



**Wednesday December 9, 2015**

**Greetings!**



Who doesn't want to be a horse whisperer? A last-minute gift can still be meaningful even if you're not sure what to choose.

- Night of Inspiration tickets to watch Monty demonstrate and then dine with Monty and Pat in their home January 9 [http://www.montyroberts.com/wp-content/uploads/2010/03/NOI\\_January9\\_Web.p](http://www.montyroberts.com/wp-content/uploads/2010/03/NOI_January9_Web.p)
- Make 2016 the year you come take a course at Monty's school <http://www.join-up.org/courses>
- And gift cards are the perfect present for horse lovers who have a great relationship with horses and want to understand them as deeply as Monty does: <http://montyrobertsshop.com/collections/gift-cards>

A FREE Join-Up DVD video in English (you don't even need to ask or put it on your shopping cart!) with orders now through December 31, 2015. And all orders shipped within the United States over \$75.00 will SHIP FREE.

## MONTY ANSWERS

**Question:**

What is the one thing you would like to change about humanity and be remembered for?  
Adrian Cawdery

**Answer:**

Dear Adrian,  
Humanity needs so much changing. How could you ask me to define the one thing that humanity should change. It is hard for me to calculate the number of changes that I would like to see made. But when pondering your question, they all fall into the category of non-violence. We humans tend to believe we can fix anything by over-powering it, when in fact nothing could be further from the truth.

Sincerely,  
Monty

## THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY



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## Holiday Shipping



For the holiday season we added more shipping options to [Monty's shop](#).

Please use the guidelines below if you'd like your order to arrive before December 25.

Military addresses, please order by December 10

International Priority Mail, order by December 11

United States Priority, order by December 20

\* International First Class or any order going to Australia, order cutoff date was December 8

If you need more specific information please call our offices at +1-805-688-6288

## Monty's Principles

### Moments We Will Never Forget

Just thought you'd enjoy this.

I work with teen boys who are risk and live in group foster care homes. I have been doing this now for five years. It takes place at the stables across the street from where I live with my "senior" horses.

The owner of the stables who allows me to do this



**DRESSAGE WITH JAN EBELING  
PART 4: INTERVIEW WITH MONTY**

Monty's Equus Online University lessons continue today with This Week DRESSAGE WITH JAN EBELING Part 4: Special interview with Monty. [Watch the video now!](#)



**Not a student yet? Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)** and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

work is the CEO of the Fresno, CA animal shelter. I understand you have association with her, Linda Van Kirk: Taking some of the shelter's confiscated abused and "feral" horses to train at your "academy".

I recently reconnected with your work through a taped "Back Stage Pass" segment with the Icelandic horse. I was especially interested as I work with two unusual fjords, and recently encountered an abused donkey. I was gratified to see the Join-Up work so quickly with the little horse. That is what I have encountered with the horses I have. I also have a mustang, my only mare, who has a history of abuse and can be difficult at times; but is such a valuable teacher to these boys I work with.

Of the twenty four boys I work with each season (spring/fall) at least half have personal history of abuse and almost all have a history of violence. But, as soon as I teach them about Join-Up herd behaviors in the wild, etc. They are captivated by the topic.

The sudden change in the young men's demeanor, their willingness to trust my guidance, their sudden change in interest in doing this work with horses; never ceases to amaze me. Making so many moments that I will never forget. Just as you said about some horses out of many, that you will always remember.

Have totally enjoyed sharing your stories of Shy Boy etc. with these boys all these years. Will keep tuning in to your programs.

Thanks for all your years of education!  
Sincerely yours,  
JoAnn Heffington

**GLOBE GALLOPING WITH MONTY ROBERTS**

Follow Monty, go to: [www.facebook.com/MontyRoberts](https://www.facebook.com/MontyRoberts) and [https://twitter.com/Monty\\_Roberts](https://twitter.com/Monty_Roberts)

