



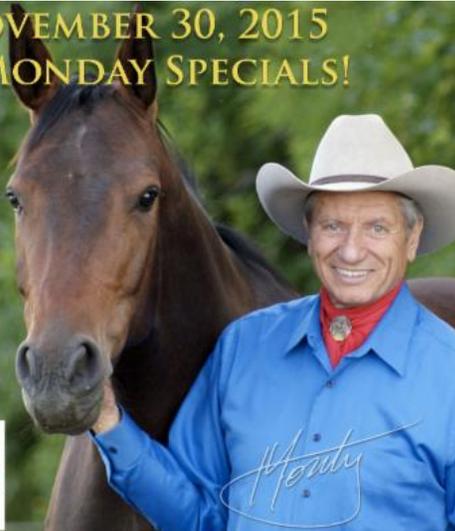
# ASK MONTY

Wednesday November 25, 2015

## Greetings!

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**Horse Radio Network**  
*The leader in entertaining equine online radio!*

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## Monty's Principles

### Meeting the Horse's Needs

Dear Monty  
I liked your answer very much. Very clear and encouraging.

A little thing to tell you. Yesterday walking my horse Lakawella through the forest, having done about 3/4 of our ride - slow motion because a little up hill, dry branches, slippery ground and after that water puddles he does not specially like - suddenly he put up speed. I wondered why. Coming out from the forest I understood. The weather had changed, it had started becoming windy. He had realized it in the forest!

Another thing. Some days before during our ride he started to scratch himself a couple of times, near the right leg, repeating it coming home to the stable. Wanting to help him I worked a little more there with the currycomb. Then Tania arrived to visit her horse. I told her about L's scratching himself indicting the area.

She quietly put her hand inside his armpit starting scratching him there. ( and finding in fact the remains of some dry scab there).

AND I saw L. slightly turn his head towards her and I heard him whisper. " Thank you Tania, Helle wanted to help me, but she didn't know where it was needed. You do!"

With love to you all,  
Helle

## MONTY ANSWERS

**Question:**  
Dear Monty, I adopted a mustang filly from the BLM in May. She is between two and three years old and was born on the facility in Palomino Valley, Nevada. She is in good health and a very gentle, kind horse. I have halter trained her, lunge her, pick up her feet, tie her, can catch her easily and pony her off the other horses for a mile or two once or twice a week. She is a delight. BUT, about a month after coming to us she started pacing up and down the fence, always to the north (which is the direction she came from) for about 60 feet, then turn and go the other way.

Before I adopted her, I watched her on three different occasions for a couple of hours each time. She was busy then too, but I didn't think of it as pacing. She was in a pen with maybe 100 other fillies (all about the same age). She would roam around that pen visiting different bunches of horses, play with the gates and just check things out, but didn't stay still for long.

We have two other horses, a mare and a gelding. They have bonded with her, but she is on the bottom of the pecking order. The others don't hurt her, but do let her know when they want her to back off. They have separate pens, but are allowed several hours together after they have eaten. The pens are plenty spacious for them to run and I have an arena and some large pastures which she has been turned out in, but goes right back to pacing if she doesn't have anything to do. I have given her toys, but she ignores them. If I go to her, she will stop and happily do anything I ask, then goes back to pacing.

The vet thinks it's behavioral. I have not experienced this before and am wondering:

1. If there is some kind of problem
2. If there is anything more I can do
3. If this will go away

Do you have some ideas for me?  
Thank you,  
Sue  
Coleville, CA

**Answer:**  
There is a problem, and that is all horses tend to be bored at times, and will often express that by pacing to and fro. The racetracks and equestrian facilities of the world are full of horses which 'boxwalk', pace or weave. These are considered stable vices and are not uncommon. You are dealing with a natural tendency with the horse in question. It is doubtful that there is any physical problem.

## Monty's Challenge



My experience over the decades is that a horse like this needs more in the way of a herd. It is not always convenient to create a herd, one must realize that her nature is to wander over thousands of acres with a family group of many. I have made use of animals other than horses to help me create company for the behavioral pattern that you describe in your question. I have found them to be very effective.

Goats, sheep, dogs, even a cat have helped and would you believe that in one case I had a horse fall in love with a parrot. This made it easy for this particular talented gelding to travel on an airplane, while before his parrot friend, he was banned from flying due to his volatile behavior in the tiny enclosures that are the normal method of transportation while in the air. It is dangerous and they simply denied the horse the right to fly.

This particular horse happened to have a parrot that lived in a cage right outside his stable. I was called in to assist with this dilemma as the horse had extreme earning power if he could be flown to racetracks all over America and Canada as well. I noticed that he relaxed and loved being near his parrot. It was considered ridiculous in the early going, but people ultimately agreed that it was the answer to the problem.

My recommendation is that you first introduce a goat, sheep or other animal to your horse, where the small animal can be safe but in close proximity to your horse. Within a few days, the small animal can probably live right in the stable with the horse. Nature has fortunately set it up so that these smaller animals eventually fall in love with the horse, so they will tend to stay together even in the field. It is often successful.

Sincerely,  
Monty



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at:  
[askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

## THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Dear Monty,  
Knowing the difficulties you had in your childhood, if you could visit the young boy/young man you once were, what would you say to him now you've had 80 years' experience of life?!

Helen Palmer



Monty's Equus Online University lessons continue today with DRESSAGE WITH JAN EBELING Part 2: Transitions and the Open Center. [Watch the video now!](#)

GO STRAIGHT  
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## Monty on HRTV



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[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

<http://www.horseandcountrytv.com/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: [www.facebook.com/MontyRoberts](https://www.facebook.com/MontyRoberts) and [https://twitter.com/Monty\\_Roberts](https://twitter.com/Monty_Roberts)

January 9, 2016	<u>Night of Inspiration</u> : Fun, Food and Conversations with Monty and Pat Roberts in Solvang, California	USA
March 19 to 20, 2016	Join Pat Roberts for the <u>Wild at Heart Weekend</u>	USA
March 21, 2016	<u>Horse Sense for Leaders</u> at Flag Is Up Farms in California	USA
March 21 to 23, 2016	Monty Roberts Certified Instructors' Meet-Up in England	UK
April 9, 2016	<u>Demonstration</u> in Vilhelmsborg	Denmark
May 23 to June 3, 2016	<u>Gentling Wild Horses</u> course at Flag Is Up Farms	USA
July 17 to 21, 2016	<u>Monty's Special Training</u> (translation in Portuguese)	USA
August 1 to 5, 2016	<u>Monty's Special Training</u> at Flag Is Up Farms	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## HORSEMANSHIP RADIO

**Monty and Debbie at Buckingham Palace and Jean Abernethy with The Essential Fergus**



Monty Roberts introduces a two-year-old filly to her first saddle in front of two royals and Debbie is there to share the moment. Author Jean Abernethy writes her first book about the hilarious Fergus the Horse. Carole Herder of Cavallo Hoof Boots and Saddle Pads offers a horsemanship tip.

Horsemanship Radio Episode 52 by Index Fund Advisors IFA.com

**Listen in...**

<http://www.horsemanshipradio.com/2015/11/15/horsemanship-radio-episode-52-by-index-fund-advisors-ifa-com-monty-and-debbie-at-buckingham-palace-and-jean-abernathy-with-the-essential-fergus/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](https://www.facebook.com/theruralchannel)

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at

Interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>



AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

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If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr\\_1\\_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keyw=Horse+Sense+for+Leaders)

[1&keyw=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keyw=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmgBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

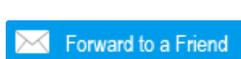
Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

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Sincerely,  
**Monty Roberts**

