



Wednesday September 16, 2015

Greetings!

How do you get your horse to enjoy being bathed? Monty shares his ideas in his question and answer column below.

MONTY ANSWERS

Question:

Bonjour, Dear Sir,
Reading this subject, I was wondering what would be your tips to help a horse accept the shower of its legs first and then all body? of course not during wintertime or too cold weather.
Thanks for your answer.
Best regards,
Fran

Answer:

Dear Fran,
So often I hear the statement "My horse hates water" and I typically respond by asking "Does he drink water?" They will say "Of course he drinks water." I then ask them to, with an open mind, realize that he doesn't hate water at all. If deprived of water, you will find that horses crave water. It is only when the water is sprayed at them in what appears to be a frightening fashion, that you recognize that they can be frightened by the sight and sound of water under pressure coming at them.

Purchase a pistol grip water sprayer for the end of your hose (hose pipe). Place it on the hose, open the faucet and stand several meters from your horse and just spray the ground where you are standing and gradually move closer to the horse. Incrementally close ground until you can see that the water is bouncing off the ground and slightly touching his legs. Remain in that mode until your horse clearly is relaxed. Only move to a direct contact with a relaxed horse that has incrementally allowed the water to touch him.

Typically within 5 minutes or so you will be able to spray the feet and legs of your horse. Only after these incremental procedures are well in place does one attempt to spray the horses' body or even the upper legs. Within a short period of time virtually every horse will learn to enjoy the spray of the water and it will alter their thinking to the extent that other scary procedures will be easier to cause your horse to accept them. Plastic shopping bags would be an example of the next scary object.

Sincerely,
Monty

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY



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Monty's Principles

Join-Up, Belatedly

Hi Monty/Crew,

Yesterday I was going to mail you to comment on my first Join-Up since I did Caroline Jennings' intensive weekend, (quite some time ago, unfortunately) to-day I write because I'm over the moon! My first attempt was with an already trained (opinionated) 8 yr old cob that I'm bringing back into riding and driving. She was somewhat 'Joined up' i.e. she'd of-ten follow me.

After the first session with her, I was disheartened as I got only the first two signs of Join-Up. I'd got no licking/chewing, or head lowering, but she followed me closely immediately on invitation. The second day was similar, she instantly knew on the second turn that the pressure would be lowered soon, and really slowed down. It took a lot of energy to keep her going. No licking/chewing, or head lowering, but she stuck to me like glue when invited in. Partial success.

This morning, I decided to start a homebred 9 yr old Irish Draught cross, who was not trained previously due to soundness issues. We began - she responded really well to being 'sent away'. On the third part I got defecation, very slow pace which was easily changed if I wanted to. She lowered her head, eventually, and just as I was about to invite her in - SHE CHEWED!!!

I was thrilled. It took a while to get her to follow me as there was an unexpected distraction in the field next door, but after arcing, she did follow, and in figure of eight. Thank you Monty for all your work. My mare is late coming to training, but so am I. On your 75th birthday, I was 57. DB

JOIN-UP WITH MARTIN CLUNES A HORSE THAT CHASES TRACTORS



Monty's Equus Online University lessons continue today with a new video in the "Join-Up with Martin Clunes" series. [Watch the video now!](#)

GO STRAIGHT
TO THE VIDEO



JOIN THE ONLINE
UNI TODAY!

Not a student yet? Click on: www.montyrobersonline.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

New series with Polo Player Isabella Wolf starts next week!

Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyrobersonline.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

Hello Monty,
My name is Celia and I will try to be short. I have started to ride 2 years ago. I was riding several horses but I liked one more - a Furioso North Star. At some point, I decided to buy him and I did it. Everything went just fine, we even competed as a beginner couple at an endurance competition. Last year the weather was so bad that I couldn't work with him - or even see him - about 8 months. When we met, I noticed that I started to be afraid of him - sometimes. Not always. Just have moments when I fall psychically and he feels it. I was sure that after 8 months of inactivity he would go crazy in the field and I think that this is how it all started. Currently I moved him in another place, where I can go no matter the weather and there is a good personnel that is able to train him and also me. But I just feel I need to do more - I mean, I guess the problem is in my mind. The fear comes from what he could do, not from what he already did. Are there some exercises or techniques I could use in order to build a stronger relationship of trust with him? I should trust myself more, because when I am confident he is fine, if I am losing confidence he is losing his trust in me and therefore I am losing my trust in him. Complicated. Best regards,
Celia

