



# ASK MONTY

Wednesday May 27, 2015

## Greetings!

Can you teach an old horse new tricks? Monty says, "Yes!" Read his question and answer column this week for more on this topic.

## MONTY ANSWERS

### Question:

Would starting a six-year-old horse using your method be any different than starting a two-year-old horse? I would love to hear from you.

~ Rahel

### Answer:

The fact is that I have put the saddle and first rider on horses up to twelve years of age. There are differences, and I believe that most of those differences are caused by whatever environmental circumstances have occurred during the growing up stages. My recommendation is that one should disregard the differences and simply respond to the behavioral patterns that are expressed during the starting process. I believe it will be fun for you to watch the outcome, no matter the age.

~ Monty

## THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY

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## Monty's Principles

**Happy Memorial Day: Grateful for those who gave the ultimate sacrifice for this great country.**

Love you Monty, hearing your words mends my broken heart. You know more about people and horses than anyone I've ever known, especially those of us that are broken.

Penny Stone-Elliott

## Monty's Challenge

## THIS WEEK ON EQUUS ONLINE...



## MONTY'S TOUR DEMONSTRATIONS MONTY AND SAM PART 2: HOW TO LOAD YOUR HORSE IN LESS THAN FIVE SECONDS

EQUUS  
ONLINE UNIVERSITY

Monty's Equus Online University lessons continue today with Monty's Tour Demonstrations in Germany. Watch Part 1 of Monty and Sam demonstrating how to train a horse to load. [Watch the video now!](#)



**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty in California

June 5 to 7, 2015	<a href="#">Monty's Horse Sense and Healing</a> free for Combat Veterans and First Responders diagnosed with stress injuries	USA
June 25 to July 1, 2015	<a href="#">Monty's Special Training</a> with Portuguese Translation at Flag Is Up Farms. <a href="http://www.mundoquestre.com.br/#!viagem-monty-roberts/ccco">http://www.mundoquestre.com.br/#!viagem-monty-roberts/ccco</a>	USA
June 30, 2015	Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Horsemanship (more details to come)	
July 6 to 17, 2015	<a href="#">Gentling Wild Horses course</a> (open to all levels) at Flag Is Up Farms	USA
August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: <a href="http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf">http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf</a>	USA
August 3 to 7, 2015	<a href="#">Monty's Special Training</a> at Flag Is Up Farms	USA
September 5, 2015	<a href="#">Night of Inspiration with Monty</a> at Flag Is Up Farms	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## TRAILBLAZERS SUMMIT OFFERED FOR FREE!

International 3-day event rider and expert in performance mindset, June Burgess, invited me to participate in the Equestrian Trailblazers video summit. I'm incredibly excited because along with that invitation, I was offered the chance to extend to you the opportunity to listen in.

If you are struggling to marry your passion for horses and career...  
If you need to re-examine your horse/work/life balance...  
If you want to rekindle your once fervent passion for equestrian life...

...this is one event you NEED to join-AND IT'S FREE!

With two interviews per day for 12 days, you'll get exclusive access to today's top equestrian experts-revolutionaries in the industry and true Equestrian Trailblazers. These are men and women who have stepped out of their comfort zones and pushed boundaries to win bigger, invent new products, increase understanding and improve equine communication. Listen in as they share their stories of success and examine the mindset that allowed it all to happen.

All you have to do is reserve your "virtual seat" by going here:



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

A horse with a broken spirit please help!

Dear Monty, for the past three years we have had a wonderful Hafflinger mare at the farm I work at. She had a wonderful personality and loved being around people. We sold her in December and the woman who had bought her contacted us and said she was no longer working out for her. So we bought her back. As soon as I loaded her on the trailer I could tell something was not right about her, our sweet always calm mare was so nervous she was almost panting like a dog! When we look at her all we see is a shell of her she has dead eyes and hides in the corner of her stall. My only guess is maybe she was being beat on. With health problems ruled out, do you have any suggestions how to help get her out of this slump and bring her spirit back?

Thank you,  
Katie

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

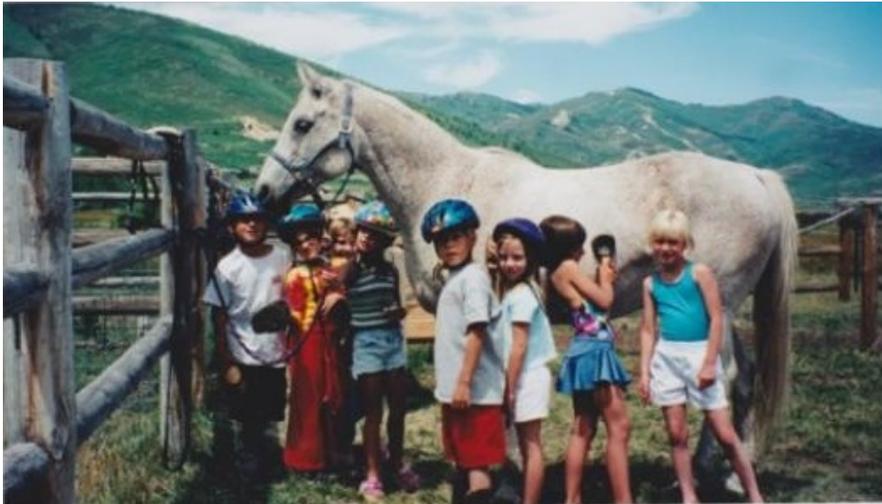
I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more  
<http://www.montyroberts.com/shop/horse-health-care-products/>

Don't pass this opportunity up to get insider access to some of the brightest minds in the equestrian world today.

## HORSEMANSHIP RADIO

Episode 40 by Index Fund Advisors [www.IFA.com](http://www.IFA.com), [Omega Fields Supplements](#) and Monty's [Equus Online University](#).



Endurance Riding Legend Beverly Gray shares about her horses and her career. Plus, Marty Irby, a member of Friends of Sound Horses and lifelong horseman and a Trainer's Tip by Hannah Campbell on how NOT to create a cinchy horse.

Click here and listen in...

<http://www.horsemanshipradio.com/2015/05/14/horsemanship-radio-episode-40-by-index-fund-advisors-ifa-com-endurance-legend-beverly-gray-and-horseman-marty-irby/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

SEE YOUR HORSE  
"SHINE" FROM THE  
INSIDE OUT

OmegaFields.com

IFA.com

Index Fund Advisors  
fiduciaries for wealth

EQUUS  
ONLINE UNIVERSITY

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International.

Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## HORSE SENSE FOR LEADERS



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr\\_1\\_1?ie=UTF8&qid=1426527171&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr_1_1?ie=UTF8&qid=1426527171&sr=8-)

[1&keywords=Horse+Sense+for+Leaders+monty+roberts](#)

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

question and answer weekly.  
If not, click here:  
<http://www.montyroberts.com/category/monty-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

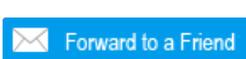
<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**



