



Wednesday March 11, 2015

### Greetings!

When your horse has a choice, does he choose to be with you or away from you? Monty discusses the process of causing your horse to want to be with you in his question and answer column below.

## MONTY ANSWERS

### Question:

I recently bought a three-year-old gelding who is semi-wild. I did Join-Up quite quickly and was able to catch and halter him easily which I did very other day for a couple of weeks, taking him for walks etc. I then sent him off to start his training with an experienced horse handler who is quite a natural horseman. Unfortunately my horse was put in the round pen with a horse that was difficult to catch for about a week before I realized. I was not happy and asked that he be moved but I think some bad habits had rubbed off.

He had begun to be long reined but I lost my confidence after this and brought him back home to carry on as I had been. He was more hesitant in being caught but I didn't have a big problem and so I started working with him on the ground for 30 minutes for a couple of days - always allowing him to digest what we had done; flicking a rope round him moving him round me on a long line etc and all was going really well. But then he next day I when I approached him and started to put the halter on, he moved away, it didn't help that he was in with a 8 month filly that I had bought at the same time as she would get in the way and move off taking him with her.

I left it not wanting to establish the wrong thing when I could see it wasn't getting anywhere. So I spent some time re-watching Join-Up and thought I'd reestablish this and catch him that way. Unfortunately I couldn't move the filly out and I had to use a 20m by 40m paddock. I tried for an hour and within the first 20 minutes had him turning and licking his lips coming up a bit but as soon as I began to approach to stroke his head he'd be off again. Similarly the filly didn't help this process. I thought if I persisted he'd eventually settle enough for me to approach and have him follow me, but I had to give up. Now I am feeling desperate that I have instilled more bad habits and to the filly too. Please can you help?

Yours Sincerely,  
Lisa Guy

### Answer:

Dear Lisa,  
It is clear that you need to work with this horse without the filly. I am not fully aware of your property's circumstances but catching the filly is important, too. It is my opinion that you need to catch and remove the filly and then concern yourself with catching the intended horse. Isolation is an important factor in the early stages of catching.

Once your subject horse has been caught, it is important to cause a Positive Instant Consequence (PIC) to be established. In this case, the positive consequence might be that the subject horse is taken to an area where the filly is. If you then release your horse in a small area near the filly, that is a good PIC.

It would be a good idea to have a cup of sweet feed in the bin in the area used for the subject horse. A few trips like this and I believe your subject would come to you in the field like a magnet. One might feel that this would take a lot of time but when you compare it to the time that catching requires it is minimal to say the least.

Once you habituate the coming to you in the larger field and then getting a very positive outcome, a significant change is inevitable. One could move from this format to one where the filly is in the field, you catch the subject horse and take him to a small enclosure where there is a cup of sweet feed waiting for him. Repeat this action several times.

You can easily solve the problem by devoting a bit of time to the early aspects of this format. This is an example of the psychological components of what I call Positive Instant Consequences, Negative Instant Consequences (PICNIC). It will assist you with virtually every challenge you face in this horse's future. It works like magic!

~ Monty

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## Monty's Principles

### Helping Horses in Ireland

Dear Monty, looking at your wonderful website and once again aligning with my need to get back into horses and overcome a fear that has become a serious problem for me over the past few years. I had two bad accidents from falls off a horse that I loved called Cisco. These falls occurred at a period in my life when I was under a lot of stress and allowing myself to be propelled forward in the world of horsemanship at a pace I was neither able for, nor wanting myself. I was a novice rider riding a novice horse and ended up being bucked off on the road, twice, within the space of 9 weeks. Lots of lessons learned and scars amassed in the process; not least those accrued by my ego! I am now so fearful that I can not even comfortably stand beside a horse, even those that I know and love.

My mother who is 78 introduced me to your methods by recording your wonderful programs

and inspiring us to do some of the foundation course with Kelly Marks in the UK over the past few years. I would love to train in your environment and use the methods that you espoused to inspire those who visit our organic farm in Ireland where my parents have some beautiful Irish Draught mares. I have looked through your website and wonder which courses would you recommend to help me, as the novice that I am, tackle the fear that is preventing me from embracing the beautiful powers of healing possessed by these beautiful creatures. I am also a homeopath and regularly use my remedies to help our four legged friends both emotionally and physically recover from traumas of differing natures.

