



# ASK MONTY

Wednesday June 17, 2015

### Greetings!

Do horses miss their buddies or their barn when they are taken away from home? Read Monty's thoughts about separation anxiety in horses in his Question and Answer this week.

### MONTY ANSWERS

#### Question:

My new horse brought at 7 months suffering from neglect unfortunately I couldn't have his in foal mum to. Never been handled. Now I've owned him 5 months he's had everything health wise and castrated 3 months ago. Dually holder works wonders. Leading and handling great. As soon as I take him away from the yard alone his anxiety increase a lot! He lives with one other 5 year old gelding who when I ride foal Sven is happy home alone. Out in the field together Sven is very on edge and wants to get back to stable even though other horse is calm and happy? His whole world is centered around the stable yard were he will be happy with anything plastic bags, road signs, balloons. Cars, lorries and tractors also fine not at all spooky as long as his yard is nearer the better? How do I say it's ok to walk out with me or go out grazing?

Lusy S.  
Somerset, England

#### Answer:

The term separation anxiety generally relates to one horse wanting to be with another. The fact is however, being separated from what is considered to be a safe place can often be just as challenging. A horse in this condition must be separated from a place he finds safe. The key however is to make sure that the new place is just as safe as the new spot.

Footing and fencing are critical issues to creating a safe environment for the horse that is anxious or anxiety ridden when transitioning to a new location. My textbook [From My Hands to Yours](#) has three chapters that should help you. One is called Separation Anxiety and then there is Barn Sour and Balking. Each of these will provide you with good information on the problem you have addressed.

~ Monty

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### Monty's Principles

#### Going to your demonstration in October to ask you questions!

I study at Bishop Burton College and I am starting Equine Level 1 Next year because I want to eventually to do a degree in equine therapy and rehabilitation at honors level then go onto doing an advanced apprenticeship in farriery so I want to be a qualified farrier and equine therapist (Equine therapy)

I can't wait. I am definitely coming to your demo! That weekend is now reserved for this! I have heard a lot about you, Monty Roberts, but never been to your previous events and I would love to one day talk to you in person if I ever could. I am coming for that day and it will be invaluable knowledge.

Toby B.

### THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

### Monty's Challenge



## FOAL EDUCATION WITH LEIGH WILLS SESSION 3 LESSON 10: EDUCATED RESPONSES



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at:  
askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Hello Monty

I saw you last year at the Grange Equestrian Centre and was fascinated by the amazing work you do with so many horses. Shortly after I purchased the Dually Halter for my 5 year old cob and it helped dramatically when leading him in to the stable, and also your book 'From my hands to yours' which has also helped dramatically. But in the last month or two I have experienced my 5 year old cob who was first backed May last year putting his head down while riding and yanking the reins out of my hands. I've tried researching into it but have found no answers of why he may be doing this. I am emailing you wondering if you have an idea on why he is doing this and if you have any tips on how to stop him doing this I would love to hear them.

Kind Regards  
Natasha W.

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## CORIGEM: Honey Power

Monty's Equus Online University lessons continue today with Foal Education with Leigh Wills. [Watch the video now!](#)



**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty in California

June 25 to July 1, 2015	<a href="http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco">Monty's Special Training</a> with Portuguese Translation at Flag Is Up Farms. <a href="http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco">http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco</a>	USA
June 30, 2015	Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Horsemanship (more details to come)	
June 30, 2015	Horsemanship Radio with guest Temple Grandin and Monty Roberts. <a href="http://www.HorsemanshipRadio.com">www.HorsemanshipRadio.com</a>	Online
July 6 to 17, 2015	<a href="#">Gentling Wild Horses</a> course (open to all levels) at Flag Is Up Farms	USA
August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: <a href="http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf">http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf</a>	USA
August 3 to 7, 2015	<a href="#">Monty's Special Training</a> at Flag Is Up Farms	USA
September 5, 2015	<a href="#">Night of Inspiration with Monty</a> at Flag Is Up Farms	USA
October 3 and 4	Weekend with Sculptress and Equestrian <a href="#">Pat Roberts</a>	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## HORSEMANSHIP RADIO

Bunnie Sexton's First 4\*, Diana Good What Makes A Good Lesson Horse

Debbie starts the show with a discussion of what pressure means, then Bunnie Sexton proves that you can have an Eventing career at almost any age and that both she and her OTTB Rise Against (Ecko) love what they were born to do. Diana Good teaches and trains horses and students without cruelty and shares why she will never change careers. Our Trainers Tip from Courtney Dunn, Monty Roberts Certified Instructor.

Episode 42 by Index Fund Advisors [www.IFA.com](http://www.IFA.com), [Omega Fields Supplements](#) and Monty's [Equus Online University](#).

Listen in...

<http://www.horsemanshipradio.com/2015/06/15/horsemanship-radio-episode-42-by-index-fund-advisors-ifa-com-bunnie-sextons-first-4-diana-good-what-makes-a-good-lesson-horse/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

**SEE YOUR HORSE "SHINE" FROM THE INSIDE OUT**  
OmegaFields.com

IFA.com  
Index Fund Advisors  
fiduciaries for wealth



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com)

or reach out on any of their Social Media platforms: @TheRuralChannel

[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## HORSE SENSE FOR LEADERS NOW IN PAPERBACK!



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr\\_1\\_1?ie=UTF8&qid=1434515209&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships/dp/1508480338/ref=sr_1_1?ie=UTF8&qid=1434515209&sr=8-)

[1&keywords=Horse+Sense+for+Leaders](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>

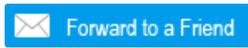


KEEP IN TOUCH

Christopher Dydyk

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

