



ASK MONTY



Wednesday June 24, 2015

Greetings!

Monty has just returned to California after a special celebration with The Queen of England. The photo below, taken at Windsor Castle, shows Her Majesty, Monty Roberts, Colonel Perez, Eduardo Moreira and Eduardo's wife, Juliana Baroni in private ceremonies. Read more at: <http://www.montyroberts.com/news-archive/the-queen-of-england-and-monty-roberts-reducing-violence-with-horses/>



Left to right: Monty Roberts, Her Majesty Queen Elizabeth II, Eduardo Moreira, Juliana Baroni, and Colonel Mauricio Perez

IN THIS ISSUE

[Monty's Question and Answer](#)

[Equus Online Uni](#)

[Monty's Calendar](#)

[Monty on the Radio](#)

[Horse Sense for Leaders](#)

[Get the E-news Each Week](#)

[Spread the Word](#)

[Monty's Principles](#)

[Monty's Challenge](#)

[Monty on TV](#)

Monty's Principles



At Windsor Castle

Castle

Windsor Castle ceremony with Juliana Baroni, Monty Roberts, Eduardo Moreira and Colonel Mauricio Perez from São Paulo, Brazil. Colonel Mauricio was awarded a certificate from Her Majesty Queen Elizabeth for his use of Monty's concepts to educate cadets of São Paulo's Barro Branco Military Police Academy.

Read the full article here:

<http://www.montyroberts.com/news-archive/the-queen-of-england-and-monty-roberts-reducing-violence-with-horses/>

MONTY ANSWERS

Question:

I saw you last year at the Grange Equestrian Centre and was fascinated by the amazing work you do with so many horses. Shortly after I purchased the [Dually Halter](#) for my 5-year-old cob and it helped dramatically when leading him into the stable, and also your book [From My Hands to Yours](#) which has also helped dramatically. But in the last month or two I have experienced my 5 year old cob who was first backed May last year putting his head down while riding and yanking the reins out of my hands. I've tried researching into it but have found no answers of why he may be doing this. I am emailing you wondering if you have an idea on why he is doing this and if you have any tips on how to stop him doing this I would love to hear them.

Kind Regards,
Natasha W.

Answer:

Dear Natasha,

If you are a student of mine and I had time to watch you ride while observing your horse's behavior toward you, I would have a much better chance of answering this question correctly. With none of these facts in place I will attempt to speculate given that I have seen this behavioral pattern hundreds of times in my career. Let me list each of the

Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your

concerns that I might well have, given the chance to watch you ride.

Lets you and I agree that all things being equal the horse finds no fun connected with pulling the reins out of your hands using a bit in his mouth as his only tugging tool. First lets eliminate the fact that he might be reaching for grass or other food objects. You didn't suggest that possibility so lets agree that this isn't his purpose. Lets you and I agree that your horse is ridden in a menage (riding arena) with no grass growing from the ground.

What would enter the horse's mind to attempt to pull you over his neck without some reward for doing so? Let's suggest that maybe you were riding him with reins that are too tight for substantial periods of time. This will actually numb the bars of the mouth much like a limb of yours that goes to sleep. Lets agree that the horse wants some freedom, pulls hard and gets the desired results. Remember I am not saying you do this.

Lets agree that his opinion is that your riding with too tight a rein and he does this a few times, gets his reward and forms a habit of doing it repeatedly. If I found myself in that position I would immediately stop my horse firmly and reverse him (back him up) until he went soft on the reins. I would then loosen the reins and walk on. I would conduct this action repeatedly.

Lets you and I agree that these habits are often encouraged because of a bit that the horse finds unacceptable. Another agreement we might make is that he finds the curb used on the bit unacceptable. We could also agree that each of these speculations may actually exist to one degree or another. Horses simply do not choose to execute the action described by you without receiving what they perceive to be a reward for doing it.

Please remember the words "ritualistic habituation". As human beings we are creatures of habit. Without even knowing it, we create rituals. Often these rituals are viewed as negatives to our horses. Eventually the horse becomes habituated to certain actions aimed at alleviating the problem he perceives. The intelligent rider will calmly observe and then make adjustments that will serve the needs of the horse while creating behavior acceptable to the rider.

~ Monty

holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

Writing to pick your brain as I'm sure through your experience and travels you have come across a horse like mine.

His name is Royal. He is a 6 year old Canadian gelding. I acquired him through the OSPCA so I don't have much background info on him. All I know is that he was seized from his previous owner because they neglected him and he was extremely emaciated.

