



Wednesday July 29, 2015

Greetings!

## MONTY ANSWERS

### Question:

I bought my gelding last year. He is terribly head shy and fights like crazy when trying to put a bit in his mouth. I managed a couple times but he does not respect it. I am now using a hackamore. Seems better. He's happier with it and because I use your training methods and with your halter he has learned to trust and respect me. We have more to do. My question is what did they do to him and how will i ever get a bit back in his mouth?

~ Michelle B.

### Answer:

For nearly three decades I have been doing public demonstrations. When asked what remedial problem I am considered best at remedying, I consider it to be loading on a trailer or a horse transportation vehicle. It seems to me that head shy and refusing to be bridled would be a solid second.

It was with this in mind that we decided to do an early lesson on my [Equus Online University](http://www.equusonlineuniversity.com) that clearly outlines the concepts I use for dealing with the head shy horse including the horse that refuses to take the bit and bridle. No words that I could use here would be as educational as seeing it happen in video format. Please avail yourself of those lessons if at all possible. Start with this lesson dealing with Georgia, a head shy horse:  
<http://www.montyrobertsuniversity.com/training/2031188623>

[From My Hands to Yours](#), the textbook, also has a chapter on Head Shy. Each of these educational efforts recommend that you utilize a gentle, well trained gelding to assist you in the head shy category. We call this method Centaur. If putting the bit and bridle on is the most challenging part of this question, then I recommend the use of honey on a stick.

I recommend using the handle of a wooden kitchen spoon. Put a bit of honey on it, and eventually it will be sought after by the horse. The act of putting the handle between the teeth and the mouth becomes very simple. Once this is accomplished, then put the honey on the bit and soon your horse will be following you around to help put the bit on.

If the ears are still a problem for the crown of the bridle itself, get back on your gelding and desensitize the entire top of your horse's head. Use straps of any kind to simulate a bridle and you will be well on your way to accomplishing the same success that you see on the [Equus Online University](http://www.equusonlineuniversity.com).

Let me answer the question of "what did they do to him" by saying that it simply doesn't matter what they did to him. One has the behavior to deal with and the methods I have given you will successfully solve the problems you've outlined. People do funny things, and it would only be speculation with no assurances we would have it right anyway.

Putting lip twitches on would do it, and then there is the twitch that causes pain to the ear. In addition, one may find they grabbed and twisted an ear in order to control the horse. Rest assured that very often the head shy horse who is difficult to bridle has been treated badly by human beings using violent methods.

Having gone over these protocols and educational tools for dealing with head shy horses, let me note that your use of the hackamore or any other bitless bridle for your horse is a great alternative if your horse is safe being ridden in this way. I am a fan of bitless riding and the hackamore was my primary piece of equipment during my entire upbringing.

The [Dually Halter](#) does provide one with a perfectly acceptable bitless bridle, and you will see it used often on my farm. There are however times when I find a bit more effective. It is not that I am insisting that people use a bit or that they refrain from using a bit, but when one is asking for world class stops, spins and lead changes a bit is often quite helpful to your horse.

Good luck and let us know how these suggestions help you.

~ Monty

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## Monty's Principles

### The Man Who Listens

Dear Monty,

Thank you for your email "Reducing violence with horses." I was pleased to read every word of it. But then, what a photo taken at Windsor! You look splendid.

The English Queen is my favorite Queen. Not, that I do not appreciate our own Danish one. But the English Queen is closer to NATURE-and I share her passion for horses.

Congratulations also with the event which had never taken place without "[The Man Who Listens to Horses](#)." I currently reread the book and this night being unable to sleep I picked it up and read about your trips to Nevada-and BROWNIE. It is one of the most fascinating and moving, even magical, pieces that I have ever read because to me it states the fact that even speaking our human language animals can understand us-provided they clearly distinguish our love, care and will to protect them.

With love,  
Helle  
Storyteller

## Monty's Challenge





Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

**Next Week's Question:**

I have a question. I watch a lot of horse videos, also from other horse trainers. Some of them, when working in the round pen, want their horses to turn in the other direction with their head turning inwards saying that it is impolite for a horse to turn their hindquarters to you. I noticed with Join-Up you don't mind if a horse does that. Is it impolite for a horse to do so or not?

