



Wednesday August 19, 2015

Greetings!

When you participate in Monty's Night of Inspiration, you'll be welcomed to beautiful Flag Is Up Farms to watch a Join-Up experience, Monty Roberts' signature event. Witness first hand the powerful relationship of trust and communication between a horse and a human. You'll learn about Monty's fascinating life journey from his early days as a rodeo rider to trusted advisor to the Queen of England. Afterwards, you'll enjoy an traditional barbecue dinner with Monty and Pat Roberts in their hilltop home. The next event is on September 5, 2015.

Call (805) 688-6288 to reserve your spot at one of Monty's inspirational events. Or go to Monty's website for more information: http://www.montyroberts.com/ab_about_monty_calendar/corporate-events-and-leadership-courses-3/

MONTY ANSWERS

Question:
Please help me find this answer. I heard you figured out why horses move when we make a sound with our mouth like 'clucking' or 'clicking'. I haven't found where your answer is and I am very curious.

Answer:
It occurs to me that it is quite curious to understand how one might have heard of the first half this question without being advised of the second half. Recognizing that these things happen I am happy to once again repeat the circumstances. It all occurred during the time when I was teaching a course at the Monty Roberts International Learning Center here at Flag Is Up Farms in Solvang, CA. I was working in the round pen.

A lady student inquired as to why I made the clucking and squeaking sounds while sending the horse away. I replied that when one makes these sounds the horse goes faster. "Why?" she asked, "Why do they go faster when you make these sounds?" I told her that I didn't know why but it did work and when you want them to go faster make these sounds: it will be effective.

At the close of the day my Course Instructor came to me and reminded me of the fact that I had told my instructors to never tell students to do something just because you say so. You must give them good, solid reasons why they are given instructions to execute certain procedures. It is not fair to ever say "Just do what I tell you to do." Good education requires that the student is informed as to why it works.

Its hard to describe how embarrassed I was that I had broken my own golden rule. I left the classroom, had an early dinner and went to bed before 9 o'clock. I have this life-long ability to run film or video clips of certain actions through my head just as if I was seeing a movie for the 2nd, 3rd or fourth time. Connected to this ability is the characteristic enabling me to see circumstances that I missed in earlier viewing. It is handy for a horseman.

It happens that I am a fan of David Attenborough. He is the preeminent presenter of animal documentaries on the face of the earth. A lot of his work is done in Africa and I recalled to mind a documentary on the stalking of lions. It tweaked my brain during the course of this journey. I watched a female lion stalking a Thompson's gazelle. Tucked in close to the ground I watched as she quivered each foot before applying her weight to it. With that evidence I knew I had the answer.

Clearly memorable is the fact that I leapt out of bed at 2 in the morning awakening Pat with a loud shout "I got it!" Upon entering the classroom that morning I admitted to the group that I had broken my own rule. I explained to them the circumstances surrounding the clicking and squeaking and asked them to adjourn to an area outside the round. They formed a semi circle around me as I explained my sleepless night. We were standing under a beautiful eucalyptus.

Earlier I had noticed that there were small dead branches that had fallen from the eucalyptus. I gathered a handful of these and began to break them with my fingers. The different sizes made different sounds most of which fell directly into the category of clucking and squeaking sounds I made the day before. I asked them to now tell me why these sounds made horses go faster. One of them did a big a-haw! but the rest seemed to be a bit confused.

At that point I asked the class to 'hone in' on the image of the lion quivering the foot before pressing the ground. I explained that it was my position that an effective predator would come to know that breaking twigs would send the prey animal bounding away before their hunt could be successful. I felt like I had given birth to a whole new understanding of equine behavior. With that I exited quickly to the office on our farm. I had to make a phone call to seal the deal on my discovery.

The call was to Debbie to describe my 24 hour experience and to request that it be published in some format or other

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Monty's Principles



A Note from Brazil

The best thing that happened to me in recent years was learning to work with Monty Roberts' methods. I thank you very much and I hope to meet you again to thank you personally!

Antonelli, Brazil

Monty's Challenge



that I would get credit for being the first to ever write about the twigs stimulating the horse to increase the speed of travel. Its another one of those things that I thought the world knew but I am happy to continue my effort to pass my discoveries along. I hope this answers the question.

It is highly unlikely that Mr. Attenborough ever observed this seemingly insignificant move of the lion quivering the foot. It is also unlikely that the documentary team put it together with the act of causing the prey animal to flee. It is, however, true that they leave me memorable footage of the lion's foot with closeup, clear definition. It took me more than 70 years to understand why horses go faster when you cluck and squeak.

~ Monty

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

I have a 10-year-old Tennessee Walker mare whom I have owned for seven years. Five years ago her first trip to the mountains was with a group of other riders. She was doing fine until we encountered backpackers, which terrified her. Despite the other horses walking past calmly, her reaction was to rear, spin and bolt. It did not matter if she was in front, mid pack or at the rear of the line.

