



Wednesday July 1, 2015

Greetings!

In this week's Question and Answer column, Monty discusses the natural behaviors and reactions of horses.

MONTY ANSWERS

Question:

Writing to pick your brain as I'm sure through your experience and travels you have come across a horse like mine. His name is Royal. He is a 6-year-old Canadian gelding. I acquired him through the OSPCA so I don't have much background info on him. All I know is that he was seized from his previous owner because they neglected him and he was extremely emaciated. He is now healthy and happy. Great guy, great ground manners, leads well, lifts feet, good to groom, stands in cross ties. Lunges off line well and really pays attention to his handler.

The problem I'm facing with him is that when any type of tack (saddle pad or saddle) is introduced to him, he steps 10 feet back. He's extremely fearful, nervous to the point he starts to shake. With some persuasion, I can put the saddle pad on and off on and off, then the saddle. We haven't worked up to doing the girth up on the saddle yet but I had a anti cast roller laying around so I figured well, this I won't get to do up tight to secure it, there are no flaps to scare the poor boy. So again with some convincing, I was able to put it on and off, on and off. Then I was able to do up the girth. Once anything is on him, he is reluctant to move. I let him take his time to take this new piece of tack into stride. He stood still for the longest time, then all of a sudden he exploded. Running around that round pen as fast as he could, bucking for a bit but not big bucks, just as if he was trying to kicking at his belly to get the darn thing off. He then stops and starts to shake and just stands there, will not move. I enter the round pen, and encourage him to move with the anti cast roller still on him, he runs around and at one point does a nice little trot. So we end things on a good note, I remove the tack, give him a treat and back to his pasture he goes.

A couple days later, I repeat the above but get the same initial reaction as if he's never seen it before. This goes one now for five sessions. I have tried Googling a solution to this problem but have come up empty handed. My question to you is how do I allow him to accept this tack without being so nervous that he wants to crawl out of his skin?

Thank you for your time,
Chantal B.
Ontario, Canada

Answer:

Dear Chantal,
Quite possibly to your surprise I have met Royal, at every city I have ever traveled to throughout my career. I say this to you because everything you told me about Royal verifies that he is normal. Whatever made you think that horses want something on their back and a belt around their girth? They have 50 million years in their DNA telling them that this is probably a lion or a tiger. This is an normal response.

Please let me inform you that everything I have ever written videoed or created as a lesson for my Online University addresses these issues directly or indirectly. Please do not fall into the trap of expecting knowledge about horse behavior to fall out of the sky and land in your lap, clearly understood. These issues need to be studied, learned and correctly acted upon. My entire life has been devoted to better understanding the behavioral patterns of Equus.

It worries me that you have undertaken these early training efforts with what seems to be no idea as to how the horses brain works. Please heed my words that horses can be dangerous with no intention of creating harm. In the end when horse cause injuries, they get the blame even when they are acting completely normal. Please hear my warnings.

No one can blame you for using whatever methods you thought might be acceptable but it is my message to the horse world that one can be blamed for acting without seeking the knowledge necessary to execute training procedures with no attempt to gather the information necessary to execute in a safe manner. It is not fair to your horse or anyone else to fall short allowing the horse to take the blame.

~ Monty

IN THIS ISSUE

[Monty's Question and Answer](#)

[Equus Online Uni](#)

[Monty's Calendar](#)

[Monty on the Radio](#)

[Horse Sense for Leaders](#)

[Spread the Word](#)

[Monty's Principles](#)

[Monty's Challenge](#)

[Monty on TV](#)

[Get the E-news Each Week](#)

Monty's Principles

Horse Sense and Healing

Supported here: <http://www.join-up.org/veterans>

Read about it!

Monty uses his gift to help heal heroes from the Afghan war:
<http://www.dailymail.co.uk/news/article-2608674/>

Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY





Monty's Challenge



Monty's Equus Online University lessons continue today with TRAINING TO LOAD SAFELY IN THE TRAILER, Lesson 7: Challenging Conditions. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at:
 askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts

Monty in California

June 25 to July 1, 2015	Monty's Special Training with Portuguese Translation at Flag Is Up Farms. http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco	USA
July 1, 2015	Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Online USA Horsemanship. Click here for details.	
July 6 to 17, 2015	Gentling Wild Horses course (open to all levels) at Flag Is Up Farms	USA
August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf	USA
August 3 to 7, 2015	Monty's Special Training at Flag Is Up Farms	USA
September 5, 2015	Night of Inspiration with Monty at Flag Is Up Farms	USA
October 3 and 4, 2015	Weekend with Sculptress and Equestrian Pat Roberts	USA
October 10, 2015	Bishop Burton College , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	Myerscough College , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	Hartpury College , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	Merrist Wood College , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	Ingliston Country Club , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK

~ Monty

Next Week's Question:

What are Monty's top three tips for great horsemanship? Monty was recently asked by an equestrian magazine to give his top three tips for horse persons today. See his remarkable answers in the coming three weeks.

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

MONTY'S RIDING WITH RESPECT

Monty's Riding with Respect as seen in ACTHA Magazine: <http://joom.ag/GIWp>

See more <http://www.montyroberts.com/shop/horse-health-see-products/>

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."

- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: www.horseandcountrytv.com.au

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com

or reach out on any of their Social Media platforms: @TheRuralChannel

www.facebook.com/theruralchannel

RIDING WITH RESPECT



A HORSEMANSHIP CLINIC AT FLAG IS UP FARMS, SOLVANG, CA

Monty Roberts' professional team teaches **RIDING WITH RESPECT**; striving for partnership and communication with your horse through non-violent training. Take this unique opportunity to attend a ridden clinic at Flag Is Up Farms.

The clinic consists of two days of group training for you and your horse. Instruction will be tailored to meet your level of riding. All disciplines and types of horses are welcome; however, if you want to bring a young horse, we suggest you have had 60 plus days of ridden training prior to the clinic.

Maximum 10 people with horses. A limited number of our Willing Partners™ horses are available to ride in the clinic for an additional fee. Lunch is included.

SATURDAY/SUNDAY, AUGUST 1-2, 2015

- \$600/WEEKEND OR \$350/DAY WITH YOUR OWN HORSE
- \$900/WEEKEND OR \$450/DAY WITH A WILLING PARTNERS™ HORSE

EMAIL INFO@MONTYROBERTS.COM OR CALL 805-688-6288



HORSEMANSHIP RADIO

Bunnie Sexton's First 4*, Diana Good What Makes a Good Lesson Horse

Debbie starts the show with a discussion of what pressure means, then **Bunnie Sexton** proves that you can have an Eventing career at almost any age and that both she and her OTTB Rise Against (Ecko) love what they were born to do. **Diana Good** teaches and trains horses and students without cruelty and shares why she will never change careers. Our Trainers Tip from **Courtney Dunn**, Monty Roberts Certified Instructor.

Episode 42 by Index Fund Advisors www.IFA.com, [Omega Fields Supplements](#) and Monty's [Equus Online University](#).

Listen in...

<http://www.horsemanshipradio.com/2015/06/15/horsemanship-radio-episode-42-by-index-fund-advisors-ifa-com-bunnie-sextons-first-4-diana-good-what-makes-a-good-lesson-horse/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)



E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



Photo Credits

Christopher Dydyk

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,

Monty Roberts

