



Wednesday November 26, 2014

### Greetings!

Happy Holidays! To celebrate community, gratitude and shared vision, Monty's team is launching two amazing offers this week, and we will have more coming your way over the holidays!

**2-for-1** **Get two books for the price of one!** Don't miss this super offer on the brand new third edition of Monty's hard cover textbook, [From My Hands to Yours](#), also applicable to the Spanish translation: [De Mis Manos a Las Tuyas](#). Use coupon code THANKS2U (English language book) or THANKS2SP (Spanish translation) at checkout to take advantage of this special, which runs from today through Cyber Monday (December 1, 2014). This offer applies to print editions in English and Spanish only and may not be combined with any other discount or offer.

**For the whole Family** **Get the young ones involved!** Monty and ShyBoy want to make sure the little ones are included in our [holiday season specials](#), so they cooked up a plan: if you purchase a printed copy of From My Hands to Yours, we will throw in ShyBoy's illustrated storybook, [The Little American Mustang](#), for just \$5 more! [Click here for this great offer.](#)



**Support the Healing of War Veterans as You Shop AMAZON this Season!** When you do your holiday shopping at [AmazonSmile](#), Amazon donates 0.5% of the purchase price to Monty's nonprofit, **Join-Up International**. Bookmark the link <http://smile.amazon.com/ch/77-0459889> and support us every time you shop. You will be helping Monty's horse rescue efforts, free clinics for war veterans, and more!

## MONTY ANSWERS

### Question:

Hello! I have an 8 yr old 'killpen' horse that a 'horse flipper' bought and sold to me, so no telling what past she has had. Quarter Horse mare, 2006. In excellent physical health. She had been trained and broke, ridden, lunged.

I have her and a cow on 36 acres. The cow is not socialized and charges frequently at people. She is not mine, and never allows anyone to work with her on any level. My horse seems to be obsessed with the cow. So when I lead her into another pasture to lunge, or ride, she panics, physically looks around, spots the cow and flees back to the cow, and if I have her on a lead, she bucks and jerks and goes into a panic.

I thought about separating the two, but I have no other companion animals, and I would get more but I worry the same thing will happen with any other horse or animal I add in. I do not want to scare her or hurt her, emotionally or psychologically, but I know I need a change, and I need it soon. I have had her for almost a year and it has only gotten worse, my mare and the cow are inseparable.

Do I separate them? I do have access to well-handled, trained companions, horses, and other animals, do I add one or several? Is there a routine I could develop?

Thank you so much, I really need help. I have been unable to ride her or work well with her, she is so focused on where the cow is, and when she panics, she does not stop, she stays strung up until she gets away. I do not ever yell at her, hit her, scare her, I try to remain as calm and gentle as possible. I do not enter the pasture if I have had an emotional/stressful day and have not calmed down.

Thank you again.

Marie B.

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## Monty's Principles

### Building a Better Bond

Hi Monty, I just wanted to thank you, you are such an inspiration. You have inspired me to never give up.

Thank you for teaching me so much in your books. I know you're probably busy, but I just wanted to tell you thanks again for building a better relationship between me and my horse.

Bentlee LaRose,  
Utah, USA

## Monty's Special Clinic

[Monty's Special Training Clinic](#) will be running at Flag Is Up Farms from December 1-5. We will post updates and journal entries with photos on Facebook all week. Watch this space: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

## Monty's Challenge



**Answer:**

Dear Alexis,

Separation anxiety is covered by a chapter of the same name in my textbook, [From My Hands to Yours](#). There are some complications to the procedures that I outline to care for the problem you described. It would be wise for you to get the book or somehow read the chapter on separation anxiety. There is no question that these two animals need to be separated. The question is, how to go about it?

The first consideration in this matter is to have your horse in a safe place with good walls or fences when you make the split. I feel confident that the cow will take care of herself but it's the horse I would concern myself with regarding potential injuries. Once the separation is made then one must plan a course of action whereby there are two enclosures available in this scenario.

Bonded animals are a problem globally. It is wrong of us to blame the animals but they simply believe that they will not survive without their friend. It is our obligation to create an environment that is conducive to separation. I feel your frustration, but it is absolutely essential that you take the proper measures at the earliest possible time. These behavioral patterns can be dangerous.

Sincerely,  
Monty Roberts



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

**Next Week's Question:**

I have seen and heard a lot of debate over horses rubbing their heads on you. Could you please clarify for me as to whether this is a good or bad thing?