I set out to help her overcome this fear; my first attempt was to feed our horses in the pasture with a backpack on. She did not have issues with this after the first day. My next effort required the cooperation of the group of riders I usually ride with. I rode in the back of the line of six horses. If a backpacker or hiker was seen ahead, the other riders would alert me. Before my horse saw the hikers, I dismounted, led the horse up to them, stopped to talk a moment, mounted and continued our ride. After repeating this a few times with success, I changed it a little by mounting while next to the backpackers.

Again, after a few successful lessons, I then mounted before passing them and rode her past. This proved to be very helpful for her and soon she was able to pass hikers on a loose rein. We had no issues the next few rides where we encountered hikers.

Last weekend we took our first ride in the mountains this year near the Pacific Crest Trail which is busy with summer hikers. She did okay with the first several people on foot on the trail. The problem began when we began to ride faster than a flat walk on a seemingly remote section of trail.

Our horses were doing a running walk when we encountered two backpackers ahead. We slowed down and the horses in front calmly walked by while my horse reverted back to fear, slamming on the brakes, rearing and spinning. I stopped, dismounted, lead her over toward them and talked with them for a few minutes. Once the horse seemed quiet, we walked by and I mounted to continue my ride.

The rest of the group, except for one understanding rider who stayed with us, went on ahead while I encountered hiker after hiker with the horse going through the old fear reaction. I tried to ride by one hiker and she tensed up and turned her butt toward them which I immediately corrected. She has never kicked but if she is so frightened, I cannot assume she would not.

She stands quietly while I talk to backpackers but if they reach to pet her, her eyes get big and she backs up. When on the ground I keep myself between the hiker and the horse. I like this horse

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

THIS WEEK ON EQUUS ONLINE...

Habituation

Learning not to react to (fearful) stimuli

Fear is reinforced by fast legs & distance
Immobilisation can suppress fear (Baum, 1970).

1. Systematic desensitisation
2. Approach conditioning
3. Stimulus blending
4. Overshadowing

LEARNING WITH ANDREW MCLEAN
LESSON 2: FEAR AND HABITUATION



Monty's Equus Online University lessons continue today with Andrew McLean Lesson 2: Fear and Habituation. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts

Monty in California

September 5, 2015	Night of Inspiration with Monty at Flag Is Up Farms	USA
October 10, 2015	Bishop Burton College , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	Myerscough College , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	Hartpury College , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	Merrist Wood College , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	Ingliston Country Club , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK
November 6, 2015	Horse Sense for Leaders at Flag Is Up Farms in California	USA
November 7 to 8, 2015	Join Pat Roberts for the Wild at Heart Women's Weekend	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

between the rider and the horse. I like this horse and want to feel safe wherever I ride. I also want the hikers we encounter on the trail are safe. I will start over with the dismounting and riding by exercise that worked a few years ago. I am not sure what else to try.

Do you have any suggestions or in-sight? I would like to understand why she is so frightened by people she encounters on the trail, with or without backpacks.

Thank you, Janis P.

SEA HORSES: A CALENDAR BY SIMON PALMER



CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on: <http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more <http://www.montyroberts.com/shop/horse-health-care-products/>

HORSEMANSHIP RADIO

Hall of Famer Jack Roddy, Monty Roberts - National Championship Teammates and Sherry Gaber DC Suggests Stretches

Jack Roddy and Monty Roberts competed against each other in Horse Shows going back 70 years. Both attended Cal Poly University in California where Monty was the NIRA Champion Team Roper and Steer Wrestler in 1956 and 1957 and Jack won the All Around NIRA Cowboy in 1959, and was inducted in the Hall of Fame in 1979. Author Katie Cooney interviews both greats of the sport, including their Teammate Jim Capps, for an upcoming biography. Sherry Gaber, a good Yoga Stretch for before and after a ride.

Episode 46 by Index Fund Advisors www.IFA.com, [Omega Fields Supplements](#) and Monty's [Equus Online University](#).

Listen in... <http://www.horsemanshipradio.com/2015/08/15/horsemanship-radio-episode-46-by-index-fund-advisors-ifa-com-hall-of-famer-jack-roddy-monty-roberts-national-championship-teammates-sherry-gaber-dc-suggests-stretches/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here: <https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

SEE YOUR HORSE "SHINE" FROM THE INSIDE OUT

OmegaFields.com

IFA.com

Index Fund Advisors
fiduciaries for wealth

EQUUS
ONLINE UNIVERSITY



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

Please note that Dish TV has moved the HRTV channel position to 398.

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountrytv.com/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

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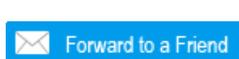
Do you receive this FREE letter with Monty's Question and Answer weekly? If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

