



Wednesday April 1, 2015

### Greetings!

Can't catch your horse? Have you tried smiling yet? Read more in Monty's Question and Answer below.



## MONTY ANSWERS

### Question:

Each morning I turn my horse out in a small field. He spends most of his day in the field and then I go out to catch him to bring him in. I can't catch him. Round and round we go. And I guess he thinks I need exercise because I have to go a mile and a half before I can catch him. What can I do?

### Answer:

The first thing you do is smile. This means don't get angry with him. That will only run your adrenaline up and you probably already know that horses can read intent. This being true, the horse's adrenaline causes him to think that you might hurt him. Once you get him caught, tell him how nice he is with a friendly rub between the eyes.

Lead him out of the field and take him to the area where you normally saddle him. Tie him with a lead long enough to reach the floor and then all of a sudden realize that you have left a rubber feeder there on the floor with about a cup of sweet feed in it. You can tell him "Oh, darn, I left the feed there." It's important that the horse does NOT associate your body with the food, but instead he should associate the behavior with the food.

Get some brushes and brush him a little while he eats. Don't tell me you don't have time to give him a brushing. Remember that my answer is going save you all that time chasing him. A quick brushing over will take about the amount of time it took to devour one small portion of grain.

Put him in his stall and repeat the process the following day. One can speed up the learning process by taking the rubber tub to the gate of the field, bouncing it around a bit until he sees it then returning it to the tying post. Go back, enter the field and see what he says about catching him.

I have to tell you that we conducted this very experience in the past week. We have a horse named Colonel, and his rider is called Victor. Colonel made Victor walk to the end of the small field every single day.

Sometimes it looked like he was going to catch him but then he would just slip away and negotiate a few more yards and eventually get all the way to the end. At the end of the field Victor could use good balancing techniques to hold him against the fence and then you could see him just relax by the fence and allow himself to be caught.

I told Victor that I would like to do this experiment with him before I decided to advise people about it. I had not used this method for probably 20 years because once I have done Join-Up with the horse I find I don't have this challenge. Occasionally you find a horse that has done Join-Up in the round pen who needs this procedure but not that often.

## IN THIS ISSUE

[Monty's Question and Answer](#)

[Equus Online Uni](#)

[Monty's Calendar](#)

[Monty on the Radio](#)

[Horse Sense for Leaders](#)

[Spread the Word](#)

[Monty's Principles](#)

[Monty's Challenge](#)

[Monty on TV](#)

[Get the E-news Each Week](#)

## Monty's Principles

### In the Desert with a Dually

Shalom Monty,

I have been using the [Dually Halter](#) for a number of years for riding in the Negev desert and the rest of Israel, thanks.

God bless,  
Arthur du Mosch,  
Out of the Wilderness [www.art4tour.com](http://www.art4tour.com)

## Monty's Challenge



So it was a Saturday when we did the first procedure on Colonel. We actually brought him in and went through the procedure of putting him away and then we put him back in the field. I think we went through the procedure 3 times that day. Victor does not work on Sundays but I went to the stable, got the rubber feeder, showed it to him at the gate, replaced the rubber feeder back where he is tied to be groomed and saddled, went back to the field and he was standing right at the gate.

Remember that I am not terribly familiar to him. I went inside and he allowed me within 2-3 steps to stroke his neck and take hold of the halter. When I went to connect the lead however he jerked away from me firmly and took me to the end of the field. I smiled, walked along a few strides behind him and when we got to the end of the field, he allowed me to stroke his neck, and connect the lead.

I walked him back through the gate and to his tying post where he is groomed and saddled. He ate his handful of grain and struck the rubber feeder with his front foot. I took him to this stable, gave him a few minutes, put him back out in the field and he actually ran around a bit while I replaced a handful of grain in his rubber tub.

I showed it to him at the gate, returned it to the post and went back, showed it to him at the bars of the gate and he came walking directly toward the gate. I went away and replaced the tub at the post. Went back to the gate, walked in and stroking his neck, holding his halter, he allowed me to connect his lead. I took him to his post and he finished another handful of grain.

I repeated the process 3-4 times more. Each time he immediately came to the gate and was easy to catch. When Victor came to work on Monday morning he couldn't believe the difference. Victor no longer has to walk to the end of the field and now I have a problem. Colonel is easy to catch and Victor will probably start beginning to gain weight because he is not walking so far each day. I am making a joke of course because Victor is very slim 130 pounds and in good condition.

