



# ASK MONTY

Wednesday November 19, 2014

## Greetings!

Congratulations to the students who completed Monty's Equus Online University 5-Year Anniversary CyberHunt last week! The grand prize winner will be drawn and announced this Friday, November 21. We look forward to sharing another great year of learning on Monty's Equus Online Lessons. Click here to find out who won: <http://www.montyroberts.com/latest-news/welcome-to-the-equus-online-cyberhunt-2014/>

## MONTY ANSWERS

### Question:

What do horses need to keep them warm when traveling in a trailer the winter? Does it depend on the type of horse?

### Answer:

Transporting horses in winter time can vary tremendously depending on the geographic location. If we are talking about transporting across the Northern reaches of Canada, Scandinavia or Northern Russia, it is very different from the challenges of transporting across Spain, Italy, northern Africa or the southern part of the United States. The fact that you mentioned transporting in the winter leads me to believe that we are concerned about freezing temperatures.

The most often made mistake in this incident is that we will tend to keep the horse too warm. This can lead to more problems than traveling with a horse that is a bit cold. It is always a good idea to condition your horse to accepting electrolytes in the water so that hydration can be maintained.

Ventilation of the vehicle in use is also important. Care should be taken not to have it too drafty but certainly not sealed off so that fresh air is unavailable. If safe, it is a good idea to have a human traveling in the vehicle with the horse in extreme cold. This person should have communication with the driver so that modifications can be made should there be a need to do so.

Frequent stops for moderate exercise is highly advisable as low temperatures tend to cause muscles to cramp up if not exercised with moderate frequency.

Sincerely,

Monty

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

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## Monty's Principles

### Veterans and Mustangs, Two Stories

From The Daily Caller:  
"In 1954-55 while attending a university in San Luis Obispo, California, I volunteered as a first responder to an on-campus grouping of 200 aluminum camp trailers. They were set on six acres to house returning Korean veterans and their families..." click here to read on: <http://dailycaller.com/2014/11/12/how-horse-therapy-can-help-veterans-with-ptsd/>

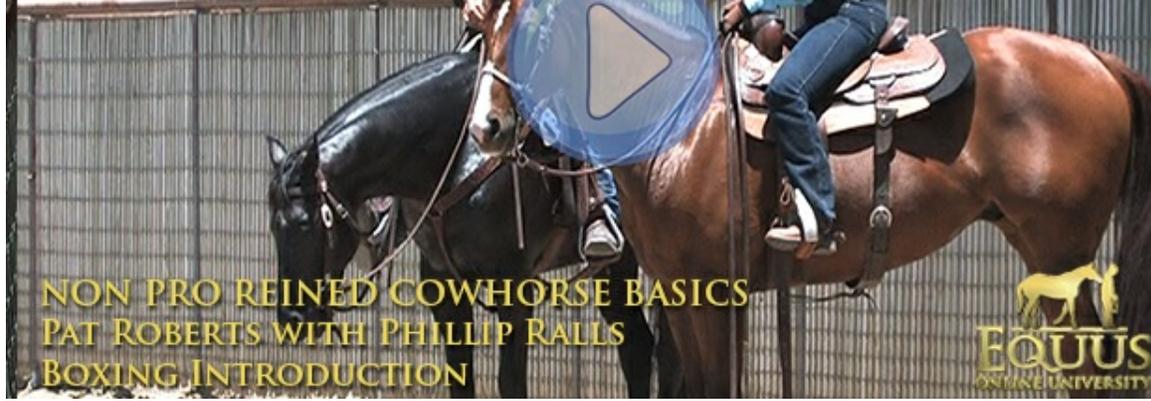
And from George B.:  
Let Monty know that I'll be utilizing the Dually Halter and Monty's teachings and techniques in gentling a BLM Mustang for the 2015 Colorado Extreme Mus-tang Makeover (May 29,30).

Both for all the groundwork and also as a side pull for riding. It's going to be a grand time!!  
I work as a horse handler and trainer for an Equine Assisted Therapy Center in Olathe, CO

My heart is really with Veterans that need help after returning from war.

## THIS WEEK ON EQUUS ONLINE





On Monty's [Equus Online University](http://www.equusonlineuniversity.com): Western Training with Phillip Ralls and Pat Roberts this week!