January 9, 2016	<u>Night of Inspiration</u> : Fun, food and conversations with Monty and Pat Roberts	USA
March 5, 2016	English Tour date <u>Hadlow College</u> , Kent	UK
March 11, 2016	English Tour date <u>Reaseheath College</u> , Cheshire East	UK
March 19, 2016	English Tour date <u>Kingston Maurward College with Martin Clunes</u> , Dorset	UK
March 19 to 20, 2016	Join Pat Roberts for the <u>Wild at Heart Weekend</u>	USA
March 21, 2016	<u>Horse Sense for Leaders</u> at Flag Is Up Farms in California	USA
March 21 to 23, 2016	Monty Roberts Certified Instructors' Meet-Up in England	UK
April 9, 2016	<u>Demonstration</u> in Vilhelmsborg	Denmark
May 23 to June 3, 2016	<u>Gentling Wild Horses</u> course at Flag Is Up Farms	USA
July 17 to 21, 2016	<u>Monty's Special Training</u> (translation in Portuguese)	USA
August 1 to 5, 2016	<u>Monty's Special Training</u> at Flag Is Up Farms	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

**From Our Readers:**

Hallo Monty  
First I like to say, thank you for your mail every week. Second I'm looking forward to seeing you heir in Denmark in April 2016. It's the second time I see your clinic and I am loving it! Third I wish you and your family a Merry Christmas and a happy new year.  
From Sanne Colstrup,  
Aabenraa, Denmark

**Monty's Challenge**



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

**Coming December 15: Triple Crown Trainer Bob Baffert about American Pharoah, Triple Crown and Grand Slam winner 2015**

## Dr. Kris Hiney, Equine Nutritionist and Keith Dane on Safe Alternatives for Gaited Horse Events

Keith Dane shares his work protecting horses for more than 25 years. Plus, Dr. Kris Hiney believes the best environments for horses are those that most closely mimic their natural state and the trainer's tip from Carl Bledsoe.

Horsemanship Radio Episode 53 by Index Fund Advisors IFA.com

### Listen in...

<http://www.horsemanshipradio.com/2015/11/27/horsemanship-radio-episode-53-by-index-fund-advisors-ifa-com-dr-kris-hiney-equine-nutritionist-and-keith-dane-on-safe-alternatives-for-gaited-horse-events/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

**SEE YOUR HORSE  
"SHINE" FROM THE  
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**EQUUS  
ONLINE UNIVERSITY**

## HORSE MASSAGE FOR HORSE OWNERS

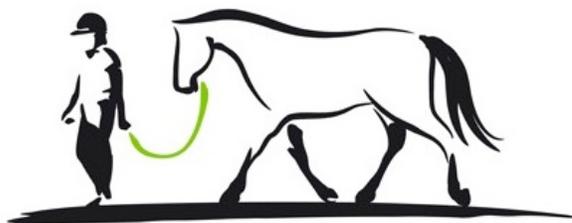
### Help Keep Your Horse Sound with Sue Brown, England

"I just want to know that he's comfortable" is probably one of the most common answers I get when I ask people what they are struggling with in relation to their horse. As a Chartered Veterinary Physiotherapist, it's part of my job to help with this, but there is a lot that owners can do for themselves.

Here are three top tips:

1. Walk your horse in hand for a few minutes before and after exercise. Getting straight on from the stable is a bit like putting a heavy backpack on as soon as you get out of bed!
2. Do 'apple on a stick' stretches on a daily basis. Losing flexibility is one of the key contributors to loss of performance, particularly through the neck and spine.
3. Groom or massage your horse thoroughly on at least a weekly basis. By this I mean spending 30 minutes to 1 hour grooming or massaging, as opposed to brushing him so he's clean. In the 'olden days', grooms would rub the horses for at least 45 minutes a day, which would have dramatically improved the horse's comfort levels.

You can learn to massage your own horses easily and effortlessly with my book and DVD 'Horse Massage for Horse Owners'. I'm giving away a book and DVD package to one lucky winner from this newsletter - simply email [sue@thehorsephysio.co.uk](mailto:sue@thehorsephysio.co.uk) to enter, putting 'Monty massage entry' in the subject line. One entry per person, closing date December 10, 2015.



[www.thehorsephysio.co.uk](http://www.thehorsephysio.co.uk)

~ Monty

### Next Week's Question:

I expect you have become a very good judge of character over the years. Horse owners can be tricky I think! I have seen you at Myerscough five times and I wonder if you assess the human person before taking their horse into the training session?

Lynne Freeman

## GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## Monty on HRTV



Please check local TV directories for Monty's time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media

## HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First  
Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr\\_1\\_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

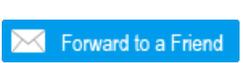
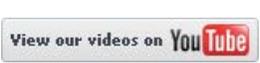
If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk



Sincerely,  
**Monty Roberts**