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

# THIS WEEK ON EQUUS ONLINE...



## FOAL EDUCATION WITH LEIGH WILLS SESSION 2 LESSON 6: SHUTTING DOWN THE FLIGHT RESPONSE



Monty's Equus Online University lessons FOAL EDUCATION WITH LEIGH WILLS continues this week with Shutting Down the Flight Response. [Watch the video now!](#)



**Not a student yet? Click on:** [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### Monty in Arizona

March 14, 2015 Monty demonstration at Camp Verde in Arizona. [Click here!](#) USA

### Monty in the UK

March 24, 2015 [Hadlow College](#), Tonbridge, Kent, TN11 0AL UK

March 26, 2015 [Norton Heath Equestrian Centre Limited](#), Fingrith Hall Lane, Blackmore, Essex, CM4 0JP UK

March 28, 2015 [West Wilts Equestrian Centre](#), Melksham Road, Holt, North Trowbridge, Wilts BA14 6QT UK

### Monty in Germany

April 6, 2015 [Pferdezentrum Bad Saarow](#), Silberberg 1, 15526 Bad Saarow Germany

April 17, 2015 [RTC Ostfriesland](#), Am Reitsportzentrum 1, 26629 Großefehn-Timmel Germany

April 19, 2015 [Ausbildungszentrum Luhmühlen](#), Bruchweg 5, 21376 Salzhäusen Germany

### Monty in Hungary

April 11 - 12 [Monty's Special Training](#) at Simonpuszta Lovaspark Hungary

### Monty in Australia

April 25 & 26, 2015 Demos in Melbourne, tickets: <http://www.montyrobertslive.com/> Australia

April 29, 2015 Demo in Shepparton, tickets: <http://www.montyrobertslive.com/> Australia

May 2 & 3, 2015 Demos in Canberra, tickets: <http://www.montyrobertslive.com/> Australia

If you are in Australia and would like to register your horse for Horse Selection at one of Monty's demonstrations, please learn about the process here: <http://www.montyrobertslive.com/take-part/horse-application/>

Sorry to bother you but would love to pursue my dream despite my fear as I know that if I can overcome this, great things are in store for me as a person and my family in general.

Thanking you in advance for taking the time to read this message and wishing you and your family good health and many blessings in 2015.

Regards,  
Julie Randall,  
Ireland

## Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in

your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Horse Backs Up Without Being Asked:  
When ever he doesn't want to do something, like stand still, he begins to back up at a rapid pace. How can I stop him from doing this?  
Thank you so much for all you do.  
Anne Davis

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Australia.

<http://www.horseandcountry.tv/programmes/monty-roberts>



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

In Australia: [www.horseandcountrytv.com.au](http://www.horseandcountrytv.com.au)

## Now Playing: Mark Hebner's Perspective on Horse Ownership, Monty Roberts Readies Us for Riding Season



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Mid-Winter blues make us long for Spring rides. Mark and Monty share their advice for shaping up for the ride ahead. ACTHA Champion. Judy Limsyky shares a Training Tip.

Listen in...

<http://www.horsemanshipradio.com/2015/03/01/horsemanship-radio-episode-35-by-index-fund-advisors-ifa-com-mark-hebners-perspective-on-horse-ownership-monty-roberts-readies-us-for-riding-season/>

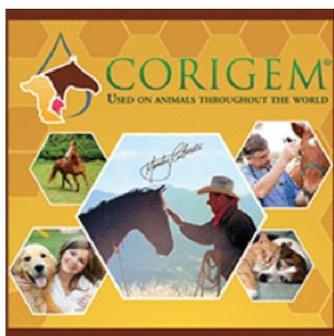
Get the free App here:

<https://itunes.apple.com/us/app/horse-radio-network/id672259386?mt=8>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com), Omega Fields, <https://www.omegafields.com/partner-discount-horsemanship-radio>, use promo code HRADIO2015 for 15% off, and Corigem, <http://corigemanimals.com/horsemanship>, promo code: HRN2015.



## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/shop/horse-health-care-products/>

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday- 10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com)

or reach out on any of their Social Media platforms: @TheRuralChannel

[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## Giving Back to Veterans



Please remember to support our war veterans and first responders. One easy way is by shopping online: When you do your holiday shopping at AmazonSmile, Amazon donates 0.5% of the purchase price to Monty's nonprofit, Join-Up International. Bookmark the link

<http://smile.amazon.com/ch/77-0459889>

and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

You can also make a year-end donation directly to Join-Up International here:

<http://www.join-up.org/donation-faqs.html>

## E News Delivery

## HORSE SENSE FOR LEADERS



Enjoy the First Excerpt Now.

Book Release Date March 18 Next Week!

Horse Sense for Leaders: Building Trust-Based Relationships  
Premise of the book: Monty Roberts, author of The New York Times bestseller, The Man Who Listens to Horses, has cooperated with the writing of a new book, Horse Sense for Leaders. The book borrows from the fascinating life of Roberts, known as the horse whisperer, for a highly engaging look at the significance of trust-based leadership. The book blends Monty's

work as a world leader of non-violent horse training with current research on the value of a trust-based leadership approach. This unique approach allows for an interesting and provocative read on how leaders can engage followers in more effective relationships at work.

[Click here to read on...a free excerpt]

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



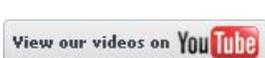
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Christopher Dydyk

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

