



# ASK MONTY

Wednesday May 20, 2015

## Greetings!

Last week, Monty met with instructors from around the world for his annual conference on leadership and skills development. Monty worked with wild mustangs adopted just days before. Another highlight was the conference with Ms. Temple Grandin [link to <http://www.biography.com/people/temple-grandin-38062>] and a trip to nearby Paddock Paradise, creating a better way to feed domesticated horses, even in small areas.



From left to right, front row: Denise Heinlein, California; Franzi Goerwitz, Germany; Jenny Ahlroth, Finland; Steph Madaus, Germany; Kirsty Jenkins, California; Katrin Junker, Germany; Monty Roberts; Sarah Hiller, Sweden; Ian Vandeberghe, England; Ann Lindberg, Sweden; Csilla Csazar, Hungary; and Debbie Roberts Loucks (director of business development MPRI)

Left to right, back row: Petra Moser, Germany; Raivo Szalms, Latvia; Lucia Ebert, Germany; Christiane Moeller, Italy; and Maya Horsey, California.

## MONTY ANSWERS

### Question:

I have completed Join-Up and decent follow-up with this mare, she comes to me in the field and she will let me touch her all over. She really seems to enjoy my presence and I enjoy hers. She's a 5 yr old TB with very little training, but she has never been abused either, so she's been very receptive to all of your techniques. She willingly does (almost) everything I ask her to do, but I've been having some trouble with her nipping. She is not hand fed by anyone and I have never hand fed her myself, so I'm fairly certain that is not the cause. She does it whether I have a lead line on her or not, but she only does it when she's following me. She's not really biting, she's just kind of lipping, I've never even felt her teeth, but I'm concerned that this will progress and turn into biting. My best guess is that's she's trying to get my attention, or perhaps she's trying to control me. I tried bumping her with my boot, and maybe I've been doing it wrong, because she seems to expect it and she'll move away from me. If she's trying to get my attention, should I ignore her? I'm willing to try whatever, thank you in advance! Nina Foy, Maryland,USA

### Answer:

Thank you for following my concepts with interest. I have read closely your description of the circumstances regarding your five year old Thoroughbred. It is my opinion that you have put your finger exactly on the problem when you suggest that she seems to be trying to control you.

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## Monty's Principles

HAPPY BIRTHDAY, MONTY!



You're such an inspiration to me and everything I wish and try to be.

Happy Trails,  
Lourna Burns

From Facebook with 23,554 Likes

May 14, 2015

## Monty's Challenge



My suggestion is that, with the use of the [Dually Halter](#), you wait for the negative behavior and then you simply decide to go in a different direction, left or right. One should grip the line and walk into it so as to strongly request she follow you. I believe that this will occur for about five repetitions of the actions of the Dually Halter and then you will watch your mare reach to nuzzle you and think better of it and simply walk with you.

I would repeat this for several days before I would feel confident that you were making permanent change in her behavioral patterns. It would be good to hear from you as time goes by so as to follow the progress of these recommendations.

~ Monty



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

**Next Week's Question:**

Dear Mr. Roberts  
Would starting a six year old horse using your method be any different than starting a two year old? I would love to hear from you.  
Rahel

**THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY**



Monty's Equus Online University lessons continue today with Monty's Tour Demonstrations in Germany. Watch Part 1 of Monty and Sam demonstrating how to train a horse to load. [Watch the video now!](#)



**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

**GLOBE GALLOPING WITH MONTY ROBERTS**

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

**Monty in California**

June 5 to 7, 2015	<a href="#">Monty's Horse Sense and Healing</a> free for Combat Veterans and First Responders diagnosed with stress injuries	USA
June 25 to July 1, 2015	<a href="#">Monty's Special Training</a> with Portuguese Translation at Flag Is Up Farms. <a href="http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco">http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco</a>	USA
June 30, 2015	Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Horsemanship (more details to come)	
July 6 to 17, 2015	<a href="#">Gentling Wild Horses course</a> (open to all levels) at Flag Is Up Farms	USA
August 1 and 2, 2015	Monty's Riding with Respect clinic. For details, go to: <a href="http://www.montyroberts.com/wp-">http://www.montyroberts.com/wp-</a>	USA

**SUCCEED: Digestive Health**



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more <http://www.montyroberts.com/shop/horse-health-care-products/>

**CORIGEM: Honey Power**



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

[http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug\\_web.pdf](http://www.montyroberts.com/wp-content/uploads/2015/05/RespectClinicAug_web.pdf)

August 3 to 7, 2015

Monty's Special Training at Flag Is Up Farms

USA

September 5, 2015

Night of Inspiration with Monty at Flag Is Up Farms

USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## HORSE TRANSPORT SAFETY: YOU CAN HELP!

The British Animal Rescue and Trauma Association has become increasingly concerned about the number of accidents and incidents involving horses and ponies being transported in horseboxes and trailers. The aim of this survey is to identify the common factors which may contribute to such an accident or incident. With this information, the aim is to talk to leading manufacturers of horse transport and work towards developing designs which are safer and more comfortable for the horse.

How you can help

If your horse has been involved in an incident or accident whilst being transported in a horsebox or trailer within the last five years, then the information you have surrounding the situation is critical and may save lives in the future. Please complete this survey with as much detail as you can.

Click here:

<https://docs.google.com/forms/d/1qCrSJSI6f0RjEqb1bVZcwAJbdjAUQdAWv1LTu4-viWc/formResponse>

Please could it say instead: If you would prefer, please print the form off and post it to: Sarah Weston, Home Cottage, Brook Lane, Woodgreen, Hants. SP6 2AT. You can also save it and send it as an attachment with an email to: [sarah@logicalhorsemanship.co.uk](mailto:sarah@logicalhorsemanship.co.uk)

N.B. For the purposes of this survey, 'incident' and 'accident' will be referred to as 'incident'. For incidents involving more than one horse, please complete the form for just one horse.

Please help prevent incidents in the future by filling in this survey in as much detail as possible. We need this level of detail in order to get to the bottom of how incidents occur.

## HORSEMANSHIP RADIO

Episode 40 by Index Fund Advisors [www.IFA.com](http://www.IFA.com), [Omega Fields Supplements](http://OmegaFieldsSupplements.com) and Monty's [Equus Online University](http://EquusOnlineUniversity.com).



Endurance Riding Legend Beverly Gray shares about her horses and her career. Plus, Marty Irby, a member of Friends of Sound Horses and lifelong horseman and a Trainer's Tip by Hannah Campbell on how NOT to create a cinchy horse.

Click here and listen in...

<http://www.horsemanshipradio.com/2015/05/14/horsemanship-radio-episode-40-by-index-fund-advisors-ifa-com-endurance-legend-beverly-gray-and-horseman-marty-irby/>

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

Read more on:

<http://www.montyroberts.com/corigem/>

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

# HRTV®

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

The Rural Channel is available:  
<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/monty-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## HORSE SENSE FOR LEADERS



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr\\_1\\_1?ie=UTF8&qid=1426527171&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr_1_1?ie=UTF8&qid=1426527171&sr=8-)

[1&keywords=Horse+Sense+for+Leaders+monty+roberts](#)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

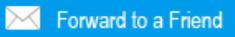
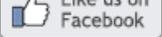
Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

