



Wednesday October 7, 2015

Greetings!

## MONTY ANSWERS

### Question:

I have a little farm in Battle Ground, Washington. My husband, Tom and I have been for the past two years ground training Zoey, my 4 year old horse and we now have Sadie a 1 1/2 yr old. Zoey came to my farm as a very wild BLM Mustang and had barely been handled by people. It took me months before she could trust me and would finally let me touch her. I got a old copy of an early book of yours, [The Man Who Listens To Horses](#). Tom read it and I am now reading it. I also recently got your book Shy Boy. Tom just finished this book and I will start on it next.

What I want to know is, is it okay to take my time at training these horses? My farrier says don't rush it, that taking my time is smart and all of the ground work that I am doing will pay off. When I walk in the corral, Zoey usually follows me around in-stead of running off. She appears to be interested in being with me and tries to fol-low the commands on backing, turning in circles and leading with the correct lead. I also have put a saddle blanket and saddle on her, but have come just short of get-ting on her.

Now that we have the new horse, Zoey has become very jealous of the new horse, kicking her and biting initially, so we have them separated unless we are close by. I suspect that this jealousy is usual. Zoey hasn't been around another horse for years and here is this new horse in her corral. Yesterday we did have the two horses out in the pasture together and they were for the most part getting along. Then Zoey started after Sadie and was verbally reprimanded and she stopped then tried again and Sadie ran to my side for protection.

Tom and I will keep working with the girls on the ground work and eventually we will get back to the saddle with Zoey. Its been 4 weeks now since the girls first met. I guess I shouldn't rush it but just be consistent with my training. Aletha and Tom, Twin Creeks Farm

### Answer:

Dear Althea,

It appears that you are writing a question to an 80 year old man asking for permission to take a very long time to do what I might want done in a few days. I often say, "Get your procedures right and then go at them like you have all the time in the world and success might come in the first session." You have not told me what your level of riding is like. With this in mind I could never recommend that you donate yourself as a first rider of any horse let alone a mustang. If you have not ridden to an expert level then you should not be a first rider.

It is also true that you have not mentioned your age and I have to tell you that I no longer want to be the first rider on any horse and yet I have been riding tens of thousands of horses since the age of four. I won nine world championships in the show ring and two in rodeo and I know enough to state that it just isn't worth it to expose yourself to the potential injury from a horse that has not had a rider on. In fact, I would go so far as to say that unless you are an excellent rider who "has extensive experience as a first rider," I can't recommend it.

There are plenty of young athletes around that have been trained to ride as "first timers." It is my bet that the fee they would charge is far less than that of the doctors and the emergency room. Horses have a bad enough reputation with the hospitals as it is. Should you become injured by your horse statistics will go into the books blaming the horse for causing injuries to another human. It is my opinion that you would not want this for your horse or for yourself. I do not want to seem simply negative but I am trying to give you prudent information.

Reading your question leaves me with the strong opinion that you have not done the full complement of procedures that I recommend to everyone that intends to introduce their horse to its first saddle and rider. Have you had a surcingle on the horse, tightened the girth and allowed the horse to talk trot and canter with that equipment in place? Have you worked the horse on double lines? Have you desensitized the horse to plastic bags all over it body? Have you made up or utilized some form of mannequin rider to test your horses acceptance?

[From My Hands to Yours](#) is my textbook on the procedures I recommend. It, along with my [Equus Online University](#), is loaded with suggestions and education in the area of causing the horse to accept its first rider. Please avail yourself of easily available advice on how to accomplish this procedure while keeping yourself in the safest possible environment. I recently viewed a video from a scientist who considers himself a horseman. It was extremely scary to observe what this man was suggesting as adequate preparation for the first mounting.

In no way am I trying to persuade you to give up your thirst for knowledge about training horses. It is also true that I am not asking you to compromise your feeling of bonding with your particular horse. I am advising you that it is all too

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## Monty's Principles

### Inspired by Monty's University

Dear Monty

Your [university online](#) is a wonderful invention. The reader learns about problems with horses all over the world, having your advice how to deal with them. The whole thing is based on trust and love, humans vis a vis horses and humans in between. Where it works, you feel going back to some far away times when animals generally - I do not think of war horses - were treated with much more respect than in our times.

With love,  
Helle

## Monty's Challenge



often that I am asked to advise people that have already taken their chances, sustained their injuries and have become too frightened of horses to continue their work with them. This is difficult for me to process given that with more than 75 years of first rider experience I have seen the pitfalls first hand.

Please take my advice and seek further information before taking unnecessary chances.

~ Monty

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Mr. Roberts,  
I feel I know the answer already but want to hear it from the horse whisperers mouth...  
I have been using your join-up methods with jaw dropping success, took a 4 y/o pregnant mare on a 1 hr trail ride on her 3rd saddle session with the help of join up and your dually halter (I've heard you call it a "self training" halter and I TOTALLY AGREE).  
My question is,  
I find the horses I've previously joined up with, may still be joined to me even 2 or more days after my last session with them. As in, I bring them back to the round pen for a session and they are locked on my moves and I therefore feel no need to do a traditional join up with them again. Is that correct?  
With much admiration and respect,  
(Mr.) Kelly Cochran

## THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY



Monty's Equus Online University lessons continue today with a new series: Hard to Catch Horse with Isabella Wolf. [Watch the video now!](#)

## GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>



Not a student yet? Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

October 10, 2015	<a href="#">Bishop Burton College</a> , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	<a href="#">Myerscough College</a> , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	<a href="#">Hartpury College</a> , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	<a href="#">Merrist Wood College</a> , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	<a href="#">Ingliston Country Club</a> , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK
November 6, 2015	<a href="#">Horse Sense for Leaders</a> at Flag Is Up Farms in California	USA
November 7 to 8, 2015	Join Pat Roberts for the <a href="#">Wild at Heart Women's Weekend</a>	USA

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on: <http://www.montyroberts.com/corigem/>

## HORSEMANSHIP RADIO

### Helping Horses from Brazil to Australia

Eduardo Moreira used an auditor's course from Monty Roberts to change his life and the lives of thousands of Brazilian horses and people too. Rachel Kerrigan took one more chance on life with horses and is finding purpose to live and help others. Trainers Tip: A perspective from Shortie Graham.



Left to right: Monty Roberts; Her Majesty Queen Elizabeth II; Colonel José Mauricio Perez; Juliana Baroni and her husband Eduardo Moreira  
Photography: Eva Zielinski-Millar©

### Listen in...

<http://www.horsemanSHIPradio.com/2015/09/30/horsemanSHIP-radio-episode-49-by-index-fund-advisors-ifa-com-helping-horses-from-brazil-to-australia/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Horse Radio Network's Free App is found on [iTunes for Apple](#) and [Google Play for Android](#).

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr\\_1\\_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

[1&keywords=Horse+Sense+for+Leaders](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-1&keywords=Horse+Sense+for+Leaders)

Paperback \$9.99 <http://amzn.to/1jqmgBc>  
Color Version \$19.99 <http://amzn.to/1h31Psj>

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## WILD AT HEART WEEKEND

PAT ROBERTS'  
*Wild at Heart*  
WOMEN'S WEEKEND





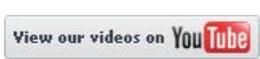
You are invited to a Very Special Weekend at Flag Is Up Farms- November 7-8, 2015

For more information, go to: <http://www.montyroberts.com/wp-content/uploads/2015/01/Wild-at-Heart-Weekend-Flyer-V3.pdf>

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
Monty Roberts

