



**Wednesday March 18, 2015**

### Greetings!

Have you ever experienced a horse that will move backwards when asked to go forward? Monty explains about this disconcerting move in his Question and Answer column this week.



## MONTY ANSWERS

### Question:

My horse backs up without being asked. Whenever he doesn't want to do something, like stand still, he begins to back up at a rapid pace. How can I stop him from doing this? Thank you so much for all you do.

Anne Davis

### Answer:

During the course of answering this question, please promise me that you won't take it personally when I tell you that you have trained your horse to do this. Now, in all fairness to you, I am not saying that you consciously trained him to do this. When I was a child, working with my father's riding school we called this 'running backwards'. Its actually the same as balking.

Balking carries the name 'napping' in Europe. Many race riders will call it jibbing. Running backwards is simply an extension of the act of balking. It usually grows out of the act of balking. It is closely related to rearing. Balking usually causes the rider to get tough and ask the horse to go forward. If the horse simply refuses, he will often pop up in the air causing the rider to go defensive.

Horses will rejoice with the fact that the rider went defensive and generally spin around and go in the direction of his home stable. Instead of rearing, some horses will back up uncontrollably. Fearing injury, the rider will once more go defensive allowing the horse to travel in whatever direction they chose instead of the direction that the rider would prefer. Either can be dangerous.

If you have not been on my [Equus Online University](#) or read the chapters in [From My Hands to Yours textbook](#) on balking, rearing, barn sour and separation anxiety, you should do this. These bits of information will include the Pacifier and the Giddy-Up Rope as well as rubber on your spurs. The lesson on the Online University is titled ["Walter Won't Go"](#) and is extremely helpful as it is filmed in real time and very effective.

Please don't feel that you are the "Lone Ranger." Every single one of us who has ever ridden extensively has known the feeling of this syndrome. In my early days it was always dealt with extreme violence and significant pain to the horse involved. Believe me, this effort was seldom fully successful and even if it worked it produced a horse with significant resentment to man.

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## Monty's Principles

**The Future of Gentle, Effective Horse Training developed at Monty Roberts International Learning Center (MRILC)**

Horsemanship Radio was invited to sit in on a session during the International Advanced Training Course held recently in California at Monty Roberts Flag Is Up Farms.

Our Horsemanship Tip comes from non-pro champion Shannon McCarty.

Listen in...

<http://www.horsemanshipradio.com/2015/03/15/horsemanship-radio-episode-36-by-index-fund-advisors-ifa-com-future-of-gentle-effective-horse-training-developed-at-monty-roberts-international-learning-center/>



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

### Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

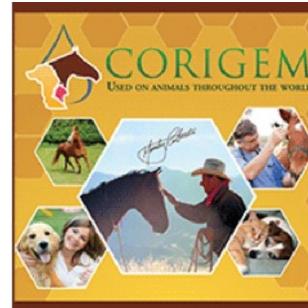
Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com), Omega Fields, <https://www.omegafields.com/partner-discount-horsemanship-radio>, use promo code HRADIO2015 for 15% off, and Corigem, <http://corigemanimals.com/horsemanship>, promo code: HRN2015.

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

**THIS WEEK ON EQUUS ONLINE...**

**SEE YOUR HORSE  
"SHINE" FROM THE  
INSIDE OUT**

[OmegaFields.com](http://OmegaFields.com)



Monty's Equus Online University lessons FOAL EDUCATION WITH LEIGH WILLS continues this week with a video on Learning to Lead. [Watch the video now!](#)



**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## Monty's Challenge

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty on the Radio

March 18: TODAY! Listen to Monty LIVE on Horses in the Morning: <http://www.horsesinthemorning.com/>

### Monty in the UK

March 24, 2015	<a href="#">Hadlow College,</a> Tonbridge, Kent, TN11 0AL	UK
March 26, 2015	<a href="#">Norton Heath Equestrian Centre Limited,</a> Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 28, 2015	<a href="#">West Wilts Equestrian Centre,</a> Melksham Road, Holt, North Trowbridge, Wilts BA14 6QT	UK

### Monty in Germany

April 6, 2015	<a href="#">Pferdezentrum Bad Saarow,</a> Silberberg 1, 15526 Bad Saarow	Germany
April 17, 2015	<a href="#">RTC Ostfriesland,</a> Am Reitsportzentrum 1, 26629 Großefehn-Timmel	Germany
April 19, 2015	<a href="#">Ausbildungszentrum Luhmühlen,</a> Bruchweg 5, 21376 Salzhausen	Germany

### Monty in Hungary

April 11 - 12	<a href="#">Monty's Special Training</a> at Simonpuszta Lovaspark	Hungary
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### Monty in Australia

April 25 & 26, 2015	Demos in Melbourne, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia
April 29, 2015	Demo in Shepparton, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia
May 2 & 3, 2015	Demos in Canberra, tickets: <a href="http://www.montyrobertslive.com/">http://www.montyrobertslive.com/</a>	Australia

If you are in Australia and would like to register your horse for Horse Selection at one of Monty's demonstrations, please learn about the process here: <http://www.montyrobertslive.com/take-part/horse-application/>



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Hi - I have purchased a Dually Halter today. Can I use this for lateral flexing? I assume so as it can be used to ride in. I am excited to get the halter and to learn more from the DVD that will be included. Thanks for the answers to my question in

## HORSE SENSE FOR LEADERS

Book Release Date: TODAY!

Horse Sense for Leaders: Building Trust-Based Relationships  
Features New York Times Best-Selling Author Monty Roberts

[http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships-ebook/dp/B00UM34OZC/ref=sr\\_1\\_1?ie=UTF8&qid=1426527171&sr=8-1&keywords=Horse+Sense+for+Leaders+monty+roberts](http://www.amazon.com/Horse-Sense-Leaders-Trust-Based-Relationships-ebook/dp/B00UM34OZC/ref=sr_1_1?ie=UTF8&qid=1426527171&sr=8-1&keywords=Horse+Sense+for+Leaders+monty+roberts)



Enjoy the First Excerpt Now.

"The connection made in this book between leadership and non-violence is extremely important. Many leaders have employed violence or cruelty to achieve their ends but Monty Roberts has gone in the opposite direction and shows how true leadership is about the development of trust (whether between a human and an animal or between humans) and encouraging those around one to reach their full potential. Everybody could benefit from absorbing the practices outlined in this book."

Andrew Rowan is the Chief Scientific Officer for The Humane Society of the United States.

Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[\[Click here to read on...a free excerpt\]](#)

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also an make a year-end donation directly to Join-Up International here: <http://www.join-up.org/donation-faqs.html>

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on: <http://www.montyroberts.com/corigem/>

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more <http://www.montyroberts.com/shop/horse-health-care-products/>

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

advance.  
Marsha Conner, Mankato, MN

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountrytv.com/programmes/monty-roberts>

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## E-News Delivery

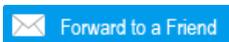
Do you receive this FREE letter with Monty's Question and Answer weekly?  
If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