**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty, go to: [www.facebook.com/MontyRoberts](https://www.facebook.com/MontyRoberts)

December 1-5, 2014	Monty's Special Training at Flag Is Up Farms in English and Portuguese. Contact <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> for more info	USA
March 14, 2015	Monty demonstration at Camp Verde in Arizona. <a href="#">Click here!</a>	USA
March 24, 2015	<a href="#">Hadlow College</a> , Tonbridge, Kent, TN11 0AL	UK
March 26, 2015	<a href="#">Norton Heath Equestrian Centre Limited</a> , Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 28, 2015	<a href="#">The Hand E C</a> , Davis Lane, Clevedon, Somerset, BS21 6TG	UK



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## Now Playing: Understanding Animals with Dr. Pyne & Kata Pataky on Effective Training



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

What makes a horse training session 'good' and effective? Coach Kata Pataky on what she learned about the attitude we take into our sessions. Veterinarian Dr. Pyne of the Paws N Claws in Yorba Linda, California shares how she involves her family in the care of animals. And Francesca Wood's Tip is about what we can do when the session is not going perfectly.

Listen in...

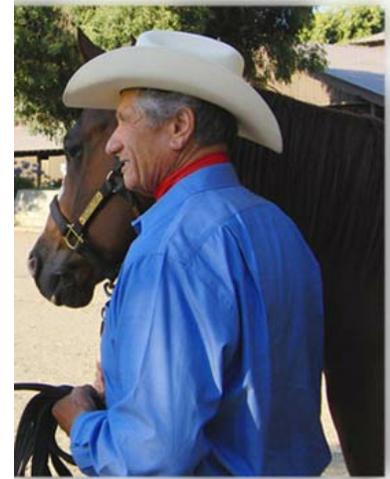
<http://www.horsemanshipradio.com/2014/11/15/horsemanship-radio-episode-28-by-index-fund-advisors-ifa-com-understanding-animals-with-dr-pyne-kata-pataky-on-effective-training/#t=0:09.739>

need help with training your horse. Kudos to all that Monty is doing for our Veterans.

I'm working on getting a couple of Veterans' programs off the ground for 2015 at Dream Catchers in Olathe, CO.

George B. P.S.  
My dad Harry is a WWII Veteran and 91 years young.

## Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Hello! I have an 8 yr old 'killpen' horse that a 'horse flipper' bought and sold to me, so no telling what past she has had. Quarter Horse mare, 2006. In excellent physical health. She had been trained and broke, ridden, lunged.

I have her and a cow on 36 acres. The cow is not socialized, and charges frequently at people. She is not mine, and never allows anyone to work with her on any level.

ner on any level.

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

### Watch for these upcoming interviews:

William Reynolds, Equine Media Influencer

Greg M. Simon, Prix de West Chairman, National Cowboy and Western Heritage Museum

Chris Morris, Monty Roberts Certified Instructor, England

Christiane Schwagrzinna, Equine Alternative Therapy, Germany

Angie Sheer, Equine Alternative Therapy for Veterans

Petrine Day Mitchum, author of Hollywood Hoofbeats

Monty Roberts, Year in Review 2014

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com)

My horse seems to be obsessed with the cow. So when I lead her into another pasture to lunge, or ride, she panics, physically looks around, spots the cow and flees back to the cow, and if I have her on a lead, she bucks and jerks and goes into a panic.

I thought about separating the two, but I have no other companion animals, and I would get more but I worry the same thing will happen with any other horse or animal I add in. I do not want to scare her or hurt her, emotionally or psychologically, but I know I need a change, and I need it soon. I have had her for almost a year and it has only gotten worse, my mare and the cow are inseparable.

Do I separate them? I do have access to well-handled, trained companions, horses, and other animals, do I add one or several? Is there a routine I could develop?

Thank you so much, I really need help. I have been unable to ride her or work well with her, she is so focused on where the cow is, and when she panics, she does not stop, she stays strung up until she gets away. I do not ever yell at her, hit her, scare her, I try to remain as calm and gentle as possible. I do not enter the pasture if I have had an emotional/stressful day and have not calmed down.

Thank you again.

Alexis Berardi  
Totally lost owner,  
Hankamer, Texas, USA

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more  
<http://www.montyroberts.com/succeed/>

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:  
<http://www.montyroberts.com/corigem/>

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:  
<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel  
[www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## Monty's Life Lessons



Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans!  
**First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

## E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**



code **MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands,

Sweden and Malta. See:

[www.horseandcountry.tv/monty](http://www.horseandcountry.tv/monty) for more info.

## Photo Credits

**Christopher Dydyk**