As time goes on, should you be adverse to giving him any grain at all, he could have a handful of his favorite food like chopped alfalfa with molasses, or some other food you feel is healthier than sweet feed. This is the epitome of Ritualistic Habituation, which is a process of incrementally and repetitively creating a sense of familiarity with the procedures.

Remember no food should come from your hand and remember you didn't even "know" the food was there...the horse just found it on his own.

~Monty



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

#### Next Week's Question:

We have a horse that doesn't like to be tied up very long. When she is tied to a hitching post or horse trailer she tries to sit back to get loose. She has been known to break the rope and get loose. How do you stop this?

Joye Jones

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

### THIS WEEK ON EQUUS ONLINE...



FOAL EDUCATION WITH LEIGH WILLS  
SESSION 2 LESSON 9:  
EQUUS EDUCATION QUESTION & ANSWER



Monty's Equus Online University lessons FOAL EDUCATION WITH LEIGH WILLS continues this week with Equus Education Question and Answer. [Watch the video now!](#)



GO STRAIGHT  
TO THE VIDEO

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**HRTV**

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty in Germany

April 6, 2015	<a href="#">Pferdezentrum Bad Saarow</a> , Silberberg 1, 15526 Bad Saarow	Germany
April 17, 2015	<a href="#">RTC Ostfriesland</a> , Am Reitsportzentrum 1, 26629 Großefehn-Timmel	Germany
April 19, 2015	<a href="#">Ausbildungszentrum Luhmühlen</a> , Bruchweg 5, 21376 Salzhausen	Germany

### Monty in Hungary

April 11 - 12	<a href="#">Monty's Special Training</a> at Simonpuszta Lovaspark	Hungary
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### Monty in Australia

April 25 & 26, 2015	Demos in Melbourne, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia
April 29, 2015	Demo in Shepparton, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia
May 2 & 3, 2015	Demos in Canberra, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia

If you are in Australia and would like to register your horse for Horse Selection at one of Monty's demonstrations, please learn about the process here: <http://www.montyrobertslive.com/take-part/horse-application/>



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to

[info@theruralchannel.com](mailto:info@theruralchannel.com)

or reach out on any of their Social Media

platforms: @TheRuralChannel

[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."

- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## HORSEMANSHIP RADIO

### The Future of Gentle, Effective Horse Training developed at Monty Roberts International Learning Center (MRILC)

Horsemanship Radio was invited to sit in on a session during the International Advanced Training Course held recently in California at Monty Roberts Flag Is Up Farms.

Our Horsemanship Tip comes from non-pro champion Shannon McCarty.

Listen in...

<http://www.horsemanshipradio.com/2015/03/15/horsemanship-radio-episode-36-by-index-fund-advisors-ifa-com-future-of-gentle-effective-horse-training-developed-at-monty-roberts-international-learning-center/>



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com), Omega Fields, <https://www.omegafields.com/partner-discount-horsemanship-radio>, use promo code HRADIO2015 for 15% off, and Corigem, <http://corigemanimals.com/horsemanship>, promo code: HRN2015.

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

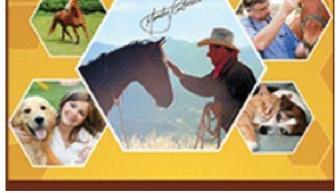
I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/ab/horse-health>

SEE YOUR HORSE  
"SHINE" FROM THE  
INSIDE OUT





<http://www.montyroberts.com/shop/horse-health-care-products/>

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<http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## HORSE SENSE FOR LEADERS



Enjoy the First Excerpt Now.

Now available on Amazon! Click on Amazon Smile and donate to Monty's nonprofit while getting this great book.

Horse Sense for Leaders: Building Trust-Based Relationships Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr\\_1\\_1?ie=UTF8&qid=1426527171&sr=8-](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relation-ships-ebook/dp/B00UM34OZC/ref=sr_1_1?ie=UTF8&qid=1426527171&sr=8-)

[1&keywords=Horse+Sense+for+Leaders+monty+roberts](http://www.amazon.com/Horse-Sense-for-Leaders-monty-roberts)

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## KEEP IN TOUCH

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Sincerely,  
**Monty Roberts**



