



Wednesday October 14, 2015

Greetings!

Join-Up is a conversation. How often should you do Join-Up with your horse? Find out in Monty's question and answer column below.

MONTY ANSWERS

Question:

Mr. Roberts, I feel I know the answer already but want to hear it from the horse whisperer's mouth. I have been using your Join-Up methods with jaw dropping success, took a 4 year-old pregnant mare on a one-hour trail ride on her third saddle session with the help of Join-Up and your [Dually Halter](#)-I've heard you call it a "self training" halter and I TOTALLY AGREE.

My question is, I find the horses I've previously joined up with, may still be joined to me even two or more days after my last session with them. As in, I bring them back to the round pen for a session and they are locked on my moves and I therefore feel no need to do a traditional join up with them again. Is that correct?

With much admiration and respect,
(Mr.) Kelly Cochran

Answer:

The question of how many Join-Ups, how often do I do Join-Up or my horse loves me and won't go away anyway, often crosses my desk. Let me attempt my answer in this fashion. Join-Up is a conversation. It is a coming together of two minds and two bodies. If there is a strong feeling within you that your horse is joined up and wants to stay joined up, then I suggest that you simply walk briskly and observe your horse's behavior.

If you have a mindset that would suggest to the horse that you really don't care if he follows you or not and your horse still follows you, then give your horse a good rub between the eyes and go on about your day with no worries. If your horse breaks away from you, then proceed with Join-Up in the same fashion that you did with your preceding session. I often say that there is no need to tell the same story over and over again until your horse finds it extra boring.

Similarly I tell people that somewhere between four and ten full-on Join-Up sessions are generally sufficient for the life of most horses. Some extra wild mustang types might exceed ten Join-Ups but I would consider that rare. I go on to advise that Join-Up, a conversation, is a procedure that one should live by the concepts of for the life of the horse. Perhaps simply a step toward your horse and then a step away would be enough to bring your horse to you. Then you should clip on and go about your day.

The important factor in this answer is to cause you to realize that Join-Up is a conversation. Further, you should consider Join-Up as a element of your relationship with your horse that is without a script. It should be an ongoing organic existence between you and your horse. The rules should be elastic and appropriate to the environment of the moment as opposed to any effort to cast your actions in stone. It is my hope that I have brought an understanding to you.

~ Monty

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Monty's Principles

From September 5, 2015

Happy Aussie Father's Day! Today I remember those men who have helped shaped my life and have influenced me to be who I am today.

Thank you and have an amazing day!
Rachel Kerrigan

<https://www.gofundme.com/DAPARLife>

Monty's Challenge

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY



JOIN-UP FOR POLO WITH ISABELLA WOLF PART 8: GETTING CLOSE TO YOUR HORSE OUTSIDE

EQUUS
ONLINE UNIVERSITY

Monty's Equus Online University lessons continue today with a new series: Hard to Catch Horse with Isabella Wolf. [Watch the video now!](#)

GO STRAIGHT
TO THE VIDEO



JOIN THE ONLINE
UNI TODAY!

Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts

October 17, 2015	Myerscough College , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	Hartpury College , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	Merrist Wood College , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	Ingliston Country Club , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK
March 25, 2016	Horse Sense for Leaders at Flag Is Up Farms in California	USA
March 26 to 27, 2016	Join Pat Roberts for the Wild at Heart Women's Weekend	



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

HORSEMANSHIP RADIO

Helping Horses from Brazil to Australia

Eduardo Moreira used an auditor's course from Monty Roberts to change his life and the lives of thousands of Brazilian horses and people too. Rachel Kerrigan took one more chance on life with horses and is finding purpose to live and help others. Trainers Tip: A perspective from Shortie Graham.



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

Dear Monty,
My name is Brooke and I'm a current student at Marcus Oldham in Victoria, Australia.

I love working with horses and creating bonds with them especially the ones I buy from the slaughter houses here in Victoria who just need to be shown some good old Tender Loving Care and guidance.

I have chosen to create an assignment based on your natural horsemanship methods. I have read From My Hands to Yours and many of your online e-books, watched your Join-Up and Shy Boy videos and am consistently watching your updates on YouTube.

I also came to your clinic in Sydney in 2013 which I really learned a lot from.

I would really appreciate if you could write back to me regarding why you have chosen and developed your methods as opposed to breakers and trainers of the English and thoroughbred industry?

Also do you believe that, to prevent being disposed of or abused, most if not all horses can be reached and helped with your methods of choice? if so are there limitations, if not how to read and determine sooner rather than later, a horse that is unreachable and deemed unsafe.

Looking forward to your response,

Sincerely,
Brooke Finch

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"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on:
<http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural

Left to right: Monty Roberts; Her Majesty Queen Elizabeth II;
Colonel José Mauricio Perez; Juliana Baroni and her husband Eduardo Moreira
Photography: Eva Zielinski-Millar©

Listen in...

<http://www.horsemanshipradio.com/2015/09/30/horsemanship-radio-episode-49-by-index-fund-advisors-ifa-com-helping-horses-from-brazil-to-australia/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>



Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

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Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountrytv.com/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmqBc>

Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a

environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to

info@theruralchannel.com

or reach out on any of their Social Media platforms: @TheRuralChannel

www.facebook.com/theruralchannel

Photo Credits

human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, *The Man Who Listens to Horses*, has cooperated with the writing of a new book, *Horse Sense for Leaders*. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

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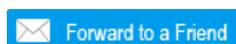
If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