I'm under the belief that if I have entered my horse's space, it is acceptable, but should be discouraged if the horse does this after entering your space (a display of dominance?)

My horse only does this if I enter his space, and I have been allowing him to rub his head on me. He doesn't do this with enough force to push me around, he is quite gentle about it.

Confused,  
Jamie Buswell  
Australind, Australia

**THIS WEEK IN MONTY'S EQUUS ONLINE UNI**

**Monty's Life Lessons**

Enjoy a Free Excerpt Each Month of Life Lessons from The Man Listens to Horses

Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

**CORIGEM: Honey Power**

"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts

**THIS WEEK ON EQUUS ONLINE...**

**NON PRO REINED COWHORSE BASICS**  
**PAT ROBERTS WITH PHILLIP RALLS**  
**APPLYING THE BASICS**

**EQUUS**  
ONLINE UNIVERSITY

On Monty's [Equus Online University](#): Western Training with Phillip Ralls and Pat Roberts continued this week!

GO STRAIGHT  
TO THE VIDEO



JOIN THE ONLINE  
UNI TODAY!

Read more on:

<http://www.montyroberts.com/corigem/>

**Not a student yet? Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)** and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty, go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

### NEW 2015 TOUR DATES!

December 1-5, 2014	Monty's Special Training at Flag Is Up Farms in English and Portuguese. Contact <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> for more info	USA
March 14, 2015	Monty demonstration at Camp Verde in Arizona. <a href="#">Click here!</a>	USA
March 24, 2015	<a href="#">Hadlow College</a> , Tonbridge, Kent, TN11 0AL	UK
March 26, 2015	<a href="#">Norton Heath Equestrian Centre Limited</a> , Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 28, 2015	<a href="#">The Hand E.C.</a> , Davis Lane, Clevedon, Somerset, BS21 6TG	UK



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## SUCCEED: Digestive Health

**SUCCEED**

"I have believed for years that digestive health has a major impact on a horse's happiness,

performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/succeed/>

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel.

More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/montyroberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## THE ACTHA MONTHLY: A FIRST OF ITS KIND



**The ACTHA Monthly** is a magazine for horse people. The magazine promotes ACTHA's cause of securing the horse's future by means of equine employment (horses having jobs)! It contains articles about ACTHA, horse health, training, horsemanship, equine non-profits and rescues across the US, and other topics of interest to horse owners and advocates. Each month, ACTHA sponsors are invited to present special offers, sales, contests and more to our members and friends. ACTHA Monthly promotes and serves the horses, their humans and the equine industry.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Malta. See:

[www.horseandcountry.tv/monty](http://www.horseandcountry.tv/monty) for more info.

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you

sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

Mobile friendly, digital magazine with all the enjoyment of a catalog and slick, shiny features only the world of technology can deliver. [Click here to see it!](#)

In this issue:

- Make My Check Out to my Husband
- My Secret
- Bridger's First Ride
- The New ACTHA Classifieds
- The Great American Horse Photography Contest
- Trail Talk by Lisa Wysocky
- Trail Tips by Carrie Scrima
- What Blanket to Choose by Horse Tack Co.
- ACTHA Medal Program
- Upcoming Rides
- Ride Host Spot Light
- and more from our many sponsors

[Go to it now!](#)

## Now Playing: Understanding Animals with Dr. Pyne & Kata Pataky on Effective Training



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

What makes a horse training session 'good' and effective? Coach Kata Pataky on what she learned about the attitude we take into our sessions. Veterinarian Dr. Pyne of the Paws N Claws in Yorba Linda, California shares how she involves her family in the care of animals. And Francesca Wood's Tip is about what we can do when the session is not going perfectly.

Listen in...

<http://www.horsemanshipradio.com/2014/11/15/horsemanship-radio-episode-28-by-index-fund-advisors-ifa-com-understanding-animals-with-dr-pyne-kata-pataky-on-effective-training/#t=0:09.739>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

### Watch for these upcoming interviews:

William Reynolds, Equine Media Influencer

Greg M. Simon, Prix de West Chairman, National Cowboy and Western Heritage Museum

Chris Morris, Monty Roberts Certified Instructor, England

Christiane Schwagrzinna, Equine Alternative Therapy, Germany

Angie Sheer, Equine Alternative Therapy for Veterans

Petrine Day Mitchum, author of Hollywood Hoofbeats

Monty Roberts, Year in Review 2014

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com)

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here:

<http://www.montyroberts.com/category/montys-question-and-answer-space/>



## Photo Credits

Christopher Dydyk

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

