



Wednesday December 2, 2015

Greetings!

You won't find items like whips, or anything to cause pain at www.MontyRobertsShop.com. Selling those items goes against our core beliefs and doesn't develop a willing partner. The patented [Dually Halter](#) was created so everyone could use it. You can literally watch your horse relax and realize what you are asking him to do. Transform your relationship with your horse. Orders placed from November 27 through December 31, 2015 will include a FREE Join-Up DVD video in English. You don't even need to ask or put it on your shopping cart! And all orders over \$75.00 shipped within the United States will SHIP FREE. Go to the shop at: <http://montyrobertsshop.com/>



IN THIS ISSUE

- [Monty Answers](#)
- [Equus Online Uni](#)
- [Monty's Calendar](#)
- [Horse Massage](#)
- [Monty on the Radio](#)
- [Horse Sense for Leaders](#)
- [Spread the Word](#)
- [Monty's Principles](#)
- [Monty's Challenge](#)
- [Monty on TV](#)
- [Get the E-news Each Week](#)

Holiday Shipping



For the holiday season we added more shipping options to [Monty's shop](#).

Please use the guidelines below if you'd like your order to arrive before December 25.

International First Class or any order going to Australia, please order by December 8

Military addresses, please order by December 10

International Priority Mail, order by December 11

United States Priority, order by December 20

If you need more specific information please call our offices at +1-805-688-6288

MONTY ANSWERS

Question:

Dear Monty,
Knowing the difficulties you had in your childhood, if you could visit the young boy or young man you once were, what would you say to him now you've had 80 years' experience of life?
Helen Palmer

Answer:

Most people who follow my work know of Sister Agnes Patricia. She was a primary school teacher of mine. Each of the pieces of advice she gave me would be incorporated into this answer. They came to me seventy years ago, and they are as true today as they were then. They have formed the body of my concepts and she is the reason that I entered the world of non-violent horsemanship.

If I had the opportunity, I would tell my younger self to listen carefully to those who love and advise you with care and consideration for the future. I wanted to be violent with my father, and she reminded me that he deserved it, but that I would be doing the same to him that he was doing to me. I would tell my younger self that violence is never the answer. It's for the violator and not for the victim.

Sincerely,
Monty

Monty's Principles

Words of Gratitude

I am so glad Monty educates people on not only how to train a horse without cruelty but to love and understand all living creatures. This man is, and always will be, a great legend for humanity. I hope his message gets to as many people as possible.

Mark Neuer

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

THIS WEEK ON EQUUS ONLINE...



DRESSAGE WITH JAN EBELING PART 3: HARMONY AND THE PIROUETTE



Monty's Equus Online University lessons continue today with This Week DRESSAGE WITH JAN EBELING Part 3: Harmony and the Pirouette. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

What is the one thing you would like to change about humanity and be remembered for?
Adrian Cawdery

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts and https://twitter.com/Monty_Roberts

January 9, 2016	<u>Night of Inspiration</u> : Fun, Food and Conversations with Monty and Pat Roberts in USA Solvang, California	
March 5, 2016	English Tour date <u>Hadlow College</u> , Kent	UK
March 11, 2016	English Tour date <u>Reaseheath College</u> , Cheshire East	UK
March 19, 2016	English Tour date <u>Kingston Maurward College with Martin Clunes</u> , Dorset	UK
March 19 to 20, 2016	Join Pat Roberts for the <u>Wild at Heart Weekend</u>	USA
March 21, 2016	<u>Horse Sense for Leaders</u> at Flag Is Up Farms in California	USA
March 21 to 23, 2016	Monty Roberts Certified Instructors' Meet-Up in England	UK
April 9, 2016	<u>Demonstration</u> in Vilhelmsborg	Denmark
May 23 to June 3, 2016	<u>Gentling Wild Horses</u> course at Flag Is Up Farms	USA
July 17 to 21, 2016	<u>Monty's Special Training</u> (translation in Portuguese)	USA
August 1 to 5, 2016	<u>Monty's Special Training</u> at Flag Is Up Farms	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here: <http://www.join-up.org/donation-fags.html>

HORSE MASSAGE FOR HORSE OWNERS

Help Keep Your Horse Sound with Sue Brown, England

"I just want to know that he's comfortable" is probably one of the most common answers I get when I ask people what they are struggling with in relation to their horse. As a Chartered Veterinary Physiotherapist, it's part of my job to help with this, but there is a lot that owners can do for themselves.

Here are three top tips:

Monty on HRTV



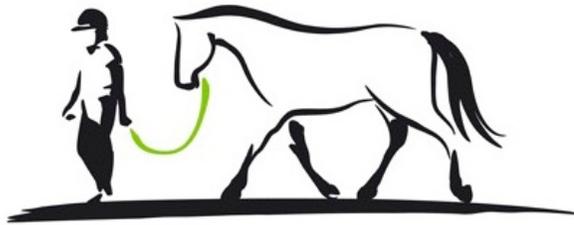
Please check local TV directories for Monty's time and channel or the HRTV website where times are in Eastern Standard Time:

1. Walk your horse in hand for a few minutes before and after exercise. Getting straight on from the stable is a bit like putting a heavy backpack on as soon as you get out of bed!

2. Do 'apple on a stick' stretches on a daily basis. Losing flexibility is one of the key contributors to loss of performance, particularly through the neck and spine.

3. Groom or massage your horse thoroughly on at least a weekly basis. By this I mean spending 30 minutes to 1 hour grooming or massaging, as opposed to brushing him so he's clean. In the 'olden days', grooms would rub the horses for at least 45 minutes a day, which would have dramatically improved the horse's comfort levels.

You can learn to massage your own horses easily and effortlessly with my book and DVD 'Horse Massage for Horse Owners'. I'm giving away a book and DVD package to one lucky winner from this newsletter - simply email sue@thehorsephysio.co.uk to enter, putting 'Monty massage entry' in the subject line. One entry per person, closing date December 10, 2015.



www.thehorsephysio.co.uk

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountrytv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

HORSEMANSHIP RADIO

Dr. Kris Hiney, Equine Nutritionist and Keith Dane on Safe Alternatives for Gaited Horse Events

Keith Dane shares his work protecting horses for more than 25 years. Plus, Dr. Kris Hiney believes the best environments for horses are those that most closely mimic their natural state and the trainer's tip from Carl Bledsoe.

Horsemanship Radio Episode 53 by Index Fund Advisors IFA.com

Listen in...

<http://www.horsemanshipradio.com/2015/11/27/horsemanship-radio-episode-53-by-index-fund-advisors-ifa-com-dr-kris-hiney-equine-nutritionist-and-keith-dane-on-safe-alternatives-for-gaited-horse-events/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

SPECIAL PREVIEW FOR DECEMBER 15, 2015: Don't miss the interview with Bob Baffert who trained four Kentucky Derby winners, six Preakness Stakes winners, and two each Belmont Stakes and Kentucky Oaks winners. This year, Bob and American Pharoah won the 141st Kentucky Derby, bringing his total number of victories in the Derby to four. American Pharoah is one of the leading contenders for Sports Illustrated's 2015 Sportsman of the Year because there was no other display of sportsmanship in 2015 that came close to what owner Ahmed Zayat and Bob Baffert did with American Pharoah.



SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more <http://www.montyroberts.com/shop/horse-health-care-products/>

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on: <http://www.montyroberts.com/corigem/>

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features

Enjoy the First Excerpt Now.

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmgBc>
Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



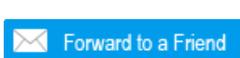
Photo Credits

Christopher Dydyk

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