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts

Monty in California

October 10, 2015	Bishop Burton College , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	Myerscough College , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	Hartpury College , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	Merrist Wood College , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	Ingliston Country Club , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK
November 6, 2015	Horse Sense for Leaders at Flag Is Up Farms in California	USA
November 7 to 8, 2015	Join Pat Roberts for the Wild at Heart Women's Weekend	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyrobersonline.com/ab_about_monty_calendar/see-monty/

FUN AT THE FESTIVAL WITH ACTHA!

November 5-8, 2015, at the Von Holten Ranch in Mora, Missouri. Find more details here: www.actha.us/festival

The Great American Trail Horse Festival is set for this fall, an unprecedented event in honor of the trail horse! All breeds, all disciplines are welcome. Six rides with fun themes to choose from, clinicians, vendors, live music, barn dance and tons of fun at the historic century farm; Von Holten Ranch, gateway to the Ozarks. Whether you come to ride or enjoy as a spectator, it's sure to be the one event you won't want to miss this year!

The Great American Trail Horse FESTIVAL

RIDE THEMES
The Wizard of Oz
Searching for Bigfoot
Rumble in the Jungle
Murder Mystery
Cowboys and Indians
Wonders of the World

Join the Fun With
or Without Costumes!

LIVE MUSIC & BARN DANCE!
Cash Bingo, DJ & Karaoke!

CLINICIANS
Our faves and yours!
Scheduled thru-out each day
Clinics and Private Lessons
Diverse Backgrounds
Outstanding opportunity

The Event of the Year
Open to all trail riders,
organizations, breeds and

CLINICIANS
JOHN LYONS
GUY MCLEAN
MICHAEL LYONS
BYRON HOGAN

GIVING BACK TO VETERANS



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you pour

Six Rides! Membership is not required, ride for the blue or come along for the fun!

\$5,000 in Prizes

Compete for Cash & Prizes
Saddle Give-away
Double Points
Door Prizes

ACTHA
NOVEMBER 5-8, 2015
VON HOLTEN RANCH
MORA, MISSOURI

For complete information and registration visit:
www.actha.us/festival

disciplines

Pay homage to the diversity of trail riders!

Entertainment & Vendors

The Venue

Beginners or seasoned riders will enjoy this event equally.

\$10 gate fee for the public for non-riders. Come and celebrate the horse with us!

EXTREME MUSTANG MAKEOVER

SCOTT PURDUM
RFD TV CLINICIAN

JEFF WILSON
COWBOY DRESSAGE

COLLEEN KELLY
DRESSAGE/BIOMECHANICS

RUPERT ISSACSON &
ILIANE LORENZ
HORSE BOY WORLD FOUNDATION

LEE HART & ANNIE CHANCE
EXTREME COWBOY ASSOC.

DIANE SEPT
BACK TO BASICS EQUINE AWARENESS

LAVERNE SCHMIDT
REINING

EVON MONTGOMERY
123 HORSEMANSHIP



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<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."

- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

HRTV

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info on where

HORSEMANSHIP RADIO

Hong Kong Jockey Douglas Whyte and Daughter Sheikara

Hong Kong Horse Racing is all about pressure to perform. Douglas Whyte has dominated there, winning 13 consecutive titles in this highly competitive environment. He first endured criticism and even suspension for his beliefs in gentler methods of handling horses. He has persevered, and he and his daughter Sheikara speak to Monty about their shared love of horses.

Listen in...

<http://www.horsemanshipradio.com/2015/09/15/horsemanship-radio-episode-48-by-index-fund-advisors-ifa-com-hong-kong-jockey-douglas-whyte-daughter-sheikara/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

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SUCCEED: Digestive Health

SUCCEED

"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

The Rural Channel is available:
<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

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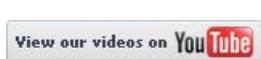
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Sincerely,
Monty Roberts



