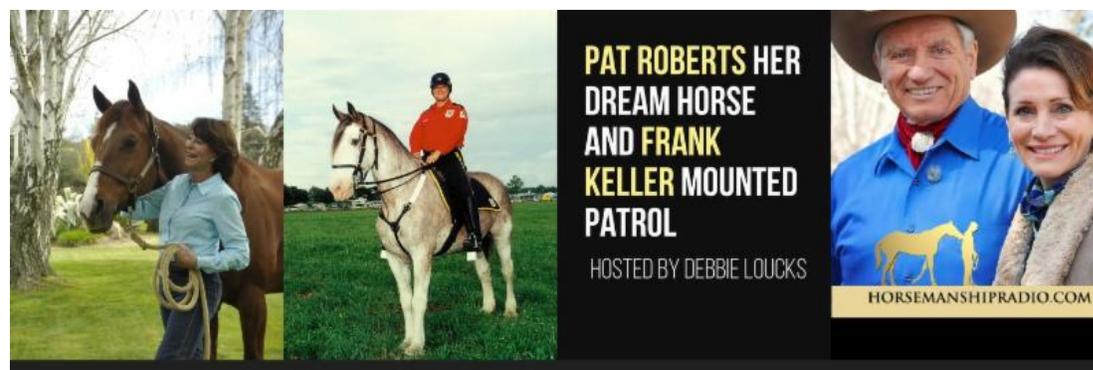
My ambition this year is to earn a full card for the Ladies European Tour next year and following that I aim to play on the LPGA tour in America. I have taken time to look into diaphragmatic breathing as you suggested and have begun to practice based on the tips I have found online. I have a tendency to take too much on in my mind, and often get a lot running through it at once. This can lead to anxiety as my default rather than relaxation. I know I need to work on this as much as I do other aspects of my game.

Do you play golf? If the answer is yes and you would ever like to play a game, it would be my pleasure to organize a game at any course in London. My home is at Wentworth Golf Club and The Centurion Golf Club. It was Neil McLean who was speaking about your work at a golf lunch in Dubai and so I have him to thank also for putting the idea in my head to go to watch you.

Thank you again for sharing your mind with me, I am truly inspired.

Kindest regards,
 Iona Stephen

HORSEMANSHIP RADIO



This week: Dream Horse Dream Job: Pat Roberts on Willing Partners, Frank Keller is Hiring!

Have you ever dreamed of riding your horse, listening to music AND getting paid for it? Maybe your next career could be at a music festival. No weekend warriors need apply to Frank Keller of Alpha and Omega Mounted Patrol. Pat Roberts shares how she chooses Willing Partners™ horses. Jamie Jennings Ask Monty Tip: Would you do Join-Up with every horse?

Horsemanship Radio Episode 60 by Index Fund Advisors IFA.com

Listen in...

<http://www.horsemanshipradio.com/2016/03/15/horsemanship-radio-episode-60-by-index-fund-advisors-ifa-com-dream-horse-dream-job-pat-roberts-on-willing-partners-frank-keller-is-hiring/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
 - Monty Roberts.

Read more on:
<http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more:
<http://montyroberts.com/collections/horse-health>

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>



HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmqBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES

by Join-Up International in Antigua Guatemala



[learn](#)

Monty on HRTV

HRTV®

Please check local TV directories for Monty's time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

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<http://www.montyroberts.com/category/montys-question-and-answer-space/>



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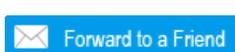


Lead-Up International is a program based around workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. Read more... <http://tinyurl.com/nfex8ub>

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