He is now healthy and happy. Great guy, great ground manners, leads well, lifts feet, good to groom, stands in cross ties. Lunges off line well and re-ally pays attention to his handler. The problem I'm facing with him is that when any type of tack (saddle pad, saddle etc.) is introduced to him, he steps 10 feet back. He's extremely fearful, nervous to the point he starts to shake. With some persuasion, I can put the saddle pad on and off on and off, then the saddle. We haven't worked up to doing the girth up on the saddle yet but I had a anti cast roller laying around so i figured well, this I won't get to do up tight to

THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY



Monty's Equus Online University lessons continue today with Foal Education with Leigh Wills. [Watch the video now!](#)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: www.facebook.com/MontyRoberts

Monty in California

June 25 to July 1, 2015	Monty's Special Training with Portuguese Translation at Flag Is Up Farms. http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco	USA
June 30, 2015	Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Horsemanship (more details to come)	
June 30, 2015	Horsemanship Radio with guest Temple Grandin and Monty Roberts. www.HorsemanshipRadio.com	Online
July 6 to 17, 2015	Gentling Wild Horses course (open to all levels) at Flag Is Up Farms	USA
August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf	USA
August 3 to 7, 2015	Monty's Special Training at Flag Is Up Farms	USA
September 5, 2015	Night of Inspiration with Monty at Flag Is Up Farms	USA
October 3 and 4, 2015	Weekend with Sculptress and Equestrian Pat Roberts	USA
October 10, 2015	Bishop Burton College , York Road, Bishop Burton, Beverley HU17 8QG	UK
October 17, 2015	Myerscough College , St Michaels' Road, Bilsborrow, Preston, Lancashire, PR3 0RY	UK
October 23, 2015	Hartpury College , Hartpury, Gloucester, GL19 3BE	UK
October 29, 2015	Merrist Wood College , Worplesdon, Guildford, GU3 3PE	UK
October 31, 2015	Ingliston Country Club , Ingliston Estate, Old Greenock Road, Bishopton Renfrewshire, Scotland, PA7 5PA	UK



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

MONTY'S RIDING WITH RESPECT

Monty's Riding with Respect as seen in ACTHA Magazine: <http://joom.ag/GIwP>



A HORSEMANSHIP CLINIC AT FLAG IS UP FARMS, SOLVANG, CA

Monty Roberts' professional team teaches RIDING WITH RESPECT; striving for partnership and communication with your horse through non-violent training. Take this unique opportunity to attend a ridden clinic at Flag Is Up Farms.

The clinic consists of two days of group training for you and your horse. Instruction will be tailored to meet your level of riding. All disciplines and types of horses are welcome; however, if you want to bring a young horse, we suggest you have had 60 plus days of ridden training prior to the clinic.

Maximum 10 people with horses. A limited number of our Willing Partners™ horses are available to ride in the clinic for an additional fee. Lunch is included.

SATURDAY/SUNDAY, AUGUST 1-2, 2015

- \$600/WEEKEND OR \$350/DAY WITH YOUR OWN HORSE
- \$900/WEEKEND OR \$450/DAY WITH A WILLING PARTNERS' HORSE

EMAIL INFO@MONTYROBERTS.COM OR CALL 805-688-6288



secure it, there are no flaps to scare the poor boy. So again with some convincing, I was able to put it on and off on and off. Then was able to do up the girth. Once anything is on him, he is reluctant to move. I let him take his time to take this new piece of tack into stride. He stood still for the longest time, then all of a sudden he exploded. Running around that round pen as fast as he could, bucking for a bit but not big bucks, just as if he was trying to kicking at his belly to get the darn thing off. He then stops and starts to shake and just stands there, will not move. I enter the round pen, and encourage him to move with the anti cast roller still on him, he runs around and at one point does a nice little trot. So we end things on a good note, I remove the tack, give him a treat and back to his pasture he goes. A couple days later, I repeat the above but same initial reaction as if he's never seen it before. This goes one now for 5 sessions.

I have tried googling a solution to this problem but have come up empty handed.

My question to you is how do I allow him to accept this tack without being so nervous that he wants to crawl out of his skin?

Thank you for your time,
Chantal Belcourt, Ontario, Canada

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

HORSEMANSHIP RADIO

Bunnie Sexton's First 4*, Diana Good What Makes a Good Lesson Horse

Debbie starts the show with a discussion of what pressure means, then Bunnie Sexton proves that you can have an Eventing career at almost any age and that both she and her OTTB Rise Against (Ecko) love what they were born to do. Diana Good teaches and trains horses and students without cruelty and shares why she will never change careers. Our Trainers Tip from Courtney Dunn, Monty Roberts Certified Instructor.

Episode 42 by Index Fund Advisors www.IFA.com, [Omega Fields Supplements](http://OmegaFieldsSupplements.com) and Monty's [Equus Online University](http://EquusOnlineUniversity.com).

Listen in...

<http://www.horsemanSHIPradio.com/2015/06/15/horsemanSHIP-radio-episode-42-by-index-fund-advisors-ifa-com-bunnie-sextons-first-4-diana-good-what-makes-a-good-lesson-horse/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)



Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

HRTV®

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

Photo Credits

Christopher Dydyk

HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

Do you receive this FREE letter with Monty's Question and Answer weekly?

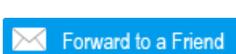
If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

