



Wednesday April 29, 2015

### Greetings!

Read Monty's question and answer this week for his perspective on learning and behavior.

## MONTY ANSWERS

### Question:

How do I get my barrel racing horse to settle before the competition? It's getting hard to get him to even enter the arena anymore.

### Answer:

This is a question that comes to me from almost every group of people I address. Barrel racing is a unique activity. It is virtually the only contest where the horse is encouraged to run out of the arena at top speed. This by itself is a technique designed to encourage undesirable behavior. Consider that the barrel horse is asked to run full out into the arena, blast through a prescribed course, complete the course and then run as fast as possible while usually being whipped.

Once outside the gate, I've witnessed barrel-horse riders jerking the horse's mouth with both hands to get him to stop. Then, consider that the rider will wait around for a while and ride toward the arena to ask the horse to do it again. Horses are not stupid. Why should the horse ever want to do that again? It amazes me how cooperative barrel-racing horses are under the circumstances.

For this answer, I would like the reader to understand that there are several gymkhana events that essentially fall into this category. For the gymkhana trainer and rider, I would like to recommend these same procedures. It is necessary for the gymkhana participant to tailor the course pattern appropriate to the activity in question. I recommend that training sessions for barrel racing horses should be accomplished with four barrels in the arena.

I believe that the horse should be brought into the arena in a calm, cool fashion and that he should be ridden at a walk for a few minutes. Then, begin the schooling process in a constant, ongoing fashion. When the third barrel has been executed, there is another barrel course in front of the horse. You should execute the second course and then return nonstop to the first course. A schooling session might be done at the walk, trot, canter and run.

I recommend that the process then be reversed so that you end your training session at a walk. You should allow the horse's adrenaline to fully subside. I recommend that you dismount in the center of the arena and either sit on the ground, or walk with the horse for several minutes to completely disengage the horse from the training process. Having accomplished each of these tasks, then you should lead the horse out of the arena.

If it is possible to vary the gates used in the training sessions, this is desirable. The barrel-racing trainer should pause to consider how long it takes to train a horse to run out through the arena gate. I suggest that this can be accomplished in one or two training sessions, and should in no way be a part of the daily training routine.

I maintain that whipping the barrel-racing horse is highly overrated as a means to lower the total time. I have been impressed in recent years to see that many barrel racers are using a short piece of rope fixed to the saddle horn that they flick back and forth in front of them to encourage the horse to run faster. This is seldom a pain-producing maneuver, and is far more effective than a burning whip.

~Monty (excerpt from [From My Hands to Yours: Lessons from a lifetime of training championship horses](#))

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## Monty's Principles

'If' by Rudyard Kipling and read by Monty Roberts  
[https://youtu.be/6x6M9vSHu9Q?list=PLVSOPljtgueZ5Jc5Bafk-Y-R\\_XEvSvBnT](https://youtu.be/6x6M9vSHu9Q?list=PLVSOPljtgueZ5Jc5Bafk-Y-R_XEvSvBnT)

If you can bear to hear the truth you've spoken  
Twisted by knives to make a trap for fools,  
Or watch the things you gave your life to, broken,  
And stoop and build 'em up with worn-out tools:  
You'll be as good a man - or woman - as Monty Roberts ... almost.

~ Catherine Walker

## Monty's Challenge



## THIS WEEK IN MONTY'S EQUUS ONLINE UNIVERSITY





## MONTY'S TOUR DEMONSTRATIONS SPOOKY ENJOY PART 2: PLASTIC



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at:  
askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Starting my young horse is exciting and daunting at the same time. I want to create, and keep, a really light mouth on her. What tips can you give me to start and stay right on track please? Sheila, Australia

Monty's Equus Online University lessons continue today with Monty's Tour Demonstrations in Germany. Watch Part 1 of Enjoy, the spooky horse. What's his problem? [Watch the video now!](#)



**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Follow Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty in Australia

April 29, 2015	Demo in Shepparton, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia
May 2 & 3, 2015	Demos in Canberra, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia

### Monty in California

May 13, 2015	6:00 pm Pacific Time: Monty and Carole Herder of Cavallo Horse and Rider will host a webinar All About Horsemanship (more details to come)	USA
May 14 to 16, 2015	The International Conference of Monty's Certified Instructors at Flag Is Up Farms in California	USA
June 5 to 7, 2015	<a href="#">Monty's Horse Sense and Healing</a> free for Combat Veterans and First Responders diagnosed with stress injuries	USA
June 25 to July 1, 2015	<a href="#">Monty's Special Training</a> with Portuguese Translation at Flag Is Up Farms. <a href="http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco">http://www.mundoequestre.com.br/#!viagem-monty-roberts/ccco</a>	USA
July 6 to 17, 2015	<a href="#">Gentling Wild Horses course</a> (open to all levels) at Flag Is Up Farms	USA
August 3 to 7, 2015	<a href="#">Monty's Special Training</a> at Flag Is Up Farms	USA

If you are in Australia and would like to register your horse for Horse Selection at one of Monty's demonstrations, please learn about the process here: <http://www.montyrobertslive.com/take-part/horse-application/>



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## HORSEMANSHIP RADIO

### The Best Teachers Are Wild Horses!

Gentling Wild Horses may be the most challenging horsemanship there is. Today we talk about Mustangs, Equine Rescues and Hoofboots and the Advantages of Going Bare. Trainer's tip from Katie Cunningham of Guatemala.

[Click here](#) to listen in:

<http://www.horsemanshipradio.com/2015/04/15/horsemanship-radio-episode-38-by-index-fund-advisors-ifa-com-the-best-teachers-are-wild-horses/>

[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes

segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com), Omega Fields, <https://www.omegafields.com/partner-discount-horsemanship-radio>, use promo code HRADIO2015 for 15% off, and Monty's [Equus Online University](http://www.EquusOnlineUniversity.com).

**SEE YOUR HORSE  
"SHINE" FROM THE  
INSIDE OUT**

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## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com)

or reach out on any of their Social Media platforms: @TheRuralChannel

[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

## HORSE SENSE FOR LEADERS



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr\\_1\\_1?ie=UTF8&qid=1426527171&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr_1_1?ie=UTF8&qid=1426527171&sr=8-)

[1&keywords=Horse+Sense+for+Leaders+monty+roberts](http://www.amazon.com/Horse-Sense-for-Leaders+monty+roberts)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



## KEEP IN TOUCH

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

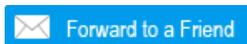
Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Please note that Dish TV has moved the HRTV channel position to 398.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.

## Photo Credits

Christopher Dydyk



Sincerely,  
**Monty Roberts**