Regards,  
Patricia

Monty's Equus Online University lessons continue today with A HORSE WITH NO REVERSE Lesson 3: Incremental, Intrinsic Learning. [Watch the video now!](#)



**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

**GLOBE GALLOPING WITH MONTY ROBERTS**

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

**Monty in California**

August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: <a href="http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf">http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf</a>	USA
August 3 to 7, 2015	<a href="#">Monty's Special Training</a> at Flag Is Up Farms	USA
September 5, 2015	<a href="#">Night of Inspiration with Monty</a> at Flag Is Up Farms	USA
October 10, 2015	<a href="#">Bishop Burton College</a> , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	<a href="#">Myerscough College</a> , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	<a href="#">Hartpury College</a> , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	<a href="#">Merrist Wood College</a> , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	<a href="#">Ingliston Country Club</a> , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK
November 6, 2015	<a href="#">Horse Sense for Leaders</a> at Flag Is Up Farms in California	USA
November 7 to 8, 2015	Join Pat Roberts for the <a href="#">Wild at Heart Women's Weekend</a>	USA

**Giving Back to Veterans**



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a donation directly to Join-Up International here: <http://www.join-up.org/donation-fags.html>



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

**CORIGEM: Honey Power**



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."

**MONTY'S RIDING WITH RESPECT CLINIC**

Monty's Riding with Respect as seen in ACTHA Magazine: <http://joom.ag/GIWp>

Read more on:

<http://www.montyroberts.com/corigem/>

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

# RIDING WITH RESPECT

## A HORSEMANSHIP CLINIC AT FLAG IS UP FARMS, SOLVANG, CA

Monty Roberts' professional team teaches **RIDING WITH RESPECT**; striving for partnership and communication with your horse through non-violent training. Take this unique opportunity to attend a ridden clinic at Flag Is Up Farms.

The clinic consists of two days of group training for you and your horse. Instruction will be tailored to meet your level of riding. All disciplines and types of horses are welcome; however, if you want to bring a young horse, we suggest you have had 60 plus days of ridden training prior to the clinic.

Maximum 10 people with horses. A limited number of our Willing Partners™ horses are available to ride in the clinic for an additional fee. Lunch is included.

SATURDAY/SUNDAY, AUGUST 1-2, 2015

- \$600/WEEKEND OR \$350/DAY WITH YOUR OWN HORSE
- \$900/WEEKEND OR \$450/DAY WITH A WILLING PARTNERS™ HORSE

EMAIL [INFO@MONTYROBERTS.COM](mailto:INFO@MONTYROBERTS.COM) OR CALL 805-688-6288

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass

## HORSEMANSHIP RADIO

### Stories of Gentling Wild Horses at the Monty Roberts International Learning Center

Jamie Jennings, equestrian and co-host of the Horses in the Morning Radio Show, joins Denise Heinlein and Katelynn Eddy, Certified Instructors at the Monty Roberts International Learning Center to share what they are learning from the mustangs and wild horses brought in for the Gentling Wild Horses course.

Episode 44 by Index Fund Advisors [www.IFA.com](http://www.IFA.com), [Omega Fields Supplements](http://www.OmegaFieldsSupplements.com) and Monty's [Equus Online University](http://www.EquusOnlineUniversity.com).

Listen in...

<http://www.horsemanSHIPradio.com/2015/07/15/horsemanSHIP-radio-episode-44-by-index-fund-advisors-ifa-com-stories-of-the-gentling-wild-horses-at-the-monty-roberts-international-learning-center/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship through the lens of history, culture, and science. Each episode features a different guest who shares their expertise and insights on a variety of topics related to the horse world.

throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show explores good horsemanship.



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to

[info@theruralchannel.com](mailto:info@theruralchannel.com)

or reach out on any of their Social Media platforms: @TheRuralChannel

[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)



## Photo Credits

Christopher Dydyk

## HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr\\_1\\_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-)

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[Click here to read on...a free excerpt]

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



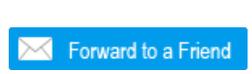
## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to

[askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.

appropriate instructions.



Sincerely,  
**Monty Roberts**

