



ASK MONTY

Wednesday February 24, 2016

Greetings!

MONTY ANSWERS

Question:
Since a very young age I always had a passion for horses, but being a bit of a wild child never took the time to develop this area or in fact to think about others. After a 30-year break from riding, I took it up again about three years ago. I am now 63 years of age and over the past 25 years have managed to turn my life around. Being recently retired I would like to know if it is too late to train in behavioral problems for both equine and humans.

Answer:
It is my firm belief that learning never stops. I further believe that until our last breath, we are able to help others if we're on a correct path. If I had stopped my work at 63 years of age I would have eliminated everything I have accomplished in the last 17 years. I can honestly say that if that were the case, it would have involved a huge percentage of everything that I have demonstrated to the world.

Sincerely,
Monty

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

IN THIS ISSUE

- [Monty Answers](#)
- [Equus Online Uni](#)
- [Monty's Calendar](#)
- [Monty on the Radio](#)
- [Horse Sense for Leaders](#)
- [Lead-Up International](#)
- [Spread the Word](#)
- [Monty's Principles](#)
- [Monty's Challenge](#)
- [Monty on TV](#)
- [Get the E-news Each Week](#)

Monty's Principles

An Accidental Join-Up

Wow, so thrilled for the follow back Monty. Thank you so much. I love what you do for the horses. I've only ever tried join up once in a field with no round pen, although the horse volunteered this himself. He ran away from me so I followed him, turned the other way and he followed back. Even followed me round the field. I was trying to catch him. Think he was about 17 hands Appaloosa cross. Only thing he did when I clipped the lead rope on him he squealed but think that was just in play as his ears were forward. That's the first time I had done join up but wasn't intended. He must've been hard to catch because everyone was asking how did I catch him as I was only 4 foot 8" tall. My wish is to come and see you live one day though. Are you touring anywhere near Newcastle or Northumberland please? Thank you. Best wishes.
SarahB

Monty's Challenge



TRAINING WILD SPOOKY MUSTANGS LESSON 10: RUBBING AWAY THE FEAR



Monty's Equus Online University lessons continue this week with: TRAINING WILD SPOOKY MUSTANGS: Rubbing away the Fear. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts and https://twitter.com/Monty_Roberts

March 5, 2016	English Tour date Hadlow College , Kent	UK
March 11, 2016	English Tour date South View EC , Cheshire East	UK
March 19, 2016	English Tour date Kingston Maurward College with Martin Clunes , Dorset	UK
March 21-23, 2016	Monty Roberts Certified Instructors' Meet-Up in England	UK
April 9, 2016	Demonstration in Vilhelmsborg	Denmark
April 21, 2016	Zweibrücken Germany Tour	Germany
April 23, 2016	Darmstadt Germany Tour	Germany
April 30, 2016	Ohlstadt Germany Tour	Germany
May 5, 2016	Ebreichsdorf Austria Tour	Austria
May 7, 2016	Stadl-Paura Austria Tour	Austria
May 28-29, 2016	Johannesburg South Africa Tour	South Africa
June 4-5, 2016	Cape Town South Africa Tour	South Africa
July 17-21, 2016	Monty's Special Training (translation in Portuguese)	USA
August 1-5, 2016	Monty's Special Training at Flag Is Up Farms	USA
August 22-Sept. 2, 2016	Gentling Wild Horses course at Flag Is Up Farms	USA
TBD	Join Pat Roberts for the Wild at Heart Weekend	USA
TBD	Horse Sense for Leaders at Flag Is Up Farms in California	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Next Week's Question:

Dear Monty,
I have a dream to rescue and rehabilitate mustangs, using your methods, and let them live out their lives on a semi wild sanctuary. I'd want to join up with each one so it would be trusting enough to receive care when needed, but I'd only need to train a few as riding horses. Do you think if the trained horses were handled and ridden often, would it be okay to let them run with the others when turned out? I'd hate to keep just a few separated while the rest get to roam and play together. I thought if they were handled and ridden regularly, and the herd was gentled (just not trained riding horses, as I wouldn't be able to keep all of them well ridden) the trained ones wouldn't go wild, but I'd like to know your opinion. Thank you so much. You are my horsemanship mentor!
With love,
Astrid

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance

HORSEMANSHIP RADIO

This week:
Dr. Karen Hanks helps horses find perfect form and Helena B takes a chance on Equus

In high demand, Dr. Karen Hanks is called upon to keep world class athletes in good health and form. Stable Scoop Co-Host Helena B was skeptical whether she would achieve Join-Up with her horse Brody. Tip from Monty Roberts for the spooky horse.

Horsemanship Radio Episode 58 by Index Fund Advisors IFA.com

Listen in...

<http://www.horsemanshipradio.com/2016/02/15/horsemanship-radio-episode-58-by-index-fund-advisors-ifa-com-dr-karen-hanks-helps-horses-and-helena-b-takes-a-chance-on-equus/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>



SAVE 10%



horses for many years now, with tremendous results." ~ Monty

See more:

<http://montyrobertsshop.com/collections/horse-health>

Monty on HRTV



Please check local TV directories for Monty's time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-

[1&keywords=Horse+Sense+for+Leaders](#)

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psl>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



Photo Credits

Christopher Dydyk

REDUCING VIOLENCE THROUGH WORKSHOPS WITH HORSES

by Join-Up International in Antigua Guatemala



Lead-Up International is a program based around workshops with horses in which youth at risk are introduced to calm and humane ways of interacting with horses. Participants discover non-violence for themselves and develop a new sense of peaceful leadership. Read more... <http://tinyurl.com/nfex8ub>

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

